

Tuna Can Offers Contents to Large Number of Summertime Dishes

By MAXINE BUREN
Statesman Woman's Editor

We opened a can of tuna today, simply because we hadn't bought meat and it was the only promising thing in the cupboard. But when we got to thinking of tuna's potentialities, and looking up recipes for it, we realized it is a pretty handy thing to have on hand. Even the dog looked hopefully at we started making a dinner dish out of the fish.

Once was a time when tuna was considered a creamable dish and used for little else than to team up with white sauce and go over toast or baked potatoes.

It's still good that way, you can merely add some celery and some onion and combine the tuna with the cream sauce and serve it over toast or rice. But you can make it a la king, too, giving style to the dish in both name and ingredients. Here's a one I found that has a newer quirk—the use of canned soup, itself a fairly new way to provide cream sauce and mushrooms:

TUNA A LA KING

1 can tuna 1/2 cup chopped pimiento
1 can mushroom soup 1/2 cup chopped green pepper
1 cup milk 1 tablespoon butter
1/2 cup water

Saute green pepper and pimiento in the melted butter. Add the water. Heat soup and milk in top of the double boiler, add tuna, pepper and pimiento. Stir well and when heat through, serve over toast, hot biscuits, patty shells or bake potatoes.

As a nice luncheon dish for company or supper dish for the family, here's a baked roll that uses biscuit dough:

TUNA CHEESE ROLL

1 can tuna 1/2 cup grated American cheese
1 1/2 cups white sauce 1/2 cup biscuit mix
Make white sauce (2 tablespoons butter melted in top of double boiler, blend in 2 tablespoons flour, and add 2 cups milk), add 1/2 cup cheese. When thickened add tuna. Pour into greased casserole.

Make biscuit dough and roll into a rectangular sheet 1/4 inch thick. Sprinkle top with 1/2 cup grated cheese. Roll up like a jelly roll. Cut into 1/2-inch slices and place on top of creamed tuna. Bake in hot oven (400°) 15 minutes, or until biscuits are done.

If it's lunch, the tuna will adapt itself beautifully to a sandwich. For each serving here's a

TUNA DENVER SANDWICH

2 tablespoons tuna 1 tablespoon green pepper
1 egg 1 tablespoon onion
Salt and pepper to taste

Saute onion and green pepper in small frying pan until done. Add tuna and heat thoroughly. Then add well beaten egg. Cook slowly on one side, turn and complete cooking. Serve on warm buns with catsup.

Tuna and raw tomato are a well known combination. Here is a variation of the stuffed tomato—a little easier to eat:

TUNA TOMATO TREAT

1 can tuna 2 tsp. finely chopped chives
2 large ripe tomatoes 1 tsp. Worcestershire sauce
1 teaspoon salt 1 cup diced cucumber
3 tablespoons lemon juice 1/2 cup mayonnaise
Lettuce

Cut tomatoes into eighths. Place four sections on each of four lettuce-garnished plates. Combine tuna with remaining ingredients and separate tomato sections with tuna mixture.

Then let's look at hot dinner dishes. Though acorn squash are not yet in the market, we can look forward to the following dish soon:

TUNA STUFFED SQUASH

1 can tuna 1/2 cup celery
3 Queen or acorn squash 2 cups water
1/2 cup diced carrot 1 cup boiled rice
1/2 cup diced green pepper 1/2 teaspoon salt
1/2 cup diced onion 1/2 teaspoon pepper
8 sprigs parsley

Cut squash in half, remove seeds, cook in boiling salted water for 25 minutes. Meanwhile, cook carrot, green pepper, onion, and celery with salt and pepper in 2 cups water until vegetables are tender and water evaporated. Combine with boiled rice and tuna. Stuff squash halves with this and place in pan in oven (350°) for 30 minutes.

Garden Party in Albany for Club

On Friday evening the Salem members of the Insurance Women's Association of Salem were entertained by the Albany members of the association at a garden party at the Albany home of Mr. and Mrs. H. A. Pontius. A buffet supper was served. Accordion selections were given by the Accordionaires.

The Albany hostesses were: Mrs. Elaine Kittleson, Mrs. Ruby Muller, Mrs. Nellie Grove, Mrs. Catherine Bain, Mrs. Frances Zeigler, and Mrs. H. A. Pontius.

Salem members attending were Miss Nila Cluett, Mrs. Elsie Rising, Mrs. Marguerite Kirk, Miss Leona Teske, Miss Delphine Golley, Mrs. Dorothy McClain, Mrs. Agnes Thompson, Mrs. Pauline Hillpot, Mrs. Gladys McCafferty, Mrs. Opal Lewis, Mrs. Lila Prall, Mrs. Alma Weststein, Mrs. Amy Seidler, Mrs. Sue Booch, Mrs. Berna Nannerman, Miss Bernice Bailey, Miss Marilyn Scott, Miss Roberta Matthews, Mrs. Lucille Burnett, Miss Mareta Palmer, and Mrs. Gwen Hill.

Guests were: Mrs. Eva Brower, Eighth Regional Director, Portland; Mrs. Iantha Smith, society editor of the Albany Democrat-Herald; Mrs. Ken Smart, and Mrs. Kathryn Williams McHugh, Albany. Miss Lois Clark, Miss Beverly Richardson, Mrs. Inez Gravit, and Mrs. Donald Barnick, Salem.

Regular monthly meetings of the association will be resumed on the third Thursday of September.

Sheridan — Mrs. DeArmond Bockes was given a shower by Mrs. Melvin Bockes and Mrs. Junior Yoder. Guests were Mrs. J. E. Williams, Mrs. Lewis Bockes, Mrs. Lewis Tatom, Mrs. Dean Heron, Mrs. Don Ottele, Mrs. Delbert Camerillo, Mrs. Alex Camerillo, Mrs. Ken Richard of Fort Morgan, Colo., Miss Mary Ann Williams, Miss Virginia Williams, Miss Alene Williams. Sending gifts were Mrs. Lois Tatom, Mrs. Art Williams, Mrs. Ted Williams, Mrs. Rose Blanchard, Mrs. Alvin Williams and Mrs. Earl Berkey.

On Etiquette

By ROBERTA LEE

Q. When the first course at a dinner party is to be crabmeat, served either in a tomato or on a lettuce leaf, which is the correct implement—a salad fork or an oyster fork?

A. If the crabmeat is served in a cocktail glass, an oyster fork should be provided. If served on a plate, the salad fork is correct.

Q. What sort of boutonniere should the bridegroom wear at a formal wedding?

A. It may be a small gardenia or a spray of lilacs of the valley, at a daytime wedding, a white carnation or any white garden flower. He furnishes similar boutonnières to his best man and ushers.

Q. Is it proper for one to unfold a napkin completely when seating oneself at the table?

A. No; unfold the napkin until it is half its full size, with the crease in the center.

Herb Tea Will Be Thursday

LEBANON — The 15th annual herb tea of the Lebanon Garden Club will be held Thursday, August 7 at the home of Mrs. Peter Smith, 187 C street, same location as last year. Mrs. Smith is this year's president. Mrs. Loren Bohle is general chairman of the event.

Miss Alena Jacobsen, president of the Oregon Herb Society, will be featured speaker and she will demonstrate textile printing, using botanical materials.

In addition to many other features, Mrs. Frank York of Seal Rock will show her pastel paintings of fuchsias, and Mrs. Fannie Branson, Newport, will have an exhibit of the miniature horses which she makes.

Mrs. L. W. Franks, president of the Oregon Federation of Garden Clubs, and other state and district officers, will be among those attending. The public is invited to attend and hours are from 2 to 5 o'clock. There is no admission charge.

Four Corners — A second son, Lance Boies Corrigan, was born August 1 at the Salem General to Mr. and Mrs. Kenneth Corrigan (Betty Boies). He weighed in at eight pounds and five ounces and has a brother, Randal Kent. The grandparents are Mr. and Mrs. C. H. Corrigan, Salem, Mr. and Mrs. R. W. Boies, Brooks, and a great-grandfather is C. J. Beeson, Hunting Park, California.

The Dakota Club picnic has been postponed until Sunday, August 24.

Low Calory

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Grand Court of Amaranth Picnic

The twenty-third annual picnic of the Grand Court, Order of the Amaranth, state of Oregon will be held Sunday, August 10. In order to centralize the location this annual affair will be held at Island Park, two miles east of Canby.

Lunch is scheduled for 12 noon at which time coffee, ice cream and soda pop will be furnished. Games and races will begin at 2 p.m.

It is anticipated that members of the Order will attend coming from Astoria, Seaside, Cannon Beach, Newport, Bend, Klamath Falls, Medford, Roseburg, Eugene, Salem, Oregon City, Milwaukie, Forest Grove, Hillsboro, Gresham, Parkrose, Portland and Vancouver, Wash.

Mrs. Nadene Janes, Portland, grand associate matron, and Donald Patton, Salem, grand associate patron are co-chairmen of arrangements. They are assisted by the associate matrons and patrons of the sub-ordinate Courts.

Mr. and Mrs. S. Holmes Mansfield, Cleveland Heights, Ohio are visiting at the home of Mr. and Mrs. Oliver Mansfield. They will be here the rest of the summer. They stopped enroute visiting Mr. and Mrs. Howard Mansfield at Milton-Freewater.

Dairy Housing's Effect on Milk Quality Listed as 'Only Indirect'

By LILLIE L. MADSEN
Farm Editor, The Statesman

It isn't always the fancy dairy buildings which make for the good quality milk, dairy scientists were admitting Tuesday, as they released a report on the past three and one-half years of test on 171 Oregon farms.

These tests were made by a research team from Oregon State College Experiment Station for the purpose of determining factors affecting quality of milk. Among the findings is the fact that dairy housing has only an indirect effect on milk quality.

Oregon has an untapped source of good clean milk that could be made available by changing dairy housing requirements in case of Grade A fluid milk shortage, the scientists report.

"Cleanliness is the thing we need. The fine dairy buildings are excellent to have, and make our state look fine, but unless they are kept in order to meet the requirements, they are no better than our older barns and milk houses," P. M. Brandt, head of the dairy division, OSC, remarked. However, he added, Oregon's dairy quality is high. "That's it," he insisted, "even the majority of the older barns are producing the good clean milk."

Reports from the testing committee, show that fully 50 per cent of the factory milk producers included in the research program throughout the state, met grade A requirements except for housing. That is, much of the factory milk tested for bacterial count was within the 80,000 bacteria per milliliter upper limit set by Oregon law for grade A raw milk for pasteurization.

Useless Restrictions
These statistics show that some dairymen are kept from producing grade A milk simply because of useless housing restrictions which call for expensive barns and milk houses. Since there is some doubt as to where Oregon will get the fluid milk to supply its increasing population in future years, the OSC results may prove important to the dairy industry, Brandt added.

More production per cow is still regarded as the number one method of increasing the milk supply, but the scientists believe that more practical housing regulations combined with use of cheaper, more efficient types of housing for dairy herds also are important.

Agricultural engineers at OSC recommend a pole frame loafing shed and a milk parlor as an efficient dairy housing setup. There is evidence that this type of construction can be had for less than half the cost of some of the large, modern barns.

Sales Increase
Reports released by W. Wray Lawrence, agricultural economist, Tuesday, show that the sales of

Slain Waitress 'Begged for Protection'

LAWTON, Okla. (AP)—A friend of Betty Jack Stevens told authorities Tuesday the 21-year-old Dallas waitress, identified as the Yukon, Okla., torso murder victim, attempted to hide from "a man down in Dallas" two weeks ago.

Mrs. Bertha Keem, in a signed statement, said Miss Stevens "begged for protection" during a brief visit here.

Police investigator Dee Moncrief, who took the statement from Mrs. Keem, said he understood "the suspect and the Stevens woman had lived together but were not married."

The Lawton housewife furnished police with the man's name and described him as "Spanish-looking, in his 30s."

The Stevens woman's nude, dismembered body was found last Wednesday at Yukon and her hands and head eight miles away on Friday. Etched in her abdomen with a sharp knife or razor was the word, "RAT."

Four-fifths of the world's dates are grown in Iraq.

MARGARET AT OPERA

SALZBURG, Austria (AP)—Margaret Truman Monday night attended a performance of Verdi's "Othello." She was accompanied by Austria's federal chancellor, Dr. Leopold Figl.

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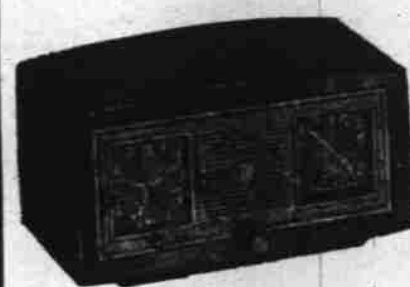
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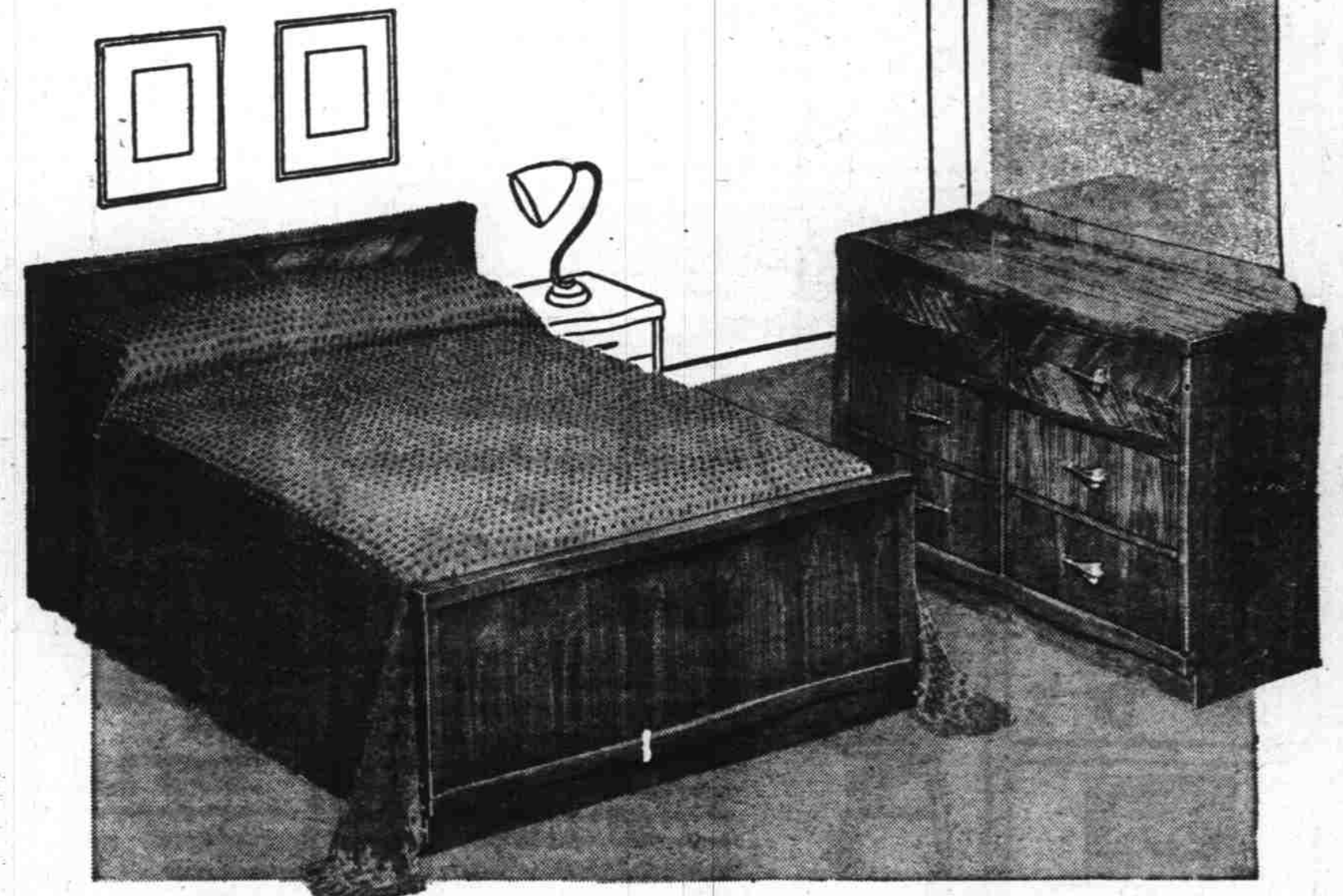
"Y"-leg table 30x40-in. extends to 30x48 in.; aluminum moulding. Padded seats. 59.88

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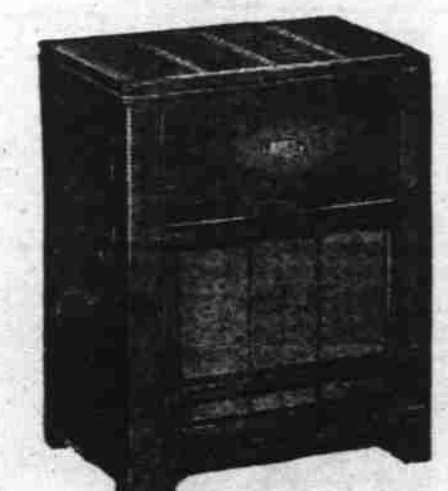
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