



Christmas eve.

Thus a bicyclist who hooks a ride James O. Price, mail carrier on on a passing truck will be liable oute 1. Dallas, entern

	KGW	Girl Marries Surprise Pkg.	Portia Faces Surprise Pkg.	Plain Bill Bride, Groom	Page Farrell Bride, Groom
3	KSLM KOCO KOIN KGW KEX	Orchestra KOCO Kapers Art Kirkham Road of Life Ladies Seated	Hemingway KOCO Kapers Tunefully Lora Lawton Ladies Seated		Orch. KOCO Kapers Arthur Godfrey Nora Drake Travelers
4	KSLM KOCO KOIN KGW KEX	Fulton Lewis News Art Godfrey Woman's Secre Santa Letters	Art Godfrey	Club 15 Linda's Love	Orchestra Music Spotlite Ed Murrow 440 Five Cinnamon Beau
5	KSLM KOCO KOIN KGW KEX	Superman Sleepy Joe Feat. Story News Green Hornet	The Magician Rhythm Ranch Brer Rabbit Moorad Green Hornet	Cap Midnight Children's Hour Collingwood Date Judy Sky King	
6	SLM COCO COIN CGW CEX	Gab. Heatter Candle Melody Medit. Time Bob Hope Sports	Bob Hope	Fibber McGee	News My Song Life wih Luigi Fibber McGee eDetroit Symph.
7	ISLM LOCO LOIN LGW LEX	Med. Drama Ed Lamar Hit Jackpot Hollywood Detroit Symph	Murray Show Marine Band Hit Jackpot Hollywood Detroit Symph	Funny People	Thin Man Top Band M. Amsterdam Funny People Tapping Out
8	SLM OCO OIN GW EX	Cap. Comments L. Thomas Supper Club		Myst. Playhse. Party Line The Norths Your Life Town Meeting	Party Line The Norths Your Life
9 ដ	SLM OCO OIN GW EX	Myst. Theatre Alan Ladd	Music Horizons Myst. Theatre	Frank DeVal Beulan Ronald Colman	Favorite Story Frank DeVal Night Editor Ronald Colman Sichel Serenade
10	KOCO	Fulton Lewis Rem. Rhythm 5 Star Final News Richfield Rptr.	Col. Feature Sports Page	News Track 1490 [Centuary Orchestra [Concert Hour	Orch. Track 1490 Orchestra Orchestra Concert Hour
11	KSLM KOCO KOIN KGW KEX		Open House Track 1490 (Serenade Here's to Vets Concert Hour 3	Open House Track 1490 Air-flo Orchestra Orchestra	Open House [Track 1490 [Air-flo [Orchestra [Orchestra
1:15 Lane; World 2:45 M 3:15 J	1 is Year 1:45 Or d Is Our Memory E Music of	In Science: 1:38 egon School of Affair: 2:30 Bo Book of Music: 4:0 the Masters; 4:0	ok fime: 8:15 H 00 News: Mercy 0 Oregon Endur 10:00 S	Form Hour; 8 folland Calling; ; 8:45 News; 1 es; 9:45 Eveni Sign Off.	00 Great Songs 8:30 Errand of 9:00 Music That
[They	'll Do It	Every Ti	me -	giound U. S. Patast Office
15	SQUAWK	KED LOUD A	VILLAGE ME IND LONG UN STREET CL	NTIL THE	89 A.M.
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from the club-by his mother. Roy will plug tal Christmas morning following the safety rules in his comic books heart attack suffered rin and on his Sunday show over the ing. He was resting as well as could Mutual network.

be expected. Price went to the post-Being the father of two young office at 7 a.m. to prepare the mail Roy Rogers fans, I was troubled for his route when he was stricken.



It has not been so many years | which, too, is helpful but is not so ago that liver disease was thought effective as the methionine,

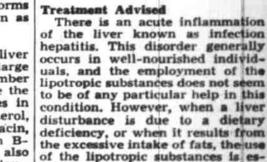
to be due, in most cases, to infec-Of all these substances, it would tions or poisons. More recently a appear that choline is the most efgreat deal of study has been given fective, although methionine is alto the effect of various food factors most as helpful. Thus, in the treaton the liver. ment of liver disorders, proper diet

A nutritional deficiency, that is, is especially important. The diet not enough of the right kind of should be high in the essential foods, seems to produce a collection protein foods, such as meat and of fat in the liver, and destruction eggs, high in carbohydrates, and of some of the liver tissues called low in fats. necrosis. Finally, scar tissue forms Treatment Advised in the liver and this is known as

fibrosis.

Fatty Foods The depositing of fat in the liver may result from eating large amounts of fatty foods. A number of substances seem to increase the rate at which fat accumulates in the liver. These include cholesterol, thiamine or Vitamin B1, niacin, which is part of the Vitamin Bcomplex, and biotin, which is also a part of the Vitamin B-complex. On the other hand there are certain substances which are known to speed up the removal of fat from the liver. These are called lipotropic substances. The most important of these substances are choline and inositol and lipocaic, which come from the pancreas. Methionine is one of the amino acids which make up proteins. This substance also

helps to get rid of fat in the liver. Cystine is another amino acid



pecially important. All forms of liver inflammation should be treated with an adequate intake of protein foods and starches and sugars, and the diet kept low in fats. In addition, when there is any suspicion of malnutrition, choline and methionine may well be administered.

QUESTIONS AND ANSWERS

A Reader: What would can person to hear the sound of his heart-beat in his head?

Answer: This may be due to high blood pressure. It is also present in certain nervous disturbance. As a rule, it is no cause for concern, (Copyright, 1948, King Features, Inc.)



