

Culinary Forager Finds Fun in Dining out

A book published recently "Edible Wild Plants," by Oliver Perry Medger, offers his wisdom of 30 years' experience wandering in the woods of Pennsylvania. The author tells of the various roots, fruit and leaves that can be eaten, and even claims good flavor for some too pungent for lay taste.

It seems that to learn what every pioneer housewife and Indian woman in America knew a century ago, we must go to looks. But talk to a western woman who loves the woods and one who has lived near water enough to know the edible fish and shellfish and you will learn many a fascinating outdoor culinary hint.

But let's look to our own wood for edibles without help from a Pennsylvania woodsman who finds that pignuts and Jack-in-the-pulpit roots are ambrosia to his palate.

Women of a century ago found the first sprouts of nettles that pushed themselves through the ground, a welcome spring tonic for hard working pioneers who had lived through a winter without greens. They were carefully picked and scalded to wilt them, then steamed until done. A little apple cider vinegar and a dash of fresh churned butter and this forerunner of spring was far more welcome than a luscious steak of last winter's deer.

Fern fronds were the same, and lamb's lettuce that pushed up through the snow or showed its pale green leaves while winter was still in the air was welcome. Fern fronds, those brown

Summer Materials Give Effect of Suede, Velvet



Cape skirt for the beach
Zig-zag coat-dress
Flowers for garden party
Courtesy, Helie Bros., Cleveland, O.

A new process of hand blocking which gives cotton either a soft suede-like finish or to other materials, a rich velvety character, gives early summer frocks and beach wear a warm beauty yet does not take away their coolness. The cape skirt with brassiere top, shown above, is for beach wear. It is of unbleached muslin printed in gold and gave blue with sportive whales and sea flowers and

waves. The short-skirted outfit, a typical oriental coat-dress, may be worn as coat or dress for beach, house or garden. Of unbleached muslin, its zig-zag pattern is of peacock blue and chartreuse. The informal dinner and garden dress is of lightweight muslin with a floral pattern of grass green and daffodil yellow. Charming when worn with a big hat or hatless to a country club dinner dance.

velvet shoots that unfurl as they push through the ground, are treated like asparagus and developed a characteristic flavor, not unlike their domesticated counterpart.

Skunk cabbage is another wild offering for spring eating. The odor of this yellow flower is its only fault, for it is a truly attractive bloom. Peel the leaves, changing the water a time or two, and season with salt and butter.

Mushrooms of course are good to eat, when you know them. Although there are thousands of varieties of mushroom, with only a few poison ones, they are so deadly and so often almost identical to edible ones that it is unsafe to try an unfamiliar one.

Later in the summer we'll find that licorice root fern that hangs from moss-laden trees in deep woods of western Oregon, makes excellent chewing.

Such berries as salmon berries, wild black caps or raspberries make good eating when combined for bulk, with such highly flavored ones as evergreens or wild blackberries.

In the fall we'll be seeing the deep red berries of salal and Oregon grape, and many women who know will be using the deep red juice with apple to make a very delicious jelly.

Elderberries, cooked and

mashed will be a colorful beverage or jelly in many households, and the abundance of the bushes and the ease with which the berries are picked, make them a practical berry to know.

Elderberry muffins, too, pinch-hit admirably for the blueberry ones so popular in the east.

Familiar, of course, are both red and blue huckleberries which grow more abundant as altitude increases.

Another fruit, that deserved all the interest an outdoor-minded housewife can give it, is wild crabapple. And she who has experienced the thrill of finding these tiny apples on shrublike trees after a half-mile of floundering ankle-deep through the marshes of Lincoln county, will know that every drop of the luscious juice is well worth its weight in snagged stockings and sodden shoes.

Today's Menu

- Pineapple-celery salad will begin today's menu.
- Pineapple-celery salad
- Scalloped potatoes
- Lamb chops, cinnamon peaches
- French whip

LAMB CHOPS WITH CINNAMON PEACHES

- 6 thick lamb rib or loin chops
- Salt and pepper
- 6 peach halves
- 3 tablespoons cinnamon candies

Thoroughly preheat broiling oven with regulator set at high. Place chops on rack so that there is a distance of about three inches between the top of the meat and the source of heat. When one side of meat is nicely browned, season them with salt and pepper, turn, and finish the cooking on the second side. Chops cut one inch thick require about fifteen minutes. When the chops are half done, fill centers of peach halves with cinnamon candies and place them on broiler rack long enough that they will be heated through and the cinnamon candies melted.

Maple Flavoring Makes Good Ice Cream

Maple flavoring is a good one for ice creams and has proved one of the most popular in commercial frozen desserts. Homemade ice creams and mousses are assuredly popular when flavored with maple, so here's a suggestion for a mousses that takes evaporated milk for rich smoothness that's a boon to the budget.

MAPLE NUT ICE CREAM

- 1 1/2 cups maple syrup
- 2 tablespoon flour
- 2-3 cup water
- 1 cup evaporated milk
- 2 eggs, separated
- 1 cup whipping cream
- 1/2 cup chopped nuts

Heat syrup. Stir flour and water to a paste and add milk. Stir into syrup. Cook until smooth and thickened. Beat egg yolks. Add to syrup mixture and cook one minute. Cool and fold in stiffly beaten egg whites. Fold in whipped cream and nuts. Freeze in electric refrigerator. Serves 6 generously.

Crumb Muffins Dinner Hot Bread

Hot breads make a hit with either family or company and whether served at breakfast, dinner or in the evening they will find a warm welcome. Crumbs make an excellent muffin, here is a recipe featured by a well known city tea room which specializes in hot breads with every meal. It's tea-room size, but easily cut in fourths.

HELEN SWOPE'S CRUMB MUFFINS

- (Large recipe)
- 3 quarts flour, sifted
- 1 cup baking powder
- 2 teaspoons salt
- 1 1/2 cups sugar
- 5 eggs
- 2 1/2 quarts milk
- 2 quarts breadcrumbs
- 1/2 cup shortening

Mix all ingredients well. Bake about 25 minutes at 400 degrees.

Almonds Topping For Special Sponge Cake

Time and good ingredients will make a rather elegant cake for special occasions. For birthdays or just a nice party, serve this good cake.

CREAM ALMOND SPONGE CAKE

- 5 eggs
 - 1 cup sugar
 - 1 cup flour
 - 1 tablespoon lemon juice
 - 1 tablespoon water
 - 1/4 teaspoon salt
- Beat egg yolks, until light and add 1/2 cup of the sugar gradually. Add lemon and water, then fold in flour. Beat whites and add rest of sugar gradually. Fold two mixtures together. Bake in a sheet pan with oiled paper in the bottom, for about 25 minutes at 350 degrees. Turn out and when cold split and fill with chocolate cream filling and glaze top with strawberry jam, sprinkle with chopped roasted almonds, then with confectioner's sugar.

Potato Balls Fluffy Hot Dish

These days of cold plates and salad luncheons, it's good idea to plan on at least one hot vegetable on the plate, and this mashed potato specialty looks good and goes well with spring menus.

POTATO BALLS

- 1 cup mashed potatoes
- 2 eggs
- 1 teaspoon baking powder
- 3 tablespoons flour
- 3/4 cup evaporated milk

Sift flour and baking powder together, add to beaten eggs and mix thoroughly. Add potato. Drop by tablespoon into deep fat and fry until golden brown.

STAYTON — Betty Anneva Goode, daughter of Mr. and Mrs. V. A. Goode, became the bride recently of Mr. Alfred Amos of Stayton, Ore.

The bride, who was given in marriage by her father, wore a wedding dress of ivory lace cut on princess lines over a taffeta slip and carried a shower bouquet of white sweet peas and yellow rosebuds. Her only attendant was Miss Marian Folts. Henry Amos, brother of the groom, was best man. Following the ceremony a reception was held in the gardens, after which the couple left for a wedding trip to Portland, Astoria and the coast cities.

MONITOR — Miss Thelma Hammond, daughter of Mr. and Mrs. James L. Hammond, whose marriage to Theodore Marx of North Howell will be an event of April 22, was honored at a pre-nuptial shower at the Hammond home Saturday night with Miss Edna Stenger as hostess.

Present were Miss Thelma Hammond, Mrs. J. W. Richmond, Miss Jean Richmond, Mrs. R. E. McKee, Mrs. Chris Hansen, Mrs. Roy Seeley, Mrs. Clifford Norton, Mrs. Nellie Norton, Mrs. Hatley Boone, Mrs. Paul Simon, Mrs. Dan Paalkner, Mrs. Virgil Ryan, Mrs. Peggy Skiller, Mrs. Hazel Marx, Mrs. Mary Seely, Mrs. Clara Caldwell, Mrs. Antone Stenger, Mrs. Edna Stenger, Mrs. Zeta Brock, Mrs. Wanda Edland, Miss Beatrice Marx and Mrs. James L. Hammond.

Here's a Dutch Treat in Simple Crochet and Cross Stitch!



Beautifully a scarf, chair or buffet set in crochet and cross-stitch. Use the crochet alone as dollies. Pattern 2025 contains a transfer pattern of 2 motifs 5 1/4 x 1 1/4 inches, 2 motifs 4 1/4 x 6 1/4 inches, 12 motifs 2 1/4 x 3 inches; directions and charts for crochet; materials required; illustrations of stitches.

In the Valley Social Realm

BETHEL—Mrs. M. J. Crabtree entertained the Bethel Dorcas club at an all-day luncheon meeting at her home in McMinnville on Wednesday. Covers were placed for 17 guests. A plant exchange was held among the members.

Delegates appointed to the Marion county federation of Women's clubs meeting in Salem are Mrs. J. P. Bucarech, Mrs. E. E. Matton, Mrs. J. M. Nichols, Mrs. A. C. Spranger, Mrs. M. H. Utter. The delegates were instructed to vote affirmatively when the recommendation of the child welfare board is brought before the meeting; that an isolation ward be added onto the hospital building at Corvallis. The club voted a sum of money from its treasury to be donated to this cause.

Mrs. Robert Travis of McMinnville spoke interestingly on arrangement of flowers for inside decoration, and gave fine practical demonstrations of this art.

DALLAS—Members of the Faculty Wives' club and their husbands met at the home of Mrs. and Mrs. Almos LaPorte Saturday night for a no-host dinner. The small tables were centered with a miniature Maypole and decorated with apple blossoms.

Covers were laid for Mr. and Mrs. R. R. Turner, Mr. and Mrs. Earl Bell, Mr. and Mrs. Fairfax Parrish, Mr. and Mrs. Herschel Beaure, Mr. and Mrs. Robert Kutch, Mr. and Mrs. Donald Gabbert, Mr. and Mrs. Sidney E. Whitworth, Mrs. Ralph Murphy of Salem, Mrs. Dwight Adams, Bruce Eckman and the hosts, Mr. and Mrs. Almos LaPorte.

LYONS—Mrs. Orville Downing and Mrs. E. E. Miller were hostesses to the Wednesday afternoon card party at the Miller home. Four tables of "500" were in play with high score going to Mrs. Jack Cornforth, low to Mrs. Earl Allen and traveling to Mrs. Roy Huber.

Refreshments were served to Mrs. Earl Allen, Mrs. Roy Huber, Mrs. Hargo Halling, Mrs. Charlie Peterson, Mrs. Albert Ring, Mrs. Jack Cornforth, Mrs. Paul Smith, Mrs. Albert Bass, Mrs. Henry Kruse, Mrs. R. P. Lyons, Mrs. Clyde Swan, Mrs. Alva Wise, Mrs. Frank Kinsman and the hostesses.

DALLAS—Circle B of the First Presbyterian church was entertained at the home of Mrs. E. V. Dalton on Monday afternoon.

Mrs. J. F. Spooner, the president, presided at a short business meeting with the remainder of the afternoon spent in sewing

St. Mary's School Teachers Chosen; Two Will Be New

MT. ANGEL—The St. Mary's school board yesterday made the announcement that five of the seven teachers employed in the public school have been rehired. The other two teachers, Francis Hamstreet, sixth grade teacher, and Miss Rosella Blum, teacher of the overflow pupils of the seventh and eighth grades, are leaving. To replace them the board hired Hugh Emery of Long Creek and Miss Delphine Hubner of Mt. Angel.

Mrs. Pownall to Be Head of PTA

SCOTTS MILLS—At the PTA meeting Thursday night Mrs. C. E. Pownall was elected president. Mrs. W. E. Jimick, vice president; Mrs. Alpha Anderson, secretary; Mrs. Aline Paul, treasurer. Oregon scenic movies were shown by the Cherry City Baking company.

John Fry has gone to Visconis to spend several months visiting friends and relatives.

ELGINORE

Today, Thursday, Friday and Saturday
2 MAJOR FEATURES
Her Latest and Greatest Triumph!



Deanna DURBIN
Nan GREY • Helen PARRISH
3 SMART GIRLS GROW UP
Robert CUMMINGS
Charles WINNING
William LUNDIGAN
— Plus 2nd Big Hit —

SILVERTON—Miss Celia Hannan whose wedding to Ralph Sears will be an event of June 6, was honored at a party Friday night at the home of Mrs. Ralph Larson, with Mrs. Audney Tokstad as assistant hostess. A treasure hunt was a novel feature.

Invited were Miss Hannan, Mrs. J. P. Ballantyne, Miss Ruth Powers, Mrs. Pearl Bye, Mrs. Charles Hauser, Mrs. John Rye, Miss Eleanor Boime, Mrs. Marion Green, Miss LaForest, K. Donald, Miss Dorothy White, Mrs. C. Woodhouse, Miss Helen Wolbach, Miss Billie Thurman, Miss Lolita Skipper, Mrs. Elmer Lindholm.

WEST SALEM—The young married people's class of the West Salem Methodist church met at the home of Mr. and Mrs. Leighton Dashiell for a covered dish dinner on Saturday night. The centerpiece was an attractively decorated birthday cake, honoring Mrs. Lyle Thomas.

Those attending were: Mr. and Mrs. Lyle Thomas, Mr. and Mrs.

Angels...WITHOUT HEARTS!
WOMEN OF THE WIND

Call Board

- STATE**
- Today—Janet Gaynor, Roland Young, Douglas Fairbanks, Jr. and Billie Burke in the "Young in Heart"; and Frankie Darro in "Tough Kid."
- Thursday—Claudette Colbert, Gary Cooper, Edward Everett Horton and Herman Bing in "Bluebeard's Eighth Wife"; and Randolph Scott and Joan Bennett in "The Texans."
- GRAND**
- Today—"Winner Take All," with Tony Martin, Gloria Stuart and Slim Summerville.
- Saturday—Double bill, the Jones family in "Everybody's Baby" and Jean Parker, Charles Bickford in "Romance of the Redwoods."
- ELGINORE**
- Today—Double bill, Deanna Durbin in "Three Smart Girls Grow Up," with Nan Grey, Charles Winninger and Kay Francis in "Women of the Wind" with William Gargan and Victor Jory.
- CAPITOL**
- Today—Double bill, John Garfield in "Blackwell's Island," with Rosemary Lane, Stanley Fields and Charles Starrett in "Texas Stampede"; on the stage, Jay Clarke, world famous mentalist. Special ladies' matinee at 1:00 p. m., on the stage Jay Clarke, world famous mentalist; and feature picture "Snowed Under," with George Brent and Genevieve Tobin.
- HOLLYWOOD**
- Today—"Men With Wings," in technicolor with Fred MacMurray, Ray Milland and Louise Campbell.
- Friday—Double bill, George O'Brien in "Lawless Valley" and "The Last Express" with Kent Taylor and Dorotea Kent.

THE LOVE STORY of the AGES!
...The real life romance of mankind's benefactor...

HELD OVER
Through Friday

Don AMECHE Loretta YOUNG Henry FONDA

GRAND

WARNER'S CAPITOL THE BIG HIT 25c

Starts Tonight

ALCATRAZ OF THE EAST...where guards were stogers for a crime dictator! Where prisoners were forced to pay for food, beds, the right to live...in jail!

JOHN GARFIELD BLACKWELLS ISLAND

BARES THE STARTLING TRUTH ABOUT

ROSEMARY LANE STANLEY FIELDS

HELD OVER!
For One More Week
America's Foremost Mentalist
JAY CLARKE

PLUS 2ND FEATURE
Charles Starrett in
"TEXAS STAMPEDE"

CAPITOL THEATRE

TODAY WEDNESDAY
From 1:30 to 2:30
Doors Open 1 p.m.

JAY CLARKE
America's Foremost Mentalist
Will Present
A Special
Intimate Matinee
for
LADIES ONLY!

Answering questions of a personal and intimate nature for one full hour, 1:30 to 2:30.
Doors Open 1:00 P. M.
Ladies May Remain for Special Screen Show Starting at 2:30 P.M.

Don't miss this extra-special entertainment treat...with five of your set fun favorites frolicking in one gay romantic comedy.
"SNOWED UNDER"
From the Sensational Serial of "Liberty" with George Brent - Genevieve Tobin - Glenda Farrell - Patricia Ellis - Frank McHugh - John Eldredge
Plus 2nd Feature Charles Starrett in "Texas Stampede"

Positively
No One Under 18 Admitted

TODAY

ADOLPH ZUKOR presents THE TEXANS with JOAN BENNETT RANDOLPH SCOTT

2nd Big Hit!

Claudette Gary COLBERT COOPER

"Bluebeard's Eighth Wife"

New STATE

HOLLYWOOD Today and Thurs.
Mom, Pop and Unmarried Kids... 40c
Single Adults 15c - Kiddies 10c
TWO BIG FEATURES
WEIRD MYSTERY HIT!
JACK HOLL
MAKING THE HEADLINES
BEVERLY ROBERTS
And 2nd Feature
With Madge Evans John Boles Bruce Cabot

THEY'RE COMING!
NOT
"The Jones Family"