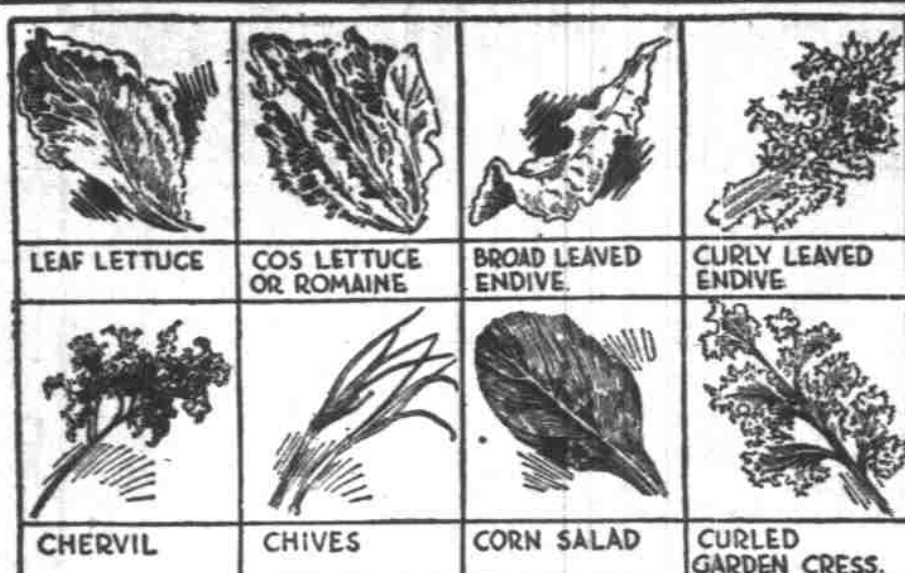




Green Salad Leaves Grown in Even Small Backyard City Gardens

Gourmets and doctors have a way of agreeing these days, and the chefs who really know join them in some of the modern ideas.

Bowl salad, which the gourmet of the gay nineties insisted on mixing at the table and great chefs always included as an indispensable part of a perfect menu, is enjoying a revival. It's playing a new role, and now even the doctors prescribe it as a good source of vitamins, especially A.

And there is another point in which all will agree. For years leading chefs have insisted on cos or leaf lettuce rather than the pale headed kind for mixing their salads. Green is an indication of the presence of vitamin A, the doctors say. The gourmet agrees that this is the only type which gives full justice to a carefully blended dressing.

A most interesting variety of green bowl salad may be grown in the back yard, assuring a fine selection throughout the summer and fall.

To begin this there are the leaf and cos lettuce. Leaf lettuce is for early summer, maturing enough to eat in 30 days. Cos lettuce, called romaine by the chefs, is fully mature in 60 days and stands hot weather better than the leaf type.

Endive comes next, in two types, broad and curly leaved. Both have distinctive flavor, both stand hot weather and mature in 70 days. They also stand

frost, often having a milder flavor when touched by cold. A late sowing therefore is practical.

Corn salad and curled garden cress are spicy and thrive in an ordinary garden. Watercress, while an excellent salad green, must be kept constantly wet, hence the necessity for a fresh water supply.

Chervil somewhat resembles parsley but is considered superior in flavor. It germinates slowly, but is fine once it gets started. A good system is to mix it with radish seed to mark the rows.

Another versatile vegetable is the chive, which grows easily from seed, or may be bought at the grocery store in a clump. It is an excellent border plant because of the pretty lavender bloom and makes fine flavor in salads or in soups.

It is wise to make at least two sowings of leaf vegetables, one in the spring and another later, to assure plenty of greens up to frost, and some even after.

Today's Menu

Jellied grapefruit will make a fine salad to begin the meal tonight.

Jellied grapefruit salad
Stuffed cabbage with corned beef
Buttered asparagus
Bananas with boiled custard
Fig whole wheat cookies

Cut the head off a medium sized cabbage and scoop some out of the center. Steam upside down until the head looks partially wilted. Stuff center with a mixture of cooked corned beef (might use canned), cooked rice or potato or breadcrumbs, and season with grated onion. Moisten with egg or other liquid. Wrap in cheesecloth and steam for about an hour.

FIG WHOLEWHEAT COOKIES

1½ cups dried figs
½ cup shortening
1½ cups brown sugar
2 eggs
¼ cup milk
1 cup white flour
1½ cups wholewheat flour
4 teaspoons baking powder
½ teaspoon salt
1 teaspoon cinnamon
1 teaspoon lemon extract
Rinse figs, drain, clip stem ends and chop fine. Cream shortening with sugar and add beaten eggs. Add milk and wholewheat flour alternately, then add white flour sifted with baking powder, salt and cinnamon. Mix well, add lemon extract, figs and blend thoroughly. Drop on greased baking pan and bake about 12 minutes in a hot oven (400 degrees).

SWEGLÉ — On April 25 at the home of her parents on Garden Road, marriage vows were exchanged uniting June Porter and Robert McCallister of Pratum. The bride's dress was of dusty rose print and her bouquet of deep pink roses. There were no attendants. The bride's father, Rev. Frank Porter, performed the ceremony before relatives and a few intimate friends. They are now at home on a farm on route four.

SILVERTON — The Junior Women's club has set May 23 as the date for its annual spring semi-formal dance at Hazel Green. No invitations are to be issued this year. In charge are Irish Thorkildson and Mrs. Don Keunzi, chairman.

Tiger Kin



Mme. Clemenceau and son
Kin of the late Georges Clemenceau, France's World War premier, Mme. Pierre E. Clemenceau and her son Paul are shown in New York following arrival from Europe via Clipper plane. Mme. Clemenceau is the wife of the son of the late "Tiger" of France.

Boy Scouts Stage Meet

Annual Camporee of Cascade Council Set at Silverton

SILVERTON—Silverton will be host to the annual camporee of the Cascade area council, Boy Scouts of America, May 16 to 18. The camporee will be held in the city park. A year ago it was held at Stayton. Contests in scoutcraft will be judged in two divisions: camp craft according to standard and field competition for placing among patrols.

SILVERTON—Hundreds of friends attended the rites Sunday at the Ekman Funeral home for O. Henry Ekman, father of Ernest Ekman, local mortician, and of Edward Ekman, Silverton and Gilchrist. Concluding services were held at the Portland crematorium.

Rev. J. M. Jensen officiated and Mrs. W. P. Scarth was soloist, with Mrs. Arthur Dahl at the organ. Pallbearers were George Hubbs, I. L. Steward, M. G. Cooley, H. B. Latham, John Hoblitt and H. N. Klev.

Ekman was born in Sweden, August 2, 1856, and came to the United States about 60 years ago. His wife died 45 years ago. Much of the past 25 years was spent at Silverton with his son.

During the past two years he had divided his time between Ernest and Edward.

He maintained his connection with the bank at Minneapolis until 1933, however, retiring at that time. A brother at Rochester, Minn., is the only other survivor.

SILVERTON—The first strawberry shortcake festival announced for the year is that planned by the Junior Women's guild at Immanuel church. The affair has been set for May 1.

A program is being arranged by Mrs. Melvin Saturn, Mrs. Jonas Byberg and Mrs. Max Holland.

SILVERTON—Scores of visitors called at the Cooley gardens at Silverton Sunday. The lilacs are just fading with only late ones still in bloom.

Azaleas and rhododendrons are very good now, and the irises, which have brought the garden such wide fame, are just coming into bloom. Early May will see the irises at their best.

SILVERTON—Tryphena Rebekah lodge, No. 38, is making plans for its social meeting to be held May 8.

The committee in charge of the supper is composed of Mrs. Clay Allen, Mrs. George Busch, Mrs. Roscoe Langley, Mrs. Mary Andrews and Miss Helvie Silver.

The kitchen committee is made up of Mrs. John Porter, Mrs. E. S. Porter and Mrs. Jack Riches. In charge of the program will be Mrs. Ernest Kleeman, Mrs. I. L. Stewart and Mrs. R. B. Renwick.

Home Economics Club to Meet

SILVERTON—The Silverton Hills Home Economics club will meet Thursday afternoon with Mrs. J. H. Maulding.

Clifford Tschantz, three-year-old son of Mr. and Mrs. Virgil Tschantz is reported improving after an ear operation at a Salem hospital.

The Silverton amateur entertainers gave the program at the Silverton Hills grange meeting Friday.

Boat Building Keeps Unionvale Man Busy, Started as Hobby

UNIONVALE—Boat building at the George Antrim farm in the Unionvale district is interesting.

Mr. Antrim was born in the Wheatland district in 1886 and before he was 19 years of age he began to build boats as an amateur. For many years he was a farmer but the last 20 years he has been a professional boat builder. His business is carried on at his home near the Grand Island bridge. He has an order for three boats from a man at Astoria, one of which is completed and rest for display on his front porch.

It is of seasoned spruce and plywood. Some of his boats are as much as 16 feet in length with four feet beam.

Church Group Meets

ZENA—The Spring Valley Home Missionary society will be entertained at the home of Mrs. S. D. Crawford Thursday at 2 o'clock. Co-hostesses will be Mrs. Elwood Cooper, Mrs. Ben McKinney and Mrs. John Childers.

Grangers' News

NORTH HOWELL — North Howell Grange Home Economics club will meet at the grange hall on Thursday, with Mrs. Robert Beer and Mrs. Wayne Strachan as hostesses. Mrs. K. D. Coomer and Mrs. W. M. Oddie have charge of the afternoon program.

Valley Events

April 30—Corn Growers meet, chamber of commerce, 2 p.m.
May 10—Memorial lamb show.
May 15—Nut Growers' meet, Lebanon.
May 24—Silo fat lamb show.
June 7—Marion County fair and show at Tatum.

Jiffy Knit Smart Jacket for Summer Suggests Laura Wheeler



Here's a jacket you'll want to wear spring, summer and fall—a smart stand-by—and it's a jiffy knit! Begin it now. Pattern 2827 contains directions for making jacket in sizes 16-18 and 38-40; illustrations of it and stitches; materials required.

Club Sponsors Bean Festival At Stayton

STAYTON—The Lions club decided to sponsor a bean festival. The president of the Lions club, Gilbert Schachtsick, will select a committee to plan the event, in cooperation with other civic groups.

L. H. Wright and R. G. Wood were elected delegates to the state convention of Lions in Baker, June 15, 16 and 17. Calvin Hughes was chosen as the youth club will sponsor at the annual Beaver state, which will be in Corvallis.

STAYTON—After a shutdown of six weeks the Paris Woolen mill started operation last Monday morning. The illness of R. D. Paris, owner of the mill, caused the shutdown. Mr. Paris is now able to sit up in a wheel chair in a Salem hospital.

STAYTON—Waldo Miller, Portland, was the guest speaker at the meeting of the Townsend club in the city hall Tuesday. Miller substituted for Mr. Wettersman, national representative, who was absent.

Delegates were chosen to the Townsend congressional district convention in McMinnville Sunday. Delegates are J. H. Henderson, George Glover and Ben Chamberlain, and the president, Mrs. Ben Chamberlain, and alternates, Wes Riggs and J. W. Weisenburg.

STAYTON—Mrs. F. F. Foster gave the WSCS silver tea at her home Thursday. Mrs. Ross Hughes and daughter, Miss Ruby Hughes assisted the hostess.

During the afternoon, Mrs. Charles Morgan presented a reading; Mrs. D. George Cole sang, accompanied by Mrs. H. A. Beauchamp.

Mrs. Earl Miller, president, announced that the WSCS will sponsor a Mother-Daughter banquet May 7.

Present were Mrs. Lawrence Lierman and Letha May, Mrs. T. O. Adams, Mrs. Charles Stowell, Mrs. Earl Miller, Rev. and Mrs. W. J. Hamilton, Mrs. Lena Silhavy, Mrs. Ida Nipple, Mrs. W. J. Wright, Mrs. E. L. Church, Mrs. Susan Gunsauls, Mrs. Alex Harold, Mrs. H. A. Beauchamp,

Pupils Billed For Program

Willamette Speakers Appear at Dallas High School

DALLAS—A group of students from the speech department, Willamette university, will present a program at the assembly period at Dallas high school Wednesday.

This is the fourth and last in a series of programs presented by students from the speech departments of several Oregon colleges.

Taking part in the program Wednesday will be Miss Marjorie Waters, who won the championship in oratory at a recent tournament in which college students from seven western states competed. Miss Waters is a graduate of Dallas high school.

DALLAS—At a meeting of Jennings lodge No. 9, AF&AM, Friday, E. V. Dalton was presented a 50-year veteran's jewel. The presentation was made by his son, Maurice Dalton, who has been a member of the Masonic lodge at Dallas for 26 years.

E. V. Dalton became a Mason on November 24, 1888, when he was initiated into the Tuscan lodge, No. 6, at Bartow, Fla. He transferred to Lyons lodge, No. 29, at Independence on February 25, 1893, and became a member of the local Masonic lodge in 1905.

Teachers Elected

CLOVERDALE—The school board elected the following teachers: Mrs. Gayette Barnett, primary, and Mrs. Emerson for the upper grades.

North Howell Pupils Prepare For Track Meet, Graduation

NORTH HOWELL — Having brought home first place in the "C" division for the past two years, North Howell pupils are hoping to do the same this year when the annual county track meet is held on May 2.

May 8 has been set aside for the local observance of Music week at the North Howell school. This arrangement was so well liked last year that it was decided to repeat the order and include everyone in the community.

Eighth grade graduation exercises are May 14. Jack Kennedy, rural school supervisor, will be the speaker.

Graduates are Doris Steichlick, Pauline Neilson, Robert and Ronald Schmidt and John Earls. Among the North Howell grad-

Senior Class Slates Play

MILL CITY—The senior class of the Mill City high school will present a three-act comedy, "Mama's Baby Boy," May 13.

The cast is composed of Velma Syverson, James Day, Darrell Schroeder, Lois Wilson, Dorothy Ayers, Eddie Morvae, Ruby Downing, Cleo Crabtree, Dorothy Mason, Verna Caraway, and Bell Surry. It is under the direction of Miss Dick.

On the stage crew are Andy Lilac, Frank Fencil and Harry Bethel.

A fire in the attic of the residence of James Swan Friday morning was quickly extinguished by the Mill City fire department. The Mill City Light & Water company is preparing to install new and larger water mains.

Fox Valley News

FOX VALLEY—Mr. and Mrs. Frank Berry of Salem were visitors at the homes of Mr. and Mrs. Jack Johnston and Mrs. Daisy Johnston.

The George Berry family has leased the George Clippell farm home.

Mrs. Jack Johnston fractured a bone in her left wrist recently while cutting wood. The bone was out of place at the joint also. She expects to have it in splints for two weeks or longer.

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Pullovers . . . Cardigans . . . "Sloppy Joe's" . . . in Shetland, Hilly Knits and Zephyr Knits . . . all colors . . . Values to \$1.99. While they last . . . **88c**

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