#### It Means Fresh Spinach for Baby A Good Suntan for Dad

· By MAXINE BUREN

vicinity of Salem, and of course

within the limits of the city, are

real gardens. No impractical

fancy things among these gar-

dens, there is already many a

crop of young onions, lettuce ap-

pears on dozens of Salem tables

fresh from the garden, radishes

are putting forth the first crop,

and another is on its way. It

won't be long before children

will be crying for another carrot

from the garden, for children

even small ones, are quick to rec-

ognize the deliciousness of very

Being a farmer at heart, trans-

planted temporarily to the city,

through no fault of my own, I

yearned for a real young onion,

one that squeeks when you set

Last week I dropped in on

friends reputed to have a good

Victory garden and it was no

longer a rumor, I knew-they

had a garden. I came away with

a supply of leaf lettuce, and

enough green onions to do sev-

eral meals. That's living. These

city couples have been loaned

plots of ground by a friend who

boasts two acres of good soil,

within a few miles of town. Each

Sunday the business men strip

to the waist, set their hoes and

shovels in the ground and weed

and dig. The wives go down on

their knees, pluck out any er-

rant weed from among the thick.

lush green carrot tops, succulent

lettuce plants and thick stalks of

the onions. Children play in the

nearby grass, climbing trees and

enjoying their own leisure life.

Any professional truck gard-

So it goes, war brings on many

hardships, but it brings many

families closer together, it has

shown many men that a hoe in

the hand is worth a dozen golf

clubs, when it comes to real

downright pleasure and good ex-

But remember, if you've

friends who sport a plot of gar-

den land, don't visit them on

their days off. If you have no

garden of your own to work in,

at least stay away from the man

who has one, he's too busy to

Ground meat makes good eat-

ing, especially when its lamb.

Here is a recipe where cracker

meal or fine crumbs will make

1 cup thick, white sauce

1/2 cup soft bread crumbs

Pinch of pepper

4 tablespoons water

1 cup cracker meal

2 cups sauteed mushrooms

2 cups cooked ground lamb

Add sauteed mushrooms,

ground lamb, soft bread crumbs

and seasonings to white sauce.

Spread mixture in pan and chill

until firm. Shape into cutlets.

Roll in cracker meal; dip in

slightly beaten eggs to which

water has been added; and roll

again in cracker meal. Brown

the cutlets in hot fat. Makes 10

1 pound ground lamb

1/8 teaspoon celery salt

1/2 cup dried bread crumbs

Mix and shape into four pat-

ties about 1/2 inch thick. Set on

shallow pan and broil about 10

minutes until well browned on

ener would be proud of these

plots of land, and they are gen-

erous in size too.

talk to city people.

Lamb Mixes

With Crumbs

the meat go farther.

LAMB CUTLETS .

½ teaspoon salt

LAMB PATTIES

1/4 teaspoon salt

both sides.

1/2 teaspoon pepper

½ teaspoon paprika

or toasting

just the right size slices make real toast.

AT YOUR GROCER'S

2 eggs

fresh vegetables.

your teeth into it.

Hobbies, like times-"has changed." Was a time when collecting Old English glass, making novelty woodwork or playing held its regular meeting Satur- interesting facts by Annie John- cipal of the Amity high school for golf were the smart type of hobbies, but times have changed. day, May 15. The agriculture These hobbies have been put away for the duration and good solid family men and women have a new love. It's gardening. There's been a general exodus from town-"give us fresh cherry trees to keep cherries from

or two to dig in" men and wom-Silver Plate to en cry, and they really get themsilves an acre or two, and they Be Short really dig in the ground. Amateur gardens in the near

Brides won't find the usual wide variety of patterns in silver-plated flatware to choose from this year. Nor will they find so many types and sizes of spoons, forks, and knives in a particular pattern. Of the ten active silver-plater

manufacturers in the United States five have converted most of their facilities to production of other war goods. The rest are devoting themselves entirely to making flatware for the home front and armed forces.

In producing their normal items, manufacturers may use only half as much silver as they used during the year ended June 30, 1941.

To make the silver available to them go as far as possible. most silver-plated flatware manufacturers are restricting production to the most essential items-knives, forks, dessert spoons, and teaspoons. Silverplated carving sets have been specifically banned by WPB. Such frills as oyster forks, bouillon spoons, and butter knives

will be scarce for the duration. New patterns are not being developed and most old ones are discontinued until the war is over. Each manufacturer is voluntarily restricting his regular line to two patterns, a plain Windsor for restaurant use and another one for home use.

#### Eggs Make Dish For Dinner

Here's a novel recipe for eggs au gratin: EGGS AU GRATIN

24 cup mayonnaise 1/4 teaspoon salt 16 teaspoon pepper 1 teaspoon Worcestershire

sauce 1/2 cup milk cup grated cheese

6 eggs Combine mayonnaise, salt, pepper and Worcestershire sauce; gradually add milk, stirring after each addition until smooth. Add cheese; cook over low heat 5 minutes, or 'til cheese is melted and mixture is thickened and smooth, stirring constantly. Pour 1/2 sauce into shallow baking dish. Drop eggs, one at a time, into sauce. Cover with remaining sauce. Place in pan of hot water. Bake in moderate oven (350 degrees) 20 minutes. Serves

#### Today's Menu

A fresh fruit salad will begin today's dinner and chocolate cake will be a popular finale. Fresh fruit salad Scalloped vegetables au gratin Hot biscuits Chocolate cake Frozen raspberries

ESCALLOPED VEGETABLES AU GRATIN small head cooked cauli-

1 cup cooked peas 1 cup cooked carrots 1 cup cooked celery 2 tablespoons butter

3 tablespoons flour 11/2 cups milk 1/2 cup grated cheese ½ teaspoon salt

Break cauliflower in small pieces. Place vegetables in casserole in layers. Melt butter over low heat, add flour and blend well. Add milk and cool until thickened, stirring constantly. Add grated cheese and stir until melted. Season. Pour sauce over vegetables; top with crumbs Bake at 350 degrees for 30 minutes. Any combination of cooked vegetables may be used. Serves

#### RATION CALENDAR

Canned Goods — Blue stamps G, I and J now valid and good through H and J now valid and good through May 31.

Meat, Cheese, Canned Fish, Fats, Butter and Margarine — Red stamp E, F and G good until May 31.

Sugar — Coupon No. 12 good for 5 pounds, expires May 31.

Coffee—Coupon No. 23 good for 1 pound, valid through May 30.

GASOLINE

Book A coupons No. 5, good for four gailons each, expire May 21.

FUEL OIL

Period 5 coupons expire Septem-Period 8 coupons expire Septem-

WEST SALEM-The Missionary society tea of the Methodist church will meet at the home of Mrs. Fred Gibson on Kingwood street Wednesday at 2 p. m. A special speaker will be Mrs. Eric Johnson who spent several years in missionary work in Africa. The meeting will open with devotions by Rev. Kelsie. A vocal number by the Bible class. The nittee in charge are Mrs. G. E. Vosburg, Mrs. D. T. Bradford, Mrs. Al Deckman, Mrs. D. Harry Bonney. The meeting will be followed by tea.

### Mrs. Rice Fills Roberts Grange

ROBERTS - Roberts grange committee reported it has been tested the use of Boron around air of the country, and an acre cracking, increasing potato yield, promoting garden pea growth, keeping worms from radishes and turnips.

Mrs. Rice elected to fill out the year in the chaplain's sta-Chaplain's Post tion vacated by Nellie Fiddler. Moves to Medford cy on the executive committee made by Bliss Fiddler's resigna-

> Lecturer's program included: 'Land of Empire Builders," song; Rose Howland; contest, living teaching words; pledge to flag; "God Bless Mr. and Mrs. T. C. Richter, who America."

It was decided by those present, there would be no social benefit during May.

## **Amity Principal**

AMITY - Principal and Mrs. Roscoe L. Larson and family left Miss Clinton to Talk Saturday for their home in Medford. Mr. Larson has been prinston; roll call, "Memories of the last three years. He resigned Mother"; reading, "Mother" by to take up other work in place of

> bought the Larson property on Jellison street, will move to their new home at once and Sterling Alrich and family who bought the stiend the meeting.

tichter place west of Amity will nove from the R. R. Massey property on Getchell street to Richter property this week.

# On Clothing Repair

UNION BILL-Miss Frances women of the surrounding neighborhood Tuesday at 1:30 p. m. to talk on the subject "Care and Repair of Clothing."

· All interested are invited to

#### **Amity WSCS Sets** Cleanup Days

AMITY-The Woman's Society of Christian Service of the Amity Methodist church met Wednesay afternoon in the social room of the church, Mrs. Cora Waddell had charge of the opening wor-ship and praise service with prayer by Mrs. J. D. Woodman.

During the social hour refresh- erations.

ents were served. Hostesses for this meeting were Mrs. D. Smith, Mrs. J. L. Payne, Mrs. E. O. Morse and Mrs. Pearl Ellenwood.

Undergoes Operations
WEST SALEM—Ira Notebo

1043 Sixth street, is in the Veter-ans hospital at Portland where he has undergone two operations During the business meeting it was arranged that Wednesday and Thursday are to be cleanup days well as could be expected considering the seriousness of these op-

#### \* Homemakers Gwide \* BUY + MORE WAR BONDS AND STAMPS Shop Early in the Week ... and Early in the Day Make the most of YOU'LL BE HELPING THE WAR EFFORT IF YOU DO! those drippings Your grocer, whoever he is, will appreciate your patience, understanding and cooperation. You can do your part to help him help you by shopping Save every drop of grease from earlier, Remember, all Safeway prices are low-every day! your cooking. Don't throw away a single drop of used cooking fatbacon grease, meat drippings, frying fats-every kind you use. After you've gotten all the cooking good from them, pour them through a kitchen strainer into a clean, widemouthed can. When you've saved a Honey Bradshaw's 16-oz. glass 28c pound or more take this waste fat to your Safeway meat man and he will send it on its way to make vitally needed war explosives. Salad Dressing Duchess, pint jar. 1943 EVERYMONTH 1943 Miracle Whip Kraft Pint jar 26c SUN MON THE WED THU FRE SAT

æ	<b>20</b>
ř	Low Prices on Rationed Foods
1	(14) Cut Beans Little Mill No. 2 can 13c
	(14) Corn Country Home Cream, No. 2 can 13c
	(12) Corm Del Maix Cream No. 303 can 11c
	(19) Spinach sunny Garden No. 214 can 17c
4.	(10) Catsup Red Hill 14-oz. bottle 13c (1) Apricois Red Tag Choice, 2 for 25c (13)
	(1) Apricols Red Tag Choice, 2 for 25c
	Pears Choles No. 214 can Z5c
	(1) Baby Foods Clapp's 4 for 25c
ĺ,	(15 Red) Shoriening Royal Satin 3-lb. 61c
-	(5 Red) Margarine Dalewood 1-lb. pkg. 23c
	Red) Nucoa Margarine 1-15 at 25c

SAVE AT LEAST A

TABLESPOON OF

WASTE KITCHEN FATS

EVERY DAY!

#### There's Plenty of Variety in Non-Rationed Items Cheese Philadelphia Cream or Pkg. 11c Oais H-O 2-lb. package 21c All Bran Kellogg 10-oz, pkg. 11C Peanut Butter Beverly, 1-lb. jar 31c 100% Bran Nabisco....1-lb. pkg. 19c Corn Flakes Kellogg ..... 11-oz. pkg. 8C Cheerioats \_\_\_\_\_\_\_7-oz. pkgs. 2 for 23c Mayonnaise Best Foods Pint 31C Graham Crackers 2-1b. pkg. 25c Olives Lindsay Medium Ripe... Pint 16c Coffee Stretcher 1-lb. pkg...... 18c Worcester Sauce 5-oz. bottle. 12c Cloth Filters Dependable Pkg. 7C Musiard Libby's 9-oz. jar 9C Kool-Aid Drink Mix 2 for 9c Chinese Noodles ..... 14-oz. pkg. 14C

Biskit Mix iFsher's, 21/2-lb. pkg. 28c

Pancake Flour Aunt Jemima, 23c

Pancake Flour Suzanna, 15c

Su Purb

GRANULATED

SOAP

Pkg.

Maca-Mix For Syrups.....

Vanilla Flavor Westag, bottle

Baking Powder Calumet, 25-oz. can.....

23c

JULIA LEE WRIGHT'S

Bread 11/2-16

It's Fresh!

PRODUCE

Lb. 9c Peas California Fine Quality. Lb. 12c

FLOUR Kitchen Craft Enriched	49-lb. sack \$1.69
CHEESE Kraft's Pimiento Spread	5-oz. jar 17¢
RAISINS Seedless. No Points!	2-lb. pkg. 21¢
OATS Morning Glory, Regular or Quick	48-oz. pkg. 21¢
CERTO Favorite Pectin. Special Offer!	

WHITE

KING

GRAN. SOAP

22-oz. 22

Some of the fine fresh food you'll be putting up this year will be from your own

Victory Garden-much of it you can buy advantageously right here at Safeway!

Advantageously, because it's not only farm-fresh, but it's sold by the pound, the only

Wheat Toast Wafers 1-lb. 18c Black Pepper Schilling's.

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accurate way to make sure you get full value every time.

GRAPEFRUIT California - Marsh Seedless ....

### SAFEWAY MEATS

Bring Your Red Stamps to Safeway for Better Meat Values

(4 Velveeta Cheese Kraft... 14 1b. 22c

## **Spring Lamb Sale**

Leg of Lamb & Points Lb. Lb. 38c Rib Lamb Chops 7 Points Lb. 43c Shoulder Steaks Lb. 37c Genuine 1943 Spring Lamb

- UNRATIONED ITEMS Turkey Cuts, necks, wings, backs, lb. 43c

Sliced Halibut

Sliced Chinook Salmon

Pork Liver (5 Points Lb.) Lb. 25c Pork Back Bones (1 Point Lb. 9c Pork Steak (7 Posts Lb.) Lb. 35c 

> THE NEVER-LOSE SYSTEM! WE'RE ALL READY

Per 1b. 55c



Oranges Valencias



Apples Pancy Winesapa Lb. 15c | Tomaioes Fancy, Firm Lb. 15c

Lemons Sunkist \_\_\_\_ 2 lbs. 19c | Spinach Local, Broad-Leaf \_\_ Lb. 5C

Radishes - Cucumbers - Green Onions for Your Spring Salads



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It's just off the press . . . this Wartime Edition of our canning and food preservation booklet! It is a completely revised edition of our popular canning booklet which we offered last year. Much material has been added and it is newer in every way . . . definitely designed for wartime needs and restric-

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98	White Magic Bleach		-
The said	Cut Rite Wax Paper		
	Parowax Seal		
No.	Matches, Searchlight	THE REST LETTER THE REST OF THE REST	
5 45	Fly Spray, Flit	APPRINCE TO SECURE	200
138	Flit Sprayers	Each	19e
	Johnson's Wax	Quart bottle	98e

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Edwards Coffee grade lb. 24c Nob Hill Goffee extra lb. 23c Airway Coffee mild and 1b. 20c



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