Salem Girl Wedded in Corvallis
 Et ameding reat on Reve. Elon.
 don is the sen ot Mr. .x. W. W. W.
 mack ang Biding ceremony Muct bined with tens. and dat-


 Kreer and mises Benice Rreet
 Mive Welion hats ioben emme
 it can in Salem, Card Party at
Lacey's





 Della Phy Mohers will met

 Heres, your tyonte outhon-



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## 

Older Girls
Confer
Today

, mond

## 


parce coiot hatem : mod

## Wedding Is



quarters in the Prest prestrerian
church in Oregon City, where
they will be assigned to rooms
in homes during the conterence in homes during the conterence.
Mrs. Rhoten will answer in-
Quiries.

DAR Mee
Roy Mills

| meeting of Chemeketa chap- | $1 / 2$ teaspoon salt |
| :---: | :---: |
| ter, Daughters of the American | $1 / 4$ teaspoon pepper |
| Revolution, has been planned for | teaspoon sugar |
| the home of Mrs. Roy H. Mills, |  |
| Hostesses will be Mrs. Mills, | nutes in buttered baking dis |
| Mrs. Lewis Griffith, Mrs. Rex Davis, Mrs. J. R. Pollock, Mrs. | d |
| U. G. Boyer, Mrs. M. O. Adams and Mrs. C. L. Crider of Dallas. |  |
| The Tri-County Dental assistants met the first Monday in | On Menu |

## of whin meeting. Threns in char of this mese at this meeting were: Zorar Rice Velna Alexander, Oiga Hing Publicity mand

## SHEPHERDS $P$

## $1 / 2$ cup diced carrots $1 / 2$ cup diced cooked turnips 1 tablespoon coopped onions $11 / 2$ cups diced cooked meat ${ }_{3}^{2 / 3}$ cup diced celery gravy leftover or vege-

 table cream sauce$1 / 4$ teaspoon salt
$1 / 8$ teaspoon paprika 1 cup mashed potatoes
2 tablespoons cream
Mix together vegetables Mix together vegetables (it
your refrigerator does not have
vegetable leftovers listed in re-
cipe but others
 흥 무ㅇㅜㅜ roughly spread over vegetable-
meat blend. Bake 25 minutes in
moderate oven.

Hints to Cook In Famil
Plan a hearty dessert when the
main part or the meal is a meat
sabstitute, Rice or cornstarch substiute, Rice or cornstarch
puddin, deep dish fruit pie,
chocolate cream dessert or a fruit gelatin supply needed prote
vitamins and minerals.
Pans with cake Pans with cake batter in them
should not be overcowded in
the oven, for best results. Arrange the pans so that they will
not touch each other or the sides
oo the oven. This allows
circulad
circulation of hot air which circulation of hot air which
bakes the cake. Make sure that
the oven racks are even and not
werped soch warped so the cake will rise ev-
enly.
Cook dishes using meat only in part. One part meat with threef
parts eoked rice, macaroni or in a stew wit poie still gives sauce
dence oo peat being present in
the dish. meat




NSTANT COOKING WHOLE WHEAT Cereal


\section*{that will add variety to winter menus, we sunishing meal hat will add variety to winter menus, we suggest and

baked stuffed heart. Wash and trim a beef heart and re move enough of the center to permit stuffing. Season and
fill carity with a well-seasonend bread dressing. Roll in
flour, brown in hot mauto brown in hot fote, add a small amount of water or to
grees) until the heatt is tender -2 moderate oven $21 / 250$ do
hours. Thicken grees, until the heart is tender- -2 to $2 / 2$ hours.
the liquid for grave Serve slices of heart and sovery
dressing with brown gravy, carrots, and a crisp fruit <br> 

We've Hand-Picked a


