

For Greater Menu Variety—for More Economical Meals!

# Fred Meyer SPAGHETTI or MACARONI



- ★ Cut Spaghetti
- ★ Cut Macaroni
- ★ Large Cut Macaroni
- ★ Sea Shell Macaroni

## 2 lbs. 19¢

Today serve an economical meal, made just right for your Lenten menu . . . spaghetti or macaroni with cheese and tomato sauce. Ummm . . . it's delicious . . . and a dish the whole family will like. Fred Meyer Spaghetti or Macaroni cooks up firm and plump . . . no soggy appearance or taste. It's made from wholesome ingredients . . . packed in sanitary cellophane bags.

My-Te-Fine Tom. Hot Sauce 4-oz. tin 4c; 6-23c  
Kraft Grated Amer. Cheese, 4-oz. carton 16c

Prices Effective Friday Thru Monday



Fisher's Blend Flour

49-lb. Sack \$1.29

Lux Soap

3 Bars 15c

The soap of beautiful women. Ideal for your complexion . . . leaves skin fresh and relaxed.



Libby's Garden Sugar Peas or Cream Style Corn

No. 2 12c 6 for 69c can \$1.35 dz.

Tender, sweet, garden-fresh peas all ready to heat and serve as your main dinner vegetable. Small . . . sweet as sugar peas that are ideal, too, for Spring salads.

Wheaties

The Breakfast Food for Champions

2 pkgs. 17¢ Limit

Grapenuts

The Crunchy Breakfast Food

3 pkgs. 25¢ Limit

Softasilk

Cake Flour

For Fluffy Cakes

Pkg. 18¢

2 for 35c — Limit

Triple Fresh My-Te-Fine COFFEE

\* Roasted Fresh Daily  
\* Deliv. FRESH Daily  
\* Ground FRESH Daily

## 19¢ lb.

2 Lbs. 37¢



Sip a cup of My-Te-Fine Coffee . . . notice the distinctive flavor . . . it's grand aroma. My-Te-Fine is a blend of the world's finest coffee beans . . . roasted fresh every day!

Dan-Dee COFFEE  
A milder blend of 11¢ coffee packed in glass-line bags for extra freshness.

13¢ lb.  
2 lbs. 25c

Fifth Avenue COFFEE

One of the finest coffees 1-lb. 23¢  
Packed in reusable glass jar 2 lbs. 45c

My-Te-Fine Orange Pekoe Tea 1/2 lb. 33c 1 lb. 55c  
100 Count Tea Bags 69c

Nestle's Semi Sweet Chocolate



2 7-oz. Pkgs. 25¢

Your choice of either Nestle's scored bars or Nestle's bit chocolates for making those delicious Toll House Cookies. Try them . . . the recipe is on the back of each package.



Pard Dog Light 15c with purchase  
Pard Dog Food

3 No. 1 Cans 25¢ 95c dozen

Swift's finest Dog Food . . . made from finest quality meats and vegetables. Buy Pard and get this safety light for your dog's collar.



Old Dutch Cleanser

2 for 13¢

Old Dutch chases dirt! Cleans and scours pots and pans shiny bright . . . ideal for porcelain. Enter Old Dutch's Nash can contest! Ask for entry blanks at any Fred Meyer Grocery Section.



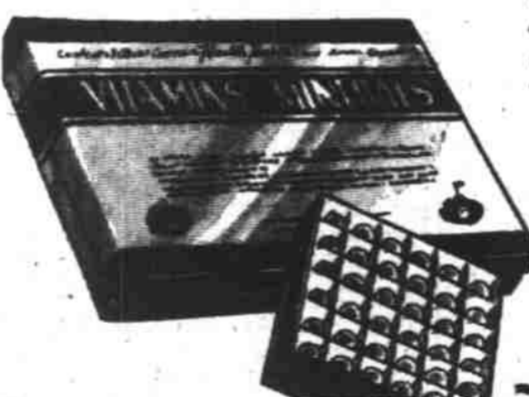
Boraxo

Boraxo is made especially for dirty hands. Cuts grease and dirt in just a jiffy. Leaves your hands smooth, soft and white. Ideal mechanics soap.

12¢

20 Mule Team Borax Soap Chips, large 21c  
20 Mule Team Pure Borax, 2-pound package 23c

Health House Vitamins and Minerals



36-Day \$2.75 Supply 2

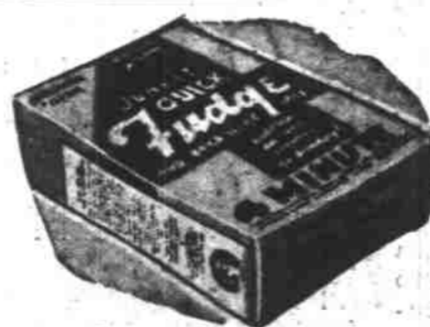
Take two little capsules a day. One oval capsule which contains the multiple vitamins A, B, C, D and G and one round which contains iron calcium and others.

All Grocery Sections

Gravy Master

3-oz. Bottles 25¢

Add a little Gravy Master to your gravy . . . you'll like the added flavor it imparts . . . and the tempting rich brown colors it gives your gravies.



Junket Quick Fudge

2 12-oz. Pkgs. 29¢

Make tempting chocolate fudge in just a jiffy with Junket. Follow the simple directions on each package.



"Vitamin Enriched" for Extra Health Benefits

My-Te-Fine Sliced Bread

1 1/2-lb. 13c  
Loaf 2 for 25c

Contains 3 essential vitamins for better health . . . tastes and looks like ordinary white bread. Baked with a tempting golden brown crust. Serve My-Te-Fine white bread every day.

My-Te-Fine Cracked Wheat Bread, 1-pound loaf 10c

Fred Meyer Bakery Section

# Fred Meyer

FOR thrifty BUYERS  
LOCALLY OWNED and OPERATED

Food Bldg — 170 N. LIBERTY

See Aunt Jemima IN PERSON  
Saturday - One Day Only!  
March 21st



AN PANCAKE DAYS IS HAPPY DAYS

AUNT JEMIMA READY-MIX FOR PANCAKES  
20 oz. 14c  
40 oz. 25c

AUNT JEMIMA READY-MIX FOR PANCAKES  
20 oz. 11c  
40 oz. 21c

My-Te-Fine Cane and Maple Syrup Qts. 29c Pts. 17c



Fluffy, Creamy

Black Walnut Angelfood Cake

Serve this tender, moist delicious cake for dessert tonight . . . you'll like the delicate flavor of the black walnuts . . . just enough added to make it a real taste thrill for your family. Made with fresh egg whites and finest cake flour. Iced with butter cream.

8 to 10 Serves 39¢

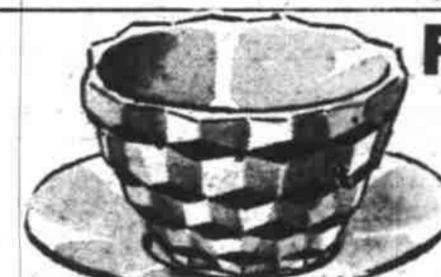
Large Round Angel Food Cakes, serves 14 to 16, 53c

Honey Crunch Coffee Cake

Make those weekday breakfasts a satisfying meal for your family. Serve them a Honey Crunch Coffee Cake . . . made with lots of Fifth Avenue butter and poured with delectable honey.

15¢

Fred Meyer Grocery Section



FREE GLASS PRESERVE SET

With Purchase 2-lb.

Orange Marmalade

2 Bulk Pounds 29¢

You'll want to have this crystal glass preserve set for your breakfast or luncheon table. Get yours with orange marmalade . . . perfect with toast.

Fred Meyer Mild or Tart Mayonnaise, bulk quart 31c  
Fred Meyer 1000 Island Dressing, bulk pint 20c  
Fred Meyer Slendol, with lemon juice, quart 39c  
Fred Meyer Fresh Apple Butter, bulk 2 pounds 15c  
100% Pure Vegetable Oil, quart bottle 25c; plus deposit  
Enriched Peanut Butter Honey Crunch 2 pounds 29c

Fred Meyer Delicatessen Section

Staley's Corn or Cube Gloss Starch  
1-lb. 8c 2 lbs. 15c

Crescent Mapleine  
2-Oz. Bottle 27¢

Clapp's Ass't'd Baby Foods



3 4 1/2-oz. Tins 19¢  
75c Dozen

Clapp's foods are strained several times to take out all fibrous particles. They're smooth, easily digestible . . . nourishing for your baby.

Clapp's Assorted Chopped Foods, 7 1/2-oz. tins 3 for 25c; 95c doz.

You Can Make Flaky Pastries and Fluffy Cakes With New

# PANCRUST SHORTENING

CRISCO, SNOWDRIFT FORMAY and SPRY

## 3 Lb. Can 37¢

Limit



You'll like this rich, creamier shortening. It's made from 100 per cent pure vegetable oils . . . practically assures you of perfect baking results every time. Ideal for frying, too. Try it today . . . you'll like Pancrust!

All Fred Meyer Grocery Sections