

# Babies Rule Nation as Child Health Week Observed May 1 to 7

## PREVENTING ILLNESS CONSTANT PROBLEM

Regular Visits to Doctor to See Child is Sturdy Are Advised

The large majority of babies are well when they are born. The universal problem is how to keep them well. Preventing illness in babies is frequently much easier than curing it. Many diseases of babyhood are much less common today than they used to be because modern science has found out how they can be prevented. Some diseases can be prevented by feeding the baby properly and by giving him plenty of direct sunlight and some by vaccinating or inoculating him with a protective substance. Some diseases can be avoided only by keeping the baby from contact with them and by keeping flies and other insects away from him, for these carry disease; and sterilizing (by boiling) all artificial food and everything that he is likely to put into his mouth.

Regularity in the care of the baby and the establishment of routine health habits are necessary if he is to be kept well. The daily round of bathing, dressing, feeding, sleep, outdoor life (including sun baths), play, exercise, and elimination must be always regular.

To keep a baby well there should be continued supervision by a doctor trained in the care of babies. The mother can not know nor recognize many of the early signs of trouble because she is not trained to do this and because she is too near the baby and sees him too often to realize that any change is taking place. The doctor, who sees the baby once or twice a month, looks at him with a trained eye and can see whether he is as rosy as usual or is becoming a little pale, whether he is as active as he should be, or whether he shows other early signs that are the forerunners of trouble.

A mother can not know just when her particular baby needs to have his food changed or increased, nor when is the best time for her baby to be protected from diphtheria and vaccinated against smallpox. Such things as these the doctor will know, and his advice is of the greatest importance to every mother who would keep her baby well. The doctor's supervision of a baby should begin as soon as the baby is born.

## First Year Vital For Child's Life; Habits are Begun

The first year of life is probably the most important because it is during this period that the baby grows fastest and undergoes the remarkable development that transforms him from a helpless little being into a baby who laughs, plays, stands, and tries to walk.

Not only does a baby grow a great deal during this year, but he learns a great deal. He learns to eat and sleep at regular times and to eat a number of new foods, to hold up his head, to sit up, to stand, and possibly walk; he learns to handle objects, to reach for them, and pick them up; to know what various things around him are used for, such as spoon, cup, bed, ball, blocks, and to use some of these without help; to know one person from another; to know and use a few words. He learns also whether crying will get his mother to pick him up whenever he wishes, or whether crying is useless as a means of getting her attention. He learns to be part of a family group and to accept new experiences every day.

## Mountain View Has Candidates For Next Year Club Leaders

MOUNTAIN VIEW, April 29.—Mrs. Ammon Grice, chairman of the nominating committee appointed last month, presented the following candidates for next year. President, Ammon Grice; vice president, William Schwarz; treasurer, Nina Tansey, with Miss Eleanor Briggs, primary teacher, automatically continuing as secretary. Election of officers will be held at the May meeting at which time the program will be given by the school. This will be May 18 and school closes May 19 with a picnic for the pupils and patrons of the school.

SNOW AT KLAMATH DATON, April 29.—Mrs. F. E. Fisher, wife of Rev. Fisher of the local Evangelical church, returned home Tuesday after two weeks spent with her daughter, Constance Fisher, a teacher in Klamath Falls. Of interest is the fact that it was snowing there when she left to take the train home and it snowed more than 12 inches in the two days following Easter.

JONES TO TALK ON TAX BETHEL, April 29.—The May meeting of the Bethel Baptist church of the Farmers Union will be held Monday night at 8 o'clock. Ronald Jones of Brooks, who has given study and research to the subject will speak on the sales tax.

AT SCIO MAY FETE SHELLEBURN, April 29.—Shelleburn school recessed Friday so pupils could participate in the May day exercises at Scio. Fourteen other rural schools joined in the May day fete.

## DIMPLES AND SMILES; HERE THEY ARE



Reading from left to right, first row: Peggy Mayer, daughter of Mr. and Mrs. W. J. Mayer; Mrs. Sarah Green and grandson, the son of Estella Ford; Charlotte Mae, daughter of Mr. and Mrs. J. J. Mathis; (second row) Mrs. Conrad W. Paulus and son Tommy; Anne Jane, Virginia and Harriet, daughters of Mr. and Mrs. Oliver B. Huston; Mrs. Donald Young and son, Donald Jr. (third row) Joan, granddaughter of Mr. and Mrs. D. B. Jarman, Elizabeth Jane, daughter of Mr. and Mrs. Otto F. Johnson, and Barbara Joan, daughter of Dr. and Mrs. Vernon A. Douglas.—Portraits by Gunnell and Robb Studio.

## FINE WORK DONE BY CLUB BOYS AND GIRLS

Annual Achievement is Well Conducted at Mill City; Awards Determined

MILL CITY, April 29.—Annual Achievement day for the 4-H clubs was held Friday in the basement of the grade school building. The display of work done by the club members was exceptionally fine and showed the interest taken by the children.

There are two clubs, one for girls and the other for boys in the forestry work with H. M. Aspinwall acting as leader for both. In the girls' division Hattie Kasda was awarded first prize, Wanda Gregory second and Gladys Lawrence third. In the boys' division first prize went to Robert Dolzel, second to Duane Godden and third to Donald Jenkins.

In the first division of the sewing clubs which includes the seventh grade girls with Mrs. E. M. Aspinwall leader, Margaret Taylor won first, Elizabeth Andrew second, Velma Downing third. Second division, eighth grade girls, Mrs. C. M. Cline, leader; Hattie Kasda first, Helen Bodeker second, Betty Davis third.

First division cooking, seventh grade, Miss Mildred Newcombe, leader; Eva Berry first, Martha Stodola second, Wanda Gregory third.

Second division, cooking, eighth grade, Mrs. Herbert Schroeder, leader; Mary Lovett first, Roseanna Bove second, Jeanne VanDahl third.

Judges for the sewing display were Mrs. Louise Kennedy, Mrs. Ada Golden and Mrs. S. Brunner. The judges for the cooking exhibit were Mrs. W. A. Mason, Mrs. Sam Dodden and Miss Elsie Crall. The winners will take their exhibits to the Marion county club fair in Salem.

## Rainbow Girls Plan Public Inaugural

WOODBURN, April 29.—Evergreen assembly, Order of Rainbow for Girls will hold public installation immediately after the regular business meeting Tuesday night. Eastern Star members will conduct the ceremony with Mrs. Myrtle Gill as installing officer; Mrs. Martha Reiling, chaplain; Mrs. Ida Garrison, secretary; Miss Elia Lytle, marshal, and Miss Gladys Adams, musician.

"FLUNK DAY" HELD MILL CITY, April 29.—Annual Flunk day for the senior class of the high school was held Tuesday and 17 seniors held away from the city early for the Tillamook beaches. With the exception of two or three flat tires no mishaps have been reported. The students were back in Salem at 6:45 p. m. and were guests for dinner at the home of Mrs. R. A. Anderson. In the evening the group attended the theatre in Salem.

HONORS DETERMINED HUBBARD, April 29.—Anne Knight, senior; Margery Wolter, Dorothy McKay, Leah Kromling, and Betty Brown, juniors, local high school students, took scholastic honors for the past six weeks period.

## Salary Rate Not Set For Instructors

WOODBURN, April 29.—The school board held its mid-month meeting at the high school Thursday night. At that time it was decided to reelect all the teachers now employed in the grade and junior high school, and six of the eight school teachers will be offered contracts at the present time.

They are M. E. Gralapp, Virginia Mason, Gilbert Oddie, T. P. Otto, P. E. Rohner and Miss Thelma Stevens. As many of the others will be given contracts as the size of the student body will justify. No action was taken in regard to a scale of salaries for next year.

## Former Woodburn Man Honored For Nicaragua Service

WOODBURN, April 29.—First Sergeant Ira M. Ward, a U. S. Marine, formerly of Woodburn, has been awarded a Medal of Merit for important services rendered to the Republic of Nicaragua, by Jose M. Moncada, former president of the republic. Sergeant Ward is stationed at San Diego, Calif. He was born in Woodburn, later moving to Eugene with his father, J. B. Ward. He holds additional medals for service in the World war, in Hawaii, Nicaragua, and China. He was a lieutenant in the Guardia Nacional, the military force of Nicaragua and performed important services for that government in the reorganization of the postal department of the Guardia, following the disastrous earthquake of March, 1931, and helped establish lines of communications between garrisons.

A few articles were loaned, as

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## PROPER FOOD NEED FOR BABY'S TEETH

First Teeth Come Out in Half Year; Permanent Set in at 6-Year Stage

The development of the teeth begins at least six months before birth. It is probable that the proper foods in the diet of the prospective mother help to lay the foundation for healthy teeth in the baby and that lack of proper food will deprive both her own and the baby's teeth of some part of their normal vigor. After the baby is born, in order that the teeth may continue to develop normally, it is of utmost importance that he himself receive the best diet possible, namely, his mother's milk. During the period of breast feeding it is also important that the mother should eat the proper foods and get plenty of direct sunlight.

The child's first set of teeth are called the deciduous, or "milk" teeth. Most of them come through the gums during the first two years and are replaced, beginning at about the sixth year, with the second or permanent teeth.

Cut Teeth at Six Months At birth every tiny tooth of both sets has already begun to form; nearly all the first set are already partly or wholly hardened. As the baby grows, the teeth grow also, and if the baby is healthy they are ready to cut through the gums, beginning at about the sixth or seventh month of life.

Teething is a normal process which continues from about the age of six months to 2 1/2 years. During the time when a tooth is actually coming through the gum the baby may be irritable or fretful and may not eat well, but teething alone rarely accounts for illness or fever. If during the period from six to 18 months when the first 12 teeth are coming through, the baby is feverish or sick, a doctor should be consulted, and the illness should not be attributed to "teething" until all other possible causes such as colds, abscess in the ear, and other diseases have been ruled out by the doctor.

## Achievement Day For Jefferson is Slated For May 5

JEFFERSON, April 29.—Friday, May 5, the Jefferson school will have their Achievement day and also May day exercises at the school house and the building will be open to visitors. There will be exhibits of class work and an outdoor program of dances, songs, and a health play.

The P. T. A. will join in the picnic and dinner will be served in the grove. In the afternoon the high school baseball teams will play on the baseball diamond across the river. The public is invited.

The juniors have set May 12 as the time when they will present their play, "Giri Sny," at the Masonic hall.

CLUB ORGANIZED STAYTON, April 29.—Stayton has a new Camp Fire group, Olyokwa, with Miss Birden Yoeman as guardian. The girls in the group are Doris Crabtree, president; Betty Korinek, vice president; Frances Pounds, secretary; Lois Pounds, treasurer, and Madeline Adams, scribe. The sixth member is Cleo Schaefer.

The beautiful Chinese lamps from Mrs. Fred Baker, and smaller articles by Miss Elaine Clower and Miss Olivia DeGuer.

## HUSKY BOY



Miller Eugene, nine months old son of Mr. and Mrs. Gibson L. Follis. (Cronise Photo.)

## SOME COME, SOME GO, LABISH DISTRICT

Two Teachers Renamed; Delbert Bibby in Nacy now At San Diego

LABISH CENTER, April 29.—Mr. and Mrs. Clyde Lesdy of Tigard who purchased the D. R. DeGross place early this year, moved their household goods down this week.

Delbert Bibby sailed Tuesday for San Diego where he will enter naval training. He enlisted last December.

Mr. and Mrs. Marvin Peterson moved to their new home at St. Louis this week, where he will be engaged in raising potatoes. They have occupied the Landers' place here for two years.

Attend Endeavor Conference The local Christian Endeavor society is represented at the state convention now in progress at Eugene by Erma Hornschurch, Eva Dow, Willard Aker and Elmer McClaughy. They were accompanied to Eugene by Mr. and Mrs. W. A. Starker, and will return Sunday with the E. G. Hornschurch family.

The winning side in a spelling contest conducted in the upper grade of the Labish Center school were entertained by the losers Friday night at the home of the teacher, Emma McClaughy. Both Miss McClaughy and Mrs. Charlotte Jones, who teaches the first four grades, have been reelected to teach here next year.

## Junior High Class Fetes Its Teacher

WOODBURN, April 29.—The eighth grade class of Washington junior high school gave a surprise party at the home of Mr. and Mrs. Ivan Beers, Wednesday evening in honor of their teacher, Jack Kennedy. Mr. and Mrs. Kennedy were invited to the Beers' home for the evening and on their arrival found the young people awaiting them. The evening was spent playing various games after which refreshments furnished by Mrs. Myrtle Clark, Elizabeth Pollard, Lois Walker and Leo Miller.

MANY HAVE MEASLES LYONS, April 29.—There are cases of measles at Lyons. One of the Davis' girls had them last week and Constance Bodeker is ill with them at present. A number of the smaller children had the three-day kind and have recovered.

## CROWD AT LIBERTY FOR SCHOOL SHOW

Diversified Program Marks 4-H Achievement Fete; Prizes Awarded

LIBERTY, April 29.—Achievement day and 4-H fair were held at the school house with good attendance of patrons to view the displays of children's work. The five 4-H clubs held exhibits which were judged in the forenoon.

Wayne Harding, county 4-H leader, judged the handicraft work. First place was awarded to Donald Free, second to Paul Free, third Ivan Gingenheimer. Charles Kranger is club leader. Mrs. Mary Fulkerson, county school superintendent, judged the cooking and sewing exhibits. In Cooking I on cookies, Opal Norris received first, Margaret Brown, second, Laura Anderson, third, Charles Cunningham, first, Patricia Daesch, second, Melvin Cleveland, third. Cooking III had only one eligible member, Margaret Copley who exhibited bread.

Camp cookery, exhibit biscuits: Victor Gibson, first, Wayne Gordon, second, Merlyn Gunnell, third, Sewing I, Junette Anderson received first, Pauline Deacatur, second, Grace Salladay, third, Sewing II, Helen Strohmaier, first, Marjorie Deming, second, Echo Sargent, third. Demonstrations were made by the various club teams.

In the afternoon a short program was given in each room, that in Miss Berndt's, songs, recitations and a windmill playlet, all on the Holland subject. Miss Berndt's room, display of work, etc., received a great deal of praise. Miss Shogren's program featured a trip around the world, showing several countries, natives in costume, their work, etc.

Early History featured Mrs. Pruitt's program featured Oregon and its early history with Jacqueline Judd, master of

## YOUNG PEOPLE HOLD CHURCH MEET TODAY

WOODBURN, April 29.—Young people of the Church of God are holding an all-day rally Sunday, April 30, with services beginning at 10 o'clock in the morning. Mrs. Clarence Elliott of Portland will be leaders of young people's discussions.

The committee in charge of the social hour are Earl Shrock, Warren Watt and Ruth Shrock.

The music committee have arranged for a special musical program consisting of solos, double quartette, duets and instrumental numbers. Rev. Hatch is host pastor. Miss Hazel Shrock represents the Woodburn young people and Rev. Walter Shrock represents the state convention committee.

## Christine Hansen is Reported Very Sick

SILVERTON, April 29.—Mrs. Christine Hansen has been ill at her home on East Hill this week. Mrs. Hansen who is 79 years old, has been blind for the past few years and is cared for by her son, Hans Hansen. Mrs. Hansen has lived in the Silvertown community for the most part in the Brush Creek district, for the past 30 years.

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