

**Rich Things**

**Hints Told on How to Add Weight And Enjoy Yourself While Doing It**

By Maxine Boren  
This column today should be called "Fun With Cream"—or Seven Ways to Become Buxom. We know just how Dagwood feels when he looks at the feeder and says "I hate myself when I do these things."  
Now take whipped cream for instance, that dessert topping should certainly have a bit of added interest—anyone can whip cream and blob it onto a nice rich dessert—but everyone isn't clever enough to add just a little more to it's fattening qualities.  
Now that peanut brittle is back we mustn't forget to crush it

and add to whipped cream dessert toppings. Other crunchy candy works out too, as do rich cookie crumbs.  
Adding a little cinnamon and nutmeg to the whipped cream doesn't do much by way of richness, but it does give a flavor that blends nicely with fruit desserts.  
Then there are dessert sauces with whipped cream as a base. Take, for instance, 1 ripe banana and mash it, mix with 1/4 cup sugar, 1 tablespoon lemon juice, 1/2 cup heavy cream whipped, and you have a dessert sauce. Or cook up 1/4 cup apricot pulp (dried fruit), sweeten to taste, and fold into 1/2 cup cream, whipped.  
Then there would be a recipe that not only calls for both thick sour cream and whipped sweet cream.

**DATE CREAM PIE**

- 1/2 cup sugar
- 1/4 cup cornstarch
- 1 teaspoon salt
- 2 cups thick sour cream
- 2 eggs, slightly beaten
- 2 cups quartered dates
- 1/2 cup nuts
- 1 teaspoon lemon juice
- Baked shell
- Whipped cream for topping.
- Combine sugar, cornstarch and salt. Add cream. Cook in double boiler, stirring constantly, until thickened. Add eggs then dates and nuts, stir well and cool. Add lemon juice, pour into pie shell, cool and top with whipped cream.
- Or, if you plan a mere salad, and wish to take on a few pounds try:  
**WHIPPED CREAM DRESSING**  
1/2 cup whipping cream  
1/2 teaspoon salt  
3 tablespoons vinegar  
2 tablespoons lemon juice  
Few grains pepper  
Beat cream stiff, and beat in other ingredients.

**Patriarch Meet At IOOF Hall**

The ladies' auxiliary, Patriarchs Militant and canton, met in the IOOF hall Thursday. Refreshments were served by Dorothy Frahm, Victoria Stiffler and Viola McLaughlin. The table decorations were black and orange tapers, fall flowers and a birthday cake. Honored were members whose birthdays are in October, Rose Harland, Lora Groves, Elsie Townsend and Anna Hunsaker, Howard Hunsaker, Pearl Harland, William Cladek, Vern Frahm, Al Beckman, Lloyd Wood and Ed Novack.  
The invitation of the Dayton auxiliary and canton to an old fashioned basket social and dance for November 1 was accepted.  
The regular November meeting has been changed to November 29. Mrs. William Beard was appointed chairman of Jewell committee for November.  
The October committee, Mrs. R. G. Henderson, Mrs. P. C. Harland, Mrs. William Drakely, Mrs. Lloyd Wood and Mrs. Howard Hunsaker, are planning a Halloween bridge for Tuesday at 8 p.m. in the IOOF temple.

**Today's Menu**

Lamb patties in a grill will make a rather elegant main dish for dinner Sunday, seasonal vegetables will be featured on the week end menus.

- TODAY**  
Hamburgers and tomatoes on toasted buns  
Fried potatoes  
Gingerbread  
Whipped cream  
•••  
**SUNDAY**  
Celery root salad  
Lamb patty grill  
Cornbread  
Baked apples  
•••  
**MONDAY**  
Raw carrot sticks  
Veal steaks  
Cream gravy  
Baked potatoes  
Fresh limas  
Pumpkin pie  
•••  
**Lamb Patty Grill**  
6 lamb patties  
6 slices bacon  
6 slices pineapple, or 6 pear, or peach halves  
6 medium potatoes, cooked  
2 tablespoons grated cheese  
Salt and pepper  
1 No. 2 can green beans  
Have ground lamb shaped into thick patties and wrapped with bacon, fastening ends of bacon with wooden picks. Pre-heat broiler. Place seasoned green beans in broiling pan, at one side. Place lamb patties on rack in broiling pan over the beans. If pineapple is used, arrange slices on other side of rack. Place broiling pan in broiler so the meat is 3 inches from the heat. Broil until patties are brown on one side. Season patties and turn, laying them browned side down on pineapple slices. If pears or peaches are used, add them when the patties are turned. Add cooked potatoes, cut in halves lengthwise and sprinkled with grated cheese. Return to broiler until meat patties are done, and potatoes heated and lightly browned. Season meat on second side. Arrange all foods on hot platter or chop plate and serve immediately.

**Thelma Arstill Weds in South**

Of interest to Salem friends of the bride is announcement of the marriage of Miss Thelma Arstill, daughter of Mrs. C. A. Teent of Salem, to Mr. Forrest M. Haller of Los Angeles, son of Mrs. A. F. Gerdes of Red Wing, Minn., on October 22.  
The ceremony took place at the Wee Kirk of the Heather at Forest Lawn Memorial park in Glendale, Calif., with the Rev. A. E. Farstrup, pastor of the Lutheran church, officiating.  
For her wedding the bride wore a two-tone black and powder blue dress enhanced with silver sequins. Her flowers were red rosebuds.  
Pfc. Dorothy Kellogg, sister of the bride, was the matron of honor. Mr. B. F. Talor stood with Mr. Haller as best man.  
The bride attended schools in Salem and Portland. She took her college work at Oregon State college. She has been secretary in education at Northrop Aircraft, Hawthorne, Calif. She has been making her home in Los Angeles the past year and a half. Mr. Haller attended schools in Red Wing, Minn. He has been supervisor at Northrop Aircraft. The couple will make their home in Palm Springs, Calif.

**Guild Meets at Stephens' Home**

The Berean World Wide Guild of the First Baptist church met Tuesday night for a covered dish dinner and business meeting at the home of Mrs. Norlyn Stephens.  
During the evening Miss LaVelle Cross gave the devotions. Mrs. John Goffrier gave a report on the Navajo and Apache Indians of New Mexico, and Mrs. Norlyn Stephens gave the mission report. There were 15 present.

- RATION CALENDAR MEATS, FATS, ETC.:**  
Book 4 - R- through VI good through Jan. 31. A1 through E1 through Oct. 31. F1 through K1 through Nov. 28. L1 through Q1 valid through Dec. 31.  
**SUGAR:**  
Book 4 - Stamp 23 valid for five pounds through Dec. 31.  
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Book 3 - Airplane stamps 1, 2, 3 and 4 valid indefinitely.

**Mid-Willamette Valley News**

*From The Statesman's Community Correspondents*

**Girl Scouts Plan Program**

**Silverton Groups to Observe Founders Day Events**

SILVERTON—New troops, tea, vesper services and benefits are planned by local Girl Scouts within the next few weeks.  
A new troop for second graders was organized Thursday afternoon and will be known as troop 9. Leaders are Mrs. B. Howell, Mrs. R. Howell, Mrs. J. Wilch, and the group will meet the first Tuesday of each week.  
All troops are planning for the annual observance Birthday of the founder, Juliet Low, Mrs. Lee Alfred is chairman in charge.

First of these anniversary events will be the silver tea Friday, November 2, from 2:30 to 5 o'clock, at the Christian church.  
Assisting Mrs. Alfred are Mrs. W. H. Woodard, Mrs. Harley DePeel, Mrs. Charles Leonard, Mrs. R. B. Duncan, Mrs. Russell Myers, Hannah Olson.  
The vesper service to be held Sunday, November 4, at the Methodist church. It will be a candle-light service and Rev. O. Leonard Jones will speak. Mrs. Theodora Hobart will be in charge of decorations; Mrs. Percy Palfreyman, girls' chorus; Mrs. Mahlon Hobart, general program. Ministers and their wives from other local churches have been especially asked to attend. It will be open to the general public.

On November 10, the Girl Scouts will give a benefit with the theme "The Cavalcade of Silverton."

**West Stayton Wac Wed In Germany Returns for Visit**

WEST STAYTON—Mr. and Mrs. Thomas McClellan and daughter, Mrs. Robert Hines, the former Sgt. Barbara McClellan, of Neotoma were recent guests of Mrs. Jennie McClellan. Mrs. Hines formerly of West Stayton served overseas and in June was married in Weisbaden, Germany. She received her discharge on Tuesday.

**Guests Entertained**

SUNNYSIDE—Mr. and Mrs. Lester Thomas had as guests Sunday Mr. and Mrs. Ray Heckart and son Larry Joe.

**Valley Births**

LINCOLN—Word has been received here of the birth of a son, Russell James, October 15, to Mr. and Mrs. Robert Mickey (Irene Tarpley). They are at Hueneme, Calif., where he is stationed.

WEST STAYTON—Mrs. Larry Goss has received word from her mother, Mrs. C. T. Darley, in Palm Beach, Fla., announcing the birth of a daughter to Lt. and Mrs. Herman Hinrickson.  
Mrs. Darley flew to Florida last week to be with her daughter. Mrs. Hinrickson was Ima Darley and at the time of her marriage was serving with the WAC.

SILVERTON—Born at the Silverton hospital to Mr. and Mrs. Roy Schlotzman of Mount Angel, October 22, a daughter.

**Mt. Angel Chest Quota One-Third Unfilled**

MT. ANGEL—The third week of the war chest drive finds Mt. Angel with only \$856.90 or about one third of its quota raised. However, several of the larger districts have not reported and it is hoped that this will increase the collections considerably.  
The amount still outstanding is \$1668.10.

**Lierman Buys Truck Company**

STAYTON—Sale of the Felix Wright truck line to the Lawrence Lierman was announced this week. Lierman has managed the line for some time. Wright will devote his entire time to his hatchery in Silverton. The sale includes the terminal.  
Felix Wright acquired the line from his brother, Lindsey Wright, in 1926 when the equipment consisted of a Model T Ford truck. Three trucks and a trailer are in use for freight hauling between Salem, Stayton, Mill City and Detroit.

**Children's Films Will Be Featured By Mt. Angel Nuns**

MT. ANGEL—The nuns of Mt. Angel academy announce that beginning October 27, an afternoon show for children will be held in the academy auditorium on Saturdays and Sundays.  
It will provide entertainment for the children on these days. The small admission fee will go mainly for the rental of the films. The resident grade school girls of the academy will act as ushers and ticket sellers.  
Adults will be admitted for a slightly higher fee. Pre-school children are also invited.  
The movie for next Saturday will include "Cavalcade of Music," "Parade of the Wooden Soldiers," "Run Sheep, Run," and "Sage Brush Interlude."

Other pictures booked include such favorites as Swiss Family Robinson, Little Men, Adventures of Tom Sawyer, Little Lord Fauntleroy, Little Toy Soldier, Peck's Bad Boy, King of the Circus, Puss in Boots, Tom Brown's School Days, Chump at Oxford, Girl of the Limberlost, Keeper of the Bees, Everything on Ice, Moonlight Sonata, Schubert, the Melody Man, Sweetheart of Sigma Chi, Oliver Twist, Little Orphan Annie, Minstrel Man, Little Toy Soldiers, Rodeo Rhythm, Old Curiosity Shop and Courageous Mt. Penn.  
A number of fine religious shows for Sunday afternoons will be obtained if it is possible to get them.

**Nebraska Visitors Spent Time in County**

SUNNYSIDE—Visiting at the Dudley Taylor home over the weekend were Mr. and Mrs. George Nicholson of Poulillon, Neb., relatives of Mrs. Taylor. They will spend some time in Washington before returning to their home in Nebraska.

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**New Officers Are Installed**

**Silverton Auxiliary of Legion Fills Post Left Vacant**

SILVERTON—Mrs. John Demas, new president of the American Legion auxiliary, and Ruth Lorenzen, vice president, were installed Monday evening. Mrs. Roscoe Reeves is secretary. Mrs. Lewis Hall was installing officer.  
Mrs. Demas was first vice president and became president when Mrs. Elsie Patton resigned.  
Sewing for hospital will feature the sewing club program. Mrs. Harry Kuch is chairman and was awarded special honors for her hospitalization work last year. She has completed one wool afghan for the wheel chair patients so far this year.

The unit will "adopt" a disabled and hospitalized veteran of World War II, to whom will be sent regular greetings and gifts.  
Ruth Lorenzen and Mrs. E. A. Kern, vice presidents, supervising the membership program report 42 paid up members.  
The younger junior girls have been organized by the chairman, Mrs. Maude Price, and the older girls will meet Thursday.

**Turner Clubs Are Organized**

TURNER—A 4H group has been organized here in the home cookery, division 1. Officers elected were Kay Gillan, president; Diane Burklund, vice president; Shirley Hennessey, secretary. Meetings are held every other Wednesday from 4 to 5 p.m. at the home of the club leader, Mrs. Nellie Burklund.  
The club members are Dona Boyer, Viola Davenport, Barbara Standley, Shirley Hennessey, Joan Jewel, Kay Gillan, Velma Dyer, Diane Burklund, Irene Rolow, Wilma Miller and Patricia Hennes.

**Portland Woman Visits With Marion Nurses**

LINCOLN—Barbara Dike and Audrey Smith, Marion county health nurses have as their guest at their Lincoln home Miss Smith's youngest sister, Mrs. Gordon Halsten of Portland.

**Lyons Family Visits Idaho Relatives**

LYONS—Mr. and Mrs. Earl Allen and her mother, Mrs. Sanford Bassett, are visiting Mr. and Mrs. Jess Fox in Midvale, Idaho. Mrs. Fox is a daughter of Mrs. Bassett and a sister of Mrs. Allen.  
The Veterans of Foreign Wars of Mill City and Stayton held a basket social and dance at the Santiam Valley grange hall Friday night which netted \$150, \$75 to each post.  
Mrs. Cora Goodman of Salem and Mrs. May Swank of Stayton spent the weekend with Mrs. Daisy Johnson.  
Mrs. Robert Larson and daughter Marilyn of Ilwaco, Wash., are visiting in Lyons this week and are house guests of Mr. and Mrs. Willard Kimsley.  
Henry Skeels is convalescing at the Salem Deaconess hospital with a broken leg which he received while at work at the Mt. Jefferson Lumber company mill.  
Helen Queen left Saturday for her Nebraska home after spending the week with her brother-in-law and sister, Mr. and Mrs. Merrill Brassfield. Another sister, Mrs. Ed Sestack in California, will be visited en route home. The Rudolph Brader family

**Brush College Reelects Folk As President**

BRUSH COLLEGE—Charles A. Sprague, state chairman for the Oregon war chest fund, spoke on the chest program at the Brush College community club.  
Hugh Craig was appointed program chairman for November, and Mrs. Leo Nelson, refreshments chairman. Delbert Folk was reelected president; Fred Meyer was elected vice president; Sam Patrick, secretary; Hugh Craig, treasurer, and Mike Focht, trustee.

have purchased a place at Bend and will move there. Charlie Burk, son of Mrs. Brader, returned last week. He was discharged from the U. S. navy after nearly four years in the service. He spent the past three years in the Hawaiian Islands.  
Cpl. Raymond Holzfuss returned Monday after receiving his discharge at the Portland air base. Holzfuss had been in the army for three and a half years and spent most of the time in Nebraska.  
Mrs. Charlie Peterson of Seattle is visiting friends here as guest of Mr. and Mrs. Roy Huber. The Petersons are former Lyons residents.



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