

Want to Try This?

Test Parachutist Concludes 'Delayed' Jumps Are Best

By STEPHEN J. MEDONOUGH

WASHINGTON, June 30.—(Wide World)—The man who performed the nightmarish plunge of nearly five miles through space before opening his parachute advised air combat pilots to wait until they are almost kissing the earth before they pull the ripcord.

Taylor Funeral Held Tuesday in Aurora

AURORA—Funeral services were held Tuesday for Mrs. Charlotte Taylor, 47, who died at The Dalles Saturday. Burial was made in the Aurora cemetery.

Mrs. Taylor was born September 19, 1895, at Woodburn. She had lived in Marion county most of her life and was active in civic affairs. She was a member of Maplewood grange of Barlow, Pythian Sisters, and Aurora Woman's club. She owned a farm near Aurora and a cherry orchard at The Dalles, where she was supervising the harvesting of the crop at the time of her death.

Gas Protection

By DR. WARD L. MOULD
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(This is the fifth of a series of six articles about war gases, their characteristics, and measures the civilian can take to protect himself against gas injury.)

V—You Can Protect Yourself

This article will present a few simple rules by which injury by war gases may be prevented or modified. If mustard or lewisite are used, the most serious injuries will result from the liquid agent. Therefore, during a raid, remain inside, or go inside if you are out of doors.

Remember that war gases are heavier than air, and will cling to the ground. You can get away from the vapor by avoiding basements and other low places. Even after a raid, it is better to remain inside a building than to try to leave the gas area unless so directed. Your air raid warden will guide you to safety when it is safe for you to move.

Basic Rules for Self-Aid in a Gas Attack

- 1. Self-aid is the best aid for the prevention of injuries due to war gases. War gases are usually not dangerous if you take steps immediately to remove them from the skin and eyes. Effective means to accomplish this are in the kitchen and bathroom of every home.
2. If you are inside a building, remain there and go upstairs. Do not leave your house unless it is absolutely necessary. If you are outside and not able to get indoors, immediately walk—do not run—to get out of the gas area. Avoid puddles of liquid gas, basements, valleys and other low places.
3. If you have been exposed to a war gas—
a. Breathe through cloths wet with baking soda solution.
b. Get inside a building if possible, but first remove your outer clothing and leave it outside.
c. Wash your hands first, and then your face, with laundry soap and water.
d. After cleaning your hands, wash your eyes at once with a large amount of a solution of baking soda; one teaspoonful of baking soda in a glass of water.
e. Take a bath, using plenty of laundry soap.
f. Wash your eyes again with baking soda solution.
g. If splashes of liquid gas have gotten on you—
a. Using small pieces of cloth, cleansing tissues or toilet paper, blot up as much of the liquid as you can, being careful not to spread it.
b. Dab the contaminated area with clothes wet with bleaching solutions containing sodium hypochlorite, such as Clorox, etc.
c. Follow directions b, c and d in 3. above.
5. Never get excited. Lie down and cover yourself with a blanket. Medical aid is on the way. There is no immediate serious danger from exposure to any known war gas.

This and other jumps weren't stunt affairs such as those put on for state fair crowds, but all were carefully planned ahead of time to get scientific information on the mental and physical effects on a human being dropping through space.

Starnes worked with scientists of the University of Chicago and Harvard university in planning and executing his studies and was equipped with a complete, compact laboratory in his flying suit. This equipment measured his breathing rate, his heart pulsations, his temperature, oxygen consumption and skin temperature as compared with the outside air, his speed of fall and the spin of his body, as well as other pertinent data.

As a result of these studies, Starnes concluded in the air forces news letter, air crews "should not open their parachutes until they have fallen to dense, safe air close to the earth."

And, he added, "it is my opinion that chutes can be opened safely as low as 1500 feet above the ground by persons who have never jumped before."

There is little sensation of falling in a parachute jump, there is no loss of consciousness and the man can think clearly and coherently, he reported.

Jumps always should be delayed, Starnes added, for two good reasons: the man must be sure to be free of his airplane and a delayed opening from a high speed plane will "permit the body to slow down to a safe rate of speed."

In addition, he said, enemy pilots have been known to machinegun parachutists at every opportunity and the shadow of a falling body merges into the landscape until the man gets near enough to the earth to open his parachute safely.

Delayed jumps are absolutely necessary if a man has to jump from any height above 20,000 feet, Starnes declared, because he would die from lack of oxygen in the rarefied atmosphere.

"If a delayed jump is made, he will fall in a matter of seconds into air that is life-sustaining."

In case you ever have to jump, he offers this advice:

- 1. Dive out head first.
2. Don't worry if the earth is spinning about underneath you. Your chute will straighten you out.
3. Keep your legs straight, otherwise you may foul the chute as it opens.
4. Keep your mouth open and yell as loud as possible—this equalizes the pressure on your eardrums.
5. Keep thinking and don't get frightened.

Two Girls and Boy Born in Silverton

SILVERTON—Births of three infants were reported at the Silverton hospital during the week-end. A daughter was born to Mr. and Mrs. Joseph Erling Monday. A daughter was born to Mr. and Mrs. L. Howell of Molalla and a son to Mr. and Mrs. Alfred Fischer of Mt. Angel, both on Sunday. The boy at 6 pounds and 15 ounces weighed just 2 1/2 ounces more than the girl.

Fox Holes Defy the Big Tanks

FORT BENNING, Ga.—(AP)—If you dig yourself a fox hole, who's afraid of the big, bad tank?

That's the attitude of the infantry school and to convince officer candidates, it is running over them with tanks.

The school realizes a man is apt to be skeptical about the protection of a hole in the ground against several tons of rumbling tank.

So, it has devised a little demonstration.

Each officer candidate has to dig a standard size fox hole (three and a half by two feet, four feet deep). He crouches into it. Over

comes a tank, its big treads clawing the earth.

But the tank is designed to span ditches and holes. Over the fox hole (and student officer) it glides. The man is showered with dirt, but he's unharmed.

When he crawls out, he's dirty but he also has a new respect for fox holes.

Rockhill Family Has Meeting at Salem Home

GRAND ISLAND—Mrs. H. D. Stoutemeyer of Portland is visiting Mr. and Mrs. C. A. Rockhill and family, Mr. and Mrs. Rockhill, accompanied by Mrs. Stoutemeyer, attended a family dinner Sunday at the home of Mr. and Mrs. C. L. Parker in Salem. Others attending included Mr. and Mrs. Walter Rockhill of Salem and Mr. and Mrs. Ralph Schindler of Corvallis.

Farm Laborer Needs Varied

PORTLAND, June 30.—(AP)—Emergency farm laborers are needed immediately to harvest the pea crop in the Athena area. L. C. Stoll, state director of the US employment service, said Tuesday. Because the harvesting is by machine, work is restricted to men, he said. The pay is 65 cents an hour.

Some 2000 strawberry pickers also are needed to complete harvest of that crop, he said.

The Portland employment service office reported today that it had a call for 150 unskilled workers for the Vancouver aluminum plant at 75 cents an hour.

Ad Manager Dies PORTLAND, June 30.—(AP)—Stanley G. Werschul, 52, assistant advertising manager on the old News Telegram, died at his home Tuesday. His widow and nine children survive.

Quick Thinking Saves Man When Team Frightened

MISSION BOTTOM — C. C. Russell, 81 years old, narrowly escaped a bad accident Sunday when his team came in contact with an electric current while cutting hay. The team bolted and Russell only managed to stop them when he turned them into a field of heavy barley. A wide swath of the grain was cut before the team was winded and brought under control.

Elect School Director

PARKERSVILLE—R. Harrison was reelected as director and Felix Steincamp as clerk, at the annual school election. Other members of the board are Fred Freishweiller and Ernest Dunn. Miss Gertrude Wampole of West Woodburn was hired to teach again this coming year.

Suffers Heart Attack

GRAND ISLAND — Howard Rockhill, son of Mr. and Mrs. C. A. Rockhill, suffered a severe heart attack while on the street in Salem Friday noon. He was taken to the Deaconess hospital where the attending physician later diagnosed the case as malaria.

Health Workers Talk in Yamhill

GRAND ISLAND—A public health and sanitation meeting was held at the schoolhouse Thursday by the Yamhill county health unit with Dr. H. M. Stolte, health doctor, in charge. Guest speakers included I. G. Lerman from the sanitation department of the Marion county health office, J. M. Coleman, dairy inspector from Marion county, and C. M. Gjullin, from the United States department of agriculture in Portland.

Camp Fire Members Get Two-Year Cards

HAZEL GREEN—The Camp Fire group met at the home of Mrs. Hazel Holbroke, guardian. Second year membership cards were given Patricia Zahare, Barbara Kobow, Alice Ferriens, Evelyn Cole, Alyce Klampe, Lois Wacken, Betty Gregg and Rosalie Wacken. Those going to camp in July are Rosalie Kobow, Alice Ferriens, Rosalie Wacken and Patricia Zahare.

SAFEWAY Homemakers' Guide

NUMBER 60 ★ Interesting tricks in picnicking and barbecuing ★ Fine foods as low priced on Monday as on Saturday ★ About helping yourself to help your Country



How to have more fun on week-ends right in your own back yard

There's nothing that's quite as much fun as a picnic—especially a picnic right in your own back yard. And because picnics are becoming more popular every day (what with the tire and gasoline situation) the Safeway Homemakers' Bureau presents here these menus that should make any picnic more fun.

Here's a picnic menu for a neighborhood gathering; where each family brings along some food.

- LAWN PICNIC
Kidney Beans and Spareribs
Coleuslaw with Diced Apple and Green Pepper
Buttered Rye Bread Slabs of Cheese
Ice Cream and Cake
Coffee or Root Beer

- KIDNEY BEANS WITH SPARERIBS
1 1/2 lbs. spareribs cut in 2-rib pieces
1 cup shortening
2 1/2 cups finely chopped onion
1/4 tsp. salt
1/4 tsp. finely chopped garlic
1 1/4 cups meat stock
1/2 cup finely chopped carrots
1/2 tsp. thyme
1/2 cup milk
3 cups cooked kidney beans

Brown spareribs in hot shortening in heavy frying pan. Add onion and garlic; cook about 3 minutes, stirring frequently. Place spareribs in casserole. Combine meat stock (or 2 bouillon cubes dissolved in 1 1/4 cups boiling water), seasonings, and beans; pour over spareribs; cover. Bake in slow oven (325° F.) about 1 hour or until spareribs are tender. Serves 6. (Double recipe serves 12.)

Here's a quick and easy menu for a back yard barbecue.

- BARBECUE
Make your own sandwiches
Broiled Cube Steaks
(Cooked on green-pointed sticks or toasting forks)
Toasted Buns
Sliced Tomatoes and Onions
Lettuce Pickles
Chili Sauce
Potato Chips
Orange and Pineapple Compote
Cup Cakes
Marshmallows for Toasting
Coffee or Iced Tea

- PARK PICNIC
Cold Sliced Ham or Luncheon Meats
Bread, Butter, Lettuce, and Mayonnaises for Sandwiches
Pickles Potato Salad
Deviled Eggs Olives Carrot Sticks
Fresh Grapes
Gingerbread Iced with Cream Cheese
Thermos Coffee or Lemonade

ALL ABOUT PEANUTS AND VITAMINS See this week's Family Circle Magazine for nutritional information on peanuts. New issue out every Thursday, free at Safeway.

Safeway Homemakers' Bureau JULIA LEE WRIGHT, Director

All Safeway's prices are as low as these every day of the week

- FOR PICNIC LUNCHEONS
Catsup, Red Hill, 14-oz. bottle 11c
Chili Sauce, Moneta, 12 1/2-oz. bottle 15c
Heinz Mustard, Brown, 6-oz. jar 10c
Pickles, Libby Asst. Sweets, 12-oz. jar 19c
Dill Pickles, Columbia, No. 2 1/2 can 12c
Ripe Olives, Lindsay ex. lg. No. 1 can 19c
Cheese, Pabstett, plain or pim. 2 pkgs. 27c
Underwood Ham, No. 1/4 can 13c
Swift's Prem. Pure Pork, 12-oz. can 31c
Hormel Pigs Feet, 28-oz. jar 35c
Smoked Oysters, Smokesters, 3 1/2-oz. 18c
Peanut Butter, real roast, 2-lb. jar 34c
Preserves, Marasca, assorted, 2-lb. jar 35c
Fruit Jelly, Tea Garden, 24-oz. glass 27c
Potato Chips, Blue Bell 10c - 15c - 25c
Popcorn, Hull-less, 2-lb. pkg. 17c
Ritz Crackers, Butter wafers, lb. 21c
Wheat Toast Waters, Sunshine, lb. 20c
Bread, Julia Lee Wright's, 1 1/2-lb. sdw. 12c
Paper Napkins, Zee Dinner 2 pkgs. 15c
Wax Paper, Diamond, 200-ft. roll 23c

- FOR TEMPTING SALADS
Mayonnaise, Nu Made, pt 25c; qt. 45c
Mayonnaise, Kraft, pt. jar 31c; qt. jar 53c
Salad Dressing, Duchess, qt. jar 33c
Miracle Whip, Kraft, pt. jar 26c; qt. 41c
Potato Salad, Minot, 15-oz. 25c
Fruit Salad, Del Monte, 30-oz. jar 28c
Dates, Dromedary, plain or pitted, pk. 23c
Flaked Fish, Davis, No. 1/4 can 20c
Shrimp, Small, dry, 5-oz. can 15c
Cottage Cheese, Kraft, pt cup 19c
- SOAPS AND CLEANSERS
Soap Chips, Crystal White, 5-lb. pkg. 43c
Fels Napha Laundry Soap 4 bars 18c
Soll-Oil, Instant Cleaner, qt. can 60c
Sweetheart Soap, special offer 4 bars 19c
- P & G Naphtha Soap
Regular Bar Giant Bar
4 for 15c 6 for 23c
- Crystal White Soap
Regular Bar Giant Bar
4 for 15c 6 for 23c
- Lifeguard Soap
It's Zephyr 2 bars 13c
Fresh
- Zee Toilet Tissue
Soft and Absorbent 4 rolls 17c

CLOSED Saturday, July 4th INDEPENDENCE DAY Shop Earlier in the Week Same Low Prices Effective Every Day!

All Prices Subject to Market Changes and Supplies

- FOR COOLING DRINKS
Sno Colo, 12-oz. bottles 6 for 23c (Plus Deposit)
Double Cola, 12-oz. bottles 6 for 25c (Plus Deposit)
Root Beer, Hires, 12-oz. 6 for 25c (Plus Deposit)
Grapefruit Juice, Town House, 16-oz. 21c
Tomato Juice, Sunny Down, No. 2 can 8c
Malted Milk, Kraft, lb. 27c; 2-lb. can 49c
Coffee, Airway, lb. bag 20c
Coffee, Nob Hill, lb. bag 23c
Tea Bags, Canterbury Black, ct. 50 33c

- PENNY SAVERS
Cherub Milk, tall cans 3 for 24c
Evaporated Milk, adv. brands 8 tall 25c
Baby Foods, Gerber, Asst. 4 cans 25c
Cream of Wheat, large pkg. 24c
Wheaties, whole grain cereal 2 pkgs. 19c
Flour, Kitchen Craft, 49-lb. sack \$1.50
Soup Mix, Minute Man Cond. 2 pkgs. 15c
Creamettes Macaroni 2 pkgs. 15c
Dried Prunes, fancy large 2 lbs. 25c
Seabright Peas, No. 2 can 10c
Diced Beets, Blue Tag, No. 2 can 3 for 8c
Country Home Corn, cream, No. 2 can 12c
Peanut Oil, Planters, pint can 37c
Pure Lard 1-lb. pkg. 18c; 4-lb. pkg. 67c
Book Matches, box of 50 books 12c
Cigarettes, pop. brands, ct. of 200 \$1.23
Dog Food, Walter Kendall, 27-oz. pkg. 25c

GUARANTEED-FRESH PRODUCE is low priced every day

You save money any day of the week on Safeway Guaranteed-Fresh Produce because it's always low priced.

- WATERMELON RED MEATED—JUICY AND SWEET
LEMONS Fancy Sunkist quality.
GREEN PEAS Sweet, tender, full pods.
ONIONS Mild Yellow Globe.
LETTUCE Solid, crisp heads.
NEW POTATOES U. S. No. 1 Cal. White Rose
CANTALOUPE Golden-Meated Jumbos Always the Lowest Market Prices at Safeway

SAFEWAY GUARANTEED MEATS are low priced every day

You can save money on meat any day of the week because Safeway meats are low priced every day of the week.

- Swift's Picnics Boned and Tied Try Baked—Sliced Cold Lb. 39c
LINK SAUSAGE Club Style—Tasty, Healthful Lb. 25c
Luncheon Meats Assorted, Large Variety Lb. 33c
Bologna, Liver Sausage Excellent Quality Lb. 27c
Regular Franks Big Tender Ones Lb. 25c
BACON By the Piece—Mild, Lean Lb. 29c
BROILERS Young Tender Meaty Chickens 2 for 98c

CLOROX "First Aid" in Home Health Defense ... a "First Aid" in Civilian Defense! Keep Clorox handy in your home for everyday as well as emergency use. Remember, there's only one Clorox ... always order by name. AMERICA'S FAVORITE HOUSEHOLD DISINFECTANT! CLOROX Disinfects KILLS GERMS REMOVES STAINS FREE FROM CAUSTIC

ANN LEARNS HOW TO MAKE WEEKENDS MORE FUN. WHY I DON'T SEE WHY WE ALWAYS HAVE TO SHOP ON SATURDAY... BUT WE HAVE TO SHOP ON SATURDAY... ON THAT WEEK-END SPECIAL... AND YOU HEAR TO BUY THAT SPECIAL... EVERY DAY! AND ON EVERY ITEM! BOOR! IT'S SNEAKY... YES, AND BEST OF ALL... Why don't you get your "big" order in on a week day, too? Not only will you have more time to play on week-ends, but you'll be able to shop more leisurely if you get your big grocery order in on a week day. Safeway prices, you know, are always low on everything, every day of the week. SAFEWAY Prices Effective July 1st to 31st Inclusive