

Rice One of Versatile Foods to Be Used for Any Course, at Any Time

By MAXINE BUREN
Statesman Woman's Editor

Come to think of it, rice is a mighty handy cereal to know about. It serves in the soup course, becomes an entree and goes into desserts. It can be used as a breakfast cereal, luncheon pudding and main dish for dinner.

The very young are served rice, and the very old find it's easy to eat.

Rice can be just ordinary food, or it can be dressed up to look and taste quite fancy. Rice appears in the cooking of a great many lands.

Here's a Creole rice recipe that has an interesting ingredient—cabbage:

RICE WITH CREOLE CABBAGE
3 cups hot-cooked rice 1/2 cup canned mushrooms
1 cup pork in cubes 2 teaspoons salt
1 cup chopped onions 1/4 teaspoon pepper
1 No. 2 1/2 can tomatoes 1/4 teaspoon chili powder
6 cups shredded cabbage

Put 1 cup uncooked rice in 2 cups cold water with 1 teaspoon salt. Bring to vigorous boil, turn down heat and cover saucepan. Cook for 14 minutes, and do not remove lid until ready to use. It is not necessary to wash packaged rice when cooked by this method, either before or after cooking.

Brown meat in skillet, continue cooking until done. Add onions and some of juice off tomatoes and cook until done. Add tomatoes, cabbage, cut up mushrooms, salt, pepper and chili powder. Cover skillet and cook until cabbage is barely tender. Arrange rice on platter and put cabbage mixture on it. Deviled eggs may be used as a garnish. Recipe serves 8.

PAST MASTERS
The cooks of India, past masters in the art of making curry, are great eaters of rice. Curries are probably the best known of Indian dishes, and we've found one which was sent directly by the Government of India for use in American kitchens. It serves six generously. The curry is supposed to be served with side dishes of chutney, coconut, sliced onion and sometime nuts or shrimp. Here is a curry that is rather unusual:

VEGETABLE EGG CURRY
6 hard cooked eggs Salt to taste
2 medium sized potatoes Red pepper to taste
1 small head cauliflower 3 tablespoons cooking oil
2 small onions 2 tablespoons curry powder
2 tablespoons parsley 1 can tomato soup
Juice of 1 lemon

Fry chopped onions in fat until brown. Add curry powder, parsley, red pepper and salt and continue cooking while stirring until thoroughly mixed. Cut potatoes and cauliflower in small pieces and add with the can of tomato soup and equal amount of hot water. Simmer gently in covered saucepan until vegetables are half cooked. Add quartered eggs and lemon juice and continue until vegetables are tender.

Rice makes a nice dessert when boiled and served with sweetened fresh or canned fruits. Dried stewed fruits may be used with the rice, too.

Here's a soup to end, our story, though it begins a meal:

RICE SOUP WITH SPINACH
2 cups cooked rice 1 1/2 cups cooked spinach,
3 tablespoons butter or margarine chopped fine
3 tablespoons flour 1 teaspoon salt
5 cups milk 1/4 teaspoon pepper
1/2 teaspoon nutmeg

4 cups meat stock (or 4 cups water and 4 bouillon cubes). Melt butter or margarine in a large saucepan or soup kettle. Blend in flour. Gradually add milk. Add meat stock, spinach, rice, salt, pepper. Heat thoroughly. Add nutmeg just before serving. This recipe makes 11 cups of soup.

Sweet Home Petition Seeks Control of Dogs

Statesman News Service

SWEET HOME — A petition bearing the names of 22 Sweet Home voters has been presented to Linn County Clerk R. M. Russell asking that notice be given at the next general or special election that a vote will be taken in the city of Sweet Home, for and against permitting dogs to run at large. Everyone signing this petition claims that dogs have

done irreparable damage to shrubs, flowers and gardens.

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