

Enriched for Your Better Health Defense!

# "Vitamin Enriched" MY-TE-FINE All Purpose FLOUR



49-lb. Sack \$1.49 LIMIT 3 SACKS

Use My-Te-Fine Flour for all your baking — it's uniformly balanced for perfect results... and it's brimful of vitamins and minerals for your better health!

Pancrust Pure Vegetable Shortening, 3-pound can 52c

<b>Crescent Mapleine</b> 2-oz. Bottle 29c	<b>My-Te-Fine 4-Sieve Peas</b> No. 2 Can 11c \$1.29 Dozen Can \$2.49 Cr. 24	<b>My-Te-Fine Mushroom Soup</b> Picnic 8¢ 95¢ Tins 8¢ Doz.
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<b>Vermont Maid Cane and Maple Syrup</b> 26-oz. Bottle 27¢ A flavorful blend or rich syrups for griddle-cake lovers.	<b>Libby's Pineapple</b> Crushed—Tidbits—Long Slices 3 12-oz. Cans 27c \$1.08 Dozen	<b>Pillsbury Buckwheat Pancake Flour</b> 2 1/2-lb. Pkg. 21c
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**VALE BARTLETT PEARS**, firm, luscious halves, 2 1/2s, 2 for 29c  
**MY-TE-FINE VEGETABLE JUICE COCKTAIL**, 10-oz. tin, 8c, 2/15c  
**DAN-DEE TINY COCKTAIL SHRIMP**, pink, tender, pic., 2 for 27c  
**MY-TE-FINE PURE APPLE JUICE**, 12-oz., 8c, 2 for 15c, 85c doz.  
**NUBORA GRANULATED SOAP**, all-purpose, giant size, 49c  
**Dromedary CITRON, LEMON, ORANGE PEEL**, 3-oz. cans, 3 for 25c  
**MY-TE-FINE PURE VANILLA**, won't bake out, 4-oz. bottle, 47c  
**MY-TE-FINE STUFFED GREEN OLIVES**, 3-oz. jars, 18c, 2 for 35c  
**FRED MEYER GREEN- or YELLOW SPLIT PEAS**, 2-lb. cello. pk. 19c  
**FRED MEYER PREPARED BREAD DRESSING**, 1-lb. cello. pkg. 23c  
**FRENCH'S HASTY TAPIOCA**, quick-cooking, 8-oz., 8c, 2 for 15c  
**Minnesota Wild Rice**, 9-oz. pkg. 39c

**Fred Meyer Kitchen Fresh Mayonnaise**  
Bulk Qt. 39c  
Bulk Pint 23c  
Smooth spicy mayonnaise mild or tart, made with fresh lemon juice!

**Enriched Peanut Butter Honey Crunch**  
Peanut butter, honey and peanut chunks! 2 33c

**Fresh Whipt Peanut Butter**  
2 lb. 27c  
Cider Vinegar, 19c bulk gallon, plus deposit.  
My-Te-Fine Mince Meat, 2 lb. 29c  
Dan-Dee Mince Meat, 2 lb. 25c  
Garnishing Cherries, bulk pint 35c  
100% Pure Vegetable Oil, bulk gal. \$1.34, plus dep.

**Fred Meyer Salad Dressing**  
Bulk 31c Bulk Pint 19c  
Delicatessen Section

**Crystal White Laundry Soap**  
10 Large Bars 39c

**Palmolive Toilet Soap**  
6 Large Bars 49c

**Add Variety to Your LUNCH BOXES**

Dan-Dee Wax Paper, 125-ft. roll, 11c  
My-Te-Fine Med. Ripe Olives, 1's, 2/25c, \$1.45 Dz.  
My-Te-Fine Potato Chips, 15c size, 11c  
Heinz Pork & Tomato Beans, 18-oz., 11c, 6 for 65c  
Libby's Deviled Ham, 1/2's, 17c, 3 for 50c  
Armour's Liver Spread, 1/4's, 10c  
Fred Meyer Salad Dressing, quart jars, 32c

**FREE! 10c Pkg. Snowflake Crackers**  
With Purchase 1 lb. MAMMOTH CHEDDAR CHEESE  
43c Value, 33c All for

Rich, whole milk cheese, fine for sandwiches or table use. Get this double bargain!

Tillamook Trip Cheese, delicate flavor, 33c lb.  
Point-of-Chesse, Swiss, Standard, Pimiento, 2 pkgs. 27c  
My-Te-Fine Cottage Cheese, creamy, 2 lbs. 25c  
Montroy Jack Cheese, very mild, 33c lb.

Kampfer's Sugar Cured "Hi-Grade" **HAM** By the Piece **Lb. 29c**

Loin Pork **CHOPS** Ea. 5c Fresh Pacific **OYSTERS** 25c Pt.

**SWIFT'S PREMIUM BACON**, 1/2 lb. . . . 19c

Skinless No-Jax	Armour's Star	Link Sausage
Wieners lb. 23c	LARD 2-lb. Pkg. 29c	"Little Pigs" Lb. 29c

**Side BACON** Sugar Cured, lb. 23c

"T-Bone" STEAK Lb. 35c	Choice Baby BEEF	Loin Cut STEAK Lb. 29c
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**Kampfer's "BETTER MEATS" Kampfer's**

**Walnut Meats**  
Light and Light Amber  
Bring Them to Fred Meyer

**Delightfully New Flavor! Ripple Ice Cream**  
A new, natural cherry fruit rippled into vanilla brick. Not marshmallow, but a delightful new flavor!  
25c  
Quart  
Packed in Frostaire Free!

**5th Avenue Cherry Ripple Log Roll** 29c  
Delightful Cherry Ripple in a log roll coated with cashew nuts.  
Fred Meyer Ice Cream Section

**The Ideal Halloween Gift**  
**Fifth Ave. Miniature Chocolates**  
2-lb. \$1.25 Box

Full assortment of hand-dipped creams, chews, fruits, nuts, and chips, with Halloween band.

**Coconut Croquettes**, 1/2 lb. 12c; 23c lb.  
Delicious, creamy, assorted flavored centers, dipped in chocolate and rolled in shredded coconut. Really delightful!

**Assorted Wrapped "Fruit and Button"**, 1/2 lb. 9c; 17c lb.  
Pure fruit and butter flavors, each piece individually wrapped. Keep these on hand to treat the kids!

**Halloween Candies and Novelties**  
Cat-On-Fence Lanterns, 35c each  
Filled with orange and black nougat chews, Amos 'n' Andy pops.  
Pumpkin Wooden Carts, 49c each  
Sturdy wooden carts filled with Halloween chews and novelties.

**Party Favors**  
Hand-Made Gum Drop Novelties, 10c each  
Chocolate Owls, Witches, Pumpkins, 5c and 10c each  
Orange & Black Pops, cello wrapped, box of 120, \$1.00

**Bulk Candies**  
Candy Buttercream Corn 15c Lb.  
Orange and Black Midgets  
Orange and Black Gum Drops  
Orange and Black Jelly Beans

Buttercream Ears of Corn  
Buttercream Witchcraft Mix  
Trick or Treat Bridge Mix  
Gold Oatmeal Box 5th Ave. Min. Chocolates, \$1.25 & 65c  
Candy Bars, Gum, Life Savers, 5c, 3 for 10c, 75c box 24

**Fresh Crisp Salad Vegetables**

**Fresh Firm Heads Lettuce**  
2 heads 9c

**Green Onions**  
Tasty by Themselves or in Salads  
3 Bunches for 10c

**Red Radishes**  
Tangy Crisp  
2 Bunches for 5c

**NEW! See All! Holds All! Plastic "FULL PACK" Cigarette Case**  
\$1.50

Brilliant transparent plastic cigarette case—holds 20 cigarettes without squashing... yet it's thin to fit your pocket. You'll be proud to carry this smart, convenient and very attractive case!

Plastic Cigarette Case, holds 10, 98c

New—Different Mild—Friendly—Mellow  
**Three Squires Pipe Mixture**  
13c 2-ounce Cigaretter 75c 16-ounce Cigaretter \$1.50

At All Fred Meyer Tobacco Section

**Stock Up Your Spice Cupboard Today!**

**2 lbs. My-Te-Fine Salt** FLAIN OR IODIZED  
**4-oz. French's BLACK PEPPER**

Pure, fine-grained, free-running salt... Pungent, aromatic, easy-sifting black pepper! Keep a full supply of these top-quality kitchen necessities.

7c Each Both for 13c

**Fred Meyer FOR thrifty BUYERS LOCALLY OWNED-OPERATED**  
Food Bldg. - 170 N. Liberty St.

**Over 1500 Tested Recipes! \$2.50 Greater American COOK BOOK**  
For \$1.39 & Five My-Te-Fine Labels

Really 10 cookbooks in one—the best of 41 popular, magnificent color illustrations.

## Columbus Circle Features Mary, The Canary, Al the Atheist, Others in Open Air Forum

NEW YORK—Al the Athiest, Mary the Canary and Pork-chops the Bum were there, as well as eight or nine other spiliers and shouters, and the jumble of voices was terrific.

"Now, nothin' unusual," said the cop on the beat, "Just the regular Sunday night crowd."

Sunday night is the big night at Columbus Circle, at the foot of Central Park and in the shadow of some of New York's ritziest apartment houses. For eight years since LaGuardia became mayor, it's been the place where a guy can stand up and speak his piece, be it religion, politics or a hodge-podge of nothing much at all.

"All whacks," the cop confided and pointed out the wagging heads. Each speaker harangued his listeners from a stool. About 400 people stood about, listening to them.

There was Al the Athiest, next to him a man urging distribution of wealth, a few feet away a young man repeating solemnly over and over that "I am for President Roosevelt 100 per cent; whether he smokes a cigar or a cigarette, what do I care? I am for President Roosevelt more than 100 per cent!" On around the circle.

"Some of them are pretty fair speakers at that," our officer friend conceded, calling our attention to a pro-war speaker. His was the circle's largest crowd and his listeners, hanging on every word, politely gave him the applause he stopped for now and then.

"That guy will sell maybe 10 bucks worth of pamphlets at the end of his hour or so of talkin'. Couple other guys that take turns with him ain't good for much more than two-fifty, maybe three," comments the bluecoat.

Suddenly, just a few feet away, a grey-haired little woman mounted her portable platform and screamed:

"God bless our Lindy; God bless our Senator Wheee-e-e-lah!"

Large sections of the pro-war speaker's crowd wandered over toward the old lady. Anti-war speeches mean more arguments, more heckling, more entertainment.

"Watch this," said the cop. "Watch how these guys work."

Five or six men, standing by at one side, quietly talking, moved into the fast dwindling pro-war speaker's crowd. Quiet snickers at the speaker's attempts at wit suddenly turned to loud guffaws. Emphatic denunciations of Hitler which had been drawing good applause got mighty cheers, now—led by the five or six stooges.

"The crowd which had left to listen to the old lady came back to investigate this sudden burst of noise."

"Now, you oughta get a load of that Porkchops," the cop advised and we walked over to the group he designated.

In the center, standing on the standard platform, but still not high enough to get his head above the crowd, a ragged little man, eyes half shut but still twinkling, ranted good-naturedly.

"Did I ask to be born? Did I have anything to do with it? Why should I work to keep myself?"

"You elect the city hobo ticket in the fall and things will be as they should be; a three-hour day, three meals on the job, a three-day week and six months' vacation, steam heated park benches and a glass roof for Columbia Circle so we can have winter meetings."

"That's all tonight. Tomorrow night my subject: 'Mental Rheumatism!'"

And then his hat was off and he was collecting pennies, nickels, a dime or so and an infrequent quarter. Walking away he passed a silent, forlorn figure, then turned back:

"You eaten today? No? C'mon."

They walked off together towards a cafeteria and the hands of the big clock doubled up at five to eleven.

There was a sudden noise like a miniature calloppo that didn't have quite enough steam, and words of the national anthem.

"That," said the cop, and grim-

## Oddities ... in the News

**CALUMET CITY, Ill. (P)—** Anthony Kwashy, 22, of East Chicago, Ind., will aid national defense for violating a traffic ordinance.

Judge Frank L. Kaminsky ordered Kwashy to purchase \$10 in defense stamps instead of paying a fine for running a stop light.

**MEMPHIS, Tenn. (P)—** A Memphis bank introduced left-handed checkbooks to its outpaw patrons.

The stub is on the right side of the check, so the harried left-hander won't have to cross hands in order to hold other stubs out of the way while he fills in one.

Officials said two or three other banks in the United States use the left-handed books.

**FAIR OAKS, NC. (P)—** H. P. Honeycutt, sr., kept missing minnows from his pool. He investigated. His hens, not content to wait until the minnows came close to the edge, were wading in and eating them.

**MARTINSBURG, W. V. (P)—** Trammell Hollis, sr., a garage-man, suffered concussion, cuts and bruises when the brakes of his car failed to hold, and he crashed into another auto.

So he published this newspaper advertisement:

"Take my advice — have your brakes adjusted at once!"

"I know whereof I speak."

"Trammell Hollis."

"Present address — city hospital."

**CAREY, Idaho (P)—** Oliver O. Eldridge of Carey had a good job as a guard keeping fishermen and visitors away from Little Wood river dam to prevent possible sabotage. He was out of the job and minus \$25 besides.

Eldridge couldn't resist the urge to dip a line himself. He was fined \$25 for fishing in closed waters.

**SPOKANE, Wash. (P)—** School district No. 63 knew today how King Midas felt.

Joseph Ulowetz, district clerk, asked the Spokane county commissioners to eliminate the district's \$ mill tax levy because "we've got plenty of money in the treasury."

Startled, the commissioners suggested the school board use the taxes to build up a reserve fund.

"We don't need a reserve fund," pleaded Ulowetz, "we've never been in the red. Our library is full of books; everything is in good shape."

A commissioner suggested cutting the levy to 2 mills and Ulowetz repeated the money wasn't needed or wanted. The commissioners voted to cut the levy to 1 mill.

Ulowetz gave up.

**CEDAR FALLS, Iowa (P)—** Mayor C. N. McHugh of Cedar Falls didn't go without his favorite shave when a strike of municipal light plant employes shut off current to his home.

He just took his electric razor to another part of town where service was still functioning.

**Chocolate Supreme Cake**  
Moist and Fluffy... Covered With Almonds

Serve this delicious cake tonight—it's a treat your family will really enjoy. Moist, fluffy marble cake, thickly iced and covered with sliced almonds. Made with 5th Avenue butter, finest eggs and cake flour. Serves 10 to 12 generous portions.

2-Layer Round **43c**

**Fig-Filled Coffee Cakes, 10c Each**  
For Sunday breakfast—rich coffee cake topped with fig jam and vanilla icing!

**Wheat Germ Bread, 10c Loaf**  
Fluffy white bread with wheat germ added—brimful of vitamins B and G.

Fred Meyer Bakery Section