

Clinic for Rehabilitation of Alcoholics Now Operating; Problem Gets New Approach

By Marguerite Wittwer Wright
Staff Writer, The Statesman

The state clinic for rehabilitation of alcoholics in Portland is coming out of the experimental stage and is prepared to accept for treatment any problem drinkers who are Oregon citizens and volunteers for aid. Walden L. Sampson, director of research of the educational advisory committee to the Oregon liquor commission, so advised The Statesman this week.

The clinic, long favored by Portland civic authorities like Judge Walter L. Tootz and Judge J. J. Quillen, already has 64 consultations and 73 "actual cases" on record. Of these, between 50 and 60 per cent are "making progress," Sampson said, explaining that treatment and cure of an alcoholic is a long-term problem.

Surveys Underway
Currently, the research office is making area and population surveys to determine pertinent points for clinical expansion toward achieving the end of full state service. It is improbable, Sampson said, that a branch clinic would be established in Salem "right away" because patients could commute to Portland or be served by field workers or the local Alcoholics Anonymous, an important therapeutic resource.

The clinic was established by joint resolution of the 1947 legislature upon recommendation of the educational advisory committee, appointed in 1943 by the late Gov. Earl Smeal.

Reason for the clinic: The Oregon liquor law seeks to promote temperance and to protect the safety, welfare, health, peace and morals of the people. The budget for this biennium is \$115,000 to be provided by the state liquor commission from money it collects.

Trend Shows Change
Establishment of the clinic shows the trend away from the long-deplored moralistic attitude toward alcoholism. In the 18th century the mentally ill were regarded as moral offenders; in the 19th century victims of venereal diseases were looked upon as criminals; today the drunkard is often still regarded as a clown or a moral weakling or a criminal, rather than a sick person who needs medical and psychiatric attention.

In Salem, or instance, the police program for alcoholics is to lock the inebriate in jail until he sobers up, regardless of how often he repeats his performance. Local hospitals do not admit alcoholics except on doctor's orders. The state hospital admits chronic cases if they are court-committed but the policy is to keep non-mental patients out unless they volunteer for a 30 to 60-day treatment period, and agree to pay whatever percentage of maintenance costs they can afford.

AA Effective Weapon
The local Alcoholics Anonymous group (phone 5234, P. O. Box 724) is probably one of the most effective weapons against alcoholism, one of the AA members said. From 30 to 50 men and women from all walks of life regularly attend the meetings and social activities of the group here, he said, and many of them "go permanently dry."

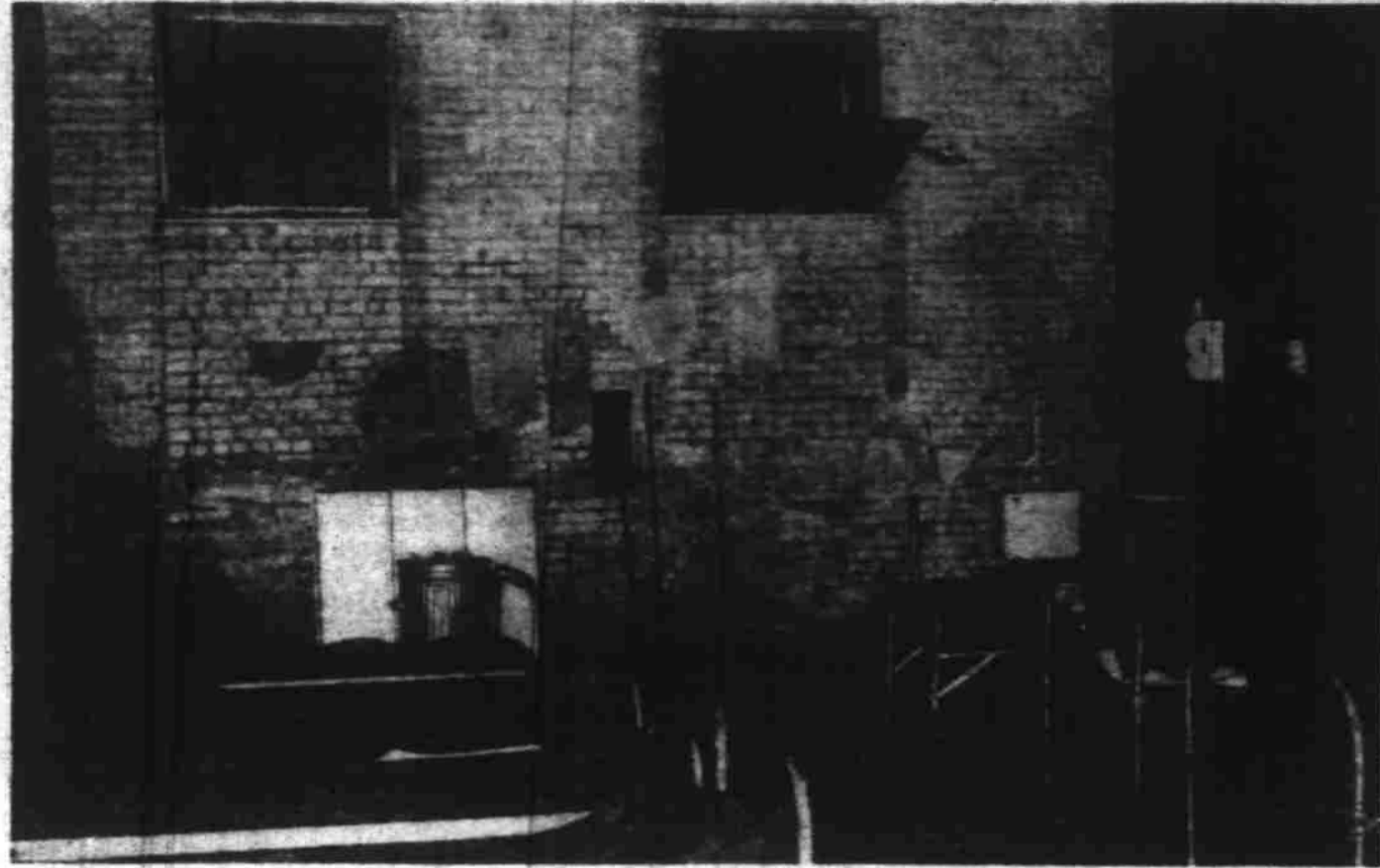
Nationally, AA has 60,000 members bound by their common allergy, their spirit of comradeship, mutual need and helpfulness. The AA program is simple: one-time alcoholics encourage each other to stay sober by following the 12 points of reform and rehabilitation. The driving force of AA, according to the man interviewed, is spiritual; no drunkard can solve his problem alone — he must believe in his dependence on God, whatever his individual definition of Higher Being may be.

Alcoholism is a public problem, this man believes, and the state should certainly undertake to rehabilitate the men to whom it sells liquor. He thinks it is a shame that liquor is accepted and approved by society, but believes that adverse public opinion would prevent excessive drinking more than would prohibition.

The idea that problem-drinking is a public health problem and a municipal responsibility — like tuberculosis and poliomyelitis — is gaining hold throughout the country. Alcoholism costs U. S. industry about \$1,900,000,000 a year in lost time and inefficiency. Time magazine estimates, and cites with a population of 10,000 to 100,000 usually have 727 alcoholics per 100,000. The Virginia legislature this year appropriated \$200,000 for treatment, rehabilitation and research on alcoholism for two years. Some authorities, like Hygiene magazine, recommended that the alcohol industry should pay (through taxation) the bill for prevention of alcoholism and rehabilitation of its victims.

In Oregon, the man who buys the liquor ultimately pays the bill for the rehabilitation of chronic drinkers, and their number totals 35,967, estimated male alcoholics and 8,423 women, based on 1940 census figures. These sick persons are usually of two types. Symptomatic drinkers drink because there is an underlying

'Drunk Tank' May Be Superseded by Clinic



This is where Salem's drunks sleep it off. The large, dank room in the basement of the city hall holds about 20 inmates and is equipped with one toilet, a sink and a shower. Alcoholics, if found by the police, may spend a good part of their time here... waiting to be released so they can start drinking again. The state clinic for the rehabilitation of alcoholics may eventually make the municipal "drunk tank" an obsolete feature.

disease like schizophrenia; they cannot be cured by "going on the wagon." Alcoholics by addition or character disorder include a large class about whom much research is necessary — and the Portland clinic plans to do extensive work of that kind.

Rehabilitation Gains
What percentage of alcoholics can be rehabilitated is uncertain because the whole movement is comparatively recent, but it is a fact that incidence of rehabilitation is rising annually — perhaps as much as 60 per cent, Sampson said.

Alcoholics are usually treated by the conditioned reflex method which requires hospitalization and builds up intolerance for alcohol, by psychotherapy (utilized by the Portland clinic) and by group psychotherapy as practiced by AA. The Hahnemann hospital in Portland will cooperate with the clinic and take alcoholics on doctor's advisement. Plans are underway to utilize the city prison farm. Referral sources include police magistrates, courts, social case workers, employment services, vocational rehabilitation service, churches, schools and family agencies.

Jones Tells of Meager British Food Ration

People of western Europe must spend from 80 to 85 per cent of what they earn for their food, Ronald E. Jones, state president of the Oregon Farmers union who recently returned from an agricultural economic conference in Europe, told members of the Salem Kiwanis club Tuesday at the Marion hotel.

England, trying to get out of the economic situation it is in, controls buying, Jones said. "We were glad to get out of England and into France where we could buy what we wanted, at high prices."

No unwillingness to work on the part of the residents of Europe was encountered by Jones or members of his party which included representatives of the four major farm organizations in the United States.

UNION TO BACK TRUMAN
WASHINGTON, Aug. 10 (AP)—Max Zaritsky, head of the AFL Hatters union, announced after a call on President Truman today that his organization "is going to support President Truman and the democratic platform."

It is estimated that rats do an average of \$63,000,000 damage on U. S. farms every year.

Lightning Plays Tag with Party Of Mountain-Climbers; Two Die

CRANBROOK, B. C., Aug. 10 (CP)—Two California mountaineers tonight told of a lightning bolt that flattered through their hair, sparked their fingertips and killed two companions in a small cave on perilous Bugaboo spire, an 11,500-foot peak in the Purcell range north of here.

"I'll never forget that horrible feeling when the lightning hit our little party," said Ann "Crick-et" Strong, 18, of Berkeley. She and John Mackinley are recovering in hospital here from temporary paralysis, lightning burns and shock.

Began Scaling Slopes
Mackinley, 21-year-old San Francisco architecture student, Miss Strong, Bob Becker, 22, of Los Angeles and Rudolf Pundt, 30, of Berkeley, began scaling the icy and tricky slopes last Wednesday. They were experienced climbers and well-equipped.

"But a storm flashed suddenly and we made for a little cave," said Miss Strong. "Then the lightning struck—close to us. There was a flash and I saw Becker and Pundt outlined against the ridge."

Then it was all over. "When I regained consciousness I saw Pundt writhing with pain. Before Mackinley or I could help, his body toppled over the cliff—a drop of 1,000 feet."

Lightning Danced
Mackinley said he couldn't move. "I was temporarily paralyzed and the lightning danced on the slopes and pulled at me. I saw Pundt disappear over the edge."

"Crick-et" said she saw Becker moving his arms and shoulders but his body was paralyzed from the waist down. She and Mackinley tied him securely to a rock and started down the sheer mountain-side.

Mackinley said "Crick-et" appeared delirious and on the way down she stumbled among rocks for 300 feet. "I was sure she was broken to pieces but when I reached her she just had a forehead gash, fortunately."

Reached Base Camp
The two shaken survivors reached their base camp four hours later and told of the mountain-top tragedy to the 16 other climbers, all members of the San Francisco Sierra club. Snow and hail stopped them cold, and it wasn't until Saturday before a rescue squad started up the mountain for Becker.

They found him in exactly the same position in which he had been left. Apparently he had died shortly after the lightning struck.

Tumbled Down Side
"They cut the rope holding him to the rock but couldn't hold on to his body," said Miss Strong, "and he too, tumbled down the side."

The tragedy broke up the California group and most members have returned home, Mackinley said. The party came to this Kootenay range at the end of July.

The two deaths were the first this year to hit climbing expeditions in British Columbia mountains.

"It's an experience I won't forget for a long, long time," said Miss Strong.

Killed



CRANBROOK, B. C., Aug. 10.—Rudolph Pundt (above), Berkeley, Calif., and Robert Becker, Los Gatos, Calif., were killed when struck by lightning while huddled in a cave on Bugaboo Spire, British Columbia mountains. Two companions, Ann Strong, 18, Berkeley and Ian Mackinley, San Francisco, were injured. (AP Wirephoto to The Statesman.)

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State Fair List Of Livestock Entries Long

More new exhibitors than ever before are included in the final listings of livestock exhibitors at Oregon's state fair in Salem September 6 to 12. The complete list of dairy, beef and dual purpose cattle exhibitors includes:

Milking Short-horns — Dwight Smith and Son, Eugene, Mont.; Harry Wicks, Roger Dundee, Glen S. Macy, all of McMinnville; Veltie Biles, C. Norman Gail, Gold Hill; Chris Jorgenson, Jefferson; W. M. Merritt, Harrah, Wash.; Bert Gillett, Beaver Creek; Paul Muller, Tangent; George Lewis, Medford; Merwin Duncan, Ironside, M. A. Jones and Son, Camas, Valley; Bose Brothers, Albany; Helen Boyd, Edgar P. Denning and Ralph Cake, all of Portland.

Red Foll — Joe Lewis, C. E. Lewis, Aumsville; W. J. Gleason, R. F. Spoon, Turner, and Theron Atkinson, Creswell.

Hereford — Herbert Chandler, Baker; Ralph L. Cook, Medford; Pat Mann Hopper, Adams; C. E. Tuttle, Prairie City; McKenzie Hereford Ranch, Coburg; R. A. Ward, Halsey; J. L. Jacobs and Son, Prineville, and Jerry Lewis, Turner.

Short-horns — Millard R. Eakin, Grass Valley.
Aberdeen Angus — Charles T. Ryan, Anderson, Calif.; D. E. Richards, Prairie City.

Ayrshires — Cecil Wheeler and Sons, Creswell; Rivermoor, Ayrshire, Farm, Rainier, Wash.; Meadowland Dairy, Portland.

Brown Swiss — Otto Baumann, Ashford, Wash.; Albert Meier and Son, Beaverton.

Holsteins — Arthur Ireland and Son, Forest Grove; Lindow Brothers, Portland; S. B. Hall, Troutdale; Bentler Farms, Cresswell; G. R. Rainier, Harrisburg; Walter M. Brog, Salem.

Jerseys — Lewis Miller, Grants Pass; Shelby and Ross, Albany; L. A. Lorenzen, Ronald Finnicum, Dayton; Mr. and Mrs. Lloyd Forster, Tangent; E. McIlvanna, Ralph W. Groos, Dayton; Gaymoor Farms, Canby; Charles H. Wivell, Danier, Shelton, Wash.; Fairmead Farms, Vancouver, B. C.; Goodwin Stock Farms, Fraser, Valley, B. C.

Guernseys — Frank E. Meier, L. L. Rungay, Oregon City; G. Selander and Son, Corvallis; Vernon E. Boeckman, Richard Breckman, Sherwood; Dell Loomney, Jefferson; Alfred J. Owens, Brooks; H. C. Struve, Woodburn; William Frith, St. Paul; W. B. Davis, Shedd; Poepping Brothers, Mt. Angel; G. A. McCulloch, R. J. Hobson, Amity; John Spencer, Gresham, and G. W. Bond and Sons, Junction City.

The complete list of sheep, swine and goat exhibitors includes:

Sheep — Ted McKay, Clarence Simon, John W. Hill, Eugene; McCabell Brothers, William Riddell and Sons, Kenneth McRae, Russell Alsip, James Riddell, all of Monmouth; Ahrens Brothers, Karl B. Wipper, and Sons, M. O. Pearson, Gresham, all of Turner; J. L. Banick, Brooks; P. H. Brown, Sublimity; Schmidt and Schmidt, Everett Wells, Beavercreek; Glen R. Hawkins, Shedd; Lulle W. Matzen, Sherwood; Harms Brothers, Canby; Angus Leffer, Scio; Marcus Vetter, Henry Davenport, Silverton; E. J. Handley, McMinnville; Rollin Knight, Robert Kouns, Albany; Mr. and Mrs. Lloyd Forster, Tangent, and Claude Steusloff, Salem.

Swine — Bert Denham, Eugene; Lyle McKinley and Sons, Shedd; Wayne Goode, Robert Beutler, Norman McDonald, Arthur Franke, Marvin Caga, Francis M. O'Hern, L. S. Barry, all of Salem; Wendell Willard and Son, Ronald Finnicum, Harold

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Gov. Warren Scores in Grunion Hunt



MALIBOU BEACH, Calif., Aug. 10 — Nina Warren proudly displays three grunion caught by her father, Gov. Earl Warren of California, shortly after midnight at Malibu Beach, Calif. Left to right are: Dorothy Warren, Mrs. Warren, Virginia and Nina Warren, the governor and their hosts, Mr. and Mrs. Frank Lyons. (AP Wirephoto to The Statesman.)

Lee Thomas, Dayton; Lawrence Thomas, H. A. Barnes and Sons, George F. Kraus, Alfred J. Zielinski, A. A. Natziger, Silverton; Henry Wiemus, Boise, Ida.; Oregon State college, Corvallis; F. L. Zielinski, St. Paul; Earl Drury, Fall Creek; Leonard Forster, Tangent; Beverly Bartlett, Tigard; Donna Gay Kenyon, Junction City; Chester Hughson, jr., Rex Volstead, Albany; C. E. Spencer, Gresham; Austin F. Fliegel, Sherwood; John Haase and Son, Cornelius; A. J. Hornecker, Hillsboro; Elmer Stangel, Wilsonville; Holmes Brothers, Halsey; C. E. Lewis, Aumsville; Roland D. Rogers, Independence; Harms Brothers, Canby; Eleanor Corning, Richland; Harold Schmidt, Newberg; H. G. Andrews, Sandy, and Rollin Knight, Linn county.

Goals — J. F. Meier and Son, Boring; Esther Oman, Manning; Anna Sandman, Beatrice Cobbentz, Robert Casebeer, Jessie Boyd, H. E. Fuller, Leonard Kennedy, all of Portland; George Bingham, C. F. Calkins, Milwaukie; Theron Atkinson, Creswell; Chet Nelson, E. D. Roseman, Salem, and Cecil Springer, Harlan.

The final list of draft horses to be exhibited includes the following exhibitors:

Percherons — Florence Koehn, Harper Bones, Turner; Meadowland Dairy, Portland; Carl Mantle, Earl Miller, Salem, and R. H. Schnack, Molalla.
Clydesdales — Roy McKay, Eu-

gene; John W. Hill, Eugene.
English Shires — Frank Kellogg, Salem.

Judging of all open livestock classes will begin promptly at 9 o'clock Labor day morning. It is the hope of Manager Leo Spitzbart to have all open livestock

classes completely judged during Farm Organization day, Tuesday, September 7.

About 96 per cent of the physicians in the United States are men.

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