

An appealing entree featuring pork liver, carefully braised then topped with a tangy Spanish sauce, is one of the better economy dishes.

## Gentle Cooking Best for Braising, Broiling Liver

Pork is tops in value this month. | are a made-to-order accomplishand one of the most attractive ment

buys available is pork liver. Pork liver, carefully prepared, is good eating, and, of course, liver and all the variety meats are well know for their excellent nutritive value.

The delicate flavor and tender tissues of liver, require storage in the coldest part of the refrigerator. Keep it loosely wrapped and plan to use within a day or two. Remember, too. that low heat cookery is essential for tenderness. Try pork liver in favorite com-

binations with bacon or onions for your once-a-week liver meals. Or dress it up, braised and served brochette-style, swathed in a tangy Spanish sauce. Lima beans

## **Macaroni Ring Has Good Ham Sauce**

Macaroni ring, an inexpensive and highly satisfactory food for company or family, takes on varlous sauces to change its character. This savory ham sauce makes the ring good enough for com-

MACARONI RING WITH HAM SAUCE Macaroni Ring

- 4 ounces elbow macaroni 2 tablespoons butter or mar-
- garine 2 tablespoons enriched flour

1/2 teaspoon salt

1¼ cups milk

eggs, beaten

LIVER BROCHETTES WITH SPANISH SAUCE pound beef or pork liver 1 sliced Salt onion, sliced tablespoons shortening

times called "strained sauce", also uses all the fruit except the skins. cup tomato sauce or Here's the recipe: To a pound (1 tomatoes

quart) of berries, add 11/2 cups Cut liver into 1 inch pieces. of water and cook rapidly in a Season. Push pieces onto skewer covered pan about 15 minutes until (leave space between cubes) to berries are soft. Put through a form brochettes Brown the onion food press, add 2 cups sugar, star in shortening. Add tomato sauce. and cook about 3 minutes to jelly Lay brochettes in sauce. Cover and stage. Pour into a mold, chill and cook sloyly for 30 to 40 minutes. let stand until set. Or, for later

- Serve brochettes on hot toast. Top with sauce BRAISED LIVER WITH VEGETABLES pound beef or pork liver in one piece
  - Salt, pepper Flour for dipping % cup chopped celery onion, chopped tablespoons shortening slices salt pork cups cooked tomatoes small potatoes

small carrots

use, pour into jelly glasses and when set, seal with paraffin. For fast, easy pureeing, use one of the utensils designed for this job rather than the more arduous, wasteful and awkward handpressing through a strainer. Very handy is the utensil operated with a crank on a blade that forces food through perforations. It has a handle and hook-like supports to

a wooden cylinder.

hold it steady over a bowl or pan.

Or use a cone-shaped press with

Statesman's

Here's how to make it: Choose

firm, deep-red berries with glossy

skins. Add 2 cups of water for

each pound (1 quart) of berries. Cook until skins pop. Then put through a food press. Add about 2 cups of sugar-or more accord-

ing to the family sweet tooth. Pack into containers, leaving

enough headspace for expansion

in freezing. Seal and freeze. (Rule for headspace: Leave a half inch for wide-mouth pint containers;

an inch for quarts.) Serve at "sherbert softness." When thawed, this puree may be used for cran-

berry whip, chiffon pie or other

Jellied cranberry puree, some-

Rub liver with salt and pepper SALTY NUTS

dishes.

Jellied Sauce

and dip in flour. Brown with cel-If you want to salt pecans arery and onion in hot shortening. range them in a thin layer in a Place in a greased casserole. Place shallow pan, adding a teaspoon of salt pork on top. Add tomatoes, butter or margarine to each cup salt, and pepper. Cover casserole of nuts; sprinkle lightly with salt. and bake in moderate oven Bake in a moderate oven about 20 (350°) for ½ hour. Add the po-tatoes (pared and halved, and the pecans are a delicate brown recarrots, scraped and cut into move and cool on paper toweling. strips. Recover and bake until vegetables are done, about 45 min- DRESSY CUPCAKES

1 tablespoon chopped parsley utes. Remove lid to brown the Scoop wedge-shaped pieces out Cook macaroni in boiling salted salt pork. Arrange meat and veg- of the top of chocolate cupcakes; water until tender (about 8 min- etables on a hot platter. Make a fill the hollows with ice cream





or margarine in saucepan. Stir in vegetables and meat. flour and salt. Add milk and cook, stirring constantly until thickened. Pour white sauce into beaten eggs. Fold 'in macaroni and parsley. Pour into well greased 9inch ring mold and set in pan of hot water. Bake in moderate oven (350°) 45 minutes.

Savory Ham Sauce

- 2 slices bacon, diced 1/2 pound cubed, boiled ham
- tablespoons diced celery
- 2 tablespoons diced onion
- 2 tablespoons diced green
- pepper tablespoon flour
- 1/2 cup condensed tomato soup
- % cup water

While ring mold is baking, brown bacon in skillet. Add ham, celery, onions and green pepper and brown lightly. Stir in flour. Add tomato soup and water. Cover and let simmer about 15 minutes. Serve in center of macaroni ring. Makes 4 servings.

## Food For Hungry **Crowd Satisfies**

What to serve to a hungry crowd may be a problem, but here's a dish that has all the qualifications. It can be put together in advance, it's hearty and best when served hot. Call it what you want to-its ancestry is the famous Italian spedino, that mixture of mozzarella cheese and French bread that Italians speak so fondly of. This Americanized version of spedino is made with enriched yeastraised bread and Swiss process cheese-ingredients you can find around any corner. Put it together with the savory seasoning called for, tuck it into the refrigerator and at the given time, into the oven. Bring it into the crowd piping hot and golden brown, and watch the slices go in a hurry. One loaf makes 8 to 10 servings so better be ready with more than one loaf.

SPEDINO A LA AMERICANO 1 loaf unsliced day-old

- bread % cup butter or margarine 1 medium onion, minced 2 tablespoons poppy seeds
- ¼ cup prepared mustard 1/2 pound Swiss process cheese

Trim crusts from loaf. Starting at the end of the loaf about onehalf way down, make a series of diagonal cuts about every inch cutting almost through loaf. Mix butter or margarine, minced onion, poppy seeds and prepared mus-tard. Spread all but about 2 tablespoons of the mixture between the cuts. Slice Swiss cheese. Fill cuts in bread with sliced cheese. Spread outside of loaf with remaining butter mixture. Press loaf together. Bake at 350 degrees (moderate oven) 15 to 20 minutes or until cheese is melted and loaf is browned. If desired, sizzle 1 small can of anchovies in 1 tablespoon butter or margarine. Pour over baked cheese loaf. Slice loaf straight down and serve immedi-ately on individual plates. Makes \$ to 10 appetizer servings.



