

Dinners Prepared Entirely in Oven

Menu For Entire Day With Variety Possible at Saving Upon Fuel

Dinner prepared almost entirely in the oven saves time and fuel bills. The following menu for all three meals of the day offers attractive variety.

- Breakfast: Orange Juice, Cooked Wheat Cereal, Buttered Toast, Coffee
- Luncheon: Creamed Eggs, Apple Sauce, Bread, Fruit Cookies, Tea
- Dinner: Baked Meat Loaf, Escalloped Potatoes, Lenox Beets

- Bread: Currant Jam
- Baked Pudding: Chocolate Sauce, Coffee

Recipes for Three or Four

- Lenox Beets: 2 cups diced cooked beets, 1/2 cup sugar, 2 tablespoons flour, 1/4 teaspoon salt, 1/4 teaspoon paprika, 1/4 teaspoon powdered cloves, 1/2 cup vinegar, 3 tablespoons water

Blend sugar and flour with beets. Add rest of ingredients and simmer 10 minutes. Serve.

- Baked Pudding: 1 cup flour, 1 1/2 teaspoons baking powder, 1/2 teaspoon salt, 1/2 cup sugar, 1 egg, 1/2 cup milk, 2 tablespoons fat, melted, 1/2 teaspoon vanilla

Mix ingredients and beat one minute. Pour into greased shallow pan and bake 20 minutes in moderate oven. Cut in bars and serve fresh.

- Chocolate Sauce: 1 cup sugar, 3 tablespoons cocoa, 2 tablespoons flour, 1/2 teaspoon salt, 1 1/2 cups water, 1/2 teaspoon vanilla

Blend sugar, cocoa and flour. Add salt and water. Boil two minutes, stirring constantly. Add vanilla. Serve cold.

Buttermilk Useful

Buttermilk can be substituted for sour milk in recipes.

Abundance of Prunes on Market Now And Willamette Valley Housewives Suggest Many Recipes For Serving

SUNNY skies and no rain this week to crack the luscious ripe prunes have flooded the market with an abundance of them. There are many good recipes for using fresh prunes, even though dried prunes usually come to mind when discussing this famous Oregon fruit.

Prune conserve is so good with holiday dinners as a relish and makes a fine spread for sandwiches to go in school lunch boxes. Try one or all of the following ideas to vary your present prune diet:

- Prune Conserve: 8 pints ground prunes, 6 pints sugar, 1 large can crushed pineapple, drained, 1 lb. walnut meats

Boil ground prunes and sugar one hour. Then add pineapple and boil another hour. Last add walnuts; boil 15 minutes. Seal in glasses. Makes about 11 pints.

- Prune Cream Pie: 1/2 cup sugar, 1 teaspoon cornstarch, 1 cup hot milk, 2 eggs, 1 teaspoon vanilla, 1/2 cup chopped walnuts, 1/2 cup fresh cooked and pitted prunes, 1/2 teaspoon salt

Mix sugar and cornstarch, add scalded milk gradually. Pour over beaten eggs. Add prune pulp and walnuts. Mix well. Pour into a pan lined with pastry. Sprinkle a little grated nutmeg over top and set into hot oven, reducing heat after 10 minutes. Bake until firm in center, about 30 minutes. Serves six. May be covered with meringue and browned in oven or covered with whipped cream and topped with chopped nuts.

- Prune Bread: 1/2 cup sugar, 2 tablespoons shortening, 1 beaten egg, 1 cup sour cream, 1/2 cup prune juice, 1 cup prunes, mashed, 1 cup nuts, 1 1/2 cups graham flour, 1 1/2 cups white flour, 1 teaspoon baking powder, 1 teaspoon salt, 1 teaspoon soda

Sift white flour, salt, soda and baking powder together three times. Cream sugar and shorten-

- 1/2 cup shortening, 1 1/2 cups granulated sugar, 2 squares bitter chocolate, 3 eggs, well beaten, 2 1/2 cups flour (cake or pastry), 4 teaspoons baking powder, 1/2 teaspoon soda, 1/2 teaspoon salt, 1 cup milk, 1 teaspoon vanilla

Pit prunes and cut into small pieces. Cream shortening and sugar thoroughly. Melt chocolate over hot water and add to creamed mixture. Mix, add well beaten eggs and mix again. Sift flour with baking powder, soda and salt and add alternately with milk, a small amount at a time. Add prunes and vanilla and beat thoroughly. Pour into three greased layer cake tins and bake 25 to 30 minutes at 375 degrees. Spread top and sides with any white icing or chocolate butter frosting. Serves 12.

- Chocolate Prune Cake: 2 cups cooked prunes

Five Rickreall Men Leave For Round-up

RICKREALL, Sept. 10.—Roy Dent, Harry Dempsey, Floyd and John Larkin left early Tuesday for Pendleton where they will attend the Round-up. They will also visit all points of interest along the route including Bonneville dam.

Mr. and Mrs. W. C. Hill, Walter and Almon Hill returned late Monday from a three days trip to Crater Lake, returning via McKenzie pass.

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Crown Pan Cake, 10's 44c
Crown Best Patent, 49's ... \$1.31

Calumet Baking Powder

1-lb. can 17c
2 1/2-lb. can ... 39c
5-lb. can 71c
10-lb. can . \$1.17

Bulk Macaroni 3 lbs. 13c

RINSO and LUX - DEAL -

Small Lux— 2 pkgs.	19c	Small Rinso— 3 cakes	8c
Large Lux— 1 box	22c	Large Rinso— 3 cakes	19c
Life Bouy— 3 cakes	19c	Lux Toilet Soap— 3 cakes	18c

M. J. B. COFFEE

4 lb. can **93c**

Swansdown Cake Flour

19c pkg.

Fels Naptha SOAP 10 cakes **39c**

Post Toasties 3 boxes **17c**

TOILET TISSUE 650 Sheets 3 rolls **8c**

MAGIC RECIPE VANILLA ICE CREAM (AUTOMATIC REFRIGERATOR)

Blend together 1/2 cup Eagle Brand Sweetened Condensed Milk, 1/2 cup water, and 1 1/2 teaspoons vanilla. Chill. Whip 1 cup cream to custard-like consistency and fold into chilled mixture. Pour into freezing pan. Place in freezing unit. When half frozen, remove from refrigerator. Scrape mixture from sides and bottom of pan and beat until smooth but not melted. Refreeze in freezing unit until frozen for serving. Serves 4.

EAGLE BRAND SWEETENED CONDENSED MILK

BLACK PEPPER In Bulk 1 lb. **14c**

Fly Ribbons 5 rolls **7c**

19c

MASON JAR RUBBERS, 3 Doz. 8c

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Cream of Wheat Large pkg.	23c	Peanut Butter 2 lb. glass	29c
Corned Beef No. 1 tall 2 cans	29c		
RED ROSE Fancy Hard Wheat Flour, 49-lb. sack	\$1.49	PETER PAN The Queen of Them All, 49-lb. sack	\$1.89
SUGAR, Best Fine Cane, 100-lb. bag	\$5.54	10-lb. bag	49c
Oxydol— Large pkg.	19c	Triangle Cereals Rolled Oats, quick or reg.	39c
Fels Naptha— 10 bars	49c	Graham, 9 8-10	39c
Crisco— 3-lb. can	59c	Hotcake, 9 8-10 For Golden Crisp Cake	49c
White Eagle Hard Wheat Flour Always good, 49 lbs.	\$1.35	S. & W. Coffee As a special price feature, 2-lb. can	47c
Nucoa— 2 lbs.	37c	Watermelons— Pound	1c

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