**Food Ration Calendar** 

Canning Sugar Stamps No's, 15 and 16, good for 5 lbs, each thru October 31-

U. V. W valid thrs Oct. 20

Red Stamps X, Y, E Valid thru Oct. 2

A & B valid through Oct. 2.

Cooks Instantly!

Instant Raiston

Two fine cereals for cold winter mornings. Start the day with healthful whole wheat,

Matmor Extra

Large Ripe Olives

No. 1 24c

Fred Mayer Grecery Section

Raiston Whole Wheat

Cereal, Reg. 20c

Sugar Stamp No. 14 Good for 5 lbs. thru Oct. St.

Blue Stamps

Brown Stamps

No Milk Shortage Here!



2 ... 15c \$3.59 Case I Red Point Per Can

One Can Is Equal to a Quart of Fresh Milk

My-Te-Fine evaporated milk is just right for cooking, baking, beverages, and infant feeding. An opened can stays sweet over a longer period of time when kept on ice and covered. It is cooled and protected through every step of the canning process and conforms to all Government standards. A wholesome and nourishing milk for all cooking needs.

Borden's Canned Milk Tall 9c; 3 for 27c; \$4.29 case

Alpine Milk, 3 for 27c

17 Red Carnation Canned Milk, tall tins, \$4.29 case

1 Red Special Morning Milk' tall tin, 10c; 3 for 27c

1 Red Pet Milk, tall can, 10c; 3 for 27c

My-Te-Fine 4% Fresh Milk, 14c, plus deposit

3 Sieve Par

Sturdy 8 ox. Canvas Gloves 15c 2 Pair 29c

Dennison

Peanut Crunch 11/2 16. 41c

10 Mine Star E Gon Cut Green Beans, No. 2 can, 12c; 2 for 25c 16 Blue Pictsweet Whole Kernel Corn, No. 2 can, 14c; 2 for 27c Dunbar Cut Okra, glass, 13c 2 for 25c s Rod Clover Leaf Silverside Salmon, 1/4 can, 13c; 2 for 25e

Speedway Gloss Starch, 12 oz., 8c; 2 for 15c Thrift Cotton Mops, Reg. 49c Searchlight Matches, carton of 6 boxes, 25c Fireplug Dog Food, 8 oz., 5c; 4 for 19c

Knox Gelatin, stretches butter, 1 oz., 18c French's Mustard, 9 oz. 13c; 2 for 25c Alameda Catsup, 14 oz. bottle, 11c Blue Bow Sweet Relish, 5 oz., 9c

My-Te-Fine Chinese Noodles, 15 oz., 13c; 2 for 25e Derby Chop Suey, 5 oz., 9c

Kellogg's Shredded Wheat, reg. 10c Figurine Salad Dressing, 12 oz., 13c Fred Meyer Grocery Section

More Flavor Because It's Triple Fresh

A Wholesome Point Saver



**Hi-Ho Crackers** 

19c 1 lb. Pkg. Sunshine Grahams, 2 lbs. 31c

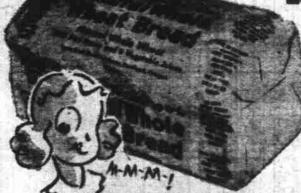
BUY WAR BONDS

EVERY PAY DAY

All Sweet Margarine

A delicious and nut-like flavored spread for bread or cooking pur-Fred Meyer Grocery Sections

Made With Healthful 100% Whole Wheat Vita Bee Natural Whole Wheat Bread



tious bread made with whole wheat and eight different vegeta-ble juices.

Bread 11/4 lb, lf. 14c Dosen 11c

Back The Attack With Bonds



My-Te-Fine Triple Fresh Coffee

The coffee that is roasted, delivered and ground fresh daily for more freshness and a fuller fla-5th Ave. Coffee, 2 lbs. 57c

Fred Meyer Grocery Section Hard Milled for Better Results Fisher's Blend Flour

241/2 lb. Sack \$1.16 Fred Mayer Grocery Section



Gerber's Baby Foods

Strained Foods Can 7C | 83c Desent

True vegetable flavored foods for even the youngest. None of the vitamin content is lest during the canning process.

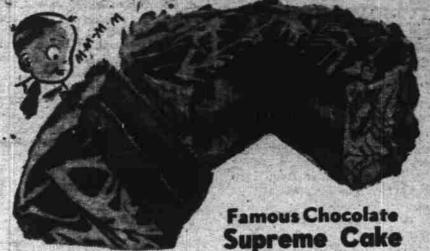
Gerber's Ostmeal, 8 ex. 15c Gerber's Precooked Ceres! 8 ex., 15c

Prices Good Friday thru Monday



## Fred Meyer Fruits and Vegetables

Each Cake Serves 10 to 12 Generous Portions



Fine textured and moist cake. One layer silver and one layer chocolate butter cake. Topped with vanilla icing.

Crescents, 5c ea.; 6 for 25c Filled cake with vanilla feing,

Vita Bee Bread, 15c; 1\(\frac{1}{2}\) lb. loaf 100% natural whole wheat.

Fred Meyer Bakery Section

Try Some Today - Best Quality

**Sweet Potatoes and Yams** 

2 lbs. 25c

Excellent Juice Size

Wax Onions 3 ... 21°

Best Quality in New



For all baking and frying use

3 LB.

1 LB.

4 POINTS

rooms, Jonathan apples, ice cream melons, pears, parsnips, corn, broccoli, ground cherries, yellow tomatoes, and many other fruits and vegetables.

We also have mush-



Parson's Household Ammonia

Just a few drops in your water will make 23c windows shine. Fred Meyer Grocery Section

Cleans Practically All Surfaces



Sunbrite Cleanser

A cleaner which makes pots ar

pans shine. It's quick to use and on't scratch the surface. Fred Mayer Grecery Section



**Jewel Salad Oil** 

Practically Soft and Luxurious



Graceful Sleeves Slenderizing Designs You've a priority rating on warmth and comfort when you wear one of these cuddly, soft, candlewick robes. Woven in a slenderizing diagonal pattern on preshrunk sheeting, heavily tufted, they are in tune with the trend of the times. Easily laundered. They require no ironing. In peach, blue, wine, American beauty, maize and white. Sizes 12 to 20 and 38 to 44.



