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## **Bridge Salads** To Be Popular

Various Recipes Tried Out By Salem Hostesses Are Presented

Bridge clubs will start in the very near future and many hostesses will be planning formal and informal afternoon parties. The clever hostess will always want to serve something new and different for her first big party of

Bridge salads are very appropriate to serve for the luncheon or at the tea hour. A mixed salad or gelatin with artistic garnish, will make the plate very attractive and appetizing for the hostess's

Following are a few salad rec-eipes contributed by Salem house-

Chicken Bridge Saled 1 cup cooked diced chicken 1 cup fresh pineapple, cut in

1 cup raw apple, cut in cubes cup walnut meats (not too small)

Mix together with enough mayonnaise to moisten. To serve, put 1 cup of the salad mixture into a round of the pineapple skin and slip on an apple ring with the skin left on over the top. Garnish with a little mayonnaise and a walnut meat on top, Serves four. The balance of the luncheon menu might include celery stuffed with Philadelphia cream cheese mixed with rip olives, hot baking powder discults or orange muffins, coffee and assorted nuts.

Mrs, Kenneth Dalton 948 Shipping

Ginger Ale Salad 1 tablespoon unflavored gelatine

is cup hoiling water 114 cups ginger ale 4 tablespoons nuts, chopped

4 tablespoons celery, finely chopped 1 tablespoon crystalized gin ger, cut fine

died cherries, apples or at school. Disolve gelatin in 14 cup cold

ginger ale. When slightly thickened fold in celery, ginger, fruit and nuts. Chill until firm in individual molds. Unmold on crisp lettuce. Garnish with mayon-Helen Meyers,

Route 3, Box 296.

Salad Supreme small can sliced pineapple 1 small can peaches

1 egg white

Arrange slices of pineapple on and serve. Makes four portions. the lettuce and on each slice put haif a peach, hollow side up. In

I USED TO SHOP

ANY STREET-

Governor Landon Cuts His Birthday Cake



punched in the top make salt and

sugar shakers. Save screw top

paper over custard cups for con-

One of the most important

things to remember in planning

the school lunch is that it should

be chosen with regard to the

whole day's food requirements.

Milk, fruit, and if at all possible

a hot dish should be included in

the lunch every day. Dates are one

of the most valuable fruits for

school days. They act as a dessert,

fruit and candy all in one, and are

healthful and digestible besides

A few lunch box recipes are as

and other minerals.

teaspoon salt

cups milk

DISCREET

tablespoons sugar

BUT HOW MY BUYING'S QUITE

4 eggs

## **Problem of School Lunches Arises** Again; Suggestions on Selection of Food and Method of Packing Given

By JANE STUART
School bells will be ringing and try to put them in the order in which they will be eaten.
Clean pill boxes with holes in the minds of many mothers. 1 cup assorted fruits, diced The mid-day meal is indeed im- jars for puddings, or tie waxed (canned pineapple, or- portant for the young school ange, grapefruit, can- child, whether he eat at home or

A large number of children must carry their lunches. Some Add boiling water and schools maintain cafeterias, others serve milk or hot soup. For those mothers who pack the lunch a few tips will come in very handy.

Select a lunch box that can be kept clean and scalded and aired daily. All food must be wrapped separately in wax paper. Arranging the food in the lunch box is very important. If possible place containing vitamins, iron, calcium

the hollow, place a maraschino or canned red cherry. Whip the egg follows: jelly and sugar together 12 glass apple of current pelly and whip stiff, Put a border of this around each individual dish

AND STRUGGLE

IN RHYMES of REASON AN

Beat eggs slightly, add the salt and sugar. Scald milk in double boiler and stir into egg mixture. Return to double boiler and cook slowly, stirring constantly until mixture coats spoon. (Water should be just under bolling point to prevent over-cooking or curdling.) Cool and add vanilla. Quarter bananas lengthwise, and slice half a banana into each dish. (Use individual custard cups or paper baking cups for the school box.) Pour custard over bananas and chill. Serves 4.

Whole Wheat Date Cookles 1 cup white flour

2 teasps, baking powder 1/4 teasp, soda

teasp. salt 1 cup whole wheat flour 1/2 cup shortening 1/2 pkg. pasturized dates cup brown sugar

1 egg 1-3 cup sour milk 1 teasp. vanilla

Words and Music by Schreder-Berg

Sift white flour, baking powder, soda and salt together. Add whole wheat flour. Mix dates through dry ingredients with finger tips. Cream shortening, add sugar gradually, then beaten egg. Add dry ingredients alternately with milk. Add vanilla and beat until well mixed. Drop by teaspoonfuls 2 inches apart on well-

IT PAYS TO

SCHREDER-BERG

Special for Friday and

22c

23c

35c

15c

15c

25c

25c

30c

28c

Sugar Cured

Back, lb. .....

Pure Lard-

Leg of Mutton-

Mutton Chops-

Leg of Lamb-

Frying Rabbits-

Frying Chickens-

Hens to Bake or

Pound

Shoulder Mutton-

Sugar Cured Bacon

# Debate Place

resentative of Pepco in Debate Sept. 28

NORTH HOWELL, Sept. 17.—
Meeting in reguar session last
Friday night, the North Howell
grange members decided upon
Monday night, Sept. 28, as the
date for the debate on the public
utilities question to be held in
the K. P. hall in Silverton. At that time, Peter Zimmerman of Yamhill and a representative of the P.E.P. company will present the arguments for and against public utilities bill to be voted upon at the coming general election. North Howell grange originated the debate idea and is being joined by other local orders. The public is invited to utilities affects home owners all the accelerator and applied the over the state and power from brake in three-fourths of a second the Bonneville dam project is a or less.

Booster Night Planned Booster night plans for September 30 at the North Howell grange hall were also announced. Officers were asked to occupy their stations, decorations put in charge of Mrs. Martha Vinton and Mr. and Mrs. M. A. Dunn, and lunch will be served to ev-eryone by the home economics committee. There will be a varied program with orchestra music, a speaker and other numbers and a pleasant social hour. Plans for the coming local

oiled baking sheet or inverted pan. Bake in fairly hot oven (400

w. H. Stevens, general chair-Is Silverton

Is Silverton

W. H. Stevens, general chairman of the fair committee announced that one particular feature would be a colt show with a real judge of colts and a prize for the best colt present. This is a unique feature for the local fair board and is being availed with interest. The date will be announced later.

#### Women Slower in Putting on Brake

announced later.

Men are faster than women in the dual performance of removing their feet from the accelerator and applying the brake on an automobile, tests conducted by the state highway department at the recent Oregon state fair, revealed. A so-called reaction machine

was used by the highway department in conducting the tests. Records show that 80 per cent of 700 men who participated in attend as the question of public the tests removed their foot from

> Out of 190 women only 55 per cent completed the operation in that time.

#### Miss Crosby Will Address Ad Club

luncheon at noon today. Her sub- subject to regulated use. ject will be the sales promotion plan of Lux laboratories, based on teaching women the "care of washables." The program is sponious a camp fire permit where camp is to be made at other than a designated camp ground and, with the newly elected cabinet will sponious smoking while "Conterence have quarter, Lyte traveling in such areas, requires H. Willard, R. E. Plowman, J. Kennear Wishart, Dean L. Vermitted by Miller's department store degrees F.) 10 mins. 36 cookies. where Miss Crosby is carrying on the exception of pedestrians, reorganize and discuss plans for the quires that a shovel avand water coming year from 4.20 to 5.

## Lifted by Martin

Restrictions Are Kept on Area in Douglas, Coos; Danger Is Reduced

Removal, in part, o fthe forest closure restrictions which have been in effect in Oregon throughout the greater part of the fire season, was announced by Governor Martin Thursday night. Action rally of Evangelical young people was taken on the suggestion of State Forester Ferguson.

Areas which have been under absolute closure during the summer are now open. Other areas closed to entry without permit also have been opened, the forest-er announced. Exceptions include a part of Douglas and Coos counties extending from Scottsburg to the old Coos bay wagon road. An adjacent area lying west of Melrose and Coles Valley in Douglas county has been opened.

Another area which remains closed, except by permit, is a six mile wide strip extending from the upper watershed of the west fork of Cow creek in Douglas county to the vicinity of Powers in Coos county. Wardens will issue permits to those who desire to enter these areas.

Some Restricted All restrictions have been lifted deavor budget. on the Mt. Hood, Willamette and Election of Umpqua forests and no permits of any kind are required. The Rogue river and Siskiyou national forests in the southern part of the Miss Nona Crosby will be the state as well as all national for-speaker at the Salem Ad club ests in eastern Oregon are still

This prohibits smoking while

bucket be a part of the equipment. Ferguson said that while the ecent rains have greatly reduced the fire hazard in a large part of the state present weather reports indicated that the fire season is

#### **Evangelical Rally** At Eugene Sunday

Sunday afternoon and evening at the Evangelical church in Eugene will be held the annual fall of the Willamette area. Delegations from Salem, Dallas, Monmouth, Albany, Jefferson, Clear Lake and Labish Center will attend as well as groups from other

western Oregon cities. Rev. Herbert E. Bennett of Saem, are a president, and Rev. Dean L. Vermillion of Dallas, area advisor, have announced the program as follows:

2 p. m.-Rally service. Rally songs-Rev. J. E. Camp-

Scripture reading and prayer. Electric guitar solo-Lealie Clampe. Area advisor's challenge-Rev. Dean L. Vermillion.

Special music-Conferenc nale quartet. Five-minute addresses on evan-

gelism, church membership, participation and a Christian Election of officers.

Installation of officers. 6 p. m .- Presentation of atendance award. Offering and announcements. Song fiesta, Dr. E. W. Petti-

cord in charge. Song leader and soloist, Rev. J. E. Campbell. Conference male quartet, Lyle

quires that a shovel, ax and water coming year from 4:30 to 5 p. m.

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POWDER



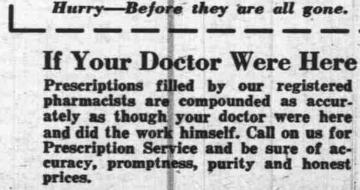


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