

Garments' Useful Life Depends Upon Care; Laundry Suggestions

The comfort and useful life of a baby's garments depends to a great extent upon the care used in their laundering.

See that the garments you select for your baby are made of dependable quality fabrics from which you may expect satisfactory service. See that they are well cut and smoothly finished. Then use care yourself in the laundering and thus insure, not only comfort which is most important, but also reap eco-nomical reward in the prolonged usefulness of the garments.

Use lukewarm water and a mild, reputable soap. There are several on the market that have been tested and found to contain just the right amount of pure oils and other ingredients necessary to cleanse.

Dirt may be loosened by soaking the garments in warm, soapy water for a few minutes. Not too long, for lengthy soaking tends to shrink some garments. Then work up a good, live suds and cleanse by squeezing them gently through the fabric. Do not rub, scrub or twist. This pulls the garments out of shape and mats the fibres, making the fabric (especially any containing wool) stiff and harsh.

If there are badly soiled spots rub a heavier lather on them Is Highly Popular with the finger tips. This usually serves to remove them. Stubborn oil and fruit stains may be treated with peroxide or ammonia solutions if soap alone is not effective. Rinse garments thoroughly in at least two lukewarm waters and remove as much water as possible by squeezing or passing through a loose wringer.

There's no more appreciated toy for infants than the good old rubber teething ring with beil attached. Lacking the bell as regular equipment on the ring, a large safety pin will hold a small bell to the ring and be just as good as if its were made for the

Child-Size Helping May Aid Recalcitrant Appetite, Is Hint

In the lives of most mothers there comes a time for worry amout the children's lack of appetite. So many youngsters start out with a strong inclination to enjoy eating but later seem to lose enthusiasm.

There's a reason behind this, sometimes it's nervousness but often a child can be persuaded subtly to eat his dinner when he finds a child sized helping served to him. Picture yourself diving into a plate 20 inches across, piled high with twice as much food as your stomach will hold. It would discourage even the most enthusiastic diner. Attractive plates, small servings with a chance of a hot refill will give him courage to try and clean up his dinner.

Knitted "Gertrude"

To take the place of the oldfashioned flannel petticoat, a physician invented a knitted slip which he called a "gertrude," using the name of his own little girl. This knit garment is now generally used. It is soft, easy to launder and most comfortable. Gertrudes, however, may be of muslin if you prefer. Baby will need at least

In modern hospitals a child is kept in an incubator for a short period immediately following his his birth just to help him along until he's caught his breath. Even temperature and surety of correct air gives him a boost when he's so young.

In traveling, mothers find the disposable diapers almost indispensable. There are two sizes, they are comfortable, light in weight and certainly handy to get rid of when going places with tiny child-

Little dresses in blue, white, pink and yellow are to be bought for less than a dollar. Much simpler and very little more expensive than to make them.

Summer sleeping bags are made of soft white material, have a soft neckband that is comfortable but firm, a sipper up the front and cotton ties for holding the sleep-ing infant securely in bed.

Orphan Annie dolls vie in popularity with white teddy bears and Peter Rabbits with red-lined ears. The latter boast red polks dot pants.

There's an excellent baby bib on the market, it's knitted and has a second half-moon piece over the front that makes double thick-ness where the drip begins.

A large piece of prywood which fits over the bathtub will be handy for bathing the baby.

> All Photos Courtesy of Kennell-Ellis

Milk Still Foremost Baby Food; Warning Given on Sanitation

Ever since the earliest days, milk has been considered one of the most healthful foods. But

production, handling, and trans- for healthfulness.

portation. The milk delivered to Swallowing Things the householder's doorstep is unquestionably sate. But whether Usually Not Harmful or not it remains so depends upon the consumer. If milk is to

the most healthful foods. But with all the virtues intelligent people concede to milk today, we know that under certain conditions it can also be a menace, since bacteria, as well as human beings, thrive on milk.

Public health officials, recognizing the potential dangers of tresh and wholesome. Only if unclean, bacteria-laden milk, these safeguards are observed ton will pass off more quickly improduction, handling, and transfor healthfulness.

Foreign bodies swallowed by children seldom do harm (unless be fit for consumption, it must children seldom do harm (unless be kept clean and cold within they have sharp points, like plans the home. and needles), so don't be alarmed

sage than in induced one.



