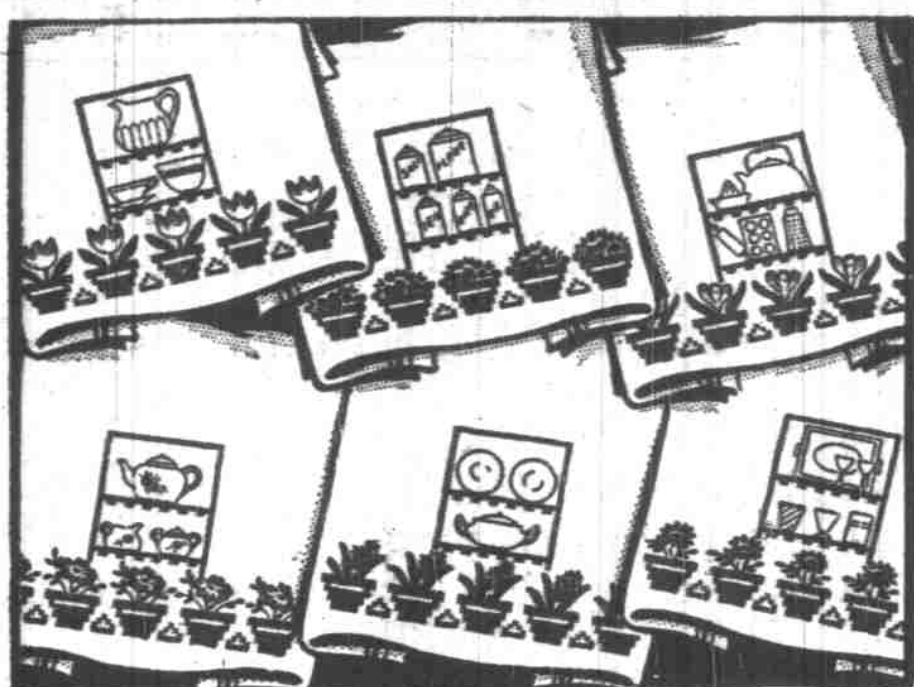


Follow the Rules for Beauty

Many times those women who make a business of teaching others to be beautiful, give plenty of hints that might well be taken seriously by you and I. One of the world's most publicized beauty experts is Helena Rubinstein, who tells us how it's done. Here are her ten commandments of beauty: Restore yourself to normal weight. If overweight, reduce. If underweight, build up to normal for height and age, by eating the right quantity of food with plenty of fruit and vegetable juices. Learn to walk easily and gracefully. To sit-down naturally, to stand as if relaxed; to take postures that have charm and ease of manner. Relax completely while resting or sleeping, so the mind and body are in repose. Learning to relax is a mental achievement and can be accomplished if you try. Find the most effective and most becoming ways of fixing face and hair, and do both thoroughly each time you dress or make up. The rest of the time, have the courage to let your face and hair alone. Spend 10 minutes daily on simple skin care and you will always have a lovely, youthful skin. Remember that one ounce of prevention is worth ten pounds of cure in beauty. Don't go to bed at night with your make up on. The two essentials in beauty for every woman and every age are: Cleansing and lubricating. Give the body a straight spine; a raised bust; a flat abdomen; squared shoulders; a proud neckline; and a slender proportion—all obtainable with exercise which stretch and mold the figure into better contours. Make a fetish of femininity; of cleanliness and daintiness, because that is one of women's most important functions in life since time immemorial. Styles may come and go, but women will always stand for femininity and daintiness. Cultivate a soft, pleasing voice and beautiful features. Many a beautiful woman becomes ugly the moment she speaks. If her voice jars the ears, then she is a disappointment, for a lovely woman must appeal to all the senses. Be polite and courteous whether at home or at work. Nothing carves wrinkles and droopy lines in the face faster than sulky, cross expressions. Bossy attitudes soon give the mouth a mean, tight look. Radiate sex appeal. At age 6 or 60, and all between ages, women either have a magnetic charm that draws people—especially men—toward them, or they haven't. If not, it can be acquired with an understanding of beauty.

Get Color in the Kitchen Suggests Laura Wheeler



Can't you see these interesting towels adding color and interest to your kitchen? If your own stock is complete, make them for shower or bazaar—they're fun to stitch! Pattern 2566 contains a transfer pattern of 6 motifs aver-

Fresh Rhubarb in Cream Dessert

Rhubarb combines with a custard mixture to make a very fine mid-supper dessert:

- GOLDEN RHUBARB CREAM
1 1/2 cups rhubarb
1/2 cup sugar
18 macarons
2 eggs
1/2 cup sugar
1/2 teaspoon grated lemon rind
1 tablespoon lemon juice
1 cup irradiated evaporated milk

Wash rhubarb, but do not peel. Cut into small pieces and stir in the 1/2 cup sugar. Line a well-buttered shallow baking dish with macarons. Spread the sugared rhubarb over the macarons. Beat egg yolks, add the 1/2 cup sugar and beat again. Add lemon rind and juice, then milk. Fold in the stiffly beaten egg whites. Pour this custard mixture over rhubarb. Bake in a slow oven (300 degrees) from 30 to 45 minutes, depending upon the depth of the baking pan. Yield: 6 to 8 servings.

Frozen Salad Is Good Looking

This weather we've been having, certainly inspires the family cook to turn herself into a frozen food expert and serve cold dinners.

A frozen salad that appeals to both eye and palate is this one for:

- FROZEN BANANA SALAD
3 bananas
3 tablespoons preserved ginger
1/2 cup cream, whipped
2 tablespoons lemon juice
1/2 cup chopped nut meats
1 cup mayonnaise

Peel bananas and cut in small dice; then sprinkle with lemon juice. Use about 2 tablespoons juice from the preserved ginger and cut the ginger in small pieces. Add bananas and nuts, cream and dressing. Freeze, slice and serve on lettuce.

Canned Berry Recipes Given

Raspberries are just about ready for canning, and smart housewives are watching for the very best bargains in the "very best berries. Those who have freezing lockers will enjoy fresh berries all winter if prepared in this manner:

FREZZING RASPBERRIES
Pick over the berries, put in jars, adding 1 cup granulated sugar as you fill the jar with berries. Leave at least an inch of space in jars above berries. Allow to remain loose in the jar, without packing down. Freeze as soon as possible.

Raspberries will sell enough to make a thick jam, in this recipe: STIRRED RASPBERRY JAM
3 cups crushed raspberries
3 cups sugar
Bring berries to a hard boil, let cook for 2 minutes. Add sugar, stir until dissolved, boil 1 minute. Put over a low heat and simmer for 10 minutes. Whip (whip is best). The jam thickens as you beat. Pour into glasses. Use only once this recipe at a time. Makes about 6 glasses.

RASPBERRY JELLY WITH LEMON
8 boxes frozen raspberries
1 whole lemon
Sugar
Slice lemon, rind and all, cook with berries to extract juice. Drain through a jelly bag, cook juice for 5 minutes and add an equal quantity of sugar. Cook 4 minutes more and it will jelly.

A beverage that's put up for winter use in many families is: RASPBERRY SHRUB
2 cups sugar
1 cup strip vinegar
2 quarts ripe raspberries
Heat sugar and vinegar to the boiling point and pour over berries. Let stand for 1 hour, stirring often. Drain through jelly bag, bring to a boil and pour into sterilized jars. Process for 20 minutes in a hot water bath.

BROILED HAM WITH APRICOTS
Ham slice, 1-inch thick
No. 2 can apricots
1/2 teaspoon cloves
1/2 teaspoon allspice
1/2 teaspoon cinnamon
Drain apricots. Place meat on broiler rack allowing three inches between the top of the meat and source of heat, if possible. If the size of the broiler doesn't allow this depth of space, lower the temperature of the broiler accordingly. Sprinkle with spices and cook until brown, basting with apricot juice occasionally. When brown, turn. Sprinkle other side with remaining spices and continue cooking, basting occasionally with apricot juice. When second side is done place apricot halves on top and heat for long enough to brown fruit slightly.

Today's Menu

Banana salad will begin the day's meal that is completed by a fresh raspberry shortcake. Banana-nut salad. Broiled ham, apricot glaze. Buttered new spinach. Baked potatoes. Raspberry shortcake.

In the Valley Social Realm

(Continued from Page 6) "Star of Promise" and "Because," preceding the ceremony. The bride, given in marriage by her father, was escorted in ivory bridal gown, fashioned with a coral train. The full length tulle veil was arranged in a coronet of rosepoint. Her only ornament was her mother's string of pearls and she carried a cascade bouquet of bride's roses, bouvardia and white sweet peas.

The bride's sister, Mrs. R. E. King, in rose net with a turquoise blue velvet sash, was matron of honor. Miss Laforest McDonald and Mrs. Fredrick Graten, were the attendants. Little Beth Stewart and Jerry Dean Skaffe were flower bearers. Lawrence Roberts of Vancouver, Washington, was best man and the ushers were Fred Baker and W. P. Scarth.

A reception followed, at the home of Mr. and Mrs. Skaffe, receiving at the door, Miss Olivia DeGuire. Receiving in the living room with the wedding party were Mr. and Mrs. Skaffe and Mr. and Mrs. E. J. Stewart, of DeLuxe, parents of Dr. Stewart.

Mrs. Earl Richardson of Dallas cut the wedding cake and Mrs. Don Skaffe and Mrs. Lee Alfred cut the ices. Presiding at the punch bowl was Mrs. L. L. Stewart while assisting in serving were Mrs. Dale Lamar, Mrs. Dewey Service, Miss Emma Adamson, Miss Olga Green, Miss Helen Goodknecht and Miss Alma Tostenon. Miss Vivian Richardson of Dallas gave the small gift boxes of cake.

For going away, the bride wore a suit of rosemist pink with white accessories. Following a brief wedding journey to Crater lake and the Oregon Caves, Dr. and Mrs. Stewart will be at home in Yreka, California.

LEBANON—Mr. and Mrs. D. E. Cox announce the marriage of their eldest daughter, Edna Lullie to Mr. Woodrow Morgan, the son of Mr. and Mrs. J. T. Morgan of Lebanon.

SILVERTON—Miss Laura Hall of Clatskanie was complimented in a gift shower Friday night when Mr. and Mrs. S. A. Gay entertained in her honor at their Mill street home. Miss Hall's wedding to Norman Jensen will be an event of June 16 at Clatskanie. Guests were: Miss Laura Hall, Mrs. Anna K. Jensen, Mrs. Hans Jensen, Alice Jensen, Norman Jensen, Annabelle Jensen, Mr. and Mrs. M. O. Hatteberg, Weldon and Donald; Mr. and Mrs. Oscar Batern, Joan, Derrald and Colleen; Madeline, Mr. and Mrs. John J. Moe, Robert J. Moe, Mr. and Mrs. S. A. Gay and Bernice.

JEFFERSON—Fern Bruce, daughter of Mr. and Mrs. E. S. Bruce, and A. Keith Epperly, son of Mr. and Mrs. G. S. Epperly, were quietly married Wednesday evening, Wash., on Saturday at the Christian church. Rev. Burton Thurston of Jefferson read the service. The bride, dressed in navy blue silk, wore a blue felt hat. She graduated from the Jefferson high school. Mr. Epperly is employed by the state highway department. They will remain at the home of the bride's parents for a few weeks, when they expect to move to the coast, where Mr. Epperly will be employed.

She's Good Cook



ESTHER NUERNBERGER

Woodry to Hold Cooking School

GE Home Economist Is Coming to Conduct 2-Day Session

Miss Esther Nuernberger, General Electric Homes Service economist, will conduct a two day cooking school at the Woodry Furniture company, 474 South Commercial street, on Thursday and Friday afternoons, June 13 and 14.

Arrangements were completed by Manager Don Woodry for the presentation of Miss Nuernberger from 2 to 4 o'clock each afternoon on these two days.

As a General Electric home economist, Miss Nuernberger tests recipes and kitchen equipment in the famous GE Institute, and makes lecture tours to leading cities.

Before joining the General Electric staff, she had charge of the home service department of the Iowa-Nebraska Light & Power company in Lincoln, Neb., for 10 years. There she conducted all phases of home service including home lighting, kitchen planning and cooking.

She was one of the pioneers of the planned electric kitchen movement, and when the National Lamp association formed a women's section several years ago, she had charge of its midwest division. She was graduated from the University of Nebraska where she had majored in home economics.

Bellinger Chosen To National Post

At the annual convention of the National Tuberculosis association Dr. Grover C. Bellinger, superintendent of the Oregon state tuberculosis hospital, was elected vice-president of the association, according to information received by Dr. Terrence King. Each year two men are selected for the positions of vice-president. As a rule these men are advanced to the presidency and it is expected Dr. Bellinger will head the national association within the next two years.

Dr. and Mrs. Bellinger left for the east 10 days ago and are expected to return to Salem June 18.

Hubbard Girl Is Honored, Oregon

EUGENE, June 10.—(AP)—Betty Brown of Hubbard graduated yesterday from the University of Oregon, received membership in the National Order of COIF, much sought by law students.

She was the only woman granted membership by the University of Oregon chapter. Miss Brown also received the Phi Alpha Delta award of \$25.

14 From Salem Climb

MOUNT HOOD, June 10.—(AP)—Eighty three climbers, including a party of 14 from Salem, scaled Mount Hood Sunday.

Danger in Orient Cited by Dubach

Preparedness Problem Is Analyzed by Speaker, Chamber Luncheon

"Our grave danger lies in the orient," warned Dean U. G. Dubach of Oregon State college in an address at the Salem chamber of commerce luncheon on Monday. Second danger point is Latin America in conjunction with the self-imposed obligations of the Monroe doctrine, he added, suggesting that the United States speed preparations for war but keep out of Europe which apparently, he said "will blast itself off the map."

Dean Dubach declared it was necessary for Americans to "think together and do it quick," to listen to the nation's "top minds," to turn manufacture of war machines over to private industry without government interference to "get ready for taxes" dwarfing anything they have known in the past, and in connection with "fifth columns," to purge the government of radicals, to eliminate class hatred, to eliminate control of labor by aliens, and to "keep your ears open and your mouth shut," letting the government handle cases that appear suspicious.

The speaker scoffed at the idea of any danger of militarism in compulsory training, saying it caused young men to hate war rather than to desire it, and said he had no patience with those who insist there shall be no military training in the CCC.

Urges Correction of Tax Structure

Chicago Man Tells Oregon Taxpayers Substantial Base Necessary

PORTLAND, June 10.—(AP)—Lawrence G. Holmes of Chicago urged correction of the tax structure, charging the tax load has exceeded the ability to pay. Corrective efforts have been made, but too often they were aimed at the symptom rather than the cause of the disease, the secretary of the national conference of real estate taxpayers told the Oregon state taxpayers' federation today.

The government must have a strong substantial base to escape bankruptcy, Holmes said. In the past "we have failed to rebuild, to modernize the financial structure that supports our form of government" while accepting the rights afforded under that government, he added.

Murder Is Charge In 'William Tell' Slaying by Roach

HOUSTON, Tex., June 10.—(AP)—Jack Roach, big game hunter, was charged with murder without malice today in the "William Tell" killing of a negro employee.

Olivia Paines, 36, was wounded fatally at Roach's ranch yesterday while balancing a cup atop his head as a target for the Houston auto dealer's pistol fire.

Roach, who shot from a sitting position on a bed, said someone on the bed moved and his aim was thrown off slightly.

Power Executive Stymied by Short

KANSAS CITY, June 10.—(AP)—Chester C. Smith, power company president, went to work unshaven and without breakfast today. A short circuit at his home made the kitchen range, his razor and air conditioning units inoperative. And he was forced to find a ride downtown. A stalled electric lock barred his garage doors.

Isaak Walton League To Meet in Tillamook

TILLAMOOK, June 10.—(AP)—The state Isaak Walton league convention will be held here in July or August, the Tillamook chapter reported today. A definite date will be announced later.

Higher Education Board Authorizes Building Repairs

PORTLAND, June 10.—(AP)—The building committee of the state board of higher education allocated \$22,820.53 today for repairs to buildings for the coming year.

This sum cares for only 26 of the most urgent jobs. Amounts allocated by institutions: Oregon State college \$7045; University of Oregon, \$6275; Oregon College of Education, \$3600; Eastern Oregon College of Education, \$2810; Southern Oregon College of Education, \$1400; U of O medical school, \$1375.

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Half of Tourists From California

SEVENTY five per cent of the non-resident automobiles registered in Oregon during May came from Washington, Idaho and California, Secretary of State Earl Snell reported yesterday. California registered 5772 cars or 57 per cent of the total for the month.

There were 10,108 non-resident cars registered in Oregon during the month compared to 10,801 in May a year ago. Cars registered so far this year totaled 28,514, an 8 per cent decrease from the registration of 31,096 for the same period in 1939.

Ashland led all Oregon registration stations with 2794 cars.

Claims War Can't Last More Than One Month

SEATTLE, June 10.—(AP)—Dr. Giuseppe Vobio, acting Italian consul here, said today "Italy may win in a few days." In an interview he said that at the longest the war "can't last more than a month and then a new order will be established in Europe, making for the peace and happiness of the whole world."

DAV Commander Says Aid Allies

National Head Speaks at Roseburg; Discusses Help for Disabled

ROSEBURG, June 10.—(AP)—Louis J. Murphy, national commander of the Disabled American Veterans of the World war, said today the United States should lend the allies every support short of troops.

"Immediate and radical changes" in America's defense program are demanded by the type of warfare being waged in Europe, he told an interviewer.

"I do not believe," he added, "that the United States should wait until an enemy lands upon our shores before we prepare to protect ourselves."

He addressed the opening session of the DAV's Oregon department convention, discussing the problem of compensation and benefits for disabled veterans.

Says Nazi Victory Means Pressure

PORTLAND, June 10.—(AP)—A German victory in the European war would be followed by increasing Nazi pressure on the United States, Dr. G. Bernard Noble of Reed college said today.

He told a civic meeting that Germany will be ready to tackle the United States within a year if it wins the war. He urged speed in building national defenses.

Tax on Business By City Legal

ASTORIA, June 10.—(AP)—A license tax on business and occupations can be collected by the city, Circuit Judge Earl C. Latourrette of Oregon City ruled.

The Columbia Supply and Pacific Fruit and Produce companies filed a demurrer against the city's suit to collect such fees. Judge Latourrette overruled the demurrer.

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ATTENTION LADIES!! WOODRY FURNITURE Co. (3 Blocks South Ladd & Bush Bank) Cordially Invites You to Attend the General Electric COOKING SCHOOL To Be Held In Our Main Floor Appliance Dept. TWO BIG DAYS Thursday & Friday JUNE 13 and 14 2:00 to 4:00 P.M. Under the Personal Direction of Famed General Electric Home Service Economist Miss Esther Nuernberger who will conduct Cooking Demonstrations each afternoon with the Thrilling New GENERAL ELECTRIC HOME APPLIANCES HEADQUARTERS IN SALEM FOR GENERAL ELECTRIC APPLIANCES WOODRY Furniture COMPANY 474 South Commercial - Phone 6414 CONVENIENTLY LOCATED - OUT OF THE HIGH RENT DISTRICT

TRADE NOW ON A NEW PLYMOUTH AND GET A BETTER DEAL ALL AROUND. WE'RE MONEY AHEAD BY TRADING NOW! TAKE YOUR PICK OF 5 Great New Plymouths. Only \$645\* for this Coupel. You'll have Great Fun in this Sleek Beauty. More Luxury than Low Price Ever Bought Before! The Perfect PLAYMATE. GET SET NOW for a great summer! Trade in your old car for the life, looks, luxury of a stunning 1940 Plymouth! Talk with a Plymouth Dealer before buying any car. Your present car will probably account for a large proportion of Plymouth's low delivered price - balance in low monthly instalments. SEE YOUR PLYMOUTH DEALER TODAY!