Society News and Club Affairs

JESSIE STEELE, Society Editor-

Republican Picnic Will Feature

ENDING pioneer atmosphere L to an already colorful occasion will be the debutantes and matrons in costume who will mingle with guests at the Republican picnic this afternoon and evening at the McNary estate.

Costumes

Those who will wear old fashioned gowns are asked to meet this morning in room 225 at the Marion hotel, 11 o'clock, Mrs. Joe Roman, Mrs. John Brophy, Mrs. Paul H. Hauser, Mrs. Hal Patton, Mrs. Walter Spaulding and Mrs. Roy Mills have arranged the impromptu style show.

Among those who will model are Miss Marie and Miss Jeanne Patton, Miss Josephine McGilchrist, Miss Ila Mills, Miss Ruth Jean Garnjobst, Miss Leone Spaulding, Miss Emlyn Griggs, Miss Marilyn Dewey, Miss Grace Mrs. Finlay in Recital Elizabeth Holman, Miss Nancy Spurlin, Miss Lorraine Kinzer, Miss Betty Read, Miss Mary Mills, Mrs. Carl Butte, Mrs. William Hammond, Mrs. A. E. Robinson, Mrs. Winnie Pettyjohn, Mrs. Mrs. Joe Roman.

nic. Fortune telling by Indians varied and lovely interpretation. and sports and contests of various sorts have been arranged.

The general public is welcome ience of those who do not care

Amity-Twenty-five members and friends of the Epworth met at the church Wednesday night for a "mystery hike" which ended at the home of Mr. and Mrs. G. B. Abraham. Refreshments were enjoyed around the outdoor fireplace. Chaperones were Rev. C. G. Morris and Mr. and Mrs. G. B. Abraham

The Misses Jeanne Abraham, Del- and Ritual Fire Dance, De Falla. phine Martin and Shirley Umphwere the committee in charge. . . .

Lebanon-The Ladies Aid circle No. 1 of the Methodist church met Wednesday afternoon at the home of Mrs. J. C. Booth. The president,

Pattern



By ANNE ADAMS For your madly busy mornings Anne Adams has skillfully designed a bright little frock with many points in its favor! You're certain to look your best and enjoy your work, in those comfy short sleeves cut-in-one with the pointed yoke, while flattering revers, convenient patch pockets and jaunty button accents are details not to be overlooked. Best of all is the easy-tofollow Anne Adams pattern with directions so clear that this practical and attractive frock can be yours in only a few hours. Choose any cotton fabric - broadcloth, percale or gingham.

Pattern 2535 is available in sizes 14, 16, 18, 20, 32, 34, 36, 38, 40 and 42. Size 16 takes 3% yards 36 inch fabric. Illustrated step-by-step sewing instructions

Send iffteen cents (15c) in coins or stamps (coins preferred) for this Anne Adams pattern. White plainty name, address and style number. Be name, address and style number. Be sure to state size.

Be sure to order your copy of our Anne Adams Pattern Book! See all the cool, levely clothes you need for summer fun-pictured in smart, simple models that are even fun to make! Perky house dresses and play outfits. Pletching frocks for parties. The latest alenderizing designs for stouts. Practical models for children. Advice on fabrics and sawing. Book fifteen cents. Pattern fifteen cents. Twenty-five cents for both when ordered together.

SOCIAL CALENDAR

Hours for the society editor are as follows: 10 a. m. to 12 p. m. and 2 to 6 p. m. every day but Saturday. On Saturday, they are 9 a. m. to 12 noon and 1 p. m. to

Saturday, July 25

"Horse and Buggy" republican picnic at McNary estate, 12 to 9 p. m

Sunday, July 26 Pine Valley picnic at Turner Tabernacle. Disabled American War Veterans and auxiliary club supper, 5 p. m. on lawn of Fred Birch home, 1085

Monday, July 27 Alpha Phi Alpha meeting with Miss Helen Breitbaupt, 211 East Miller, 8 p. m.

Tuesday, July 28 Executive board of Federation of Church Women, 1 p. m. club luncheon with Mrs. Lena Scharff, 2037 Nebraska street.

Miss Feddern Hostess

night Miss Esther Bush and Har-

Mrs. Bush. Later in the evening,

miscellaneous shower given by

Cards were played after which

Those invited besides the honor

Mrs. Jack E. Wilson of Portland,

Mr. and Mrs. D. E. Twilegar of

Vancouver, Wash., Mr. and Mrs.

Robert Scott, Jr., of Woodburn, Miss Lucy Lenz of Baker, Mrs.

Bush, Mr. and Mrs. Feddern, Mrs.

Elizabeth Lenz, Mrs. Ruby Haw-

kins, Mrs. John Lindeman, Mrs.

Margie Bostrack, Mr. and Mrs.

Wendell Feddern and Lloyd, Mrs.

Bessie Kayser, Mrs. Hulda Klien,

Mrs. Ben Ensley, Mrs. Arnold Jar-

vis, Miss Bertha Williamson, Miss

Mable Lenz, Miss Marguerite Fed-

dern, little Una Mae Grayless and

Mr. and Mrs. Herman Feddern, all

Woodburn-Mr. and Mrs. Ferd-

inand Rue honored Mr. and Mrs.

Carl Nerison of Montivideo, S. D.,

with a family dinner at their home

Mr. and Mrs. Nerison have been

Scotts Mills-Mr. and Mrs.

a lawn party at their country

home on Butte Creek Sunday, Mr.

and Mrs. Lloyd Thomas, Miss

mer sheers of chiffons, nets and laces carry the fashion banner for this season's evening attire.

They are not only delightfully cool but are easy to

pick. And for daytime wear sharkskin suits are the

on Third street Sunday night.

left Tuesday for their home.

Scotts are Guests at

Bryam Residence

of Salem.

the Scotts.

At Dinner Party

Mrs. Herman Feddern.

upper was served.

On O.S.C. Campus

Mrs. Lillian Jeffreys Petri presented Mrs. Thelma Petersen Finlay in a piano recital Tuesday Chandler Brown, Mrs. Ronald night in the beautiful lounge of Frizzell, Mrs. Ralph Moody and the Memorial Union building on the Oregon State college campus Facilities for renting horse and at Corvallis, Mrs. Finlay played buggy rigs will appeal to young a very exacting program with and old folks attending the pic- complete technical mastery and

Mrs. Finlay studied piano under Mrs. Petri for three years before her marriage to Gordon and there is no admission charge. Finlay, conductor of band and or-Food and refreshment booths will chestras in the Salem high school. be in operation for the conven- She has since also been coaching with Mrs. Petri who is head of to bring their own picnic lun- piano and theory departments at ches. Hours are from noon to 9 Oregon State college. Before going to Corvallis, Mrs. Finlay studied under Franklin Launer at Christian college, Columbia, Missouri. Mrs. Finlay will continue League of the Amity M. E. church with her teaching in Corvallis, as well as accepting a few students in Salem.

Mrs. Finlay's program follows: Prelude and Fugue No. 21, Bach; Prelude and Fugue No. 22, Bach; Etudes Op. 26, No. 6, Op. 10, No. 3 and Op. 25, No. 10 by Chopin; Impromptu, Schubert; The Music An out-of-town guest was Miss Box, Liadow: Etude in D Flat, Betty Jean Cole of Klamath Falls Liszt; A. D. MDCXX, MacDowell;

Zonta Club Has Dinner At Hotel Woodburn

Dinner on the terrace of the Hotel Woodburn was enjoyed by the Salem Zonta club and their Mrs. Scott is a sister of Mrs. Mrs. Booth, presided and Mrs. guests Thursday night. The par- Bryam. Elizabeth Skelton led devotions. ty then motored to the Oregon

> Sam Laughlin, superintendent, ors at Silver Creek falls was atspoke informally to the group.
>
> Mrs. Belle Niles Brown arranged Bryam, Miss Frances Bryam, Mr. the evening's program. Special guests were Mrs. M. D. villa Reeher, Miss Cornelis and

> Phillips, Mrs. Elizabeth R. S. Harris, Miss Alice Harris of Tacoma, Wn., Miss Meda Passage, Miss F. dall, Dr. George L. Jordan and Dajnowski of Chemawa and Miss Jess McDonald.

Members present were Miss Nellie Schwab, Miss Doris Riches, Miss Helen Yockey, Miss Kathryn Gunnell, Miss Hazel Cook, Miss Lillian McDonald, Miss Helen Louise Crosby, Miss Helen Barrett, Miss Alene Phillips, Mrs. Roberta Butler, Mrs. Winifred Herrick, Mrs. La Verne Winkler, Mrs. Victory Morris, Mrs. Belle Niles Brown and Mrs. Mabel Brownell.

Stayton.-Mrs. Lee Kilian and Mrs. Perry Keyes were joint hostesses at a shower given for Mrs. Fred Davie at Mrs. Kilian's home Wednesday evening.

Three tables of bridge were Cleo Saueressig, George Lloyd of in play with high prize going Salem; Mr. and Mrs. Lee Haskins to Mrs. Fred Davie. She also re- of Silverton. ceived many lovely gifts from her friends.

Those bidden to honor Mrs. Davie were Gertrude and Germaine Smith, Mrs. Lou Pooler, Mrs. Kenton Thompson, Mrs. Albert Dozler, Mrs. Louie Dawes, Mrs. Ralph Scranton, Mrs. Martin Gehlen, Mrs. Ed Klecker, Mrs. Gilbert Wourms, Mrs. Birdeen Yeoman, Mrs. Bert Shieldmeyer, Mrs. Deryl Shelton and Mrs. Wilbur Lesley of Stayton, Mrs. Herman Darley and Mrs. Marion Lampman of West Stayton, Mrs. Ralph Curtis of Salem and the hostesses Mrs. Lee Kilian and Mrs. Perry Keyes.

Ellendale.-The Woman's club sponsored a covered dish supper at the Dallas city park Wednesday night with the following families taking part: Mr. and and occasional leisure moments, Mrs. A. McFedridge and family, Mr. and Mrs. Frank Hobson and children, Mr. and Mrs. Forest Martin and son, Mr. and Mrs. Lester Martin, Mr. and Mrs. John Martin, Mr. and Mrs. A. Brown, Mrs. Oma Smith and sister, Mrs. Brawberry and two children of Klamath Falls, Mr. and Mrs. Fletfoot, Mr. and Mrs. Snider and family, and Mrs. Eunice Cutler and two children.

Lebanon — The Berean society of the Church of Christ met Wednesday afternoon at the home of Mrs. Fern Seeck. Mrs. Claud Stevens, president, presided. Plans were made to give a dinner Friday at the church for Mr. and Mrs. Chester Lyons and the boys at the Big Brother farm. The boys are to attend church Sunday morning at the Church of Christ. There were 16 members present Refreshments were served by the hostess, assisted by Mrs. Una Ward and Mrs. Horner.

Unionvale-Complimenting her husband on the occasion of his birthday anniversary, Mrs. Virgil Dixon delightfully entertained with a 12 o'clock family dinner at their home Sunday. Twenty-four were present.

Miss Mina Ott entrained last be promptly attended to.

Orders contomarily are filled with in four days from time received by The Statesman. Washington, D. C.

Church Nuptial at Silverton Is Sunday

CILVERTON .- One of the pret-O. L. Hatteberg, to Robert Floyd

church in Silverton. Rev. J. M. K. Fuhr will read the ceremony and Norman Jensen will play the wedding marches. Miss Vadis Baxter of Portland will sing "O Promise Me" and "Because."

The bride, gowned in close-

Reception to Follow Melvin Baxter of Burns will serve as best man for his brother. Edwin Hatteberg, William Hatteberg, Max Baxter of Portland, and Harold Larson will

A reception will follow at the Jensen and Miss Althea Meyer.

of Oregon State college and had been teaching for the past three years at the La Grande high school. Mr. Baxter attended the iniversity of Oregon where he was affiliated with Phi Sigma Kappa. He will return this autumn to teach at Burns where he has been teaching since leaving the university.

Guests Listed

Monmouth-Mrs. E. M. Ebbert. was hostess to the Thimble club at her home for a garden party Wednesday afternoon. The bi-ennial report of the club was made at the business session

Those enjoying the affair were: visiting relatives in and near Mrs. W. R. Mason, Mrs. Thomas Strain, Mrs. A. N. Nelson, Mrs. C. C. Yeater, Miss Helen Yeater, Mrs. Woodburn the past two weeks and R. E. Derby, Mrs. A. H. Craven, Mrs. Sheldon Cody, Mrs. Ed Hamar and Mrs. Ebbert. The next meet-J. E. Saueressig entertained with

> Lebanon-The Hi-N-Lo bridge their 16th annual convention here club met at Bates park Thursday today. He succeeds Col. Marvin

by mid-summer weddings will be that of Miss Agnes Hatteberg, youngest daughter of Mrs. Baxter, son of Mr. and Mrs. R. Z. Baxter of Portland, at 8 o'clock Sunday night at Trinity

fitting ivory satin with a train and wearing a full length veil caught in place by a coronet of Durlam, son of Mr. and Mrs. John orange blossoms and small pearls, will be given in marriage by her eldest brother, Martin Hatteberg. She will be attended by her sister, Miss Nettie Hatteberg, in pink lace, as maid of honor, and Miss Marguerite Feddern had by Mrs. Edwin Hatteberg, in yelas her dinner guests Wednesday low taffeta, and Miss Velna Rogers of Portland, in lavender tafry Feddern, whose marriage will feta. The bride will carry a showtake place in the very near fuer bouquet of ivory rosebuds and ture, and the bride-to-be's mother,

Miss Bush was surprised with a usher. guest, Miss Bush, were Mr. and

home of Mr. and Mrs. Edwin Hatteberg. Mrs. Melvin Baxter will preside at the coffee urn and Miss Lillie L. Madsen will cut the ices. Assisting in serving will be Mrs. Victor S. Madsen of Hillsboro, and Miss Alice

Miss Hatteberg is a graduate

ing will be held at the home of Mrs. F. E. Murdock.

night for a picnic.

Sheer Fabrics Popular for Summer Formals

Pennsylvania Visitors At Hoff Home

Miss Magda Hoff and Mrs. O. G. Hoffard have as house guests Dr. and Mrs. Harry W. Rebbins and Miss Millicent Melrose, all

of Lewisburg, Pa.
Dr. Robbins is head of the English department of Bucknell university and Miss Melrose is head of the music department. The visitors are motoring across the continent, returning by the northern route.

Mrs. Martin to Sponsor Benefit Silver Tea

Mrs. Jennie Martin will be hostess for a benefit silver tea in the garden at her home, 1145 Saginaw street, next Tuesday af-ternoon, July 28. Calling hours will be from 2 to 5 p. m.

The general public is invited and all patriotic orders. Mrs. Bertha Loveland will be among the matrons assisting Mrs. Martin. Lebanon - Miss Hazel Snider

daughter of Mr. and Mrs. Charles

Snider of Sodaville and Claud

Durlam of this city, were united in marriage Saturday afternoon at 4 o'clock at the Presbyterian manse, Dr. Diven officiated. Miss Jeanette Snider, sister of the bride, and Herbert Durlam,

brother of the groom, were their attendants. They departed immediately for Newport. They will live in Lebanon. Monmouth .- Mrs. C. H. Cox is

entertaining her niece, Mrs. Report Turned In Parrey, also from Wisconsin has spent the past several months at the Cox home. Another Wisconsin visitor in

Monmouth is Mrs. Margaret Recommendations Made Schmidt of Platteville, who is the guest of her son - in - law and daughter, Mr. and Mrs. James Gentle.

Lebanon—Mr. and Mrs. C. C. Whicher entertained with a din-ner in the Mayer garden Tuesday night at 7 o'clock for Mr. and Mrs. William Ellis and their guests, Mr. and Mrs. Phil Bruce and daughter, Lucille, of Solman. S. D., Mr. and Mrs. Herbert Wilson of St. Paul, Minn., and some friends from Lawrence. Minn.

Gregory Funeral Held, Woodburn

Guests Listed

Mr. and Mrs. Newton Scott and daughter, Ernestine, of Topeka, Kan, have been visiting at the schools a state of the sale of the state of the sale o cinity since. He is survived by his widow; Nettie Gregory, one daughter, Mrs. Minnie Maulding of Oregon City, and two grandchildren, Clinton, jr., and Jean Maulding.

Interment was in Belle Passi emetery.

Ohio Man Elected Head Of Disabled War Vets

MILWAUKEE, July 24 .- (P)-M. Fromme Barbour of Cincinnati, O., was elected national commander of the disabled American Veterans of the World war at A. Harlan of El Paso, Texas.

Gloria Stuart

smart gown is of sheer black net with a large chenille embroidered dot worn over a slip of black

satin. The only note of color is the fiesh pink "V"

inset. Sharkskin was the material chosen by

the county jail.

Sheriff A. C. Burk returned the boys from Yakima yesterday morning. They told him that they had taken the car, belonging to Robert Morgan, route 6, with the intention of going to California but had changed their minds and driven back into Washington. The

Leiferman has a record in the Washington reformatory. Burk was told by the Yakima sheriff that the boys had made an at-

Burk said the boys told him they were glad they were being brought back to Oregon on the theft charge because they feared a heavier sentence in Washing-

Minto Trial Set To Open Tuesday

The much-shifted Minto case was reset again yesterday by to, chief of police, on charges

Notification of the change was given Walter Lamkin, circuit court clerk, by Ralph Moody, assistant attorney-general in charge of the prosecution of the case. No reason was given for the change.

In the previous Minto trial, the jury failed to agree upon charges of failure to enforce the gambling laws which had been returned against the chief by the Marion county grand jury in its investigation of gambling in Salem and Marion county.

Glenn Woodry to Study

Glenn Woodry, the younger son of Mr. and Mrs. F. N. Woodry. left Wednesday night to attend the Reppert School of Auction-



Applique Towels Try some "flower-pot gardening" if you'd enjoy a new thrill pieces for the applique patches in needlework. Sort our your gay- illustrations of all stitches needed: est scraps, then cut the simple material requirements; color sugerocus and poppy patches from gestions. these, applying them to pillow cases, towels, scarfs, refreshment linens or, perchance, a knitting to The Statesman, Salemi Oregon be no charge for admission to the

Pattern 1269 | in like manner, Pattern 1269 con-

bag. Then outline the flowers with Write plainly PATTERN NUM-grounds. dark floss, completing the leaves BER, your NAME and ADDRESS

on Several Requests For **Action by Court**

road extensions and improve ments were filed with the county court yesterday by the board of county road viewers. The recommendations will be considered by the commissioners during the August term of court. Hugh Fisher, county surveyor; Fred J. Miller and C. B. McEhlaney are members of the viewing board.

The board recommended that the old Pacific highway section no longer used since the new sented:

short cut was made through the town.

The board also advised the granting of road work petitioned by the Christian flag song; a group of songs by a chorus; bible able for all persons who wish to attend

relocation; district 26, petition of George Godwin; district 14, P. A. Loar petition and districts and 3, W. R. McKay petition.

Two Youths Face Car Theft Charge

Charged with larceny of an utomobile, Charles Leiferman, 18, and Chester Green, 17, both of Yakima, pleaded guilty when arraigned in justice court yester day and were bound over to the grand jury. Bail was set at \$2,-500 each. The boys failed to furnish bond and are being held in

car was wrecked near Wapato.

tempt to cut their way out of the Washington jail.

Auctioneering in East

struction in the details of the auctioneering profession, courses in public speeking and voice con-By Road Viewers trol are offered. Glenn will study trol are offered. Glenn will study stock, merchandise, jewelry, auto mobile, furniture, real estate and Recommendations for county

Vacation Bible **School Finishes**

WOODBURN, July 24.—The organization. closing exercises of the vacation Games, as bible school was held in the aud- pitching and other entertainment itorium of the Lincoln grade will be enjoyed in addition to the through the city of Aurora be school building Thursday night formal program. Tables have been vacated for the reason that it is with the following program pre-

> Gillanders, Mrs. Myrtle Clark and Mrs. O. F. Larson; a dramatization of "Our Living Church," and the class motto by the intermediate department directed by Miss Mary Lou Stephens.

The school closed Friday morning and the children were taken for a picnic at Legion park. Rev. Conley D. Silsby was in charge of the playground activities and Mrs. Silsby was general superintend-ent of the school.

Olson Reunion Is Sunday, Silverton

Miss Hanna Olson and Mrs. Ida Oregon, and Mrs. Thurman John-Doyle as hostesses. Doyle as hostesses.

A brother, I. O. Olson, and wife, and a cousin, O. L. Olson and wife of Humbolt and Thor, Iowa, are driving west and are expected to arrive here in time for Sunday's reunion.

Merle Philippi, Lorene Landers, and Mrs. Edith Philippi attended the Evergreen picnic near Silver-

Other members of the family besides Olson, Miss Olson and Mrs. Doyle, who plan to attend Sunday are Mrs. Milton Boylon of Estacada; Alvin of Klamath Falls, Melvin of North Bend, Otto of Eugent, Royal of Estacada, Rudolf and Alfred of Portland,

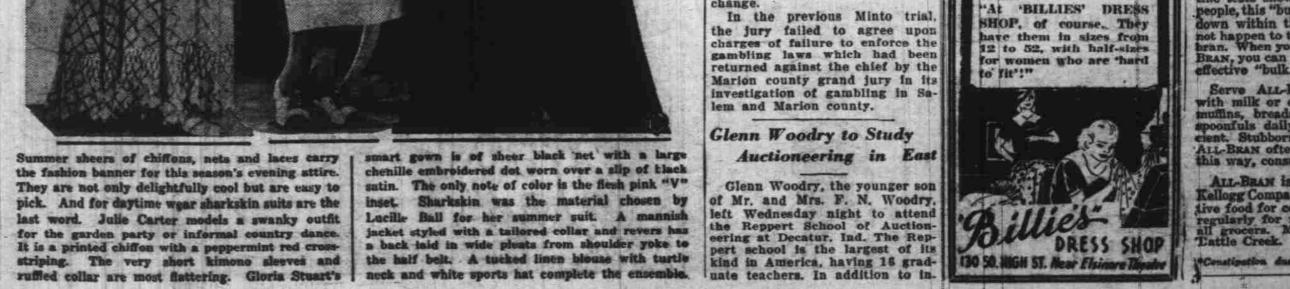
Lodge Installs New Officers at Meeting

SCOTT'S MILLS, July 24.

Butte lodge No. 126, I.O.O.F. installed the following officers Saturday evening with Clarence Thomas as installing officers noble was reset again yesterday by grand, Oliver Brougher; vice grand, Fred Skirvin; warden, Charles Slaughter; chaplain, Monton other of police on charges to, chief of police, on charges of malfeasance in office is now scheduled for Tuesday morning at 9:30 o'clock, instead of Monday.

Notification of the shange was Notification of the shan W. T. Hogg; L.S.S., Charles Earl-

What pretty sheer prints -wherever did you get



Farmers Union Picnic Sunday

Turner Tabernacle Will Be Scene of County Meeting Tomorrow

BETHEL, July 24 .- A large attendance is anticipated at the county-wide picnic of the Farmers Union at the Turner tabernacle grounds on Sunday.

A fine program of sports and races is planued. Prizes will be given and the races will include those of all ages.

A three-way baseball game will take place in the afternoon. A program will also be given, with H. W. Libby of Marion and G. W. Potts of Jefferson as speakers, and the humor will be supplied by Jim Wilson of Marion, Paul Riley of Central Howell and Ralph Wil-son of Bethel.

Basket dinner will be served at noon under the chairmanship of Mrs. Oscar Johnson of Silverton. Mrs. Earl DeSart of Central How-

Frank Hallack, will be used to Send 10 cents in tames or coin make announcements. Contrary (coin preferred) for this pattern to the original plans, there will

Woodmen's Picnic Set at Silverton

Woodmen of the World memgeneral farm sales. He has been bers and their families from the ssociated with his father for the Salem, Silverton and Marion last two years in his auctioneering camps, will picnic Sunday, July and furniture business here, and 26, at the Silverton city park. In-on returning will be the junior vitations have been issued to all partner in the firm of Woodry camps in this district, urging their and Woodry. the picnei.

Outstanding speakers have been secured for the affair including Hon. W. C. Hawley, former congressman and former W. O. W. director; Adolph Gerwin, district Its Activities director; Adolph Gerwin, district manager from Portland; J. O. Wilson, director of the W. O. W. Games, swimming, horsesho

noon. Members of the Salem camp

of fuel and was filled when the bottom gave way.

Orville Downing sold his fat lambs this week to a Salem company. Downing had two truck loads of lambs to market. The mutton is exceptionally good quality this year. The late and occasional rains have kept pasture much bet-ter that in ordinary seasons.

Mrs. Schroeder, who suffered a

paralytic stroke early this week. was taken to the Albany hospital Wednesday. Her condition is ser-

Guests at Mehama

MEHAMA, July 24.—Guests at sons and three daughters of the late Michael Olson will hold a reunion Sunday at Silverton with ren, David and Cora, of Merrill,

Richard Dare Wagner is spending two weeks with his grandmother, Mrs. Waldo Zimmerman. ton Sunday. This picnic is an annual affair.

CONSTIPATION* MAY SLOW YOU DOWN

Correct It by Eating the Right Meals

The most common type of constipation is due to insufficient "bulk" in the diet. When you continue to eat poorly balanced meals, ever a period of weeks and months, faulty elimination often develops. You feel uncomfortable, lack your accustomed vigor.

Eat a balanced diet. Include milk, fruits and vegetables as pro-tective foods. Also sufficient "bulk." Kellogg's ALL-BRAN is a conve-nient source of "bulk." Within the body, it absorbs moisture, forms a soft mass, gently cleanses the in-testinal tract.

Fruits and vegetables contributed by the series of course. But sell tific tests show that, with certain people, this "bulk" is largely broke down within the body. This do not happen to the same extent with bran. When you can be sure of obtaining effective "bulk."

with milk or cream, or cool muffins, breads, etc. Two spoonfuls daily are usually cient. Stubborn cases may re rient. Stubborn cases may ALL-BRAN oftener. If not his way, consult your doc

ALL-BRAN is guaranteed by the Kellogg Company as a natural laxa-tive food for constipation. Eat it regularly for regularity. Sold by all grocers. Made by Kellogg in

Constipution due to insufficient "bulk"