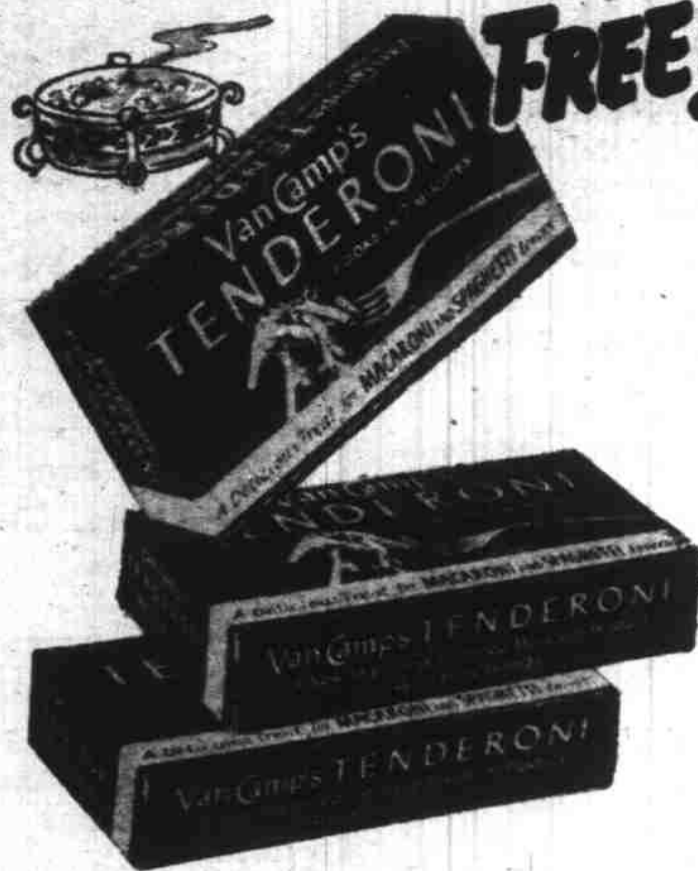




ATTENTION Wives that Work!



REALLY QUICK AND EASY MEAL TO PREPARE



FREE! Package Van Camp's **TENDERONI**

6-oz. Pkgs.
3 for 25c

Try this new and quick spaghetti dinner. Made of the finest durum wheat... tender and firm... not doughy. Serve with can of tomatoes and some ground beef.

Vale Hot Sauce, 3 for 11c
8 oz.
Kraft Brick, Pimento or American Cheese, 8 oz. 19c

At All Fred Meyer Grocery Sections

Burnett's
Vanilla
or Lemon
Extract
2-Oz. Bot.
31c

Rich in aroma... flavor will bake or freeze out. Always uniform and full strength. No finer can be had.

Fred Meyer Grocery Sections



SAVE 25%
MY-TE-FINE FOODS

Dandee
Grapefruit
No. 2
Tin **15c**

Nutradiet
Royal Ann Cherries
No. 2 Can
30c

Marvelous for dessert, or in tarts or pies. All the flavor of the fresh fruit is in these fine cherries.



Formay Shortening
3 lb. Can
65c

Creamy shortening for better cooking.

Kingsford
Corn or Gloss Starch
8c lb.
Pkg.

Known for purity and uniformity.

Blue Bell
Potato Chips
2 Pkgs. **29c**

Wonderful to send in lunches, for parties, or for just plain eating! Crisp and crunchy, a golden brown, they're delicious! Buy several packages today!

White Rover
Dog Foods
2 No. 1 Cans **15c** 85c Doz.

Campbell's
Tomato Soup
No. 1 Can **8c** 3 for 23c

Zine
Pot Scrubbers
4c ea.

President Seedless Grapes, for fruit salad, buffet tin, 2 for 15c
My-Te-Fine Unsweetened Grapefruit Juice, 47 oz. can, 25c
Brown Jersey Gloves, protect your hands, 19c a pair, 3 pr. for 55c
Universal Book Matches, carton of 15, 5c
Kant-Roll Clothes Pins, handy package of 30, 2 for 15c
My-Te-Fine Tomatoes, 2 1/2s, 17c, 3 for 50c
U-Geno Carrot Juice, a healthful drink, No. 2 can, 10c, 2 for 19c
Post's Bran Flakes, a delicious breakfast cereal, 8 oz. pkg., 9c

NBC Whole Bran Delicious for Muffins, Large Package **17c**
Delicious Pickles Add Zest to the Meal
My-Te-Fine Sweet

Cucumber Chips
15 oz. Jar **20c**
President Sweet Mixed Pickles, 12 oz., 25c
President Thin Sweet Pickles, 12 oz. 25c
Keep a dish of pickles on the table and keep the family happy! Pickles add interest to a meal, so serve them often!

Fred Meyer Grocery Section

Albers' Whole
Wheat, Rye, Fine
Graham, Coarse
Graham
Flour
5 lb. **21c**
Sack

Dark flours are extra nutritious because they retain the healthful vitamins and minerals lacking in white flours. Use them in your baking.
Grocery Section

Old Dutch
Cleanser
Reg. 7c Can
A favorite with many.
Grocery Section

Sirrite
Cleanser
4c Can
An excellent cleanser, scours and cleans sinks, bathtubs, and pots and pans. Buy several cans at this low price.

Buy Bonds Today!

S and W
Bouillon
Cubes
Beef
Chicken
Vegetable **9c**
Stimulating, energizing!
Grocery Section

Shop Fred Meyer
Shop Fred Meyer and save money on highest quality My-Te-Fine products. You actually save up to 25%. Buy war bonds and stamps with the money you save!

Pow Wow Cleanser
3 Cans **25c**
One in the bathroom, one in the kitchen, where and when you need it!
Grocery Section

Let's Have a Party!

My-Te-Fine Mammoth
Ripe Olives 24c Pt.
Rolled or Flat Anchovies, 2 oz., 19c
Dolan Caviar, 1 oz., 2 for 25c
My-Te-Fine Rye Bread, lb. 11c
With or without caraway.
President Thin Sweet Pickles, 12 oz., 25c
French's Mustard, 8 oz., 8c
Sherwood Oyster Spread, No. 1/4 can, 20c
Derby Capers, 1 1/2 oz., 17c
All the "makings for a gala party."
Grocery Section

Fisher Products Make Baking Easy!
Fisher's Biskit Mix
2 1/2 lb. Pkg. **27c**

Fisher's Blend Flour, 46 lb. sack, \$1.89
Fisher's Asst. 3 lb. Handy Sk., 14c
Fisher's Pancake and Waffle Flour, 4 lb. 27c, 10 lb. 51c
Fisher's Wheat Germ, 2 oz. 22c
Use these products in your baking, and you'll be assured of success. Fisher's prepared mixes make cooking easy!
Grocery Section

My-Te-Fine
FRUIT
PECTIN
8-oz. Bottle
10c

BUY
WAR
BONDS

PRICES GOOD FRIDAY THRU MONDAY
Fred Meyer
FOR thrifty BUYERS
LOCALLY OWNED and OPERATED
FOOD BLDG.

Candied Diced Citron, 53c lb.
Candied Pineapple, 52c lb.
Candied Diced Fruit, 39c lb.
Candied Lemon, 35c lb.
Fred Meyer **Currants** 16-oz. Cans **20c**
Bleached Raisins, 2 lbs. 32c
Walnut Meats, 1/2 lb 35c
Diced Cherries, 45c lb.

Holiday time is baking time for fruit cakes, cookies, and candied! Be sure that you have an ample supply of candied fruit and peels on hand to make these goodies! Make fruit cake now, so that it will be properly aged for Christmas.
Grocery Section

SHOP FRED MEYER MEAT SECTION

Boneless Beef Pot Roast

Here's a delicious roast for Sunday dinner, with all the surplus fat removed. Serve hot or slice cold for sandwiches. Your family will enjoy this fine Beef Roast.



35c lb.

MY-TE-FINE
MINCE MEAT
Mellow and fragrant... delicious. rich Mince Meat to make the finest Mince Pies you've ever tasted. Aged for mellowness. 2 bulk lbs. **45c**
DAN-DEE
MINCE MEAT 2 bulk lbs. **35c**

BEEF POT ROAST	Blade Cut	lb. 29c
PLATE BOILING BEEF	Extra Lean	lb. 17c
BONELESS STEW BEEF	Cut in Cubes	lb. 33c
VEAL SHOULDER STEAK	Milk Fed Veal	lb. 37c
MEAT LOAF	Correct Proportion of Freshly Ground Veal, Pork, Beef	lb. 29c
SPECIAL GROUND BEEF		lb. 25c
COTTAGE CHEESE	Cream Style lb.	15c , 2 lbs. 29c
PORK HOCKS, SMOKED	Boil with Vegetables	lb. 29c
FRESH SLICED LAMB LIVER		lb. 25c

SHOP FRED MEYER FRUIT AND VEGETABLE SECTION

SUNKIST LEMONS

2 doz. **33c**

CRANBERRIES OREGON GROWN

21c lb.

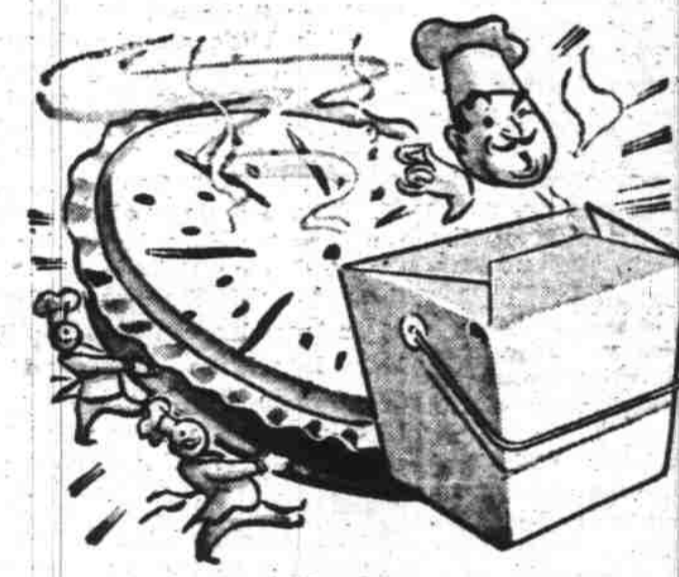
Large Green Broccoli

15c bunch

Your Choice

Carrots, Turnips, Parsnips or Rutabagas

Bake Spicy, Fragrant Mince Pies for the Holidays!



Fred Meyer My-Te-Fine
Mince Meat

In the Bulk
2 lbs. **45c** 23c lb.

Dan-Dee Mince Meat
2 lb bulk **35c** 18c lb.

Fred Meyer Kitchen Fresh
Mild or Tart Mayonnaise
45c Qt. 25c Pt.

Fred Meyer Kitchen Fresh
Real Salad Dressing
35c Qt. 20c Pt.

Make Your Fruit Cakes Now!
Mixed Fruit in Sherry, 39c lb., bulk
Garnishing Cherries, 39c pt., bulk
Glace Cherries, 45c lb., bulk

Fred Meyer Kitchen Fresh Slendol
49c Qt. 27c Pt.
Non-fattening, mayonnaise-type dressing.
Mayonnaise Section

A Delicious Dessert That Melts In Your Mouth!



Chocolate Nut Fudge
Cake

Serves 10 to 12 **43c**
Portions

Rich butter cake that simply melts in your mouth! Studded with choice Oregon walnuts and chocolate fudge icing. Two layer round, serves 10 to 12 generous portions. Serve it for dessert tonight!
WALNUT ROLL COFFEE CAKE, breakfast treat. **3 for 10c**
VITA BEE 100% NATURAL WHOLE WHEAT BREAD, 1 1/2-lb. **45c**
Loaded with vitamins so essential to your better health.
PREPARED BREAD DRESSING, stuffs 12 to 15-lb. turkey. **27c**
MY-TE-FINE FRUIT CAKE, full of fruit and nuts. **75c lb.**
DAN-DEE FRUIT CAKE, a lighter cake. **49c lb.**

Fred Meyer Bakery Section

Over 500 Different Kinds of Fresh Candies

Mail to Your Out-of-Town Friends



3-Lb. APPLENUT
Box
PARFAIT

True Oregon Product **1.89**

A true Oregon confection, made from delicious tree-ripened Oregon apples and tasty Oregon walnuts. An unusual tart-tasting confection, exclusive with Fred Meyer. Each piece is hand-dipped in the finest chocolate, packed in an attractive apple design box.
Other Sizes 50c to \$1
Fred Meyer Candy Section

Cocoanut Bon-Bons **39c lb.**
Fresh and sweet cocoanut centers with triple-whipped cream fondant coatings in four bright colorings and four popular flavors, lemon, chocolate, vanilla, and strawberry. Keep a supply on hand for parties and the holidays.

Boston Mints 39c lb.
Crunchy mint-flavored jackets filled with a delicious cream, vanilla flavored snow white, with pink line stripes.
Fancy Gift Boxes, \$1.50 to \$6.50
Attractive gift boxes and novelty mirror boxes, packed fancy with Fifth Avenue Chocolates. The gift to please everyone.