

'The New Look' In Bread Helps Fight Disease

By Howard W. Blakeslee
Associated Press Science Reporter
NEW YORK, May 31.—(AP)—The laws that added B vitamins and iron to America's bread have paid off, says Dr. Russell M. Wilder, professor of medicine, Mayo Foundation, Minneapolis. The enrichment began in 1943. But now, Dr. Wilder says, doubts have risen, and many who were warm supporters have little faith in the public health advantages.

To oppose this apathy Dr. Wilder cites health improvements which have gone unnoticed among Americans. He quotes from the experience of Newfoundland, a much smaller area, where the gains are easier to see. Newfoundland added the same B vitamins to its bread. But instead of adding iron, that country legislated vitamin A into margarine.

Dr. Wilder says the American evidence shows at Bellevue hospital, New York, where cases of beri beri disappeared after bread was enriched. Beri beri is a B vitamin lack. He says pellagra has almost disappeared in the south. That he credits both to enriched bread and to adding vitamins to corn meal in many southern communities.

The change in Newfoundland children was almost unbelievable. "Gone to a great extent," says the Newfoundland report, "was the apathy so noticeable in 1944. The children no longer waited patiently for their examinations. They clustered around the tables of the examiners unless they were shooed away. More monitoring was required. They were interested and curious, as children ought to be. They engaged in games and play, whereas the absence of play had been remarked in 1944."

Adults lost much of their apathy and listlessness. The death rate dropped by about one-half person per thousand. Tuberculosis decreased sharply. Stillbirths and deaths of babies under one year dropped strikingly. In St. Johns this drop was from 1023 per thousand live births to 61.

There was less dry hair, roughened skin, cracks at the corners of mouths, chapping lips, and magenta colored tongues, with tiny purple like knots on their surfaces. Calories apparently had nothing to do with the improvements, for Newfoundlanders for years have had enough calories. In that food essential they equalled American diets.

Dr. Wilder says neither Newfoundland nor the United States added vitamin C to public health requirements. The damage from that lack is plainly apparent in Newfoundland. Gums were reddened and swollen. Tooth decay and loss of teeth were worse in 1948 than in 1944. Blood tests showed lack of C. In all ways the C troubles had become worse.

Third of Bus-Truck Damage Suits in Circuit Sessions

Trial of the third damage suit arising out of a fatal bus-truck collision Nov. 5, 1941, near Jefferson was started Tuesday in Marion county circuit court, before Judge George R. Duncan.

The suit was brought by Anna M. Hanson of Silverton, passenger in the bus, against Pacific Greyhound Lines, Inc., and Journal Garage company. It seeks \$7,500 general damages and \$1,000.50 special damages.

The jury was taken Tuesday afternoon to view the scene of the accident.

Two earlier suits out of the same wreck resulted in verdicts for the defendants.

Turner Couple Hosts At Music Program

TURNER—Mr. and Mrs. Eddie Ahrens entertained friends with a musical at their home Friday.

Playing piano selections were Patricia Ahrens and her mother Katherine Cook and Ann Bagley. Lorraine Bagley played the cello. Bill Cook the bassoon; Patricia Hennies the accordion and Margie Drager the guitar.

Guests were Mrs. Mabel Powers, Mrs. J. Earl Cook, Mrs. Louise Hennies, Katie Ahrens, Henry Ahrens, Mr. and Mrs. A. W. Bagley, Mrs. E. Batterman, Mrs. Guy Kendall and Mr. and Mrs. Jake Fox.

The Ross barrier in the Antarctic is a sheet of ice 500 to 1,500 feet thick and about the size of France.

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Shoulder Roast lb. 49¢
Rump Roast, lb. 59¢
Leg of Veal, lb. 59¢
Loin Chops large, lb. 65¢
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Nob Hill PICNICS FRESH COFFEE Highest grade in the bag! 2-lb. Bag 89¢

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This item spells thrift at every performance of the budget balancing act.

Pork & Beans DENNISON'S No. 1 Can 8¢

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EGGS Breakfast Gems Grade A Large DOZ. 55¢

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Fresh PEAS FRESH FROM THE VINES 2 lbs 23¢

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Valvetta, 2-lb. Brick 79¢

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