

### 17 Dallas 4H Club Members Attend School

#### 13 Win Scholarships And Others Pay Own Tuition

DALLAS—The Polk county 4H club delegation this year is somewhat smaller than has represented this county in the past at the annual 4H club summer school at Corvallis. Seventeen boys and girls from this county attended summer school last week and this week, and W. C. Leth, Polk county agent, also attended and assisted with the first week's program.

Of those present a number are attending on scholarships won at the state fair, in various community activities, and on scholarships provided by various individuals and organizations.

Those attending this year on scholarships awarded them are as follows: Mary Gladys Turner, Rickreall, Pomona grange scholarship; Joy Van Santen, Rickreall, Rickreall grange scholarship; LaVelle Taylor, Falls City, Earle Richardson scholarship; Marilyn Parrish, Dallas, Veterans of Foreign Wars auxiliary scholarship; John Lorence, Monmouth, state fair scholarship; Myrtle Meier, route 1 Salem, the Howell's Studio scholarship.

Marjory Bliven, LeVeda Alexander, Maxine Elliott, Roger Lang and Clarence Lautenschlager, all route 4 Salem, Eola Community club scholarship; Berna Wall and Paul Schroeder, route 1 Salem, Orchard Heights Community club scholarship.

Others attending are as follows: Gertrude Meier, route 1 Salem; Margaret Howard, route 2 Monmouth; Edith Dunkin, Falls City; Anne Turner, Rickreall.

The group from Polk county was assigned living quarters in various fraternity and sorority houses on the campus and in the college dormitories. Here they have an opportunity to live as the college students do and even elect their own house officers.

How 4H club members may contribute to the war effort is the main consideration at this year's summer school. Many of them will return home with a greater appreciation of their responsibilities as a result of their summer school experience.

### Directs Raid



Air Marshal A. T. Harris (above), chief of the RAF bomber command, directed the RAF's terrific 1000-bomber attack on the German metropolis of Cologne, which loosed on Nazi warplants the greatest weight of steel and explosive ever borne on wings.

### Hazel Green

HAZEL GREEN—Mrs. Phillips moved to her son, Otis Phillips', property on the Hazel Green-Labish road, when he moved to the Yada house. Mrs. Phillips has been living in the house on the Edgar Long farm since coming from Oklahoma recently with her son-in-law and daughter, Mr. and Mrs. Lewis.

Mr. and Mrs. Merle Caselman have moved to Salem from the Hazel Green park. Caselman will work on the cantonment. Mr. and Mrs. Don Jarman moved to the log house at the park. He is employed as a helper at the park during the summer season.

Mrs. Orvel Klampe and baby son Myles are home from the Salem General hospital. The family lives in the Labish Garden section.

Daryl Van Cleave is attending the 4H summer school at Corvallis.

### Auxiliary Ends Year of Work

MILL CITY—The women's auxiliary to the Mill City firemen held a no-host dinner recently, commemorating their first anniversary. The membership of five a year ago has grown to 14. The firemen were guests.

Mrs. Thomas Smith, president for the past year, gave a brief outline of the year's accomplishments.

From the proceeds taken in from the luncheon served at the weekly dances, they have bought cups and spoons, curtains and draperies for the hall as well as many other additions, and have a balance of \$25 in the treasury.

The meetings the last year have been held at the homes of the

### Fairview Pupils Plan Open House June 12

PRINGLE—Pupils at the state Fairview Home are planning an open house at the main office building on the campus for Friday evening, June 12, at 8 o'clock. There will be a play entitled "The Inn of the Golden Cheese" and the public is invited.

Various members. Any fireman's wife is eligible for membership.

Those present were Mr. and Mrs. Thomas Smith, Mr. and Mrs. Louis Verbeck, Mr. and Mrs. Darrel Andersen, Mr. and Mrs. Alva Andersen, Mr. and Mrs. Tex Blazek, Mr. and Mrs. Lawrence Kanoff, Mr. and Mrs. Joe Walters, Mr. and Mrs. Tom Morris.

Officers elected for the coming year included: president, Mrs. Joe Walter, and secretary, Mrs. Darrel Andersen.

### Prospect News

PROSPECT—Viva Bacon was hostess Thursday for her birthday club, the occasion being her birthday. A low floral arrangement of blue iris and lupin formed the centerpiece. Those present were Blanche Green, Gwenn Lyons, Mrs. Minnie Huff, Irma Klingler, Cora Davie, Ena Mary Cartwright, and the hostess, Viva Bacon.

Mrs. D. J. Rains spent Thursday in Independence visiting her sister, Mrs. Lafe Harpole.

Ena Mary Cartwright and son Jimmy spent last week in Portland visiting at the home of her parents, Mr. and Mrs. Pullin.

Mr. and Mrs. Elmo D. Brown and children visited Sunday evening with Mr. and Mrs. G. M. Belknap and Ida of Talbot.

### Camas Folk Visit With Grandparents

MILL CITY—James Poole underwent an operation at the Lebanon hospital recently and is reported to be getting along satisfactorily.

Joy Louise and Jean Popkes, Camas, Wash., are spending the summer vacation here with their grandparents, Mr. and Mrs. W. S. Crockett.

### Grangers News

Home Economics club of Salem grange will meet at the grange hall on D street Monday at 1 o'clock. A no-host luncheon will be served at 4 o'clock and during the afternoon the women will work on convalescent robes.

### Zena News

ZENA—Mrs. Axel Peltio and stepson, Billy, of Bremerton, and Mrs. Ruth Holridge of McMinnville, visited this week at the home of Mr. and Mrs. C. F. Merrick. Mrs. Peltio and Mrs. Merrick are daughters of Mrs. Holridge.

Mrs. Frank Crawford of Zena, and Mrs. L. I. Mickey, instructor at Lincoln grade school assisted with the registration for canning sugar at West Salem.

Mr. and Mrs. Ben McConnell and children, Mary and Ben Jr. are planning to return to Zena from Coquille in the near future. McConnell had the misfortune to break his leg after moving to Coquille last year.

### Shaver Attends State Meeting

WOODBURN—C. R. Shaver attended the state convention of letter carriers Saturday and Sunday at the Imperial hotel in Portland as delegate from the Woodburn branch. Shaver was appointed on the convention city committee. Harmon Garrett was re-elected state president and next year's convention will be held in Tillamook.



# SAFEWAY Homemakers' Guide

NUMBER 47 ★ How to do home work and defense work, too ★ Guaranteed fresh produce ★ Sugar substitutes and how to use them ★ An easy way to find time to play



## How to be a good Volunteer Worker and a good wife, too

Cut out these three quick but nutritious meal suggestions and paste them in your book. They were planned by the Safeway Homemakers' Bureau especially for those days when your W or work makes preparing regular dinners impossible.

### READY IN 20 MINUTES

- Pan-broiled Cubed Steaks smothered with sliced onions
- Heated Shoestring Potatoes
- Sliced Tomato and Lettuce Salad with French Dressing
- Enriched Bread Butter
- Quick Chocolate Pudding with Pour Cream
- Fig Bars
- Coffee, Tea, or Milk

### SPEEDY OVEN DINNER

- Individual Meat Loaves (Bake in custard cups or muffin tins; moderate oven (350° F.) for 30 minutes)
- Scalloped Noodles (prepare ahead, ready to bake)
- Quartered Carrots, Oven-cooked (bake, covered, in small amount water)
- Cabbage Slaw
- Heated Bakery Rolls Butter
- Fresh or Canned Fruit Whip with Custard Sauce
- Coffee, Tea, or Milk

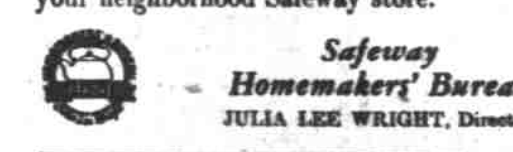
### TWENTY-MINUTE DINNER

Here's a standby one-dish meal. Heat frankfurters and sauerkraut together until bubbling. Mix prepared biscuit flour as for drop biscuits; drop from spoon into boiling krait; cover, and boil 12 minutes without peeking. And you have dumplings with frankfurters and sauerkraut.

Three suggestions that might also be helpful in keeping your husband as well as your Volunteer Office happy are these:

- Plan all your menus and your shopping in advance. Keep a large stock of canned goods always on hand to fill in the gaps.
- Set the table and make everything ready in the kitchen before you leave for your defense duties.
- Prepare such things as meat loaves, macaroni entrees and desserts before you leave.

About Defense-Canning Read how to tie your canning budget in with nutrition and defense in this week's Family Circle Magazine. There's a new issue out every Thursday—and it's free at your neighborhood Safeway store.



## Salads are better every time when you use GUARANTEED-FRESH PRODUCE

Safeway's expert buyers select only the choicest produce—right in the fields, and ship it direct to Safeway to reach you when it's at the peak of its goodness. It's guaranteed to please you—or all your money back without question!

**Lettuce** Solid heads—lowest market price. **Lb. 6c**

**New Peas** Select, local-grown. **Lb. 9 1/2c**

**White Onions** Sweet, white wax. **Lb. 5c**

**New Potatoes** Firm, smooth, U.S. No. 1 White Shafters. **Lb. 4c**

### THERE'S ONLY ONE WAY TO GET FULL VALUE IN ORANGES AND GRAPEFRUIT

... and that's to pick them out yourself and pay by the pound. That's how your Safeway sells not only citrus fruits, but ALL our fruits and vegetables. You simply pick out the exact amount you need, and the weight of your purchase determines the price you pay! Try this new plan — today.

**Grapefruit** Seedless — just segment and serve. **Lb. 5c**

**Oranges** Valencia. Full of juice. **Lb. 6c**

**Lemons** Sunkist — for spring colds. **Lb. 10c**

## STRAWBERRIES

Big, juicy local berries; lowest market prices.

## Save money on these HOME CANNING NEEDS

- MASON JARS, Kerr Pts., Doz. 69c; Qts., doz. 83c
- ECONOMY JARS, Kerr Pints, doz. 79c; Qts. 93c
- MASON JAR CAPS, Kerr, Complete Doz. 21c
- ECONOMY JAR CAPS, Kerr 2 dozen 35c
- CERTO FRUIT PECTIN 3 bottle offer 41c
- PEN JEL PECTIN 2 pkgs. 23c
- SURE JELL, 3-pkg. offer . . . . . 25c
- PAROWAX, for sealing, lb. . . . . 12c
- JELL-E SEALS . . . . . 3 cartons 25c

Van Camp's TENDERONI New! Different! Delicious! 2 pkgs. 19c 1 Pkg. Free

Sun-Maid RAISINS Seedless Nectars 15-oz. Pkg. 9c

Waldorf TOILET TISSUE 4 rolls 19c

## SAFEWAY GUARANTEED MEATS

Selected by experts for flavor and tenderness—every cut guaranteed tender, juicy and good eating—or all your money back. No quibble or fuss.

- Frankfurters **Lb. 25c**
- Bologna **Lb. 27c**
- Luncheon Meats A large assortment to choose from **Lb. 33c**
- Boiling Beef Steer Beef **Lb. 15c**
- Sirloin Steak Top Quality **Lb. 37c**
- Bacon Any Size Piece **Lb. 29c**
- Skinned Hams Morrell's Pride or Cen Pak **Lb. 37c**

## SAVE ON THESE HOUSEHOLD NEEDS

- POSTUM CEREAL Reg. Pkg. 21c
- AIRWAY COFFEE 3-lb. Bag 58c
- V-8 VEG COCKTAIL 46-oz. can 29c
- ORANGE JUICE Exchange, 12-oz. 2 for 19c
- GRAPEFRUIT JUICE Town House 46-oz. 18c
- FLAVOR-AID Drink Mix 3 pkgs. 10c
- BORDEN'S HEMO Pound can 59c
- Brown Derby Beer 2 for 55c
- Date Nut Bread Dromedary 2 cans 25c
- Brer Rabbit Molasses 2 1/2-can—Gold 31c
- BAKING POWDER Calumet 1-lb. can 14c
- Schilling's Spices and Extracts Complete Assortment Lowest Prices

**IVORY SOAP** Medium 4 for 23c Guest Bar 2 for 9c

**CAMAY SOAP** The Soap of beautiful women 2 for 13c

- SU-PURE SOAP 24-oz. 19c 50-oz. 37c
- SOAP CHIPS Crystal White 5 lbs. 39c
- BLUNG Mrs. Stewart's 10-oz. bot. 12c
- GIGARETTES Raleighs carton \$1.23
- DOG FOOD Pal Reg. Pkg. 15c
- SHOPPING BAGS Large size 2c
- TEE NAPKINS 2 pkgs. 15c
- NABISCO BEAN 1-lb. pkg. 19c
- REECE KRISPIES Kellogg's 2 pkgs. 21c
- INSTANT RALSTON Pound Pkg. 20c
- CHEERIOATS Cereal 2 pkgs. 21c

## Buy War Stamps with what you save on these PERRY SAVERS

- MAYONNAISE Nu Made, Pt. 25c 45c Qt.
- MAYONNAISE, Best Food Pint 31c
- SANDWICH SPREAD Lunch Box Pint 25c
- MUSTARD Nalley's Horseradish 9-oz. 9c
- CATSUP Sundown No. 10 can 53c
- PRESERVES Marasca Asst. 2-lb. jar 35c
- PICKLES Heinz Spicy Sweet 14 oz. 23c
- PEANUT BUTTER Beverly 1-lb. jar 21c
- WHOLE BEETS Blue Tag, No. 2 can 2 for 23c
- CORN, Country Home, Cream No. 2 can 12c
- CHEESE Battleground Full Crm, lb. 22c
- CHICKEN SPREAD Penthouse 3 1/2-oz. can 10c
- CHICKEN & NOODLES Penthouse 1-lb. can 12c
- CLAMS, Pioneer or Warrenton No. 1/2 can 19c
- HOT SAUCE Gardenside 8-oz. can 4c
- FRUIT COCKTAIL Sundown No. 1 can 12c
- PEARS, Harper House, No. 1 can 2 for 27c
- OREGON PEARS No. 2 1/2 can 18c
- BABY FOODS Gerbers, 4 1/2-oz. 4 for 25c
- Butter, grade A 1-lb. 25c
- Truce Margarine 2-lb. pkg. 49c
- Margarine Sunny Bank 2 lbs. 33c



## How to use less sugar in making puddings and ice cream

Substitutes for sugar often improve the flavor of puddings and ice creams. For instance: brown sugar, maple sugar, and maple flavored syrup give butterscotch and maple flavors, respectively. For cornstarch puddings (Blanc Manges) use 1/2 substitute and 1/2 granulated sugar called for in the recipe. Mix as usual. Honey should be mild-flavored. Molasses gives a pronounced flavor which you'll either strongly like or dislike. Corn Syrup gives a less sweet pudding than other substitutes. For ice creams: Use the same amount of brown sugar, maple sugar, honey or maple-flavored syrup as the amount of granulated sugar called for in the recipe. (Note: When making the custard base for ice cream made with honey, there's a tendency for the custard to curdle. But the finished ice cream will be tasty and of excellent texture. Molasses and Sorghum give a strong-flavored ice cream and should be used with an equal amount of granulated sugar. Corn Syrup has less sweetening power than sugar, so use 1 1/2 cups corn syrup for each cup sugar. All of these substitutes for sugar are offered by your nearby Safeway store—all low priced every day as is every item at Safeway.

## Fig Bars 2 lbs. 19c

- IVORY FLAKES 23c
- P & G NAPTHA SOAP 4 bars 19c
- IVORY SOAP Large 10c Medium 6c
- DUZ The New Granulated Soap Large 25c Giant 66c
- MIRACLE WHIP Quarts 41c
- Salad Dressing IGA Quarts 39c

## Wheaties 2 for 19c

## CRISCO 3-Lb. Can 73c

## JELL-O 6 Delicious Flavors 7c

## JELL-IT Gelatine Dessert 5c

## Salad Dressing 19c Kraft Cheese 2-lb. brick 59c

## CORN FLAKES 5c

## Radishes, Green Onions 3 bun. 10c White Onions 3 lbs. 10c

## LETTUCE . . . 2 heads 9c

## MEAT DEPARTMENT

- FRYERS 2 to 3-Lb. Average 25c lb.
- MINCE MEAT 10c lb.
- SALT MACKEREL 29c lb.
- Skinned HAMS 29c lb.
- PORK ROASTS 25c lb.
- MINCED HAM 25c

Open Until 8:00 P. M. Every Day Saturday 9 P. M.

**KRUEGER'S KASH & KARRY**

1 Mile East of General Hospital on Center Street

We Reserve the Right to Limit Quantities

### BOB LEARNS A LESSON...THE EASY WAY

LOOK, BOB! HELEN AND I AM COMING DOWN FOR THE WEEKEND. CHOK GET UP—WE'VE GOT TO HURRY. I WANT YOU TO TAKE ME SHOPPING.

ANY NOW, MARGE, ANYTHING BUT THAT. IT TOOKS HOURS LAST TIME AND I'VE GOT A GOLF DATE AT...

HOURS INDEED! YOU COME WITH ME AND I'LL SHOW YOU HOW WE CAN DO ALL OUR SHOPPING IN TEN MINUTES!

THAT'S IMPOSSIBLE AND YOU KNOW IT!

SEE HOW EASY IT IS WHEN YOU DO ALL YOUR SHOPPING AT SAFEWAY. EVERYTHING UNDER ONE ROOF AND EASY TO FIND.

YEAH, AND IT'S SWELL THE WAY THEY DISPLAY THINGS BY PRODUCT INSTEAD OF BY BRAND. CERTAINLY MAKES SHOPPING SIMPLE.

WELL, THAT TAKES CARE OF THE FOOD SITUATION FOR THE WEEKEND. AND I'VE STILL GOT LONGS OF TIME TO GET THE HOUSE IN ORDER.

AND I'VE STILL GOT LOTS OF TIME TO GET TO THE CLUB. YOU SURELY TAUGHT ME A LESSON IN EASY SHOPPING, DEAR.

Let Safeway make your shopping easier, too

See for yourself how much easier your shopping can be when you do it all at Safeway. Everything is arranged for your convenience. And every Safeway store is conveniently located. What's more—you save money on every item, every day at Safeway.

**SAFEWAY**

Prices Subject to Market Changes Otherwise Effective Fri. thru Thurs. June 12-15, Incl.