

Responsibility for Care of Possessions Essential Lesson

The responsibility of neatness and care of possessions should begin as soon as a child is able to understand what is said to him. Mothers who allow their youngsters to leave playthings in the middle of the floor and clothing wadded behind the door are paving the way for future For One-Year-Old; difficulties.

There's really no need for children to tear things up, a smart mother can usually find some substitute for this desire to de-stroy. The mother who has al-ways put all destructible things out of reach of the two-year-old will find herself and child unpopular visitors to other women's homes. Children need not expect to handle everything within reach. If a youngster is made to understand at home that certain things are to touch, others are to leave alone, he'll be a better visitor to other homes. It's usually the mother's inability to make herself discipline the child from the first that causes the trouble.

Library Offers Variety Of Services to Mother

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a number of brightly illustrated books about three boys named Snipp, Snapp and Snurr. Wanda Gag's "Millions of Cats" is a popfor Hamilton Williamson, "Baby Bear," "Little Elephant," "Lion Cub," and Monkey Tale." A book with lovely soft colors is "Bum- Diaper Supply blebuss," by Rosalie Fry. The outstanding picture book of the past year is "Mei Li," by Thomas Handforth, the story of a small Chinese girl who took her three pennies and three marbles and went to the New Year's fair in the city. These last two books are enjoyed by the older pre-school chil-"Ferdinand" scarcely needs to be mentioned.

The Salem public library invites parents to visit the Children's room are glad to help with suggested books for various ages.

Four to Eight Ounces Normal Weekly Gain

A normal breast fed baby gains 4 to 8 ounces a week for the first six months of life, and after this from 4 to 6 ounces. A general rule is that a baby doubles his birth weight at the end of the fifth Of Discomfort month, then trebles it by the end of the first year. The average weekly gain during the first five months should be about 5 ounces, during the remainder of the year, 4 ounces.

Protecting Baby Eyes Important

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one or both of his eyes show a secretion of matter and appear to be red or swollen, your doctor should be immediately consulted. Ninety per cent of the cases of blindness in babies are due to neglected or improperly treated

covers from which to choose. There are fluffy wool comforters with colorful print covers, there are dainty silk blankets with quilting as decoration. Embroidered afghans are handmade and come in every imaginable shade of pink and blue. Hand woven blankets are included in the selections.

Menu Is Suggested 4 Meals Recommended

Although each doctor has his own ideas about feeding the baby, a suggested menu is listed for a child of one year.

MILK Milk Cereal or egg Fruit pulp or juice MORNING FEEDING Milk Egg or cereal Toast or bread

AFTERNOON FEEDING Milk Stewed fruit Graham crackers SUPPER Milk Potato Cod liver off

Vegetable

Most doctors recommend a four meal schedule up to 18 months at least and a three meal schedule beginning at 18 months if the uler story, but the small, detailed child will eat enough at each meal filustrations are not generally so that lunching is not necessary. liked by younger children. Anoth- If the time between lunch and diner cat story is "Whiffy McMann" ner is too long, milk and bread have also illustrated four books the child is thoroughly awake from his afternoon nap.

Should Be Ample

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Wash the diapers in hot suds, tlien boil for 20 minutes. Then they must be thoroughly rinsed for if any soap remains it is likely to cause an irritation and chafing of tender skin. No soda, starch or bluing should ever be used in washing diapers.

They should be hung out in the room. Those in charge of the sun and air to dry, then folded room are glad to help with sug- and smoothed when brought in so that there are no irritating

To avoid the smell of ammonia in diapers, careful washing, boiling, rinsing and drying is necessary. In rinsing, the use of boric acid crystals (six teaspoonsful to each pint of water) is an advantage is baby is inclined to chafe.

Fidgeting Is Sign

Getting the fidgets, especially at the table is a very annoying habit with some youngsters but it's very frequently because the child is uncomfortable. A footstool or some sore of foot rest is essential to the comfort of the youngsters.

Some sort of box or stool should always be provided for a child when he's to sit for any length of time and is as important to his correct dining habits as proper height of chair.

An electric bottle warmer is a great help to mothers with young children. The bottle sets in the holder, the plug connected and in a few minutes the milk is at the proper temperature.

Blind Children Aren't Left out of Program Of Art Center Here

Even blind children are not forgotten at the Art Center, where modeling and sculpture classes have been held for them during the past year. In fact, the work done has been of such high order that the Center recently received a request from the head offices of the art project in Washington for detailed information—that could be used for national publicity.

Much more important, however, is what this work means to the children themselves. Walter R. Dry, superintendent of the blind school recently said, "The afternoons at the Art Center are adventures into a new and thrilling environment where the children receive sympathetic guidance in a new mode of expression. If the Art Center means just half as much to other boys and girls of Salem, there can be no question of its value to the community."

There are on exhibition at the center, many examples of sculp-ture done by these children. The opportunity should not be missed to see the work done by totally and partially blind youngsters.

Suitable Gifts for Shower Unlimited: Suggestions Given

If you're giving a baby shower there are many things that will be suitable for such an affair and will be very welcome by the par-ents-to-be.

A partial list of things to give

Bath float Towel sets Blankets Gertrudes Carriage sets Sacques. Brush & comb Bottle warmer Hangers

Flannel gowns Pillow cases Shirts Blankets Shawls Record books Afghans Bath robes Hot plate Shoes

Pajamas from size two to aix are made now in fascinating crepe prints that range from deepeach through the pinks. blue peach through the pinks, blues, and dainty green. Among the subjects depicted are circus animals, barnyard animals, the three bears, flowers, birds and subjects of current interest such as Ferdinand, Snow White and Mickey Mouse.

Art Center Branch Galleries at Three Of Salem's Schools

Three Salem schools have al-ready built branch galleries of the art center in their buildings, where small exhibitions are arranged and changed by the Center staff. They are the Kinley, the Washington and the Bush art galleries. McKinley's has been open for several months and the other two are ready for formal openings soon. Through these galleries the students are kept in daily contact with fine arts, and the exhibitions are arranged to present original examples of fine arts of particular interest to chil-

Waterproof, Boilable Pad Has Its Uses

A waterproof, absorbent, non-heating and bollable pad is now made to put between the baby's diaper and outer clothing. No more need to use those uncom-fortable rubber pants and they den't even have to be pinned be-cause they cling to the clothing.

sters included a new snap-on un-ion suit that is made in two parts, to be fastened together by snaps in front and fitted with the ap-proved and handy no button

Schedule of Sleep Should Be as Regular As Feeding Routine

The infant's sleep schodule should be as regular as its feeding routine. If given his bath at regular time and put in a quiet, cool darkened room at a specific time he will readily establish this sleep routine. The little baby will sleep from 18 to 30 hours, the sixth month about 15 hours. Lack of regular sleep will make him irritable or will result in his requiring more attention or entertainment. Much has been accomplished toward his education if he learns happily by himself when not going to sleep readily. Bleep plays a primary part in producing a healthy, happy child.

Waxed Paper Helps Keep Baby's Place At Table Neat

To keep the child's place clean at the table, put a piece of thin waxed paper over the cloth and under his plate. It's easy to dispose of, looks nice and can always be kept clean, much better than a soiled cloth.

For added attractiveness at the table, try using large square of round paper dollies or some of the many attractive go is red paper place napkins found at the stores. If lace dollies are used, put waxed paper underneath it to catch inciture that might go through the open work. open work.

As an aid to baby's good ms The pads are laundered just ners are the new thumb-suckly quickly and need no ironing, look available, one is a transparent very much like white flannel. celluloid cuff that fits on over the hand, another is the spring type thumb guard that fits on any finsters included a new snap-on union suit that is made in two parts.

An aluminum bottle steriliser holds six bottles and proves an indispensable aid to the young mother.

