

Market Has Formal Opening



Emery's IGA Foodliner held its formal opening on Wallace Road in West Salem Thursday, with Mayor Alfred Loucks (center) clip-ping the traditional ribbon at the "magic carpet" entrance. Right is Sam (Pop) Emery, owner of the new supermarket and at left is Edward-Klippert, advertising and promotion manager of Willamette Grocery Company. Hundreds of people visited the store opening day.

Average Boost of 4 Per Cent In Phone Rates Held Possible As Result of Final Testimony

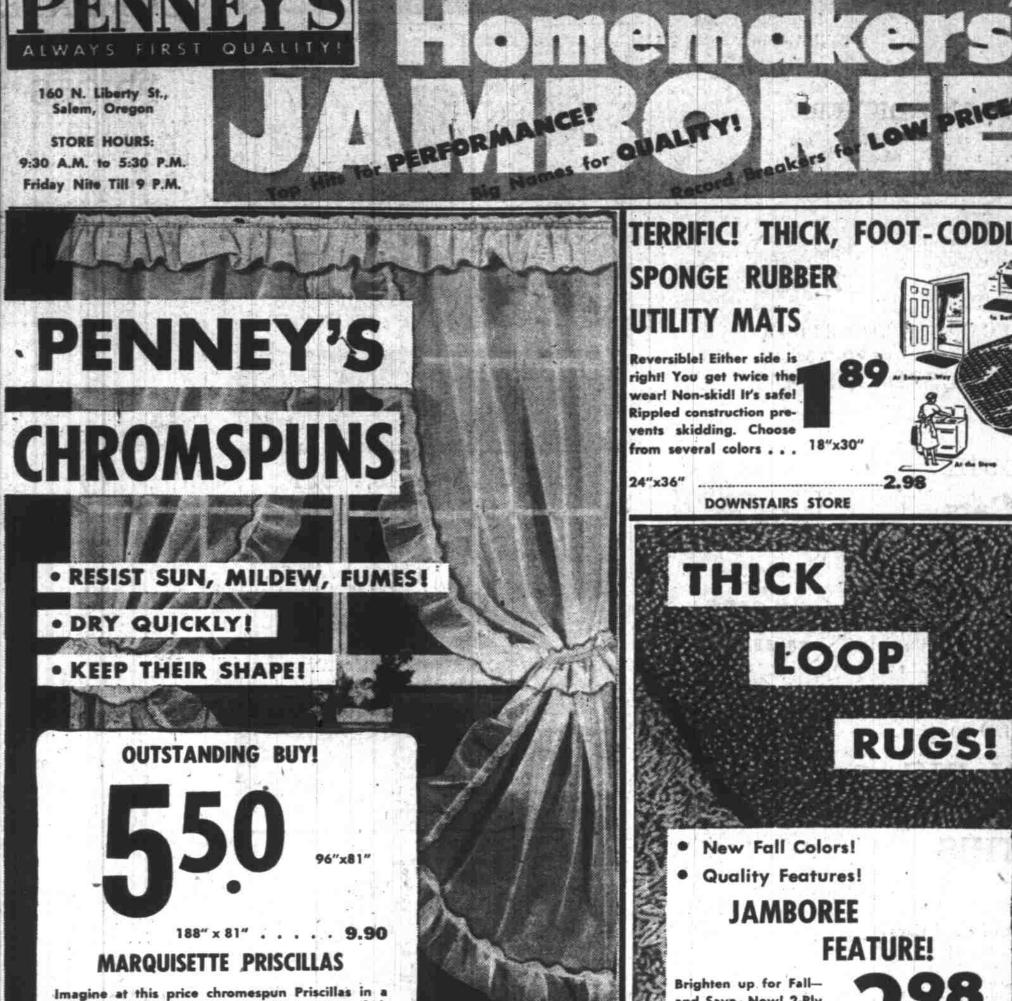
There were indications Thurs-day that Oregon customers of the increase of \$3,996,000 in its Ore-Pacific Telephone and Telegraph gon operations.

Company may receive an aver-Company may receive an aver-age rate boost of approximately increase of \$1,204,000 would give 4 per cent in their telephone bills. the company a 6 per cent profit.

This was based largely on the Such an increase, Kennedy testi-testimony of J. L. Kennedy, chief fied, would increase telephone accountant for Public Utilities bills 4 per cent. Of that amount Commissioner Charles H Heltzel, the federal government would given at Thursday's closing hear- receive approximately half in ing on the application of the tele- taxes.



The full increase sought by the company would give the telephone company a profit of 7.5 per cent. The witness explained that in placing the profit at 6 per cent he included in the rate base the company's application for permis-sion to sell \$50,000,000 worth of





PENNEY'S FALL HIT PARADE OF HOME FASHIONS

Free Parking

Eating Rivals Birthdaysas Grave Digger RALEIGH, N. C. (INS) - Food habits, not birthdays, tattle on the

men and women who look to scalp was expected to be signed by Helttreatments and wrinkle removers zel within a short time. to hide aging.

maintains that a lot of persons nedy testified. are eating their way to an early old age. She explained:

"Scientists today agree that R. J. Hanson, Astoria city com-what you eat has more to do with missioner testified that from time aging than perhaps any one other to time telephone service there thing. In fact, research workers agree that much of what is regarded as aging may be actually said, "to complain in the spirit of signs of poor food habits." **Cites** Facts

To support her contention that how a person looks and feels the telephone company was enusually tells the "age story" much titled to a rate increase unless more accurately than years, Miss Wilson referred to the conclusions of Dr. Edward J. Stieglitz, officials, utilities commission staff science of aging holds that what a person eats between the ages hearing in Astoria in the near of 40 and 60 helps decide their future to find out what the serhealth in later years.

Many of the "old age" diseases of the heart, arteries, kidneys and joints actually begin during middle age. The right foods in the right amounts are important aids in slowing up these old age symp-

Offers Plan

Miss Wilson offered the follow ing guides for prolonging youth: -1. Plan diets to keep down weight. Older people use less energy-they need fewer calories. Overweight puts a burden on the heart and is a danger to health. 2. A full amount of minerals and vitamins are always needed. Don't ever cut out protective foods like milk, fruit, vegetables, eggs and meats. They're all a very important part of your diet.

3. Choose foods that are easily digested. Avoid rich fat mixtures. If you have trouble chewing, select finely chopped meats and vegetables. Some of the baby or junior canned foods may be used f necessary.

WIFELY DEVOTION HARTFORD, Conn. (AP)-Mrs. Joseph Sosinski, of Hartford, figured out an unusual gift for her husband. While he was away on a trip, she had his automobile painted and, with her own hands, reupholstered its interior. Sosinski was more than happy. His car is a 1928, air-cooled Franklin, and he wouldn't part with it for any-thing. While he's been driving it, Mrs. Sosinski has used up seven new cars.

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Now Many Wear

The company's Oregon profit So says Virginia Wilson, North during the eight months ended Carolina State nutritionist who April 30, was 5.41 per cent, Ken-A 6 per cent profit is generally

the accepted figure in utility regulation.

was not good. "I came to Salem," Hanson

constructive endeavor to remedy the existing service problems." Hanson said he did not believe

the service is improved. Heltzel suggested that Astoria

She said the authority on the members and telephone compny representatives hold an informal hearing in Astoria in the near vice problems are and discuss how to correct them..

The telephone company said it would present later an exhibit showing the results of pending wage negotiations. It was not expected that Heltzel

would issue an order in the proceeding before October.

> Personal To Women With Nagging Backache

Nagging backache, loss of pep and energy, bendaches and dinainess may be due to slow-down of kidney function. Doctors say good hidney function h very important to good health. When some everyday condition, such as stress and strain, causes this important function to slow down, many folkssuffer mag-ging backache-feel miserable. Minor blad-der irritations due to cold or wrong diet may cause getting up nights or frequent passages. Don't neglect your kidneys if these condi-tions bother you. Try Doan's Fills-a mild di-uretie. It's amaring how many times Doan's give haspy relief from these discomforts-help the 15 miles of kidney tubes and filters flush out waste. Askfor new, large, economy size and save money. Get Doan's Fills today!

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