Valley News

Statesman News Service



MONMOUTH - Marilyn Neill (above). OCE freshman from Portland, is the state winner in an essay contest sponsored by the International Societ; of Christian Endeavor, the college of Mill City, reported Saturday. Her essay was about Christian citizenship.

Truck Flips, **Dumps Steers On Highway**

Statesman News Service

and loosed nine hawling steers for several hours Friday night. A tenth steer was pinned under

the truck and had to be destroyed. A car plowed into one of the steers shortly after the original accident, demolishing the front end of the auto.

either mishap.

The large, flatbed truck upset on the North Santiam Highway just west of Mill City about 8:30 p.m. The driver and his wife. Mr. and Mrs. Floyd Trussel of Salem. suffered shock but were not hospitalpacking plant near Sublimity. Blame Loose Gravel

loose gravel on a straight stretch area.

Quad County Garden Meet Set Wednesday

Statesman News Service MILL CITY-Program for the District Garden Club Convention -comprising Polk, Benton, Linn, and Marion counties-which will be held at the American Legion Hall here all day Wednesday, has been announced as follows:

Salute to the flag, led by Stayton Club, under direction of Marie Freres; state conservation pledge, led by Mrs. C. V. Christensen of Scio Club; welcome by members of Mill City Club; and group singing.

Mrs. Sam Burch, Santiam District director, will give reports of club presidents on the activities of the year. A no-host dinner will be served at noon, with invocation by Mrs. E. D. Cooke

The Mill City High School band will open the afternoon program, and Judy Podrabsky will

play marimba selections. State President Mrs Dorothy ton, Oregon, California, and Nevada. Mrs. Frank will show picture slides of the convention, the theme having been "Wayside Parks and Gardens."

MILL CITY - A calle truck up Sublimity KC's Honor

Andy Kintz

Statesman News Service STAYTON-Andy A. Kintz is No serious injuries resulted from the "Knight of the Year" of the vard and load clumps of timber Sublimity Knights of Columbus that might be a long, slow uphill

Council Presentation of this year's old logging method. plaque to Kintz was the highlight | of the recent KC meeting.

Kintz is a longtime KC memized. They were headed for a meat- ber, affiliating himself with the looks order prior to the establishment place for a landing. One tree, of the Sublimity Council in 1923. Policeman Tom Morris of Mill He has served as treasurer of the

usually a good sound one, is picked for the spar tree. Another one City, who investigated the acci- KC's for 20 years and has been judged about the right distance is dent, said the truck apparently one of the most active members the tail tree. There must also be went out of control when it struck of the council that serves this convenient stumps or trees on which to fasten guy lines.

'Logger's Dream' Eliminates Spar Tree



MEHAMA-The mobile yarder and loader pictured above is reportedly the first machine of its kind in this area. It is owned by Kimsey Bros. Some observers say the mobile unit will revolutionize the logging of small stands of timber. (Statesman Photo.)

State President Mrs Dorothy Frank will give her report on the national convention, at which she represented Idaho, Washing-Makes Canyon Debut Portland Meet

By JEAN ROBERTS

Statesman News Service

MEHAMA The Skagit loader, jokingly called a logger's dream and unjokingly called other names, promises to eliminate high-climbing and rigging up trees for logging operators with small stands of timber. This dream is a mobile unit, a yarder and loader combined mount-

too expensive to log with a cat. Move Four Times Day Being mobile, it can be moved Attornev to

as much as four times a day to Head Albany pull for a cat. It eliminates rig-**United Fund** ging up a tree to load, an age-

Statesman News Service

When a tract of timber is bought the operator immediately ALBANY - Merle Long, Albany it over and picks out a attorney, has been elected president of the Albany Area United Fund campaign for 1954-55, Roy Collins, retiring president, said Friday

drive, and was chairman of the

Unemployment Insurance **Frauds Found**

WASHINGTON (P - Congress was told in testimony released Friday that state investigators have stepped up a probe of unemployment insurance frauds that might show public treasuries were bilked of millions of dollars.

Robert C. Goodwin, director of the Bureau of Employment Secur-ity, said a spot check of California Actor Weds and four other unspecified states

overpayments made through error. If the same percentage of cases exists on a patient calma and cases exists on a national scale, he said, **Ex-Envoy** the total could reach 23 million dollars.

Unemployment insurance, is a joint federal - state undertaking.

By ANDRW BOREOWIEC Goodwin asked a House appropri-NEW YORK M - A British-born attacks there ations subcommittee for authority actor Peter Lawford and pretty to advance the states between up to 212 million dollars to carry on the investigation. 'Serious Problem'

ute ceremony. A preliminary inquiry, he said, disclosed a "serious problem, with the percentage of fraudulent and overpaid claims rising in Caled the street outside St. Thomas Formosa or Japan?" Testifying in March, Goodwin upper Manhattan where the serv- planes are detouring around India.

ice was held. said "known improper payments" in the nation as a whole during Only 250 guests, with Hollywood 1953 totaled 61/2 million dollars. and society well represented, at-These included payments to 39,473 tended the wedding, which was persons who received benefits performed by the Rev. John J 'through deliberate misrepresen- Cavanaugh, former president of tation" and another 106.259 who Notre Dame University. were overpaid by error.

Miss Kennedy, 26, was given Spot Check Made away by her father, Joseph P. Ken-In an effort to determine how nedy, former U. S. ambassador to many undetected cases are out-Great Britain. Clad in an imported standing. Goodwin said, some white satin gown with a short train, states made a spot check. the bride was attended only by her Out of 950 cases investigated, 42

sister, Jean or 4.4 per cent were fraudulent Her princess cap with the yeil and 65 or 68 per cent showed overof illusion net was almost knocked down when a screaming mob of Goodwin said this survey was bobby-soxers broke through the potoo restricted to be reliable but lice lines after the wedding, shout-

estimated that, if the same pering of Lawford, "Isn't he gorcentages applied nationally, the regeous sult would be more than 13 million Twenty three policemen strugdollars in fraudulent claims and gled with the crowd which trailed

912 million dollars in overpaythe newlyweds' car for a block. Lawford, 30, son of a British Goodwin appeared before the subcommittee to testify on the Lathe service that his voice was hardbor Department's overall budget of \$340,635,000 for the year ending in

posed with her for the photographers. mills the maximum levy of a state property tax and eliminate Soybeans Only Following the wedding, a receproaring welcome.

The newlyweds will honeymoon CHICAGO IP - Old crop soyin Hawaii and live in California. beans soared on the Board of The bride has been employed by The group also expressed its op- Trade this week but just about the National Broadcasting Co. Lawford is the son of the late

Lt. Gen. Sir Sidney Lawford and May soybeans sold

Lady Lawford of London. He came

Stand by Nehru **Brings** Criticism From Senators By JOE HALL

Statesman, Salem. Ore., Sun., April 25, 1954-(Sec. 2)-7

WASHINGTON UP - The Senate Appropriations Committee Saturday criticized the handling of U.S. aid to India and Chairman Bridges R-NH said "recent actions on the part of Prime Minister Nehru are not calculated to improve understanding between the two nalions.

Bridges referred to Nehru's refusal to permit U.S. planes to cross India while airlifting French troops to Indochina to combat Communist

"The question comes to mind," Patricia Kennedy, member of a Bridges said, "what would Prime prominent Boston family, were Minister Nehru's attitude be if the married Saturday in a seven-min- attack were made on other nations in the Asia area such as Saudi An estimated 3.000 persons, most- Arabia, Pakistan, Thailand, or ly women and young girls, crowd- even Australia, the Philippines,

More Roman Catholic Church in The Air Force has said U. S. The committee report, written before Nehru's stand was made known, said it did not aim its crit-

cism at India. But Bridges said that in view of Nehru's attitude about the planes and the committee's criticism of the handling of a 186 billion dollar aid for India program during the last three years, a "close review"

vill be kept on future aid. The senator said "it should be recognized that aid funds do not come from a ready and unearned store of money but rather from the hard-earned money of American cilizens and even from the earnings of future years and future generations.

"If the money appropriated for India during the last three years were totaled, it would require the income tax payments of 465,000 average American taxpayers in 1953 to cover the amount," he said. The committee report criticized nobleman, was so nervous during the way the Indian aid program was presented to Congress and said y audible. After the ceremony he that the Foreign Operations Adforgot to kiss the bride but later ministration had surrendered effective control over much of the program to the Indian government, It said also that contracts under tion was held at the Hotel Plaza the program had been drawn in where a crowd of 200 gathered at such a way that American private

the entrance, giving the couple a business firms were practically frozen out The word "Paschal" used in connection with Easter derives from the Hebrew word meaning

Passover.

THE DALLES IP - The Oregon section of the American Assn. of

University

Portland

ed on rubber that can be moved into rough terrain that might prove mendations on constitution al

hem.

ment which would limit to six the six per cent tax limitation.

The new president served as position to excluding the press and everything else found it easier to vice president during the 1953 UF public from school board meetings. ge down than up.

University Women, holding its an- payments, he said nual meeting here Saturday, voted to hold next year's convention in

Delegates made these recomamendments which will be on the ballot this year: ments. Urged that facilities of the pro-

posed Multnomah County hospital for the aged and mentally ill be made available to all who need mid-1955 Opposed a constitutional amend-

Opposed an amendment which Item to Rise would increase from 8 to 10 per

cent the number of voters' signatures required to put a constitutional amendment on the ballot.

ifornia and other states.

of highway

ory struck one of the steers. Police said the driver was blinded by the headlights of the upset truck. Other occupants of the car were Mr and Mrs Dean Hoeve and children of Stayton who escaped with bruises.

was still roaming the area early Saturday morning.

Two Lyons Groups Elect

Statesman News Service

LYONS-The Pre-school Mothers Club and the Women's Circle of the Methodist Church have elected new officers. Chosen president of the moth-

ers' group was Mrs. Frank Spellmeir: secretary, Mrs. Ralph Hurst; and corresponding secretary, Gail Pennington. Plans were made for a picnic

on the last day of school.

The Methodist group elected Mrs. Samuel Roberts president; Mrs. Wilson Stevens, vice-president, Mrs. Floyd Bassett, treasurer, and Mrs. Clyde Bressler, treasurer is supervisor.

Rating Jumped On 4 Jefferson **Grade Schools**

Statesman News Service JEFFERSON-The four grade schools in Jefferson School District 14CJ have been removed given. George Nolan is chairman. from sub-standard to standard. The rating was reported "very high" on the schools at Dever, Talbot and Sidney.

Adding to the school library, painting and general cleanup. and adequate play space have brought the standard up. The schools still lack proper seating. however.

Valley Births

Statesman News Service STAYTON - The following births were reported Saturday by Santiam Memorial Hospital: To Mr and Mrs Gene A. Rychard. Lyons, a son. April 23

To Mr and Mrs Ralph Killingcr. Aumsville route 1, a daughter, April 22.

To Mr. and Mrs. Theone Pieser. Stayton, a son, April 19. To Mr. and Mrs. Clarence A. Pietrok, Stayton, a son, April 19. To Mr. and Mrs. Richard B. Richter, Stavton route 1, a

daughter, April 17. SHERIDAN - Mr. and Mrs. Raymond Yoder of McMinnville, Wesley Hunter and Mrs. Monte formerly of Sheridan, are the Harris, parents of a son, Roderick James, born April 16 in McMinnville. Mr. and Mrs. John Plummer. Sheridan, are the parents of a president of the Yamhill County and two great-great-grandchildren. daughter. Sherrie Lynn, born April 21 in McMinnville.

West Virginia produces more 133 million tons in 1953.

Delegates elected to attend the The second accident occurred 46th state convention at Baker when a car driven by Paul Greg- May 14-16 were Raymond Kerber. Ed Jacoby, Ralph Lulay and Vincent Mertz. E. J. Bell and Gerald Marking also will attend as state officers

Valley

Briefs

er" being planned.

tes

or yarding. The tail tree is also Some of the livestock reportedly MRS. ALLEN HOSPITALIZED anchored by guy lines. JEFFERSON - Mrs. Keith Al-Takes Experience len, Jefferson Route 1, is in Good

Rigging trees takes time and Samaritan Hospital in Portland experience, and an operator will for 10 day treatment for diabelog to a spar tree all timber

Her son, Pvt. Gerald Allen, left within reach of his equipment be-Friday night for Sacarmento to fore establishing a new landing. visit his brother before returning to Ft. Ord where he is sta- make yarding and loading with cat and crotch line as old-fashtioned with the Army.

> ioned as falling and bucking by hand tools. "It will never replace a cat for logging on good ground though." says Henry Pritchloff, experienced field man.

Eugene Gleemen Stayton - Sublimity Knights of Columbus have completed plans **To Sing Tuesday** for their annual Mothers Day breakfast which will be served to Night at Stavton bers of the KC Council on Sunday,

Statesman News Service May 9, at Stayton Catholic Par ish Hall John Gries is general STAYTON - A return engagement of the Eugene Gleemen in chairman Marcel Van Driesche a concert to be held Tuesday at

8 p.m. at the Stayton High School Mill City -- Gov. Paul Patterson gymnasium will benefit the Foundis to meet residents of Idanha, ers Service Organization of San-Detroit, Gates, Lyons, Mehama tiam Memorial Hospital. and Mill City here Saturday morn-

Newcomers to the community ing, May 1, an early "get-togethand all who are not now members of the hospital association are

Brooks - The Brooks Gun Club being contacted and given opporwill hold a shoot Sunday from 10 tunity to join the four-year-old ora.m. until dark. Prizes will be ganization.

Those making contributions to The clubhouse is one-fourth mile the hospital at this time will have names placed in a framed plaque south of Brooks on Highway 99-E. in the hospital lobby until the Sheridan - The Frank Lingnames can be inscribed upon the

scheit barn burned to the ground permanent plaque of donors. The this week, a total loss. Burned in committee is headed by R. G. the fire were a calf, and feed and Wood wool stored in the barn.

Elliott Prairie - The Elliott Valley Obituaries Prairie Ladies' Aid will meet at the Community hall Wednesday

Winnie Sleppy for an all day meeting. The new

SHERIDAN-Final rites for Windrapes for the hall will be finnie Sleppy, 76, lifelong Sheridan ished at that time. Mrs Carrie resident, were held April 23 at Tyler will be hostess with Mrs. Sheridan. She was born here Feb. William Rider and Mrs. Edna 24, 1878, the daughter of Mr. and Wormdahl, co-hostesses. Mrs. Simon Hyde.

Four Corners - LeRoy Laack Mrs. Sleppy's husband, Walter, is the new manager for the servdied in 1906. Two daughters, ice station at 790 S. Lancaster Dr. Helen Tryon of Portland and Ma-The Laacks and their son Robin rie Sherwood of Sacramento, Calare living in the residence at the if .. survive: also a sister. Irene station. They moved here from LaFollette, Vancouver, Wash.

Laura Jane Brown Brush College - Red Cross so-

SHERIDAN - Last rites have liciting has been completed in this district which subscribed been held here for Laura Jane \$101; the quota was \$90. Solicitors Brown, 93, who died in McMinnville. Four children survive, Mrs. were Mrs. Karl Harritt, Mrs. E. A. Raines, Sheridan; Mrs. C. Bennet and Charles Brown in Illi-

Sheridan - Mrs. Andrew Hau- mento, Calif.; also eight grandgen. Sheridan, has been elected children, 13 great-grandchildren Federation of Women's Clubs

Mrs. Frank Morrow, Sheridan, \$695 FOR RED CROSS was elected secretary-treasurer.

Mrs. Guy Sully of McMinnville, Frink, Dayton, auditor. Frank Smith.

Next a high climber equipped Community Chest campaign in with belt and spurs must climb 1952.

the tree, top it, and hang the Named to serve with him were rigging. The rigging consists of Dale Pierson, first vice president; Examined at Linn blocks shackled to the tree top Mrs. R. A. Talbott, second vice through which lines can pass. president; Mrs. Clyde Kerns, sec-Guy lines are also put on this retary; and W. L. Fitzpatrick, spar tree and fastened to stumps treasurer. Fitzpatrick also was to steady it while loading logs treasurer in 1953-54.

resulted in collection of \$29,988. over to participating agencies, Collins revealed. Actual campaign expenses were \$915, well below the

budget of 5 per cent, or \$1.437. The new mobile unit may Stavton Masons To Honor Past **Masters Monday**

> Statesman News Service masters of Santiam Lodge 25, AF & AM, will be honored guests at

gram Monday night. Feature will be the unveiling of

portraits of past masters of the lodge who have served since the charter was issued in 1878. A ears to locate photos of the men. Guest speaker will be Enoch Carleson, grand tyler. The 6:30 of lodge members, and members car thieves.

of surrounding lodges have been invited as guests.

New Mill Will **Employ Dozen**

Statesman News Service

MILL CITY - Philip O. Leitherer of Portland plans to put in a chipper mill east of Mill City in about 10 days, the machinery already being installed by about five men

Elton Madden is foreman of the plant, which will chip wood ice chief. for pulp mills. Broom handles also will be made. About 12 men will be employed when the plant is in operation, which is to be 12 months per year, with Mill school for boys. City-area employees used wherever possible.

Lad Breaks Arm At Four Corners

Statesman News Service FOUR CORNERS - A pole- Modern Facilities vaulting mishap resulted in a broken arm Saturday afternoon

Rinnie was playing with friends cident occurred. He was taken to this year. Salem General Hospital for treat-

ment. nois, and William Brown, Sacra- CAPT. WRIGHT VISITS mond, James and Margaret, from southeastern Oklahoma. Camp Pendleton, Calif., where

50 Pre-schoolers **County Clinics**

Statesman News Service ALBANY - Fifty children were Last year's United Fund drive examined in pre-school clinics con- rve 514-614 lower, old crop soyducted this week at Scio and Lyons beans 1414 to 18 cents higher, new of which all but \$165 was turned by the Linn County health depart- crop soybeans 14, to 314 lower ment, Dr. John W. Guepe, county and lard 53 cents lower to 12 cents health officer, said Friday. Assisting the health officer and higher. his staff at Scio were Mrs. Ben

Vencilli, Mrs. M. H. Martin, Mrs. RESERVED SEATS Gerald Lynch, Mrs. Keith Wells | LONDON. (INS) - Seats may and Mrs. Myrtle Everett. Assist- be reserved in advance on a maants at Lyons were Mrs. Al Aran- jority of the express trains on son, Mrs. Fred Lindemann, Mrs. British railways at an additional William Hargin, Mrs. Ivan Smith cost of 4 cents, regardless of the and Mrs. Harley Scott. length of the journey.

STAYTON - Past worshipful Oklahoma Reform School a special dinner meeting and pro-

> By GENE KINNEY This rugged outdoor setting in STRINGTOWN, Okla. In - Dub the most beautiful part of Oklaho- straight weeks of advancing Wheeler turned loose almost every ma has proved a perfect place to prices.

committee has worked for three kid in the Oklahoma Reform School raise boys. The effect on the inmates has been profound. for a visit home last Christmas. Many Runaways They scattered, unsupervised, Three years ago, Wheeler recalls throughout the state - 125 youngdinner will be prepared by wives sters, some convicted burglars and 146 ran away. The next year 118 did. And in 1953 there were 71 who

actually slipped off, tried to "or For the boys it was a golden even thought about it." Of these. opportunity to run away; for Dub more than half were back in an Wheeler it was the biggest gamble hour-either on their own volition of his life. or escorted by a school official But when the roll was called on New Year's Day not one of the 125 very loose. was missing. All had returned.

Why? The man who runs the school has the answer 'They wanted to come back."

The explanation is the story of big, jovial J. W. (Dub) Wheeler, The change has aroused the admiration of hard-boiled state offistar Big Six tackle for the Univer- cials who are accustomed to trousity of Oklahoma 20 years ago, one- bie at institutions under their sutime state trooper and Norman po- pervision.

Making Progress

than the highest wall.

Three years ago, when Wheeler lfarris Olmstead, chairman of took charge, a group of rundown the Board of Affairs and Wheeler's Henry D. Hamm buildings and a surly gang of immediate superior, appraises his youths made up the state training record this way:

This despite the fact security is

About the only thing deterring

an inmate from escape is his con-

"He has made more progress There was no playground. The than has been seen at any other plumbing didn't work. There was institution under our jurisdiction no place to swim, play baseball or during this administration. 'When Dub took over, the trainfootball. Living quarters were inadequate. There wasn't nearly ing school was the worst institution enough to occupy a lively boy's, in the state. Today it is among mind and keep him from going the best, and all the credit must over the hill. And many did just | go to Dub Wheeler."

The rehabilitation program, he said, was responsible for the lower Today the school has modern live escape rate, saving more boys from ing facilities, a full-time academic a life of adult crime, and the for Ronnie Russell, 15, son of Mr. and vocational training program, a change in attitude by most inand Mrs. Ray Russell, 3855 State 90-acre lake well-stocked with bass mates.

in the neighborhood when the ac- won two high school tournaments boys had come to know as "Mom" "Everything but a cross-country team," Wheeler says. In three short years he has wandering charge.

Wright with Mrs. Wright, Ray- dotted Kiamichi Mountains of boys themselves. Two of them, released recently, returned in a lew He has used the same aggres- days. he is with the Marine Corps, siveness that once made him a By their choice, Wheeler says,

coal than any other U. S. state- vice president; and Mrs. Harold \$695, according to chairman A. L. Schulz on East State Street a place where boys can salvage a comes for them to go out in the

est level of any soybean future to the United States in 1938 and Salem Market since 1948, reaching \$4.071/2 on eventually got to Hollywood where Thursday. In contrast, May rye he worked as a parking lot attend- Quotations sank to the lowest level of any ant and a movie usher before he rve future since 1943, dropping to climbed to stardom. 94% on Friday.

Wheat closed the week 3% low-Wheat closed the week 3% low-er to 1 cent higher, corn 7.2% Sales Trouble lower, oats 34 to 2 cents lower, In Stock Mart

NEW YORK OF - The stock market ran into a lot of selling lower to 12 cents a hundred pounds troubles this week, but it had the strength to snap back with vigor. What the market did this week

it has been doing with regularity ever since it hit bottom in September last year and started a sharp climb that has taken it into new high ground for the past 24 years. In the last seven and a half months

here has been no major reaction, but there have been many minor reactions usually covering a week or less. The Associated Press average of

60 stocks lost 20 cents on the week and closed at \$119 80, only 20 cents under the 1954 high attained last week. The fall followed three



Mrs. Effie M. Bailey Late resident of Forest Grove, at Forest Grove, April 22, at the age of 83 years. Services will be held in the Clough-Barrick chapel Monday, April 26, at 1:30 p.m. Ritualistic services by Chadwick chapter No. 37, Order of Eastern Star. Interment City View

Steven L. Canfield science, Wheeler says. He has Infant son of Mr. and Mrs. Edfound that to be more formidable ward Canfield, 5020 N.E. 18th, Port-land, Survived by sisters, Barbara and Diane Canfield, Portland; broth-ers, Ronald and Garv Canfield, Portland: grandparents, Mr. and Mrs. C. S. Higgenbottom, Portland, and Mrs. Hazel Balcwin, Centralia, Wash., Mr. ..llen Canfield, Dougway, Uath. Announcement of services will be

made later by the Howell-Edwards Chapel

Late resident of 471 Kingwood drive, at the age of 58 Survived by a wife, Susan: two sons, David of Sa-lem, and Harold of Newport, Ore., and a daughter, Mrs. Harold M. Cox. Marianna, Florida. Member of the Dallas E.M.B. church. Announce-ments later by Howell-Edwards Chapel.

Alexander McLaren At a local hospital April 20 Lafe resident of 111 Chemeketa St. An-

ouncement of services later by the Virgil T. Golden Co Dr Milton B. Steiner At the residence, 2933 S.W. Fair-view Blvd., Portland, April 24, Sur-

vived by wife. Vera Steiner. Portland: daughters, Anne Steiner, Portand, Mrs. Jean Grasle Jr., Port-

and a complete sports program, in-cluding a basketball team that has was the death of the woman the sisters. Mrs. Rita S. Fry. Salem. Mrs. Barbara Flegel, Portland: 1 grandson. Announcement of services later by the Virgil T. Golden Co. -Mrs. Dub Wheeler. She was

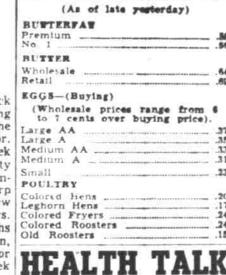
killed in an automobile accident in Vera Waller Louisiana en route to pick up a At the residence in Turner,

April 22. Survived by husband. Bert BETHEL - Capt. John A. out of the foothills of the pine-Vright with Mrs. Wright Ray.

Simpson, Edmonton, Alberta, Cana-da, John Simpson, Eston, Saskatche-wan, Canada, Abbey Simpson, Eston, Saskatchewan, Canada, Hugh Simp-son, Edward Simpson and Lester Simpson, all of Eston, Saskatchewan, ing slump which is reflected in a physical posture slump.

Salem.

Correct posture, good health, success, and happiness go hand in Steps FOR RED CROSShe is with the Marine Corps,
siveness that once made him a
SHERIDAN — The Red Cross
drive in Sheridan has reached
Sess. according to chairman
Frank Smith.he is with the Marine Corps,
siveness that once made him a
terror of the gridiron to transform
they will live here—at the once-
hated reform school—until the time
sources for them to go out in the
world on their own.Simple form and for concervance will be hald in wait
they will be hald in wait
they will live here—at the once-
they will a saturt will
they will live here—at the once-
they will be hald in wait.success and happiness go hand in
thand down life's highway. Nat-
ural Methods of treatments will
help you stand tall, sit tall, and
waik tall.



J. A. ROMBOUGH (D.C., N.D.) 1515 State Street Posture and Health

Correct Posture and Good Health go hand in hand. It is because of this we pause in our work-a-day world to talk about Posture. In fact the week of May Ito 7 has been put aside as "Correct Posture Week." This means next week we will center our attention on correct posture so we may learn to practice it the other 51 weeks in the year. In most cases people want to know the cause of some symptom or some ill health so for the fun of it let us turn things around and talk about the cause of correct

posture. So good posture is caused by

Correct posture thinking. Everything has its start in thought. All things are thoughts in men's minds before they become real. You must THINK good posture to HAVE good posture.

Proper diet. This means eating plenty of raw fruits and vegetables plus fresh ground whole wheat grain breads.

Plenty of rest. Put aside enough time out of each 24 hours for sleep and relaxation.

Right kind of shoes. Ill fitting shoes or those that cramp your walking are expensive no matter how much they cost. Your "best" shoes should be your working shoes.

Comfortable "easy" chair.

Avoid chairs too soft, too long,

or too high. Like the porridge of

the Little Bear in the "Three

Bears," your chair should be

Clear eyesight. "Bad" eyesight

will put strain on your entire

muscle system and especially so

if you assume an awkward posi-

Exercise. Exercise to keep the

muscles in trim. Walking will

keep you in the swing of things,

Taking part in games is swell,

Calm mind free of worry. Un-

rest and worry produce a think-

tion in order to see better.

JUST RIGHT-for you.

too. It's up to you,



that