Mealtime Ought To Be Peaceful

Infant Finds it Difficult to Concentrate Upon Food, Reminder

By ALICE RICHMOND The baby's meals came at the most bustling times of the day. He was eating lunch when the children poured in from school at the noon hour, and his supper time coincided with the return of learning to stand are not correct the children from play and the for the walking stage. A somefather from work.

When he was very little it did not matter, for he was fed upstairs in the nursery, but now that he was three he ate downstairs in the midst of the noise and confusion. He would start his meal eagerly, but when the first sharp edge of hunger was gone, he would lost interest in his food and ask to be let down out of his high chair so that he could join the fun. He was too little to remember from day to day that he would soon be hungry again if he did not finish his tion is equally harmful.

To very little children, eating faced with the problem, not only good meal. of eating, but of eating in an

Stiff Soles in Shoes Not Advised **Until Baby Has Worn Out Several** Pairs, Soft-Soled Foot Coverings

Baby's first step is a moment, ous thing to do, as it causes the of breathless excitement for the child to walk with his whole foot entire household. But suppose he is backward about learning to

him. The right ones will give him confidence.

The very soft snoes which are ideal for the small baby just what firmer shoe is required, one with a sole sufficiently heavy to protect the foot yet so very flexible that even undeveloped muscles can bend it.

Sometimes mothers try to speed the walking process by choosing a shoe with too stiff a sole, but this is a very danger-

terest into different channels.

Utter solitude at meal time may bore a child to such an extent, that he refuses to eat, but a room full of talk and commo-

A child eats best if he has one quiet person to talk to, or listen is one of the most serious mat- to. The mother sitting near him ters of life. It requires concen- with her sewing or knitting, not tration and special thought, for correcting him nor encouraging the eating conventions of civil- him to eat, but simply giving

Whoever is in the room should

without bending the toes.

Shoe Retards Growth

Such a shoe will retard foot but not in his shoes, it frequent- will rotate or bend inside the as possible.

heavy for him.

At this stage, the shoe has only a slight lift. A heel-even the shoe. lowest kind of heel makes the baby likely to fall forward or it The very slight lift hakes it eas-

ier for him to keep his balance. Most mothers know that a baby shoe should be slightly large to allow for free use of muscles, but sometimes they do not realize

ly means that the sole is too shoe and cause weak ankles. The slight gripping at the heel gives a child a sense of security in his

At the same time, too hard a counter should be avoided as may catch in a rug and trip him. likely to chafe or blister the child's foot.

No Excitement

A child's night of rest depends large upon how the day has been alk?

The wrong shoes may retard walking altogether. If the child fits properly. Unless the shoe that the end of the day for the will walk in his stocking feet, grips the heel slightly, the foot child be as free from excitement



Worrying...About Shoes? » » I Should Say Not!

... But this tot's Mother is! She realizes it won't be long until he's going places . . . taking hundreds and hundreds of little steps daily. And she knows it's not only necessary but VITAL that his shoes be CORRECTLY FITTED to insure Foot Health! That's why she'll bring him to Buster Brown's for the first pair for proper fitting means healthy feet in later years!

MOTHERS!

Did You Know

. . that Buster Brown's have a Children's Shoe Fitting Department - on their 2nd floor?

. . . that they have toys with which to amuse the kiddles while their shoes are being fitted?

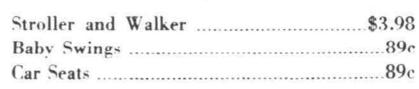


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