# Momen's Section SOCIETY · CLUBS · MUSIC

## Miss Trindle Promoted to **OSC Staff**

Promotion of Miss Elegnor Trindle, Marion county home economics extension agent since September 1, 1945, to the central administrative staff at Oregon State college with the title of state extension agent effective October 1, has been announced by Mrs. Azalea Sager, state leader, home economics extension.

Two home economics extension employed since March 1 as an the project. agent-at-large. Other member of who resumed work there on Aug- the following members of the home

Mrs. Burke has a masters degree in foods and nutrition and has had extensive foods management experience since her graduation from Oregon State college in 1939. Mrs. White has received her masters degree in clothing and textiles. She has had prior experience in Marion county serving nomics extension agent.

All appointments are subject higher education, Mrs. Sager states. In her new duties, Miss Trindle will assume supervisory duties in various counties of the state.

Oregon State college extension service dates back to 1941 when she was employed as extension 1941 graduate in home economics from the University of Washing-

Mrs. Burke, formerly an outstanding 4-H club girl while living in Multnomah county, received her masters degree from the University of Chicago in 1946. She has been employed in restaurant management since that date prior to oining the Oregon State college

The Salem FL club met with Miss Lois Laudahl. Five members social hour.

## Meat Discussed At Meetings

"Meat in Your Meals" will be the subject of two project leader training meetings to be held at At Phillips' the Portland Gas and Coke company today and Thursday. Mrs. during October.

in Marion county to carry out the and the moist heat method. She adult program. They are Mrs. will also discuss the use of econ-June Burke who assumed her new omical cuts of meat. The inspecduties September 1 after thing tion of meat will also be a part of Mrs. Burke will be assisted by

the staff is Mrs. Marjorie Tye Mrs. Eleanor Trindle, Marion White, former Marion county agent | county home extension agent and extension committee: Mrs. I. G. Lermon, Mrs. Ralph Mercer, Mrs. Roland Seeger and Mrs. Russell

Units to be represented today are: Central Howell, North Howell, Stayton, Mehama, Lancaster, West Woodburn, Swegle, North Santiam, Lansing Neighbors, Donald, Aumsville. Units to be represented on Thursday, September 21, are: from 1944 to 1947 as home eco- Four Corners, Union Hill, Hubbard, Turner, Try-Unit, Silverton, Silverton Hills, Marion, Pratumto approval by the state board of Macleay, Labish Center and Edina higher education, Mrs. Sager states.

# Mrs. White's experience with the FOE Member

A farewell was given for Mrs. June Wallace during the meeting agent in Wasco county. She is a of the ladies of the auxiliary to FOE Tuesday night. A gift was

Mrs. Wallace, a trustee of the auxiliary and an active member for several years, will move soon to Bremerton, Wash., where her son and daughter-in-law, Mr. and Mrs. Bob Wallace live.

### Class to Meet

Woman's Bible class of the First Methodist church will meet with Mrs. John B. Ulrich, 1475 Saginaw street at 2 o'clock Friday for a social hour. Mrs. Oren Stratton and attended the business meeting and Mrs. Lena Lisle are to assist. Mrs. Bertha Cook will lead devotions.

### Down to Work

## Manufacturers' Experts Get Into Winter Form With Better Publicity

By Maxine Buren

Food manufacturers are getting into the swing again and sending in some practical sounding recipes. Sometimes we think the publicity people for these large concerns let their minds go on vacation during the summer, and perhaps the wintertime material is better for it. These dishes have not been tried by this department, but

Here is a recipe originally planned for canned corn, but fresh ecoked would do

CORN AND CHIPPED BEEF FONDUE 2 eggs

1/4 teaspoon dry mustard

1 8-oz. can whole kernel

1/2 cup coarse, dry bread crumbs

1 tablespoon butter 2 ounces chipped beef

Beat eggs and mustard until fluffy. Add milk and liquid drained from corn. Mix well. Place bread crumbs in the bottom of a buttered baking dish. Add corn. Dot with butter. Add cut-up hipped beef. Pour liquid over beef-corn mixture. Set in a pan of hot water and bake in a moderate oven (350 degrees) for about 1 hour or until firm. Serve at once. Three servings.

4 medium onions

1 pound round steak % teaspoon pepper 1/4 teaspoon sage

Then there is this version of the old favorite, beef birds: BEEF-ONION BIRDS WITH POTATOES 2 tablespoons fat 1 No. 2 can tomatoes

2 tablespoons ketchup 2 tablespoons horseradish 8 small potatoes

Cut steak in 4 pieces; pound each piece flat. Sprinkle top and bottom with salt and pepper; sprinkle top with sage. Place one onlon on sage-coated side of each piece of steak. Fold ends of meat ever onions, and fasten with a skewer. Roll meat in flour, and brown in hot fat in heavy skillet. Add tomatoes, ketchup, and horseradish; cover, and simmer 1/2 hour. Add potatoes; cover, and simmer for 1 hour longer.

Remember good old kitchen bouquet? Well, the people who make it send along this recipe; a variation of the one above.

FLANK STEAK ROLLS

1 small flank steak, about

1/4 teaspoon pepper

teaspoon kitchen bouquet 1/2 cup finely diced onion 1 teaspoon salt

2 or 3 large carrots, scraped 2 tablespoons fat 1 teaspoon sugar 8 oz. can tomato sauce, 1 cup

Wipe flank steak with a damp cloth. Brush on one side with kitchen bouquet. Turn and sprinkle other side with an even coating of salt, pepper and nutmeg mixed together. Cut off tapered ends of carrots. Arrange carrots end to end along one edge of steak in lengthwise direction. Roll steak around carrots like jelly roll. Insert small skewers or poultry pins at 2 inch intervals, starting an inch from the edge. Cut roll in 2 inch sections. Melt fat in frying pan over moderate heat. Brown rolls slightly. Sprin-kle with onion and sugar, Pour in contents of can of tomato sauce. Bring to boil. Lower heat and let simmer, covered, until meat is tender, about 45 minutes to 1 hour. Thicken sauce with 1 tableoon cornstarch, if desired. Serve immediately.

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## GLENDURA AT ELFSTROM'S

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# Alpha Chis Have Dinner

the highest on record.

group Monday were Mrs. John Larwood from Longview, Wash., Mrs. Arthur Young and Miss Mary Hawk, both of Salem, and Mrs. Paul C. Rodgers (Artie Phillips) who has returned from the east.

Two appointments were announced by Mrs. Vernon Gilmore, president of the alumnae group. Mrs. Lloyd Griffith is the new social advisor for the active chapter and Mrs. Gerald Robison is the new board member for the building corporation.

James Young and Mrs. John Lar-

## Mrs. Melton in Chair at Lodge

Salem Rebekah Lodge No. 1 met Monday with Mrs. Luther Melton, noble grand, presiding. Jack Kinney was initiated into the lodge. Appointed to help serve on the educational committee were Mrs. Clyde Bancroft and Chris Sumpter.

Announcements were made that the Theta Rho club will meet on Thursday at 7:30 p.m., the Past Noble Grands will meet with Miss Hazel Price, 1210 N. Front st. Wednesday night at 8:00 o'clock, the Three Links club will meet Friday at 12:30 at Leslie park.

Mrs. J. D. Sears will leave Friday by plane for Indiana where she will stay for a visit of several

### On Etiquette By Roberts Lee

Q. Who should be the first to raise a glass when cocktails are being served to a small group of persons at a table?

A. The hostess. If a man alone is doing the entertaining, then he received a certificate from the nashould lift his glass, nod slightly tional office of the Save the Childto all his guests, and proceed to ren Federation in New York City, sip his drink.

Q. Should the hours always be tinue to be the sponsors of Maijadefinitely stated in the invitations to a child's party?

A. Yes. State them clearly, so that the parents will know when agencies cooperating with the fedthe children should go and at what hour they should send for

Q. Where should the bride's plete outfit of clothing, shoes, and mother be seated at the wedding supplementary rations of food, breakfast or supper?

A. She should be seated at the individual need for the next year. right of the bridegroom's father. Mrs. B. T. Kumler, treasurer of

260 South 12th

the class, is handling correspon-Class Adopts dence relative to the group's "ad-Child Again option-by-mail."

### Members of the Woman's Bible class of the First Methodist church **Now She Shops** have renewed a program of aid to a needy European child, and today

notifying them that they will con-Liisa Marjatta Salakka of Finland The youngster was selected as a case of special need by welfare

2 Blocks South of State on 12th

Salem alumnae of Alpha Chi June Burke, Marion county home Omega opened winter activities extension agent, will present the with a dessert supper at the home demonstration. Both meetings will of Mrs. William L. Phillips sr. start at 10:15 and last until 3 p.m. Monday night. Special visitors Representatives attending these from Xi Xi chapter of Alpha Chi training meetings come from 22 of Omega alumnae in Portland were the home extension units in the county. These leaders will present president; Mrs. Victor Atiyeh, the same project in their own units president of the Portland alumnae of Alpha Chi; Mrs. Arthur Young, Mrs. Burke will prepare several past state president of the Alpha types of meat illustrating the cookworkers will now be employed ing of meat by the dry heat method and Mrs. Wilbur Carl, president of the Oregon State alumnae associa-

> Special recognition for the Alpha Chi Omega chapter on the Willamette campus was received in a letter from Dr. G. Herbert Smith, president of the university, to the national council in which he stated that the cumulative house grade of 3.166 for last semester was one of

New alumnae welcomed into the

Hostesses for the evening were Mrs. William Phillips, Mrs. Lewis D. Griffith, Mrs. J. M. Moreland, Mrs. James Hatfield, and Mrs. Don C. Harger. Others present for the large opening meeting were: Mrs. Vernon Bartsch, Mrs. Wallace Bonesteele, jr., Mrs. Rodney Fety, Mrs. Vernon Gilmore, Mrs. Lloyd Griffiths, Mrs. Frank Guerin, Mrs. George Hanauska, Mrs. Richard Ed Lind, Mrs. Cornelius Lofgren, Mrs. John Minto, Mrs. J. Moreland, Mrs. Burton Myers, Mrs. Douglas Parker, Mrs. Robert Phillips, Mrs. Gerald Robison, Mrs. George Seymour, Mrs. Robert Shinn, sr., Mrs. Ralph Smither, Mrs. Jack Stanley, Mrs. Mary Thomas, Mrs. Arthur Young, Mrs.

## More for Your Money

Walter H. Smiths, (Jesten-Miller).

## **Heat Resistant New Colored Paint** Hartley, Mrs. William Kirk, Mrs. For Stoves, Radiators, on Market

Mr. and Mrs. Jack W. Smith (Irene Mary Johnson) whose

wedding was an event of September 10 at the First Congregational church. The bride is the daughter of Dr. and

Mrs. Charles H. Johnson and the groom's parents are the

By Sue Gardner Homemakers who have been admiring some of the highstyle coloring of decorator kitchens can now do

their own equipment over in any shade of the rainbow. A new paint which will not discolor, peel or crack grees F., has just come on the market.

heat of 500 de-The inside of the average

eration in Europe.

The sponsorship, undertaken at

a cost of \$96, will enable the Federation to send the child a com-

textiles, or money, depending on

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stove does not heat more than 500 degrees F., except for broiling, and since most stoves are insulated so that the outside paint does not come in contact with the direct heat, this new paint can be used over the whole stove. At present the paint comes in a variety of shades, including brown, green, grey, yellow, blue and red. It can be used in any shade, however, by simply darkening or lightening the basic prepared colors with pure oil tones.

Drab metal surfaces or discolored ovens and cabinets can be covered with the paint which dries hard with a tough, porcelain-like finish. Once dry, you can wash, scrub or use boiling water or grease on the surface without spoiling the finish,

There have been some unusual and attractive color combinations worked out for kitchens in recent months. One model kitchen I visited had soft green cabinets and range, with brown and beige sink and counter tops. Another kitchen was done in shades of wine, turquoise and soft yel-

The heat resistant paint can also be used for radiators and steam pipes which have been a color problem for some time. Preparation for the painting can be done simply, by cleaning the surface of all soap, grease and dirt, and sandpapering the surface for better adhesion. One coat will suffice for most surfaces, but when changing from dark to light colors or in the case of extreme color differences, two coats are suggested.

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"Cash and Carry" Without Painful Backache

Without Painful Backache

As we get older, stress and strain, overexertion, excessive smoking or exposure to
cold sometimes alows down kidney function. This may lead many folks to complain of nagging backache, loss of pep and
energy, headaches and dizziness. Getting
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## Clubs Begin Winter Work

The club page is taking on a distinct winter look, since so many women's organizations are begin-

Young Matrons will gather at Mayflower hall for a meeting on Thursday at 8 o'clock. They will hear Mrs. Fred Rawlins speak on her European trip and show moving pictures. The committee includes Mrs. William Cross, Mrs. K. E. Gundel, Mrs. Beth Holland and Mrs. Chauncey LeVee.

Gold Star Mothers will hold a meeting on Thursday at 8 o'clock They will hold a meeting on Thursday at 8 o'clock They were a gown of white the companied by Miss Evelyn Newfeld of Dallas.

The bride wore a gown of white the double ring service. David Finlay, brother of the bride, and Nancy Lowen, niece of the brides club, YMCA, 7:30 p.m.

FRIDAY

Salem Woman's club meeting, club-house, 2 p.m., board meeting, 1 p.m.

Talita, Fellowship Missionary society and Fidelis class, First Baptist church, 2 p.m.

Merry Time 'club with Mrs. Lyle Shepherd, 130 p.m.

St. Agnes Guild, St. Paul's Episcopal thurch, 2 p.m.

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Mrs. Chauncey LeVee.
Gold Star Mothers will hold a meeting on Thursday at 8 o'clock at the VFW hall.

panied by Miss Evelyn Newfeld of Dallas.

The bride wore a gown of white satin fashioned with fitted bodice,

at 8 o'clock to plan the winter's place by a headpiece of bouvardia activities. A dishtowel shower for and net. She carried a bouquet of the chapter house will be held. Mothers of all Chi Omega members are welcome.

The meeting is set for 7:45 o'clock.

## Mrs. Mercer Is Hostess

Mercer was hostess on Monday at ard Weins of Dallas. an all-day meeting and 12 o'clock Briedwell, Mrs. James Keyes, Mrs. Roy Kuns and Mrs. Frank Way.

## Cosmis Club Will Dance

Members of the Cosmis club will meet for a semi-formal dance on Saturday night at Mayflower hall. Dancing will be from 9 to 12, to the music of Claude Bird's orch-

Mr. and Mrs. Glenn Bowman are chairmen of the committee and will be assisted by Mr. and Mrs. Sherman Bostrack, Mr. and Mrs. Ray Higgins and Mr. and Mrs. Howard Mills.

Mrs. W. H. Howell and her two daughters are visiting at the home of Mrs. Howell's aunt, Mrs. T. W. Davies, 941 N. Cottage st.

## Ceremony Read At Talbot Church

JEFFERSON - Given in marlay, Miss Enid Betty Wintermantel became the bride of Willie Robert Heimrichs, son of Mr. and Mrs.

John Heinrichs of Dallas Pythian State American State Methorogram.

Nebraska club auxiliary with Mrs.
Niels Jensen, 2373 Center st., covered dish luncheon at noon.

Pythian State Methorogram.

Nebraska club auxiliary with Mrs.
Niels Jensen, 2373 Center st., covered dish luncheon at noon. ning fall meetings. With a week to draw their breaths following the opening of school, the club members are beginning their work in bers are beginning their work in

Chi Omega mothers will meet with Mrs. H. E. Smedley at 775 North 16th street on Friday night veil was edged in face and held in pink Elf rosebuds and bouvardia.

Mrs. Betty Farr of Portland, wearing a peach gown and carry-Chapter BQ of PEO will open its winter season Monday night with a meeting at the home of Mrs. L. of Salem, in pale green with peach E. White, 245 South 19th street. nosegay, was bridesmaid. Karen Lowen, in green, was flower girl. was ring bearer.

Dan Heinrichs, brother of the bridegroom, was best man. Glad-wyn Schmidt of Dallas was an atwyn Schmidt of Dallas was an attendant and ushers were Wayne Bet You're Taking Your FOUR CORNERS - Mrs. Ralph Fleming, Eldon Newfeld and Rich-

A reception followed in the luncheon to members of the Mar-ion county home extension com-Mrs. Edna Buhler and Mrs. Eldon mittee. Honor guest was Miss El- Newfeld, sisters of the bridegroom. eanor Trindle who is leaving the Cutting the cake were Mrs. John office of county agent to join the Finlay and Mrs. A. R. Blinston extension staff at Oregon State aunts of the bride. Serving were college. Committee members in-clude Mrs. Russell Kelley, Mrs. I. G. Mermon, Mrs. Roland Seeger, Mrs. E. A. Beugli. Other guests Mrs. Harold Super, Mrs. Diane were Mrs. Floyd Fox, Mrs. Verny Scott, Mrs. Rex Hartley, Mrs. Glen Briedwell, Mrs. James Keyes, Mrs. Florence Marlatt of Talbot, Miss Shirley Weins of Dallas, and Mrs. Dean Abney of Salem.

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## CLUB CALENDAR

WEDNESDAY Salem chapter, 162, OES, first regu-ar no-host luncheon, noon, Masonie

### Nurses to Elect

Delegates from Salem to the Oregon Practical Nurses association convention in Portland October 27 will be elected at the local association's meeting here on October 9, it was reported Tuesday.

Fresno, Calif., by way of the Rednosegay, was bridesmaid. Karen Lowen, in green, was flower girl. Dale Finlay, brother of the bride, where both will continue their studies.

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