PAGE SIX The OREGON STATESMAN, Salem, Oregon, Tuesday Morning, December 14, 1937 Homemaking News and Features of Interest to Women Society...Clubs Styles .. Food Music MAXINE BUREN-Women's Editor_ Style - Smiles - - - by Gretchen Nuts Informs **Bridge Luncheons** CLUB CALENDAR Alpha Chi Omega Today's Menu Ski Clothes on Tuesday, December 14 Alumnae Feted On Calendar - Welcome List Junior Guild of St. Paul's Begin the meal with colorful Episcopal church with Mrs. Don At Shinn Home This Week At Christmas beet salad and end it with prune For Gifts Roberts, at top of 12th street whip with nuts and cream. hill, 1:30 no-host luncheon. Hostesses are entertaining their bridge clubs this week Mrs. Robert Shinn and Mrs. Beet salad-horseradish dressing Past President's club, WRC The Pacific northwest has be-Some general information James B. Young entertained the Potted beef steaks. with Mrs. Florence Shipp, 1630 about nuts as gathered through come so famous for winter Salem alumnae of Alpha Chi **Riced** potatoes with their annual Christmas par-Saginaw street. several years' collection of resports that it rates a notice in Omega sorority last night at a smartly arranged affair at the North Salem and Turner Browned carrots cipes may aid a bit in Christties thus making the pre-holiday the New York Herald-Tribune on WCTU, silver tea, Old People's season more festive. Yesterday Prune-whip mas preparations. the regular Sunday sports page. Mt. Hood and Mt. Rainier even Shinn home on North Summer a group of matrons motored to . . . home, 2 p.m. Almonds keep after blanched the Portland home of Mrs. Fritz Presbyterian Guild, with POTTED BEEF STEAKS street. if thoroughly dried and put in the are mentioned in the same Slade for luncheon and an af-Mrs. R. T. Boals, 750 North A dessert supper was served Steaks from round or chuck a jar. Almonds burnt or roasted breath with Sun Valley as a ternoon of cards. In the group Capital street, for covered dish by the hostess and the Christlarge onion sliced and put in sugar are called praplace to ski. wore Mrs. Daniel J. Fry. jr., luncheon, 1:15 p.m. mas motif was used in the tacup catsup lines Skiing will undoubtedly be Mrs. Taylor Hawkins, Mrs. Ol-Parent-Teachers study group ble appointments. Red and green, One cup chopped nuts make cloves even more popular this season iver C. Locke, Mrs. T. A. Livesof Grant school with Mrs. W. Alpha Chi Omega colors, were half a pound. Two cups of whole 2 bay leaves E. Thompson on Pacific highthan last, and like many other ley, Mrs. Keith Powell, Mrs. Wilused about the rooms and carnuts weigh approximately one Salt and pepper sports, clothes make a great way at Claxter Road, 2 p. m. Ham Scott, and Mrs. Conrad W. nations centered the dining room Have steaks cut about 1 inch pound. Brazil nuts will be soggy if thick and into pieces for individ- many of the skiers, especially Alpha Mu Delphians, fire-Paulus. table. The group enjoyed a blanched in hot water, hot fat ual serving. Dredge with flour those feminine athletes who go Christmas tree with an exchange place room of library, 9:30 a. Club At Kay Home makes them turn rancid. If the and brown on both sides. Add along with the crowd because Today Mrs. Ercel Kay has bidof gifts. Artisan Woman's club with they look good in outing clothes den members of the Tuesday Those present were Mrs. G. F. outer dark skin must be re- sliced onion and catsup and spices and 1 cup of hot water. Season and are willing to take some Mrs. Oscar Dencer, no-host Chambers, Mrs. John Minto, Mrs. Lewis Griffith, Mrs. Verclub to her Fairmount Hill home moved, scrape it off. right smart bumps on the chin luncheon and Christmas party. Pecans are easiest shelled by with salt and pepper and cover for luncheon. Cards will be in Sewing club auxiliary to to prove it. Gilmore, Mrs. Theodore tapping on one end with a ham- tightly, let cook slowly on top of play during the afternoon, Bidnon Disabled American Veterans of Madsen, jr., Mrs. Gardner "napp. mer. The loss is 50 to 60 per the stove or in the oven until ten-So on to Christmas, for there's den as special guests are Mrs. cent in shelling and it's often der, about 1 hour, James Linn and Mrs. Paul Henthe World War with Mrs. J. no better way to solve the great Mrs. Burton Myers, Mrs. Carl more economical to buy them M. Hartley at box 188, route December problem than by giv-Pope, Mrs. Homer J. Richarddricks. no-host luncheon, 1 p. m. ready shelled. ing away a few ski suits (or at Club members are Mrs. Hollis son, Mrs. Claude Steusloff, Mrs. To peel chestnuts, prick them, Saffron Bread Among Beta Chi Mothers' club meet least a pair of warm mittens) Monroe Gilbert, Mrs. William W. Huntington, Mrs. Frank H. boil for 5 minutes or more, re- Holiday Recipes at chapter house, 1445 State to those who like this sport. Spears, Mrs. William Connell Dy-Cole, Mrs. George Moore, Miss street, 2:30 p. m. - Salem merchants say to give move outer brown shell and pick Dorothea Steusloff, Miss Marjer, Mrs. Daniel J. Fry, jr., Mrs. Salem Arts league, general Hawkins, Mrs. Keith orie Marcus, Miss Mary Jane off bitter inner skin. (Sounds jackets not too heavy, but wa-Sweet breads are welcomed on Taylor meeting 7:30 in fireplace room easy but isn't.) terproofed, with enough loose-Adams, Miss Frances and Miss Powell, Mrs. Prince W. Byrd, the holiday menus, saffron bread ness to allow plenty of action. of the library Creamed nuts make a Christ-Jean Doolittle and Mrs. Robert Mrs. John Carson, Mrs. Arthur is one of the more unusual ones Salem Ministers' Wives with mas gift that costs little and There's definitely a Norwegian Rahn, Mrs. T. A. Roberts, and Shinn and Mrs. James Young. that are popular in some house-Mrs. Irving Fox at the manse, influence in sweaters and caps. is much appreciated. Mrs. Fritz Slade of Portland. holds. The flavor of saffron is 2:30 p. m., Christmas pro CREAMED NUTS Experts prefer simplicity in Drama Class quite distinctive, in purchasing it gram. 2 cubs sugar skiing costumes, but it's not up **Exchange Dinner Event** Mrs William Everett Anderson buy the Spanish saffron, though Rainbow Girls, Masonic 7:15, 1/2 teaspoon vanilla to the giver to decide how much is entertaining members of her more expensive it costs no more initiation and gift exchange. Of Sunday cup thin cream skill the givee can demonstrate, drama class today at her Court in the end because you use'so tablespoons white 2 corn so many parents have decided street home. A dessert luncheon much less. The flavor is better Wednesday, December 15 Co-eds of Alpha Phi Alpha sorthat cash is what's needed by syrup will be served followed by an East division, First Presbytoo 1 tablespoon butter ority and the Kappa Gamma Rho young skiers who may prefer to terian church Ladies' Aid, tal-SWEDISH SAFFRON BREAD afternoon of study. Cook all but vanilla to a soft men enjoyed an exchange dinner In the group are Mrs. Robert select their own accessories to ent party at home of Mrs. 2 cups milk scalded and cooled ball (234 degrees) stirring con-Sunday at their respective chapter this delightful winter sport. Brady, Mrs. Karl Becke, Mrs. Willis Moore, 495 North Comstantly until it boils, and occa-6 tablespoons shortening The home knitter is safe in houses. The dining table at the Kenneth Fitzgerald, Mrs. Clifmercial street, 2:30 p. a. % cup sugar sionally, afterwards. Add vanil-Kappa house was centered with ford Farmer, Mrs. Robert M. KCKT club with Mrs. Ralph demonstrating her talents, for la and let it stand until luke-About 7 cups flour holly and red tapers. Dr. and Mrs. Gatke, Mrs. Edgar T. Pierce, no skier ever had enough good Thompson, 1680 South Comwarm, then beat until creamy. 1 cake compressed yeast Franklin Thompson were chaper-Mrs. Herbert Rahe, Mrs. J. E. wool mittens or socks, no matter "Be sure to get a suit with large pockets. I don't like to see them mercial street, 2 p. m. Break off a small piece and put teaspoon Spanish saffron Law, Mrs. H. G. Maison, Mrs. ones. how many Christianas, telemarks West Central Circle of First an almond or filbert in the cenbulging when you carry my things!" Verne McIntyre, Mrs. Clifton Mudd. Mrs. Carl Nelson, and 1 teaspoon salt Covers were placed for Miss or just plain spills he takes. Methodist church meet in carter, rolling into a ball, roll in 1-3 cup boiling water Which makes us sure he'd rather get one without pockets-just like finely chopped nuts. Norma Fuller. Miss Betty Wilrier room, 2:30, exchange of Let saffron soak in the water Mrs. Merrill Ohling. iams, Miss Geneva Selander, Miss her gorgeous new house coat. (Clip this carefully for your husgifts. for a few minutes. Soak yeast in Mrs. Teed Hostess Annabelle Cooter, Miss Janice A covered dish luncheon a Royal Neighbors sewing club, band's accidental observation in case you want to help him out on 1/2 cup of the milk, add salt and 12:30 and a social afternoon with **Dutch Pie Includes** Mrs. James Teed has invited Murray, Miss Aris Jones, Miss all day at Fairgrounds. Gift exthat Christmas gift for you.) It's of matelasse satin in peach-gold 1 teaspoon sugar, strained liquid members of the Adolynk club to Margaret Engdahl, Miss Audrey a gift exchange will be the feachange. shade and will make you look hundreds of inches the queen right **Molasses Sauce** off the saffron, remaining milk tures of the meeting of the Hal her home Wednesday for the an-Reid, Miss Gail Dennison, Past Noble Grands associadown to its bit of train. Slide fastener closing and wide cuffs and and 3 cups of flour. Beat well and Hibbard auxiliary to the United Fervin Brink, Charles Bickner, nual Christmas party. The hosttion, Odd Fellows temple, 6:30 collars of marabou-what grander gift?-Copyright 1937, Esquire Dutch crumb pie is another let rise until light, add rest of Spanish War Veterans being held ess, will serve a one o'clock Robert Campbell, Henry Kortep. m. Features, Inc. sweet for dessert that's popular ingredients. Knead, let rise until on Friday at the home of Mrs. luncheon and cards will be in meyer, Gilbert Heald, Gilman Dav-South central section, Ladies in many families. Sometime later. The holiday motif light and mold in three medium John Bertelson on Lafelle street. William Byars and Winston Aid of First Methodist church, will be used in the table decoratry: Bunnell. In the Valley Social Realm sized loaves, sprinkle with cinnawith Mrs. Milligan, dessert DUTCH CRUMB PIE mon and sugar and let rise until The dining table at the Alpha tions. luncheon. Christmas meeting. 2 cups flour Guests will be Mrs. B. E. double in bulk. Put in a 425 de-Phi Alpha house was centered Book Review section of Sa-Owens, Mrs. A. L. Adolphson, Mrs. Edna Rowland, Mrs. E. H. 1 cup sugar with holly in a silver bowl on a gree oven and bake for 15 minlem Woman's club, Fireplace

room of library, 2 p. m. Kennedy, Mrs. Lawrence Imlah, East Central Circle of First Mrs. Albert Gragg. Mrs. Harris Methodist church with Mrs. Lietz and Mrs. George Nelson. Thomas Holman, 965 North Summer street, 2:15 p. m.

IOOF hall, 8 p. m.

Mrs. Fox Entertains In Her Home

The Woman's Missionary society of the First Baptist church entertained at the home of Mrs. Irving Fox on Friday. The Christmas idea was carried out in the decorations.

Yocom, Miss Norma Leek, Miss Esther Callison, Miss Marjorie Thursday, December 16 Capitol auxiliary No. 11, ham. Faculty Women's club, Wil-

one

W. E. Kirk, 1450 State street,

WEST STAYTON - A pretty EVENS VALLEY-Mrs. Sebride's shower was sponsored by vert Funrue was the inspiration Mrs. Edward Hankel, Mrs. Fred of a birthday anniversary party sistency of crumbs. Reserve a Places were laid for Miss Ruth Comstock, Mrs. Edward Clark, supper was served. and Mrs. Merle Crane in the

zewoda (Florence Crane) and Mrs. Raymond Kellis, Robert and

Overton.

lamette university, with Mrs. tafson, Robert Teeters, Ed Cohn, nie Crane) of Salem, both recent Hemmingsen, Lester Hemming-Clayton Wheeler, William Fisher, brides and former residents here.

Sunday at her home. A no-hostess

Present were Mr. and Mrs. S. Moberg, Althea Meyer, Mr. and

evening at 8 o'clock in the Ma-

sonic temple. Hostesses will be

Mrs. Martha Reiling and Mrs.

Gertrude Beach, Decorations will

be in charge of Mrs. Elfa Fikan,

Mrs. Myrtle Gill and Mrs. Delia

. . .

Put in a 450 degree oven for for 350 and minutes.

buttered well, or sprinkle lightly over buttered carrots or parsnips.

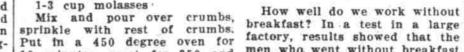


Jones, Miss Anoka Coates, Miss McClellan hall Friday afternoon Funrue, L. H. Meyer, Mrs. G. E. Barbara Lamb, Miss Lorna Bar- in honor of Mrs. Francis Wood- Moberg, Marna Moberg, Patience

Kendall Teisinger, Ralph Gus- Mrs. Bernard Wodzewoda (Bon- Janet Kellis, Mr. and Mrs. Alvin sprinkle with rest of crumbs.

1/2 cup shortening Mix with hands to the confew of the "crumbs" for the top and put the rest in an unbaked

pastry shell. 1-3 cup hot water 2-3 teaspoon soda



utes, reduce heat to 375 degrees and allow 45 to 50 minutes in all.

Nutmeg adds interest to vegetables to give extra flavor. Try some of the spice sprinkled on the Danish squash after it has been

Those who took part in the program were: Mrs. J. W. Cabeen, Mrs. E. C. Newberry, Mrs. E. J. Ayers, Mrs. J. Fiske, Mrs. Fred Broer, jr., Mrs. Clyde Crawford, Mrs. J. A. Lobdell as guest speaker told of her many years' experiences among the Navajo Indians, and displayed some drawings, Assisting Mrs. Fox at the luncheon were Mrs. Arthur Stowell. Mrs. Nels O'Lean, Mrs. Arden Reed, Mrs. L. H. Barnett, Mrs. C. H. McCullah and Mrs. Robert Wagers.

Others attending were Mrs. L. G. Prescott, Gertrude Lobdell, Mrs. A. M. Mackey, Emma Graham, Mrs. Jennie Hicks, Mrs. Johanna Fiske, Mrs. Elmer Conn, Mrs. E. C. Newberry, Mrs. E. J. Ayers, Mrs. E. A. Wimer, Mrs. L. McLaren, Mrs. Theodore Turner, Mrs. Mattie Clark, Mrs. Lee Cross, Mrs. Robert Fromm, Mrs. L. S. McClintic, Miss Olive McArinch, Mrs. H. L. Martin, Mrs. W. H. McAninch, Mrs. F. E. Broer, jr., Mrs. A. D. Mathis, Mrs. E. C. Race, Mrs. Earl Hatfield, Mrs. Clyde Crawford, Viola A. Harrelon, Mrs. Katherene R. Parsons, Mrs. Kate White, Mrs. F. M. Miss Pauline Weber White, Mrs. F. E. Miller, Mrs. A. Honored at Shower W. Smithers, Mrs. Joseph Graber, Mrs. N. Olen, Mrs. J. W. Cabeen, Mrs. S. L. Snith, Mrs. F. A. Starkey, Mrs. G. L. Weaver, night in compliment to Miss Paul-Mrs. A. H. Burroughs, Mrs. J. A. ine Weber, bride-elect of Walter Gibson, Mrs. Henri Morasch, Mrs. Hillpot. A miscellaneous shower Clark Groves, Mrs. Mark Skiff, honored the bride-to-be during the Mrs. C. L. Parmenter, Annie D. Cox and Rev. Irving Fox.

Delta Phi Mothers Meet Monday

The Delta Phi Mother's club met for its regular monthly business meeting yesterday afternoon Miss Grace Miller. Acting as hostesses were Mrs. C. R. James, Mrs. Bert Hulst and Mrs. James McGilchrist, A frult Mrs. Lena Schmidt jam shower honored the Dinner Hostess girls during the afternoon. Following the business meeting tea

was served. Those present were Mrs. Fred Alban Weil, Mrs. M. G. Findley, Church street home. Cards were in Mrs. King Bartlett, Mrs. Arthur Ochlar, Mrs. Paul H. Hauser, Mrs. Roy Burton, Mrs. E. E. Gilbert, Mrs. William R. Speck, Mrs. Don Upjohn, Mrs. Roy S. Keene, Mrs. C. R. James, Mrs. Bert Hulst and Mrs. James McGilchrist.

. . .

The Book Review section of the Salem Woman's club will meet Wednesday at 2 p. m. in the fireplace room of the public li-"Madame Currie" by Eve Currie, "The Gate of Happy Sparure" by Sanderson.

Frank H. Spears will entertain sie Edwards and Eva Martin; tree

members of the woman's auxil- and candy: Ida Hochstetler, Pearl lary of St. Paul's Episcopal church Swanson and Christina Cladek. Friday afternoon at their home Chemeketa street at 2:30

2:30 p. m.

Friday, December 10 Ladies' club of Maccabees

No. 122, with Mrs. Milton Steward, 572 North 17th street, sewing afternoon, Ladies' Aid, Evangelical and Reformed church, annual Christmas party at 1616 Center street.

Hal Hibbard auxiliary to United Spanish War Veterans with Mrs. John Bertleson, 110 Leffelle street, 12:30 covered dish luncheon. Rickey Sunshine club, with Mrs. Roy Shaw, 611 South Commercial street, Mrs. Frank

Fulton hostess. Three Link club, Christmas party, 2:30 p. m. a

Woman's a u xiliary of St. Paul's Episcopal church with Mrs. Russell Catlin, 1309 Chemeketa street, 2:30 p.m. League of Women Voters luncheon, Marion Hotel, 12 o'clock, C. C. Chapman, speaker.

Saturday, December 18 Puppet show, Salem Public library, 10:30 a. m., Children's

Miss Ruth Thomas entertained informally at her home Friday

evening and a late hour supper was served. Assisting the hostess were Miss Virginia Martin and

Miss Wilma Warren. Those bidden to honor Mrs. ator.

this time.

Weber were Miss LaVelle Sanford, . . Miss Gladys Miller, Miss Dorothy Miller, Miss Helen Filler, Miss Wilma Warren, Miss Virginia Martin, Miss Ethel Weber, and

Mrs. Lena Schmidt entertained capital for a few days at the home at dinner Sunday for a group of of Mr. and Mrs. William Connell relatives and friends at her North Dyer.

play during the evening. Assisting the hostess informally was Miss Elaine Boltin. Covers were placed for Mr. and Mrs. Nicholas Esh of Sacksmith, Canada, Mr. and Mrs. Joseph Goldate, sr., of Woodburn, Patrick Schmidt, Miss Norma Schmidt and Mrs. Lena Schmidt.

The Three Link club will meet Friday, December 17, at 2:30 in the club rooms of the Odd Fellows brary. Miss Eve Knower will re- temple for their business and election of officers and the Christmas tree followed with the exrows" by Vare and "Animal Treas- change of inexpensive gifts. The committees in charge are: refreshments, Wilda Siegmund, Eu-Mrs. Russell Catlin and Mrs. gena Morse, Elsie Townsend, Bes-

Mrs. Thomas Holman will eno'clock. Miss Helen Cammach, a tertain the East Central Circle

Laurence Nunnenkamp, James Cheetham and Thomas Hall. The tables were rine of Scotts Mills, Mr. and Mrs. were received. . .

C. C. Chapman to Speak **To Women Voters**

mirror flanked with green tapers.

Mrs. Charles Wilson was chaper-

Miss Maxine and Neota Schafer, Ellingson, Mr. and Mrs. C. J. Mrs. Frank Allen, Mrs. Harry Towe, Dorothy Towe, Mr. and Those who attend the monthly Stewart, Mrs. Howard Gilbert, Mrs. Alvin Williams of Hubbard, all the ingredients, but really luncheon meeting of the Salem Mrs. W. O. Royse, Mrs. Virginia League of Women Voters at 12 Crane, Mrs. Al Hites of Salem. o'clock Friday at the Marion The hostesses: Mrs. Edward Han- tron's club of Evergreen chapter a Christmas special, to make for hotel will hear a discussion of kel, Mrs. Fred Comstock, Mrs. 41, will hold its regular meeting "The Labor Question" by C. C. Edward Clark and Mrs. Merle and Christmas party Wednesday at home. Chapman, editor of the Oregon Crane and the honor guests. Voter. Mr. Chapman has attend-

ed many of the labor hearings MONMOUTH - A delightful and has gone into the strike areas Christmas party was enjoyed Frito interview both the picketers day by the Dorcas society of the and the employers.

Christian church. A covered dish He returned recently from a luncheon was the noon time feastate tour on which he spoke on ture. Mrs. F. E. Chambers, Mrs. the labor question in many cities Marion Fresh and Mrs. Glen so the league feels fortunate in Whiteaker had charge of arhaving him on its program at rangements. Table decorations were of green and silver with red Women from both parties are tapers. Music and Christmas secordially invited to attend the meeting and reservations may be

In "The First Lady" Serve Dinner

A number of Salem folk went to Corvallis this week-end for the presentation of "The First Lady" Fellows temple, Wednesday night who spent the day with her. No- trar. at the Majestic Theatre, sponsored for a 6:30 covered dish dinner host refreshments were served at by the Mask and Dagger club of for members and families. The noon. Oregon State college under the di- business meeting will be at 8 rection of Miss Elizabeth Barnes, o'clock. All members are asked Salem students appearing in the to bring a gift for exchange on mas meeting of the Silver Cliff play were Kathryn Rowe, Bud Mercer and Winston Williams. Miss Rowe played the part of a supreme court justice's wife, Mr.

Mercer played the role of secretary of state and Mr. Williams acted the part of a United States sen-

Mr. and Mrs. Theodore Stolk of route two are planning to celebrate their golden wedding on Sunday with a family dinner and an at home to their friends. All their eight children will be present for the celebration.

Miss Dorothy Wilson of Los Angeles will be a guest in the

lections were given. Gifts, and a cash collection for the Chilmade by calling Mrs. Hal Patton dren's Farm home were received. or Mrs. R. W. Craig. Salem Students Appear

Past Noble Grands -

The Past Noble Grands' asso- on her birthday Friday by a ciation will meet in the Odd group of relatives and friends Mrs. the Christmas tree. The com- Woman's club will be held Thurs-

past noble grands are welcome. the Children's Farm home.



sen, Evelyn Hemmingsen, Mr. Many pretty and useful gifts and Mrs. S. P. Moberg and Cor- bake until set and brown. decorated with bouquets of holly. Bert Rue, Mr. and Mrs. Albert Uncooked Cake Makes

The guests were: Mrs. Fred Funrue, Norman Funrue, Mrs. Denham, Mrs. W. E. Schafer, K. Funrue, Mr. and Mrs. Herman **A** Confection

> An uncooked fruit cake takes turns out to be a sort of con-WOODBURN - The Past Mafection. This is a nice recipe for gifts or just to slice and serve

> > UNCOOKED FRUIT CAKE 2 cups dates 1/4 cup raisins 2 teaspoons orange juice 1/2 cup shelled nuts pound candied pineapple 1/4 pound candied cherries

Put raisins through a food AMITY-Mr. and Mrs. Joe chopper, cut other fruit in small Panek of near Ballston enterpieces, add orange juice, mix with tained with a party and shower hands. Press into pan lined with at their home Thursday night in waxed paper, put a heavy weight honor of Miss Viola Pumala, on top and let stand over night. whose marriage to Carl Loop of Amity will be an event of the

near future. The hostess assisted ALBANY-Mrs. Helen Whiteby Mrs. Earl Burch and Mrs. man was reelected president of Julius Marx. Thirty-five persons the Ladies of the GAR for the attended. coming year, and Mrs. Luella Wolf senior vice-president; Mrs.

VICTOR POINT-Miss Millie Hattie Bray, junior vice; Mrs. Krenz was pleasantly surprised Birgetta Jackson, treasurer; Mrs. Bernice Clinton, chaplain, and Candis McChesney regis-

Other officers elected are Mrs. Eva Nichols, patriotic instructor; Mrs. Cora Beamis, con-SILVER CLIFF --- The Chris ductor; and Mrs. Nettie Price, guard. Other officers will be

appointed later by Mrs. Whitemittee in charge is Dora Hill, day with Mrs. Floyd Fox hostess. man, Mrs. Helen Horton was Gertrude Kirkpatrick, Anna Ben- Members will exchange gifts and elected first delegate to the state nett and Mamie Calloway. All a Christmas hox will be sent to department convention and Mrs. Eva Nichols second delegate.



men who went without breakfast turned out less - than - average work for six hours during the day. On the other hand, the men who ate a breakfast which included a nourishing cereal, worked with so much zest that they did better-than-average work for five hours of the day. The no-breakfast group in a shoe factory averaged only 172 shoes sewed hourly each, while the breakfast group averaged 183 shoes hourly-a difference of 11 shoes an hour or 88 shoes for an eight-hour day.

Hearty Breakfasts Are

Good Energy Makers



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