


Eat Hligh - Spend Low with Nutritious NUCOA


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| FISH-For Lenien Season | CHICKENS |  |
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|  | LEGHORN FOWL Grate ${ }_{\text {cat }}$ |  |
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|  |  | MOKED MEATS |
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| Fresh Prawns bate sto 980 |  |  |
|  | PORK SHOULDER ROASTS It $\quad$ 49¢ |  |
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| NOUR'S BRANDED B |  |  |
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| Prices Effective Friday, Saturday and Sunday |  |  |
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|  |  | Kippered Herring bitmem 27 c |
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| PINEAPPLE JUICE Dorese diouc an 37¢ |  |  |
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| CAMELIA - Azalea plants <br> rom Millard Henny's Famous Nursery |  |  |
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| S.andiche |  |  |
|  | ORTLAND ROAD - JUST BEYOND ThE UNDERPASS |  |
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