

outdoor sun bath for 10 or 15 minutes with the hood of the car-riage pushed well back so that the sun will shine directly on his cheeks. The baby's cap should be pushed back or even taken off. He should be turned first on one side and then on the other so that both cheeks will be exposed to the sun and yet the eyes turned away from it.

Care Essential

On this first day the baby's hands also should be exposed to the direct sun for 10 or 15 minutes. The sun bath may be repeated later in the day.

Each day thereafter the time of

By the President:

to unite in furthering the health and protection of our children;

THEREFORE, I, FRANKLIN D. ROOSEVELT, President of the United States of America, do hereby designate May first of this year as Child Health Day, and call upon all agencies, public and private, and all individuals having the interest of children at heart, to set aside that day for earnest consideration of the needs of the children in their communities and in their homes, and to inaugurate constructive activities to protect and promote the health and physical vigor of the youth of our nation.

IN WITNESS THEREOF, I have hereunto set my hand and cause the seal of the United States to be affixed.

Done at the City of Washington this 31st day of March, in the year of our Lord 1933, and of the United States of America the 157th.

FRANKLIN D. ROOSEVELT.

Cordell Hull, Secretary of State.

disturbed by the presence of other persons and where light and yentilation may be adjusted to his particular needs. A baby should never be put to sleep in all his clothes. At bed-

by himself, where he need not be

time and at naptime, his dress, per changed, and his nightgown put on. Before going to bed at night he should be sponged off with a wash cloth wrung out of lukewarm water. He will sleep better both day and night if he is comfortable.

sented in the contest and, needless to say, the judging was a task.

First prize in the contest was \$20; second prize, \$10; third, five dollars; while winners of fourth, fifth, and sixth prizes were awarded a half dozen portraits each. Photographs of all the contestants will be shown in a special window display at Mil-

ler's next week .- Photos by Miller's Studio.



must learn to do things for himself . A hole in the nursery door through which his mother can watch him without opening the Food Grows Abroad door will be a convenience; she can thus reassure herself without letting the baby know that he is

the sun bath should be increased by three minutes for a fair-skinned baby and five minutes for a dark-skinned baby. Every few days the amount of body surface exposed should be increased, at first slowly, but as the days grow warmer more rapidly. Care must be taken not to burn the skin. If the baby has been getting direct sunlight through an open window and is used to exposure, the that are allowed for a baby un- ance of the day. used to exposure, and the time for

later sun baths may be increased accordingly. A slight reddening of the skin each day will bring about tanning gradually.

After the face and hands are used to exposure the arms may be bared-at first one at a time, later both together. They should of handicapped children. Buildbe bared for only 15 minutes at fing on these basic principles for first, the time being increased the growth and development of daily. Soon the legs also may be children throughout the state rebared-at first one at a time, and later both together. Gradually the baby gets used to exposure, and by the middle of May or by of complete protection of child-June 1 the shirt and band may be hood.

taken off and sun baths may be given to the whole body. Turn day and a day moreover when the baby so that he will be tan- parents are made to realize their ned both in front and in back.

Davenport's Catch Starts Exodus of Silverton Waltons

SILVERTON, April 29 - Mr and Mrs. Roy Davenport have been the envy of sports lovers at Silverton since they returned Thursday afternoon from a trip to Alsea with a beautiful string of trout.

Mr. Davenport reported that they were "biting grand" and that it took no time at all to get a all planning to pull out for Alsea Thursday night.

Child Health Day May 1; Need of

In every section of the country arrangements are ready for the James G. Donnelly, chief medical celebration May 1 as child health officer of the national home here, first outdoor sun bath may last day. Oregon will join with other longer than the 10 or 15 minutes states in the nation-wide observ-

In all of the arrangements for child health day emphasis is placed upon community responsi- Endeavorers in bility for medical service, for

growth and development of children, for public health and child hygiene, for education and training of children, and for the care gardless of race, color or situation, communities are already

moving forward toward the goal May day serves as a model play parents are made to realize their

grave responsibilities. Parents, teachers and people at large not only know but should teach the important things that count in good health. These are: proper food, fresh air and sunshine, rest and sleep, exercise and play, and

last but not least, cleanliness. Soldiers' Home

Transfer to be May 8, is Word

catch. Silverton fishermen were state soldiers' home to the federal government has been authorized for May 8, it was indicated in

Children Have a Financial Value to Any Community

word received here by Colonel E F. Tandy, manager of the northwest national soldiers' home here.

Care Stressed ago granted authority for the transfer, and deeds were signed

by the state board of control. Dr. today began examination of the 109 men now being cared for in the state home.

Eugene to Shun

EUGENE, April 29. - (AP) -Delegates from all parts of the state were here Friday to attend the Oregon Christian Endeavor union convention.

The sessions opened Friday with conferences, general assemblies and services.

At the close of the forenoon sessions officers conducting the and dinners in different living conference presented delegates groups. with approved listings of "those places not selling 3.2 per cent." The lists, which mentioned no specific beverage, named place "eat in Eugene, dry."

BUILDS NEW HOME PIONEER, April 29 - Frank Dornhecker has started building a



Sellers of 3.2 usualing permidde used Alines of the committee in charge of the

new house on his 25-acre place and expects to move onto it soon J. L. Wachter. Barney Kropp as possible. His family has been and his "Harmony Knights" will living on the old Happee place. furnish music.

grange a sales tax debate, which hold noises. It should not be newas more in the nature of a discessary to walk on tiptoe and talk cussion by grangers among granin whispers while he sleeps, but gers, was held. Earl Fisher of the tax office and one of the writers of the bill, gave a very he should have a reasonably quiet place for his daytime naps as well as for his long night sleep. thorough exposition of the workings of the bill, for the affirmative and Seymour Jones tore it

apart and showed how, as usual, the little fellow is going to have to foot the bill. Deputy State Master Brown

paid an official visit and announod that a meeting of the officers training school will be held at Red Hills Wednesday night, May 3. The next meeting of the home economics club will be held at the home of Mrs. D. B. Kleihege on

The extra meeting which is held each month during the winter has been dispensed with and in lieu thereof Mrs. H. W. Bowden was selected to arrange for a social evening some time during May. Mrs. W. E. Savage, Mrs. D. B. Kleihege and Mrs. Arthur Holden are on the refreshment

During the lecturer's hour Miss Leona Orey gave a tap dance.

hop fields this week fighting the downy mildew. Mr. Moe's yards are not badly infected but Mr.

disease at once.

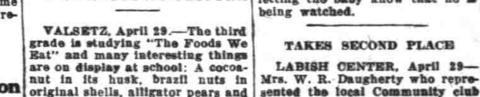
When Baby Is Sick Nothing Is Too Good

When your baby is sick and you get a prescription from your physician bring it to the Capitol Drug store where it will be compounded by one of our registered pharmacists with the utmost care from the best drugs money can buy. Nothing is too good for your baby. ¶Our prescription service is the best service we render.

James Thurston is quit fil and has been removed from his home te a hospital in Salem. He is reported to be quite low.

Young People Form Temperance Legion

TURNER, April 29-A Loyal Temperance Legion is a new or-Inever seen these foods.



original shells, alligator pears and California pine cones. Many children and several grownups had

in the public speaking contest at Salem high school Wednesday night, received sound place.

play.

The older baby should learn to

play for half an hour to an hour

without interruption by the moth-

er. He should be put in his pen

or crib and given one or two toys,

tied by long tapes to the crib, and

then left alone. As he grows old-

er this becomes more and more

important. It is not good for a

baby to be entertained or amused

or waited on all the time. He

tional Baby Week

By proclamation, our governor has set aside Monday, May 1st, as Baby Health Day. Monday is also the first day of National Baby Week. A fitting observance will be held by Miller's Baby Department. Emphasis will be placed on clothes that are best suited for the health and welfare of your baby. Buttonless, pinless underthings by Vanta, Mrs. Day's health shoes. Softest of wool stockings and bootees. Hand embroidered dresses, robes and blankets as soft as eiderdown. It will be show week at Miller's. Won't you come see us . . . and bring your mother?

LAYETTES

Vanta layettes are in a class 'all their own because Vanta are patented garments that have a definite purpose in their make-up. Here, one will find Vanta vests, bands, sleepers, nighties, union suits, waists, diapers, socks, hose, wash cloths, towels, bibs, knit diapers, powder, olive oil, soan, etc., in good assortments.

SPECIAL

Linen sleeveless vests for warm weather. These are exceptionally fine in quality. Size 1 to 6. Reg. 65c now 2 for

Sleeveless cotton vests in famous Vanta quality regularly sold at 35c. Now for Baby Week special



Shawls, robes, sweaters and bonnets in all wool and silk and wool. Here's a group that offers good choosing at

MRS. DAYS' IDEAL SHOES ...

Miller's especially recommend Mrs. Day's baby shoes. Scientifically constructed to give the ut-most comfort and to keep the little foot supported in 'a natural manner. Mrs. Day's shoes come in white, smoke and camel.

Free! Weekly Weight Record of Your Baby



Honor Mothers OREGON STATE COLLEGE, Corvallis .- Dorothy Moore of Salem, a funior in home economics at Oregon State college, has re-

honor convocation for Mother's week end.

A full program of entertain-ment has been arranged for the hundreds of mothers expected here. Special events will include

dramatic productions, an art ex-hibit, a dance recital, sorority song contest, honor convocation. banquet and numerous oreakfasts

BIG DANCE WEDNESDAY MT. ANGEL, April 29-A "joly good" time is advertised for

al dance of the Mt. Angel Fire de-partment to be held here Thurs-

day, May 4. The committee in charge is W. Presser, A. Bigler,

people who attend the semi-annu-

ing May 25th.

Helpful Hints

for

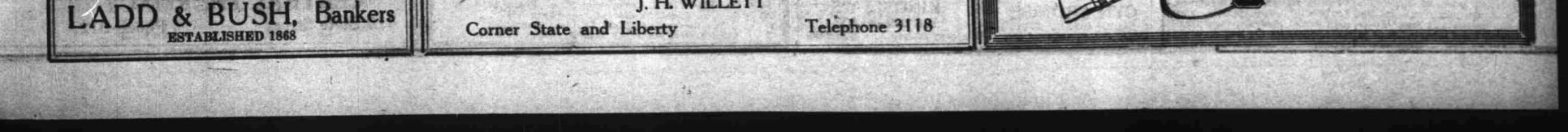
Healthful Living

committee for the regular meet-

FIGHTING MILDEW BRUSH CREEK, April 29 -John Moe has had workers in his

Moe is endeavoring to check the

the afternoon of Wednesday, May



Capital Drug Store