

Three Events in the Life of an 18-Year-Old



For Don Mervin Archibald, son of Mr. and Mrs. J. N. Archibald, 289 N. 23rd St., reaching maturity beyond 18 years of age meant three very important events in his life were impending: First he was to meet a smiling postman with that all-too-familiar-letter from the

draft board. He was then scheduled to meet a not-so-smiley Army officer to swear him in and now he is slated for "toughening-up" courses in one of Uncle Sam's Army camps. Don will leave with other draftees from Salem Wednesday. (Statesman photos.)

36 More Marion County Men to Start Fulfilling Draft Duty Today

By JAMES BURR MILLER
Staff Writer, The Statesman

So this is the draft! For some 36 young men, Marion County's contribution to the 53,000 asked of the nation in February's draft call due to leave today this exclamatory truism has already been partially realized.

One of the Salem representatives of this, the latest call, is Don Mervin Archibald, 20, son of Mr. and Mrs. J. N. Archibald, 289 N. 23rd St. Like thousands of youths before him and probably thousands to come, Don has accepted his call for military training, "to defend his country if necessary." He, with the rest of his number, is slated to leave Salem Wednesday for Portland and then to Fort Lewis and then . . .

But what preceded that which is now scheduled for Don Archibald and other Don's approaching the age of 18 years?

Don, like many of his buddies, was a student at Salem High when he reached 18. Under the Selective Service Act, he was called upon to register with his local draft board. That was the last he heard from Local Board 10 until sometime after he was 18 years and six months of age. The draft call hasn't yet had to dip any farther than the 18½-year-olds.

Physical Exam
There followed a complete physical examination in Portland and then another waiting period of about 10 days until the final okeh and a classification of "1-A" was handed down. With this notice Don was informed that he could receive his induction papers in about 21 days. Induction papers were received recently and now it's off to training camps.

The stop in Portland Wednesday will include another physical exam and the young men will be sworn into the service. From then until discharge they are "Army property."

A member of the Bent-Eights, a local roadster club, Don said he'd like to fulfill his part in the Army in some phase of mechanics. "I guess that's not up to me, though," he admitted. Looking ahead to the 24-months of Army life yet to take care of, Don said he wasn't too anxious . . . but it's got to be done and I might as well do my part now as later . . . sure, college is in the offing, but this duty comes first."

Fewer Deferment Pleas
And this attitude by our young men seems to be a growing thing, reports John Black, chairman of Local Draft Board 10, Salem. "Requests for deferments giving diverse reasons are getting fewer all the time as young men are coming to realize the growing importance of their military obligations," Black explained. Early in the Korean conflict Black said his office was barraged with innumerable reasons for not being drafted.

"Oh, the complaints do continue, though," he said. Religious groups protesting any form of combat must be considered by the board. "Oftentimes these people can be placed in non-combat work with the Army."

One of the more difficult groups to deal with, according to draft board records, are the people living in remote districts far-removed from metropolitan areas.

"These persons have often lost contact with the national concept of our international problem and must be reminded of their responsibility," Black explained. "These people often suggest that someone else be taken. They are then regarding the draft like taxes—a good thing for the other fellow to take care of," Black said. "I try to tell them that ours is principally a draft procurement office; not a deferment office. We are given an allotted number of men for a month's draft and that number must be met. If one man says he can't make it, and his reason is a sound one, then someone must be found to take his place—the re-

Doctor Terms Big Breakfast Key to Health

By HOWARD C. HEYN
LOS ANGELES (AP)—A big breakfast is the foundation of a healthy life, a Mayo Clinic specialist said here recently.

Also important are a light lunch, a leisurely dinner, lots of sleep and strict allocation of sufficient time for bodily elimination each day, added Dr. J. Arnold Barger, of Rochester, Minn. "The average person who adheres to such a schedule is never constipated," he said. "Altogether too many people are dashing off to work in the morning after nothing but a cup of coffee and a piece of toast."

Barger, professor of medicine at the University of Minnesota, addressed the opening session of the six-day Alumni Convention sponsored by the College of Medical Evangelists, a Seventh Day Adventist institution. In attendance are some 3,000 persons from all parts of the United States and from Canada, Mexico, Hawaii and India.

Barger spoke on "The irritable bowel syndrome—or gastric symptoms due to nervousness. In the average doctor's practice at least half the cases of digestive distress are traceable to nervousness or psychosomatic sources, and not to organic disorders, Barger told a news conference.

Diarrhea, stomach and intestinal cramps and irregularity are the commonest symptoms, often mistaken for signs of organic disorders, he said. "Digestive disturbances are the most common complaint of civilized man, and the higher the civilization the more widespread is the complaint," he declared.

Barger said this type of discomfort is especially prevalent among business and professional men. Many ministers, he said by way of example, are subject to diarrhea on Saturday and Sunday—days they are appearing or preparing to appear in public—but are perfectly well the rest of the week.

Barger urged a return to as simple a life as is compatible with present day requirements—at least an avoidance of mental and di-

gestive irritants. A chief problem of general practitioners is seeing as many patients a day as possible, said Dr. Francis T. Hodges, San Francisco, who spoke during a panel discussion of the physician's public relations.

"Patients will excuse almost anything except neglect," said Hodges. "They'll go along with the doctor if they know he has been delayed by an emergency case. But he must not give the impression of inaccessibility."

Grandma Bank Robber Drops Insanity Plea

LOS ANGELES (AP)—Grandma dropped her claim of insanity Tuesday and pleaded guilty to two charges of bank robbery.

Mrs. Ethel Arata, 53, the widely-sought grandma of a series of bank holdups early in the winter, will be sentenced April 3. She changed her plea after psychiatrists reported to U. S. District Judge Ernest Tolin that Mrs. Arata was sane and legally responsible. At the time of her arrest, last Dec. 24, she as idly held up banks to get money so she could continue to help the needy.

Cement Poses Trade Problem

ISTANBUL (AP)—Greece wants Turkey to buy its cement from Greece instead of Yugoslavia. That's been one of the points at issue in trade talks between the two countries.

Informants say Turkey has been buying large quantities of cement from Marshal Tito's government because (1) the price is lower than the Greek price and (2) Turkey hopes to develop a bigger trade with Yugoslavia. The dispute over cement comes at a time when Western diplomats are hoping that Turkey, Greece and Yugoslavia will be able to effect some sort of co-operative defense agreement for the Southern Balkans.

ONTARIO MAN DIES
ONTARIO, Ore. (AP)—Francis P. Ryan, 69, city councilman and

Cascade HS Graduate Trains



Maybell Kirsch, a 1952 graduate of Cascade Union High School, is shown studying for a basic training class at Lackland Air Force base San Antonio, Tex., where she is looking forward to graduation and promotion to the rank of airman third-class. She worked at the state tax commission office here before volunteering recently for an Air Force career.

longtime Ontario city recorder, died Sunday at his home. He had been in poor health for some time. He came to Ontario in 1919,

served from 1926-30 as city councilman and was re-elected to the council last November. He was city recorder from 1935 to 1949.

Mrs. Sellwood at Home After Operation, Salem

Statesman News Service
LAKE LABISH—Mrs. Thomas Sellwood is recuperating at home after recent surgery in a Salem hospital. Miss Beth Sellwood, the Chin-Up Club leader, is temporarily living in Salem.

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