### First Hand Shopping Nets Many Menu Ideas; Surprising Variety

By MAXINE BUREN

Statesman Woman's Editor The woman who does all her shopping by telephone or by husband and children, misses a great deal of interest when it comes

We find many menu ideas as we wander around the grocery store, looking for this or that item on the list. We often note how many interesting new things come into the markets each year,

and how many of the old favorites we'd forgotten about. Every housewife, especially she who is a little low on interest in this business of cooking, should shop first hand at least once a week. She'll not only work herself up a nice appetite but get inspiration for newer dishes and a more variety in foods.

One of the old things we noticed recently was rennet powder, or junket-that delicate flavored food that we used to love as a child and which was given as a special treat when we were slightly ill. It was really fun to be sick in those days, when special food was prepared and served on a tray with pretty dishes reserved especially for such occasions.

Now-a-days the rennet looks about the same, except the packages are modernized and the grocer now sports a variety in flavors The fruit flavors are said to be preferred by the very young, the vanilla and chocolate by older folk.

There's a variety of crisp foods for serving as snacks, and which are liked especially well by the youngsters. Corn curls, with cheese of chili flavor, thin wafers of various flavors, and three or four forms of pretzels. The latter, though not in the regulation shape of pretzels are made from the same dough. Try regular ones, by the way, with salads or soups. The crisp saltiness FROZEN FOOD SUPPLY

One of the new frozen foods we've noted are waffles, which are being sold in some of the shops. There's just about every type food now to be found in the frozen food display counter. Main dishes include Chinese foods, tamales, ready-fried chicken and shrimps which need a mere warming up. French fried potatoes are of course a familiar food in the display, as are the vegetables and fruits in wide variety. Among the finished desserts are a number of fancy cakes with frozen fillings. Pies are found in innumerable flavors and ther are several frozen breads available now, including English muffins and crumpets, which went out of our stores for a while following the war and which made their reappearance just this past year. TRY MIXES

There's great variety in the cake mixes they have now, too. Besides the older standbys of white and chocolate, angel food, yellow and several specialties have been added. Some of the better name mixes are fust about as good as your best home mixed cake,

You'll notice the new fresh foods as they come into the markets, if you do your shopping first hand. Sometimes you'll be surprised at the variety found. Look at the shelves that have the fancy foods, too. Special olives (we noted a jar with three kinds in it) fancy appetizers, canned shellfish, and the many extra special jams and preserves.

CLUB CALENDAR

30 p.m. Bethel 35. Job's Daugnters Mothers

Spiritual Sunflower Club with Mrs.

Sigma Kappa alumnae with Mrs. eon Everitt, 415 Cummings Lane,

1 p.m. oirthday party with Mrs. Glenn Larkins 1779 Park Ave. Barbara Frietchie Tent, DUV, with Mrs. Mary Hilborn, 246 South 20th Street, 2 p.m. Past Matrons Association, OES, din-

day night at the Pine Inn. The

### Candidates Talk At Meeting

Nearly a hundred men and women attended the meeting of the Salem Unit, Oregon Federation of Republican Women on Monday afternoon at the Senator Hotel.

Bethel 35 Job's Daugnters Mothers Club, noon luncheon, Masonic Temple. Hayesville Wotlan's Club with Mrs. Ben Reimann. 2915 Blossom Drive, 115 dessert luncheon Willamette University Faculty Wom-

This was candidates day, all Republican candidates on the May ballot being invited as guests and introduced. More than 30 candi
Introduced More than 30 candi
Spiritual Sunflower Club with Mrs.

Willamette University Faculty Women's Club with Mrs. Chester Stackhouse, 2745 Alvarado Terrace, 2:30 p.m.

Salem Council of Women's Organizations, fireplace room of City Library, 2 p.m. dates attended the meeting, and were introduced by Mrs. Clark
Sam Harms, 1740 State St. 1 to 4 p.m.
Fidelis Class, First Baptist Church. McCall, president.

2 p.m. American Gold Star Mothers with Mrs. Walter Bechtol, 420 N. 19th St. For the May meeting the club will hear talks on the presidential 8 p.m. candidates on the Republican ballot and sample ballots will be Leon Keizer Ladies Sewing club with Mrs. R. I. Kinney, 1225 Harmony Drive, all

### Birthday Party For Mr. Luykx

Chris Luykx was honored on his birthday Saturday night when group of friends and relatives ner meeting, Golden Phessant, 6:30 p.m. called at his home on the Auburn Woman's Relief Corps, VFW Hall. called at his home on the Auburn 2 p.m Road. Mrs. Luykx, assisted by her daughter, Mrs. Mary Lechtenberg, MONDAY
Work Basket Club with Mrs. Pauline

and Mrs. Lambert Feskens, Mr. and Mrs. Cornelius Feskens, Corky, Mary and Chris, Cathy and Jane Lechtenberg, Mr. and Mrs. Steven Van Houten, Michael, Lucas and John, Mr. and Mrs. George Zan, Mr. and Mrs. Richard Burch Guest of Club and Mrs. Myron Burch of Maron, and the hostesses.

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STUNNING! SEW-EASY! This is a wonder-pattern! Collar is in one with bodice, no side-seams in skirt. Simplest of lines, smartest of frocks. Make it for a date dress or for suntime. Whichever way you make it, this will make you

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### Jean Herria Is Married

Mr. and Mrs. Gordon C. Herof their daughter, Jean Louise, to Mr. and Mrs. Sidney C. Shepherd, solemnized on March 11 in Reno, Mr. Shepherd is in the Air

Mrs. Shepherd is temporarily living with her parents. The bride is a graduate of Sa-

lem High School and is now employed by the Telephone company in Albany. Her husband is a graduate of Albany schools.

### Mrs. Jones Will Head Jaycee-ettes

SILVERTON-Mrs. James Jones was elected president of the Silverton Jaycee-ettes at a meeting of the group on Tuesday night at the home of Mrs. William Duncan with Mrs. Phillip Clites assisting. Other newly elected officers are Mrs. Robert Edgerton, vice-president; Mrs. Gordon Ellwell, secretary; Mrs. Kenneth Brown, treasurer; and Mrs. William Hansen, historian.

Installation of officers will be May 12. Plans were completed by the group for the appearance of the Willamette University Choir in concert here on April 24 at Trinity Lutheran Church at 8 There will be no charge but an offering will be taken for the club's project, Girl Scouts.

Bethel 35, Job's Daughters Mothers Club will meet for a noon luncheon on Thursday at the Masonic Temple. The committee includes Mrs. Lloyd Arnold, chairman, Mrs. Henry Boesch, Mrs. Jasper Button, Mrs. S. W. Burris Mrs. J. W. Brewer and Mrs Wayne Schrunk.

#### Needlecraft



by Laura Wheeler

KITCHEN - SHOWER a bride with this apron' Pretty as a posy she will be, with those morningglory straps and pockets. Other version shown in check-and-plain Salem Rotana Club members fabric is gay too. Wonderful apron held an installation banquet Mon-fer of motifs; cutting guides.

installing officer was Miss Helen Send TWENTY-FIVE CENTS in coins MacQuarrie of Bozeman, Montana, national president of Rotana. Mrs. Fannie Douglas was installed as president for the ensuing year.

Rep. Mark Hatfield was the Twenty Cents in coling to the Statesman, Needlecraft Dept., P. O. Box 5740, Chicago 80, Ill. Print plainly PATTERN WIMBER, your NAME and ADDRESS with ZONE.

Such colorful handiwork ideas! Send

Rep. Mark Hatfield was the guest speaker. Thirty attended the affair and the tables were decorated with camellias.

Such colorful handiwork ideas: Send Twenty Cents in coins for our Laura Wheeler Needlecraft Catalog. Choose your patterns from our gaily illustrated and personal accessories. A pattern for a handbag is printed right in the book.



### Poor old Atlas really had one!

 Sometimes you may feel that you are carrying the load of an Atlas! And in these times of tension it is important to be advantaged by every medical aid. Headache is Nature's danger signal. Heed it now! If headaches persist, consult your Doctor. And when you have a prescription, here is a most "Reliable" compounding pharmacy!

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Chi association of the Corval-

lis Chapter of Delta Zeta soror- Revealed ity will hold its annual meeting, Chi Rendezvous, at Corvallis, chapter house. The active chap- Salem. ter is holding its spring formal tacting Mrs. H. Joe Myers at ated with Sigma Chi. 1125 Walnut St., Albany.

Four Corners-Mr. and Mrs. S. evening in their home to the Har- gagement of their daughter, Miss-

### Delta Zeta Rendezvous | Engagements

Force and has reported to Parks that evening at the house and all of the University of Oregon and group of long-time family friends Air Base, California. The new alumnae are cordially invited to is a member of Alpha Chi bidden. From out-of-town were attend. Reservations may be Omega. Mr. Hill attended Wil- Colonel and Mrs. Ernest C. Knapp. made for the luncheon by con- lamette University and is affili- who recently returned from the

The wedding is planned for route to Tokyo for reassignment. June 20. Hoover-Stark

were Mr. and Mrs. Roy Reed, will be an event of May 10. farming.

### Enlists in Air Force

Friends of Miss Carol Flesher daughter of Mr. and Mrs. Gurnee Flesher, will be interested to learn that she has left for San Antonio, Mr. and Mrs. William A. Texas, to begin her basic training rig are announcing the marriage Saturday, April 19. There will Riethmiller of Portland, an- with the women's air force. Miss be a no-host luncheon at the nounce the engagement and ap- Flesher is a graduate of Salem Donald Kenneth Shepherd, son of Corvallis Hotel at 12 noon to be proaching marriage of their High School and recently enlisted followed at 1:30 by a business daughter, Billijean, to Richard in the air force. Sunday night, Mr. all of Albany. The wedding was meeting and the traditional cut- Harold Hill, son of Mrs. Lloyd and Mrs. Flesher entertained with ting of the birthday cake at the M. Hill and the late Mr. Hill of an informal au revoir party for Friday afternoon from 3 to 5 their daughter at their country Miss Riethmiller is a graduate place at Brush College with a East Coast. Colonel Knapp is en-

> Mr. and Mrs. Thomas Stark of Mrs. Edna Brogan of Billings. H. Cable were hosts on Monday Brooks are announcing the en- Montana is visiting in Salem with evening in their home to the Harmony Bible Class of the Baptist
> Viola Stark, to Darrell Hoover,
> Sunday School. W. R. Gould led son of Mr. and Mrs. Alonzo
> the devotional period. Attending
> Hoover of Gervais. The wedding and her sister and brother-inand Mervin Fidler. Mrs. G. Her-Mr. and Mrs. Rollin Carnine, Mr. The bride-elect, who is better ter of Hubbard. The visitor will assisted by Mrs. Everett de and Mrs. Eldon France, Mr. and known to her friends as Vicky, leave for Sheridan Sunday to Weese, chairman of the exhibit, Mrs. Preston Butler, Mr. and Mrs. is a student at Gervais High visit her brothers, Hugh and by Mrs. Walter J. Kirk, preston Oliver Rickman, Mrs. S. D. Ho- School. Her flance is engaged in Charles Stewart, before return- ident of the Salem Art Associaing by plane to Montana.

### Reception Will Fete Artist

A reception and tea for Gordon Gilkey, head of the art department of Oregon State College, will be held at Willamette University's art department gallery o'clock, under sponsorship of the Salem Art Association. The reception, during the April 15 to 26 graphic art exhibit of Mr. Gilkey's prints, will include a brief talk at 4 o'clock by the artist on the subject of the "Technical Process Involved in Graphic

Exhibit on Display."

Mrs. F. W. Poorman is chairman of the reception committee. which includes Mrs. Mirpah Blair law, Mr. and Mrs. A. Van Nat- bert Smith will pour at the tea | tion.

Hopewell - A bridal shower honoring Mr. and Mrs. N. Alvarez (Helen Maurer) will be held at the Hopewell Evangelical United Brethren Church Saturday eve-ning, April 19 at 8 p.m. Mrs. Charles Stephens, Mrs. Oscar Taskinen and Mrs. Ross Rogers are hostesses for the affair.

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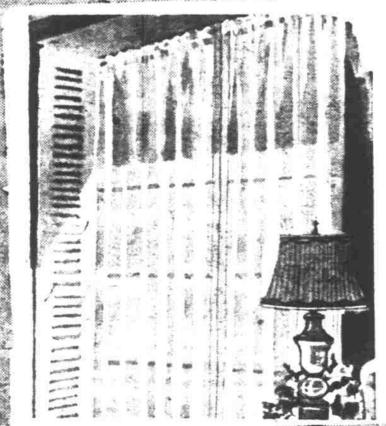


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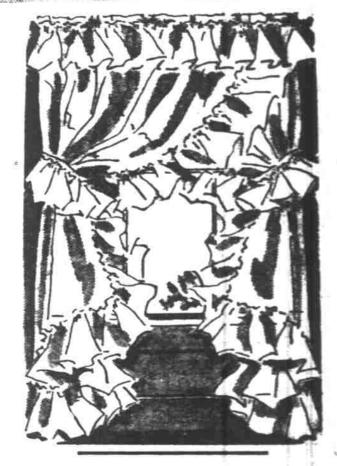
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