

Broiler Meals Practical in Winter

Broiled dinner possibilities are far from fully appreciated in most households. Broiling a complete menu on one platter is a simple way of preparing a very attractive meal.

Many housewives confine themselves entirely to broiling meats but the same heat can be utilized to cook other portions of the meal with just as much ease and as good results.

Canned vegetables and leftovers take on fine flavor when the broiler pan, or a platter that will stand heat, is made to hold the food for broiling.

Fresh vegetables should be pre-cooked, that's why the method is so practical for canned ones. Canned peas are one of the most popular of foods to use with meat and potatoes for the broiler meal.

Fresh tomato halves, onion slices, mushroom caps, pineapple rings, spiced fruits and bananas make fine contrast to the pre-cooked vegetables in the broiler dinner.

Tomatoes, dipped in a mixture of crumbs and parsley have good appearance when broiled. Bananas may be dipped in crumbs or in finely chopped nuts for good flavor, a little sugar improves apple slices and even pineapple rings are improved with a coating of fine breadcrumbs.

Some cooks like to put part of the food in the lower section of the broiler pan first, and after allowing to heat well through, to place the meat on the broiler rack above, so drippings season the food underneath.

Among the combinations for broiled dinners are:

Chicken with egg noodles with grated cheese, and buttered breadcrumbs and buttered fresh mushroom caps.

Broiled ham with slices of sweet potatoes, apples and buttered canned peas.

Broiled steak, cauliflower flowerets, tomato halves and whipped potatoes. After steak is done, spread with Roquefort cheese to which a dash of Worcestershire sauce has been added.

Pork or lamb chops, with pineapple rings, canned corn with pre-cooked beans and ripe olives.

Apricot Nectar Begins Waffle Sauce

Apricot flavor takes well to the taste of Sunday morning waffles or hotcakes, makes a good topping for desserts when slightly thicker.

APRICOT NECTAR WAFFLE TOPPING

1 1/2 cups apricot nectar, canned
1/2 cup honey or light corn syrup
Few grains salt.
Bring apricot nectar to boiling temperature and allow to boil for about 3 minutes. Add honey and salt and reduce temperature to permit slow boiling for 12 to 15 minutes or until it reaches desired syrup consistency. Serve as a topping for waffles or hot cakes or as a sauce for light puddings. Substitute peach-nectarine, pear, plum or peach nectar of the whole fruit variety for the apricot nectar of the recipe. Makes approximately 1 1/2 cups.



BROILED DINNER is easy on the time and inviting to the eye. Here we see canned peas as the center with slices of sweet potatoes and apples to form a vegetable-fruit arrangement. Use maple syrup to flavor potatoes and apples.

Manufacturers' Recipes

Manufacturers have again offered recipes for home use. Here are some tested in their kitchens:

BAKED PORK CHOPS
4 to 6 loin pork chops
3 large potatoes, sliced
2 small onions, sliced
1 can Heinz vegetable soup
1 cup water.

Dust chops with salt and pepper and flour lightly. Fry until brown. In a baking dish arrange potatoes and onions in layers and season. Put chops on top, add soup, and water and bake covered at 350 degrees for an hour until potatoes are done. Uncover and brown.

EXPOSITION SCONES
2 1/2 cups Fisher's Blend flour
1 tablespoon baking powder
2 1/2 tablespoons sugar
1/2 teaspoon salt
2 tablespoons fat
1/2 cup raisins
3/4 cup milk.
Mix as usual, roll out and cut in wedge shapes. Bake 15 minutes at 450 degrees. Fill with jam when serving.

QUINCE MARMALADE
Cut and quarter unpeeled quinces. Put in kettle and just cover with water. Let cook until tender. Press through a sieve, measure and add 3/4 as much White Satin sugar as pulp. Cook this slowly until quite stiff, stirring frequently to avoid burning. Pack into clean, hot jars. Seal immediately.

An old-fashioned dish is:
OATMEAL CHOWDER
3 tablespoons butter
1 large sliced onion
1 diced onion
2 cups tomatoes
1 cup string beans
1 quart water
2 teaspoons salt
2 cups H. O. oats.
Melt butter, add onion and carrot and cook until brown. Add other ingredients except oats and boil slowly for half an hour. Add quick cooking oats and boil until done. May be browned in a casserole before serving.

COFFEE PARFAIT
1/2 cup sugar
1/2 cup strong clear M. J. B. coffee
2 egg whites
Pinch salt

1 tall can evaporated milk, chilled
1 teaspoon vanilla.
Bring sugar and coffee slowly to a boil. Boil rapidly until syrup spins a thread. Add salt to egg whites and beat until stiff but not dry. Pour syrup slowly into egg whites, beating constantly. Chill. Whip milk very stiff. Fold in the egg white mixture and vanilla. Pour at once into cold freezing trays. Yield: 3 pints.

ORANGE SHERBET
1 package orange Jell-Well
1/2 cup sugar
3/4 cup lemon juice
2 ripe bananas, mashed
1 1/2 cups orange juice.
Heat orange juice, dissolve gelatine in it. Add sugar and lemon and cool. When beginning to congeal, fold in the banana and freeze in refrigerator. Serves 6.

Oakview School Elects Officers

RIVERVIEW — The Oakview school held its student body meeting Monday. Election of officers resulted in the following: President, Arlene MacDonald; vice president, Shirley Gilkey; secretary-treasurer, Kathleen Ambrose; sergeant-at-arms, Billy Goar; librarian, Clo Light.

A 4H health club was also begun. Officers elected were president, Kathleen Ambrose; vice-president, Letta Mae Bolman; secretary, Arlene MacDonald. Plans are being made to form a sewing club.

Aid's Silver Tea Is Friday, Turner

TURNER—The Methodist Aid silver tea will be held at the home of Mrs. Fred Dierks Friday afternoon at 2 o'clock.
The Methodist Sunday school will observe rally day next Sunday, October 8.

Fourth Hi-Y Club Is Talked Here

Group May Be Organized to Take in Those not Elected

The three clubs of the Salem Hi-Y chose 46 high school boys as new members at a meeting Wednesday night. About 80 prospects were present, seeking to fill the places left open by high school graduates.

Those who were not selected for membership have been asked to meet at the YMCA Monday night at 7:30, to discuss the formation of a fourth organization. Gus Moore, boys' work secretary, said that all who wished to join would be given the opportunity.

New additions to the Abel Gregg club, whose president is Don Burton, are David Nelson, Dick Stobber, Brent Dietrick, Elvon Holman, Jim Smith, Les Pearmine, Vernon Sheldon, Kenneth Lenaburg, Bill Bowers, Pete Houser, Otis Wilson, Scott Wilson, Gordon Hoffstetter, Clifford Tucker, Bud Turner, Ronald Bird, Cameron McDonald and Ben Gifford.

Coming into the Arthur Cotton group, headed by Reed Nelson, will be Bob Sederstrom, Joe Bowers, Daryl Drobrough, Dorane Humphrey, Bob Hill, Bud Hulten, Rolife Hagg, Bob Burns, Donald Eiland, Bob Sullivan, Cy Williams and Bob Irish.

The Harrison Elliott club, with Ward Miles as leader, will gain Thomas Brantner, Russell Hackett, Bob Woodburn, Frank Miles, Bob Gardner, Harlan Moorman, Ray Yocom, Glen Clark, Fabian Nelson, John Moses, Milton Freeman, Dale Harden, Harold Holt, Jack White, Bob Smith and Warren Page.

Grandma Roosevelt and Grandson



This is the first picture of Mrs. Franklin D. Roosevelt with the most recent Roosevelt grandchild, John Roosevelt Boettiger, six months. They are shown together at Seattle where the first lady visited her daughter, Mrs. John Boettiger. Mrs. Roosevelt was to spend a day in San Francisco before flying on to Los Angeles to visit her son, James and his family. (AP photo).

Plaque of Martin For Capitol Here

A bronze plaque of ex-Governor Charles H. Martin arrived in Salem Thursday and will be placed on the lower floor of the state capitol building along with plaques of a number of other prominent Oregon citizens.

The plaque was purchased by a number of close friends of the ex-governor. It is inscribed: "Governor Martin, Citizen, Soldier, Member of Congress and Governor of Oregon."

Albany Residents To Honor Ralston

ALBANY—The late Joe H. Ralston will be honored by Albany residents with a memorial in honor of the part he played in getting the South Santiam highway built.

Ralston started on the project many years ago, and it was a dream of his as long as he lived to have this highway from Linn county into eastern Oregon completed. He did not live to see the completion of the road for which he had worked so hard, as he died some three years ago.

Through the Albany chamber of commerce, plans are being made for placing a stone marker at some strategic point on the highway. A bronze plaque will be placed in the stone and the marker will be dedicated when completed, with a fitting ceremony. Frank Wood of Albany is doing the work.



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