

### Good Old Potatoes or Young Ones, Go Far Toward Making Life Interesting

By Maxine Buren  
Statesman Woman's Editor

They're really pushing potatoes. Probably the lowering of consumption of potatoes, which has so greatly concerned the growers these past few years is due to the fact that women are shying away from excess calories, and its generally assumed that potatoes are full of them. Actually it's the butter or gravy that goes on the potatoes which provides most of the fattening qualities, and they are a good source of vitamin C.

One of our favorite cookbooks devotes ten pages to recipes for this favorite vegetable. Boiled without skins, in jackets or baked in the jackets, potatoes form an important part of family meals. Boiled in stock and seasoned with green onions, the vegetable takes on a bit more interest. Browning the potatoes with the roast is one of the better ways to cook them, and hashed brown they are favorites with ham and egg eaters. French fries are hamburger enthusiasts' standby and of course picnic time means potato chip time.

Mashed potatoes take on a variety of forms. Plain with gravy, mashed and then put back into the shells they make party fare, add an egg to the potatoes, mix with butter, season and moisten with cream, and bake in a casserole dish. Another variation is the potato ball, which is made by forming the prepared potatoes into rather large balls (some make them into a pear shape) and brushing them with egg, sprinkling with paprika and baking until heated through and brown on the top. Fried potato cakes, either with or without egg are a grand form to use up leftovers.

Half cup of grated cheese may be mixed lightly into riced potatoes, seasoned well and shaped into balls. These are rolled lightly in flour and then in egg and crumbs and fried in deep fat. Scalloped potatoes, though an old recipe, is one of the most popular. This may be varied by adding parsley and onions, or flaked up chipped beef.

Potatoes may be used as a crust over meat pies when mashed and seasoned. Combine boiled, mashed up potatoes with butter and a grating of cheese, then combine with about half as much cream sauce, pack into ring mold, chill for 6 hours or more, and then bake at 400 degrees until heated through and browned slightly. Center with a buttered green vegetable. These are but a few of the useful ways which potatoes may be varied to use in the daily menus. It's fun to experiment with such a basic food, there is so much chance for interesting variation.

### Altar Society Plans Sale

SILVERTON — Saint Monica's Altar society will hold its annual colored Easter egg and cooked food sale on Saturday, April 8, at Bloch's Electric store, Mrs. John Pfeifer, president, has announced. She has named as her committee for the sale, Mrs. Ludwig Moe, Mrs. L. B. Scharback, Mrs. Ed Hynes, Mrs. William Flanagan, Mrs. Henry Wellman, Mrs. Wayne Leighty, Mrs. Rose Volker and Mrs. Charles Sthamm. The society has also decided to serve a ravioli dinner on Sunday, May 21, with committee appointments to be made later. The special guests at this week's meeting were Mrs. Wayne Leighty, Mrs. Verne Hickey, Mrs. R. Devlin, Mrs. Marie Sneddon and Mrs. Joseph Wissensfeld. The attendance prize offered by Mrs. Ben Zollner was won by Mrs. Joseph Schneider.

Announced as hostesses for the April meeting were Mrs. Verne Hickey, Mrs. Robert Martin, Mrs. Lawrence Thomas, Mrs. Raymond Fisher and Mrs. Wenzel Stiber.

### Bethel to Fete Dads

At the meeting of the Bethel 48, Job's Daughters on Saturday night plans were made for a Dads and Daughters covered dish dinner on April 1. This will be a waistline affair with each father having to pay a penny for each inch of his waist. Friendship night will be observed that night also. An invitation was received from Salem chapter, OES, for the Bethel to visit on April 8.

FOUR CORNERS — The Intermediate and Young Peoples classes of the Four Corners Baptist Sunday school met on Wednesday in the church annex. Highlight of the evening's festivities was the educational travelogue film, "Wheels Over India." Sponsors for the evening's entertainment were the Rev. Victor Loucks and Mrs. Loucks and Mrs. E. F. Hausfeld.

### Reception For Miss Engle On Sunday

WOODBURN — Highlight of the early spring social season for Rainbow Girls of Woodburn was the reception held Sunday at the Masonic temple in honor of Hazel Engle, worthy grand advisor of Oregon, and Patricia Houseweart, grand drill leader, by Evergreen assembly. Over 200 members and guests were present with representations from Seaside, Corvallis, Stayton, Albany, Salem, Hillsboro, Silverton, Canby, McMinnville, Forest Grove and two Portland Rainbow assemblies.

Visiting Rainbow officers from orders associated with Rainbow who were escorted and honored were Mrs. Verne M. Gray, state supreme deputy for Rainbow from Seaside; Mrs. Lona Kovaly, sub-deputy, Hillsboro; Mrs. Neal A. Butterfield, Portland, past mother advisor of Evergreen assembly under whose term of office the two girls were chosen for state offices; Earl Houseweart, worthy patron of Evergreen chapter, Order of Eastern Star, and father of Miss Houseweart; Percy Seely, excellent high priest, Woodburn Royal Arch Masons; Lester Keller, dad advisor to Woodburn's DeMolay order; Wayne D. Henry, Salem, and Mrs. Sue Tates, Stayton, members of the Rainbow state executive board.

Grand Rainbow officers honored were Miss Engle and Miss Houseweart; Marilyn Smith, associate advisor; Ray Haldesty, charity; Dorothy Pederson, musician; Marjorie Leonard, historian; Sue Morgan, service; Carolee Purdee, religion, and Elaine Wilson, representative to Texas.

The guests were introduced by drill leaders, Loris Larson and Joan Mattson, and welcomed by Patricia Withers, Evergreen worthy advisor. Gifts from the local assembly were given to Miss Engle and Miss Houseweart and two gavels for the east and west chairs were presented to the girls of Evergreen by Miss Engle. Mrs. Tom DeArmond and Mrs. Harold Ticknor are mother advisor and associate mother advisor, respectively, for Woodburn's assembly.

Style Show on Program  
The program consisted of a piano solo by Jane McGrath, a reading by June Polly, a skit by the Heise twins, Carleen and Caroline, and a fashion show of gowns of days gone by, all modeled by Rainbow girls. Showing dresses of the 1850's, loaned by Mrs. Blaine McCord, were Donna Becker, Laurel Eskelson, Joan Williamson, Dolly Cummings, and Vera Pantle. Dresses of the 1890's were worn by Aileen Rogers, Gwendolyn Kay and Patty Luffman, the gowns being loaned by Mrs. Carl Harde, Silverton, and Mrs. Fred Rogers, Woodburn. Two girl graduates of the early 1900's were Jean Stack modeling a skirt owned by Mrs. Ivan DeArmond and blouse of Mrs. Harold Austin's and Sharon Guthrie wearing Gladys Adams' graduation dress.

Quaint was Loris Merritt in her linen duster and veil outfitted for an automobile drive in a pre-model T car to the strains of "In My Merry Oldsmobile." This ensemble was loaned by Mrs. Hande, Phyllis Roberts and Jane McGrath were brides; Phyllis wearing an elaborate gown of 1910 owned by Mrs. Robert Treupel and Janis in her mother's wedding gown of the 1920's.

Climax of the fashion parade was a group of "roaring twenties" costumes belonging to Mrs. McCord, Mrs. Austin and Mrs. Ray Glatt and modeled by Janice Painter, Irene Layna, Nancy Schuler, Shirley Knox and Shirley Anderson. Throughout the show, Mrs. Howard Magnuson provided piano music.

A reception followed and a cake bearing the names of Miss Engle and Miss Houseweart were served. Presiding at the tea urns were their mothers, Mrs. Earl Houseweart and Mrs. Tom Engle.

The Sarah VanDelinder class of the First church of the Nazarene met Thursday, for a covered dish dinner and program. Members of the class which is taught by Mrs. Jessie Rudin were guests. Present were Mrs. Rudin, Mr. and Mrs. A. G. Heiserman, Mr. and Mrs. O. W. Kannier, Mrs. Bell Dobbin, Mr. and Mrs. N. J. Blevin, Mrs. Merle Baldwin, Mr. and Mrs. Wilbert Wenger, Mrs. Mable Wolf, Mr. and Mrs. Ray Moor, Miss Evelyn Brock, Mrs. Ida Neff, Mrs. Emma Amundsen, Mrs. P. H. Ferris, Mrs. Millie Gilbertson and Mrs. Edna Seamster.

The Salem Toastmistress club will hold its annual speech contest at the regular meeting on Thursday, March 23, at the Golden Pheasant at 6 p.m. Mrs. Emerson Teague will act as toastmistress. Speakers scheduled are Miss Amanda Anderson, Miss Ruth Jaynes, Miss Marie Bosch, Mrs. Roy Lockenour. Hostesses for the meeting will be Mrs. Lyle Bayne, Mrs. Sue Booch and Miss Freda Cherrington.

Mrs. C. E. Hadley of Longview, Wash., will arrive in Salem on Wednesday for a ten day visit at the home of her son and daughter-in-law, Mr. and Mrs. Wayne Hadley, and to greet her new grandson, Bruce Wayne, who is two weeks old.

Dr. and Mrs. Tom Dunham and son, Tommy, are being welcomed home from a three weeks sojourn in the south. They visited in Reno, Las Vegas and were in Phoenix a fortnight. They returned home by way of the Grand Canyon and Salt Lake City.

Mr. and Mrs. Bruce VanWyn-garden returned to Salem Sunday from Seattle, where he has been for the past few weeks on a navy cruise. Mrs. VanWyn-garden went up Saturday to join her husband for the weekend.

Be sure the pictures you feed your mind are true ones, seen through eyes that do not blur or falter.  
Dr. S. A. Wheatley  
Ophthalmologist  
725 Court St. Phone 2-4400

Four Corners — The Young Peoples class of the Four Corners Baptist Sunday school met for a social evening in the church annex on Friday. The St. Patrick's day theme was carried out in the decor; Hostesses were Mrs. Roy Thayer and Mrs. Cecil Snook. Others present were Mr. and Mrs. George Weigart, Mr. and Mrs. Vernon Forest, Mr. and Mrs. C. A. Barney, Mr. and Mrs. Ronald McDonald, Mr. and Mrs. John Alyea, Mrs. Jeanette Miller, Leonard Ewald, Joyce Simmons, Roy Thayer, Cecil Snook and the Rev. and Mrs. Victor Loucks.

Mr. and Mrs. Lawrence Stoddard are leaving by plane today for Reno, where they will be joined by friends, and from there will motor over to San Francisco to vacation the remainder of the week. They will return home on Sunday.

Mr. and Mrs. Robert Sullivan are home from a six months stay in Virginia, where he was taking special army work at Camp Lee. They returned by way of Mexico, New Orleans, where they attended the Mardi Gras, and California.

The Tri-Y-Teen Mothers club will meet for a no-host luncheon

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The Statesman, Salem, Oregon, Tuesday, March 21, 1950 — 7  
on Thursday at 12 o'clock at the YWCA. Mrs. Clifford Etzel of Hillscrest School will be the guest speaker.  
Mr. and Mrs. Chester W. Carbaugh, formerly of Salem and now of Eugene, are parents of a son, Michael Chester, born March 19. The Carbaughs have two other children. Grandparents are Mr. and Mrs. H. C. Carbaugh, 605 Spruce st., Salem.  
GERVAIS — Mrs. Francis Lennhart entertained the Junior Women's club Friday night. Mrs. Paul George was honored on her birthday. The club will again sponsor a mother and daughter banquet in May. The members will observe their annual dinner and show night in Salem on Wednesday, March 22. The April meeting will be at the home of Mrs. Ray McCormick.

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### On Etiquette

By Roberta Lee  
Q. Should the handle of a cup be turned a certain way when passing a cup and saucer to another person?  
A. Yes; see that the handle of the cup is turned to the person's right and the handle of the spoon is placed parallel to the handle of the cup.  
Q. What gifts may a girl send to a man, who is a very good friend, when he is ill?  
A. A book or flowers, or just a "get well" card, is all necessary.  
Q. Should a woman say, "This is Mr. Jones," or, "This is my husband," when introducing him to an acquaintance?  
A. "This is my husband" is the preferred form.

### Cosmis Dance Saturday

The Cosmis dance club will entertain with a semi-formal dance on Saturday night at the Mayflower hall. Claude Bird's orchestra will play between 9 and 12 o'clock. The committee in charge includes Mr. and Mrs. Mars Flack, chairman, Mr. and Mrs. Ted Rainwater, Mr. and Mrs. Frank Monson and Mr. and Mrs. Gerald Fisher.

Four Corners — On Friday evening Mr. and Mrs. Warren Shrake were hosts at a seven o'clock dinner to the Maranatha Sunday school class of the Calvary Baptist church. The decorations were in the St. Patrick's day motif. Those bidden came dressed as comic characters with the host and hostess greeting their guests as "Maggie" and "Jiggs". Covers were laid for Mr. and Mrs. Alvin Coole, Mr. and Mrs. Willard Pederson, Mr. and Mrs. Walter Edwards, Mr. and Mrs. Floyd Bird, Mr. and Mrs. Larry Wagner, Mr. and Mrs. Sam Randle, Mrs. Donna Wright.

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## HOW TO TREAT YOUR TELEPHONE

Suggestions to help protect your service

1. A twisted cord can lead to trouble. Although the wires are especially designed for flexibility, too many twists and kinks may eventually break them and interfere with service until a repairman can call. Good idea to get the curls out by letting the receiver dangle and unwind by itself... then keep them out by remembering, each time you call, not to put turns in the cord as you handle the receiver.
2. It's built to take it... but your telephone can develop ailments if it's dropped. So make sure the stand it sits on is solid and is in a spot where it won't be accidentally bumped. Other ways to help protect service: Avoid "gadget" attachments for your telephone... keep cords clear of doorways where they may be pinched... and always keep water away from wires and fittings.
3. Did you ever stop to think that your telephone is one service or piece of equipment in your home that's repaired and maintained for life at no extra cost to you? This maintenance is one of the values included in the rates you pay for service... rates that, together with the day-by-day usefulness of your telephone, make it one of today's real buys.

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## Strange Facts about Water

### How long could you live without water?

Man is known to have remained alive without food for as long as 60 or 70 days, yet we would die in just a few days without water. In a normal day, our bodies consume three-fourths of a gallon of water.

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Many acceptable drinking waters are not desirable for brewing and must be treated to rid them of chlorination, iron content, or other undesirable minerals. The Olympia Brewing Company uses only water from its subterranean wells. It is this rare water that helps give Olympia its constant purity and distinctive flavor.

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