



A group of Salem Woman's club members shown completing work on the 30,600 Easter Seal letters for mailing are left to right, seated, Mrs. John Carr, Mrs. Charles Cole, Mrs. K. H. Arnot of the Alpha Gamma Delta alumnae, Mrs. Luke Johnston, Mrs. J. S. Murray and Mrs. Frank Myers. Standing left to right are Mrs. Albert C. Gragg, Mrs. Howard Hunsaker, Mrs. Grant Rogers, Mrs. Lee Ross, president of the Mill City Woman's club, and Mrs. Glenn S. Paxson. Mrs. Lawrence Osterman was chairman of the project for the Salem Woman's club and Mrs. George Alling, was Marion county coordinator for the Oregon Society for Crippled Children and Adults.

### Kitchen Aid Ready-Mixes Make Cooking Simpler, Dry Milk Provides Needed Nutriments

By Maxine Buren  
Statesman Woman's Editor

Dry mixes for biscuits or other quick breads are time and labor savers in getting meals, as most modern homemakers know. Mixes made at home using milk powder can be especially helpful in putting more milk into family diets, home economists of the U.S. department of agriculture suggest. They explain that breads often contain less than a cup of milk to each cup of flour but may offer much more milk nourishment if dry milk is included. Such mixes are inexpensive for the milk value they give.

Here are two recipes for mixes which can be made up and stored in the cupboard, ready for use in a jiffy.

**BISCUIT MIX**  
Ingredients: 8 cups sifted flour; 1 cup dry milk, whole or nonfat; 1/2 cup baking powder; 3 teaspoons salt; 1 cup fat (a kind that needs no refrigeration). To make: Sift dry ingredients together three times. Cut or rub in fat until thoroughly mixed. Lift mix lightly into glass jars or tin cans without packing. Close tightly and store on shelf.

A cup of this mix is enough for 6 medium-size biscuits. To make, measure 1 cup of mix and add enough water or fluid milk to make a soft dough about 1/2 cup. Evaporated milk, diluted half and half with water, may be used. Turn onto a lightly floured board and knead a few times. Pat or roll to the desired thickness and cut.

with a floured cutter. Bake in a hot oven (450 F.) 12 to 15 minutes.

**QUICK BREAD MIX**  
For muffins, waffles, griddlecakes. Ingredients: 6 cups sifted flour; 1 cup dry milk; 1/4 cup baking powder; 2 teaspoons salt; 1/2 cup sugar; 3/4 cup fat—a kind needing no refrigeration. (For extra milk value double the measure of dry milk.) To make: Sift dry ingredients together three times. Cut or rub in fat until thoroughly mixed. Lift mix lightly into glass jars or tin cans without packing. Close tightly and store on shelf.

One cup of the mix makes 5 small muffins, or 2 large waffles, or 7 medium-sized griddlecakes by the following recipes:

**Muffins.**  
Measure 1 cup of mix. Add 1/2 cup water or fluid milk and 1 beaten egg. Fill greased muffin tins two-thirds full. Bake in a hot oven (400 to 425 F.) about 20 minutes. Makes 5 small muffins.

**Waffles.**  
Measure 1 cup mix. Add 1/2 water or fluid milk and 1 beaten egg yolk. Fold in 1 beaten egg white. Bake in hot waffle iron. Makes 2 large waffles.

**Griddlecakes.**  
Measure 1 cup mix. Add 1/2 to 1 cup water or fluid milk and 1 beaten egg. Drop batter by spoonfuls onto a hot greased griddle. Cook slowly until surface is covered with bubbles. Turn and brown on bottom. Makes 7 medium-sized griddlecakes.

### Goodwill Club Entertained

LINCOLN — Violets, primroses and daffodils were used as decorations about the rooms of the R. J. Meissner home, when Mrs. Meissner, Mrs. L. I. Mickey, Mrs. Fannie Emel and Mrs. Lois Crawford were hostesses for a St. Patrick meeting of Lincoln Goodwill club. Members are using the much advertised dairy feed sack to make attractive and economical articles for a bazaar to be held in the fall and spent the social hour working on them. Mrs. Robert F. Yungen, president, presided with Mrs. Paul Libby, devotional leader, speaking on the Lenten season.

Announcement was made of the Lincoln Home extension unit meeting April 7 at the home of Mrs. T. L. Hicks when a no-host luncheon will be served. Mrs. Harold D. Burns led a discussion on daylight saving time which the club as a whole rejected.

Little Irish maids, complete with bare feet and shoulder shawl which were made and painted by Mrs. Paul Libby, were on the individual trays when dessert lunch was served by the hostesses to special guests, Mrs. Louisa Hausler and Miss Lillian Hausler, Portland, and Mrs. Sarah Feller and Mrs. H. Ward Ashford, Lincoln, and sixteen members.

SWEGLE—At her Garden road home Mrs. Jess Hatch, with Mrs. Frank assistant hostess, served a luncheon on Friday to members of the Garden Road Neighborhood club. Present were Mrs. E. W. Richardson, Mrs. Paul Lynch, Mrs. A. C. Schaffer, Mrs. Mary Swingle, Mrs. Julia Jennings, Mrs. Glenn Larkins, Mrs. Floyd DeLapp, Mrs. Ed Brakndie, Mrs. R. B. DeLapp, Mrs. William Hartley, Mrs. Rickert and Mrs. Hatch with a guest, Mrs. W. E. Brown, who assisted in serving. For the program Irish songs were sung by the group with Mrs. Hatch at the piano.

### Personal To Women With Nagging Backache

As we get older, stress and strain, over-exertion, excessive smoking or exposure to cold sometimes slows down kidney functions. This may lead many folks to complaints of nagging backache, loss of pep and energy, headaches and dizziness. Getting up nights or frequent passages may result from minor bladder irritations due to cold, dampness or dietary indiscretions.

If your discomforts are due to these causes, don't wait, try Dona's Pills, a mild diuretic. Used successfully by millions for over 50 years. While these symptoms may often otherwise occur, it's amazing how help the 15 miles of kidney tubes and filters flush out waste. Get Dona's Pills today!

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### Miss Ellsworth Sets Date

Of interest to the many Oregon friends of the bride-elect is the news from Washington, D.C. telling of the coming marriage of Miss Jane Ellsworth, daughter of Congressman and Mrs. Harris Ellsworth of Roseburg. She will become the bride of Thomas Francis McKenna, son of Mr. and Mrs. James A. McKenna of Poughkeepsie, New York, on May 20 in the nation's capital.

The date was announced at a luncheon and shower given for Miss Ellsworth by Mrs. Wayne Morse in her Westchester apartment recently.

Mrs. William O. Douglas was among those present at the party and both Mrs. Homer Angell and Mrs. Guy Cordon, who were bidden, were unable to attend due to illness. Amy Morse came in after school to see the bride-elect open her gifts. Sister Judy, was not present as she had a singing lesson.

### Bosses Guests At Breakfast

Seventy-five were present for the annual "bosses" breakfast given Tuesday by the Salem Credit Women's Breakfast club at Nohlgren's. Mrs. Verne Robb presided. Mrs. Francis Welsh was in charge of the program and table arrangements. The invocation was given by the Rev. Dudley Strain. Mrs. Robert Jones gave the welcome and Russell Bonesteale the response. Mrs. Darrel Walker, junior past president of the club introduced members who introduced their guests.

Mrs. Clifford Schmidt played piano numbers and Miss Dolores Friesen, Miss Shirley Bosell and Mrs. Clifford Schmidt sang several selections. James Kuhn of the state tax commission spoke on "Odds in the Matter of Death and Taxes." Ford Watkins introduced the speaker.

Mrs. Lue Lucas, conference chairman, told of the district conference to be held on May 14 through 17 at Spokane.

The board of directors meeting was announced for March 28 at the home of Miss Nila Cluett at 8 p.m. and the next regular breakfast session for April 4.

### Surprise Party For Feltons

Judge and Mrs. Joseph Felton were honored at a surprise housewarming party on Saturday night at their new country place on the Homestead road when a group of their friends entertained with a no-host party.

A dinner was served with dancing and cards following later in the evening.

Honoring the Feltons were Mr. and Mrs. Maurice Heater, Mr. and Mrs. Loring Grier, Mr. and Mrs. A. L. McCafferty, Mr. and Mrs. Lawrence Brown, Mr. and Mrs. Bert Walker, Mr. and Mrs. Harlan Judd, Mr. and Mrs. Peery T. Buren, Mr. and Mrs. Denver Young, Mr. and Mrs. Holly Jackson and Mr. and Mrs. Roy Mink.

WEST STAYTON—A birthday party was given for Linda Smiley, Saturday, March 11, at the home of her parents, Mr. and Mrs. Ora Smiley.

Those helping her celebrate her third birthday were Lona and Dona Morland, Donna Walker, Pinky Perkins, Hershell Perkins, Derrel Perkins and Earnest Smiley.

Mrs. Harold Bressler was hostess to the members of the Salem FL club. After the meeting refreshments were served to the following guests: Mrs. Forrest Greenfield, Mrs. Victor Koop, Mrs. Keith Rebo, Mrs. Harry Way, Mrs. William Jensen, Mrs. Colene Lounsbury and Edlyn Holmquist.

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Mr. and Mrs. Raymond Wolf (Shirley Rockafellow) who were married on March 10 at St. John's Lutheran church. The bride is the daughter of Mr. and Mrs. A. W. Rockafellow and the groom's parents are the E. Wolfs of Circle, Montana. The couple will live in Salem, (McEwan photo).

SILVERTON — Mrs. G. Brostad was guest speaker Thursday at the Women's Missionary federation at Immanuel church. She talked about the Lutheran church starting at Oswego as a mission church and of its development and establishment as a self-supporting unity.

Soloist Thursday at the program hour was Miss Inga Selga, accompanied by Miss Mary Beth VanCleave.

At the business session Mrs. C. J. Halvorson was named secretary, replacing Mrs. Elmer Johnson. Mrs. Tom Anderson, Mrs. Harold Satern, Mrs. Stanley Swanson, Mrs. Clarence Halvorson, Mrs. P. A. Loar, Mrs. S. L. Almle, Mrs. Otto Dahl, Mrs. R. J. VanCleave, Mrs. Oscar Loe and Mrs. R. Poverud were appointed to buy a Chancel rug.

The next meeting will be April 20.

### Ceremony Read In Eugene

SHERIDAN — Mrs. Sabina Merewether, daughter of Mr. and Mrs. H. E. Allen, Sheridan, and Paul Halweg of Eugene were married March 12 at the First Lutheran church in Eugene.

The bride wore a navy blue suit and white accessories and carried a white Bible with a bouquet of lilies. Katherine Merewether, daughter of the bride, was her only attendant, and Allen

Merewether, son of the bride, was best man.

A reception was held in the church parlors with Mrs. Kenneth Rude, Eugene, sister of the bride, cutting the cake, and Mrs. Carl Wuorinen of Eugene in charge of the gifts and the guest book.

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