## The Oregon States man

"No Favor 3 ways Us; No Fear Shall Awe" From First Statesman, March 28, 1851

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#### Foreigners Not Alone in Defaults

DRIVATE citizens in America who happen to hold bonds of foreign states, municipalities or corporations have certificates as a loan to the vetwitnessed a great shrinkage in the quoted values of their investments and in many cases have sustained losses through failure to receive interest when due. The majority of the is- provision. This money has not sues of South American countries are in default. While thus far none has been repudiated there is little doubt that in several of the countries a scaling down of the debt will be re- has been taken from the adjusted quired before the state will resume any payments.

While European countries have done much better, the the War Risk Insurance fund, for quotations which prevail seem in a great many cases to have discounted interest suspensions and possible scale-down of principal. Every once in a while we read of some publicist ing in the armed forces of the jumping all over foreign states for their faithlessness in U. S. during the World war. Thus borrowing money and then failing to meet the terms of the | we have the curious situation of loan. Germany has been scolded severely for borrowing as entire reserve at a rate of intermuch as she paid on reparations, and for erecting preten- est, which if such interest is not tious public buildings out of public funds, instead of practicing rigid economy and holding down borrowings.

Severe as most Americans now feel toward the for- years. eigner who owes them (and toward the American banking house that peddled the merchandise) they do not realize that American history is not without its record of default and repudiation. About a century ago the states went on a bonding spree, and some of the debts incurred at that time are of the World war after the surstill unpaid. For many others there was suspension of interest for a time, which later was made up or compromised. The names include some of our richest states,-Pennsylvania, Illinois, Michigan, Minnesota, All of these eventually cleared their record, but other states, -Mississippi, Florida, Arkansas still have pre-Civil war debts which have never been paid off. Most of these bonds were sold in England and are add 7 billion dollars to the phystill held there.

The period of the 1830's was marked by state expan- gardless of President Hoover's sion and state invasion of private business on a big scale. pledge and plea for economy that walk where it could collect the State banks were financed by state bond issues. Mississippi financed two banks this way. Florida had a territorial bank, should not ask for the remainder at it. Arkansas a real estate bank. States guaranteed railroad of his wages earned 14 years ago. bonds or bought stock in railroads from the proceeds of bond issues. Levee bonds or drainage or canal bonds were issued. In 1837 the panic came, years of depression followed, tax receipts fell off and defaults occurred.

Rev. Sydney Smith, canon of St. Paul's, London, held Pennsylvania bonds which had been allowed to go into default. In 1834 he wrote in a petition to congress seeking redress:

"Figure to yourself a Pennsylvanian, receiving foreigners in his own country, walking over the public works with them, and showing them Larcenous Lake, Swindling Swamps, Crafty Canal and Rogue's Railway, and other dishonest works. 'This swamp we gained," says the patriotic berrowers, 'by the repudiated loan of 1828. Our canal robbery was in 1830. We pocksted your good people's money for the railroad only last year." All this may seem very smart to the Americans, but if I had the misfortune to be born among such a people, the land of my fathers would not restrain me a single moment after the act of repudiation. I would appeal from my fathers to my forefathers."

After the Civil war many of the southern states issued bonds chiefly for railroad aid. This was in the days of car-the railroads and big interests as posts which supported the awnpetbag government and graft flourished with proceeds of bond issues as the loot. Later many of the southern states | 000.00 held by virtue of the ad- limbs left on to the length of repudiated their post-war debt. Some states,-Mississippi, justed service certificate have some six or eight inches. These survived were in a poor condition Florida, Arkansas,—have even adopted constitutional amendments prohibiting any legislature from recognizing or levying taxes for the repudiated debts. In each of these ced that the veteran administra- in front of the shop. A painting cases a portion or all the debt ran clear back to the extrava- tion spends a large amount each of this old shop is still shown in gant days of state bank financing in the 1830's.

It is not necessary to go far afield either for bonds of government units which have turned out badly. The local tration has charge of the affairs improvement bonds of many Washington cities proved a sinkhole for the investment funds of many innocent purch- no stretch of imagination can the house southeast of Salem a short used for wrapping the meat. asers, while the Oregon irrigation district bonds, which bore Veterans of the World war. Fur- a method for curing hams that paper to be had. It had practicalthe signatures of state officials and a limited guarantee of thermore no amount of this mon- gave them a fine flavor and a ly no binder, was thin and brittle interest by the state, fill a sorry chapter in the public financing of our own state.

This gives no comfort, it is true, to the holders of bonds of foreign lands where financial troubles are now acute. But front carrying our arms to vic- gon. It would be interesting at was a common sight to see some Americans if they know their history, should not be too severe in their condemnation of the faithlessness of their foreign debtors. With American states still having outstanding the Imperial German government He did not wait for the beef to and dripping all over his clothes. some \$75,000,000 worth of bonds defaulted and repudiated, and her allies. It would mean for get to a point where he had to There was no cutting it up and and with smaller units of government now trying to compromise their bond issues at a fraction of what the investor paid, our own record for financial virtue is none too clear.

#### Voter in Wanderland

MOL. A. E. CLARK received a deputation from Washington county urging him to run for the U. S. senatorship an honest debt and compensation one that was owned by a man succeeded by Curtis B. Cross, his this year in opposition to Fred Steiwer. Clark promises an due to ex-service men, and that with the nick name of 'Dirty son, who is one of the owners early decision and political wise ones predict his answer will such indifference would be so tri- Dan'. He deserved the name for and managers of the Valley Pack-

That would indeed be an interesting situation for Clark would not be worthy of computation and the name was hung onto him. He east of the Bush property and to oppose Steiwer. Here we have Steiwer temperamentally a tion. Since we have obtained viet was a German and spoke some south of Mission street, and from conservative and a regular who fer months past has been tory instead of loss, we receive what brokenly. The census taker, the Southern Pacific line to Comwaving arms frantically in the direction of independency. And we have Clark, reputedly a progressive, doing his utmost to flume the wild Joseph ideas over into safe and quiet pools of constitutionalism and legality, so much so that independents charge him with scuttling the Joseph platform.

So it would be a queer race, with each candidate falling over himself trying to run backwards. Steiwer, sponsored by the "organization", elected as a regular, declaring himself for several years as one to "stand by the administration" his face looking back in the direction of party regularity, but his great frame rushing forward toward moratoriums for farmers, doles for unemployed, and free power via the Columbia. Clark, on the other hand, who has made past excursions toward liberalism, who urged slashing telephone rates, who has prided himself on his progressivism, may be seen in ponderous, tedious manner rewriting the tweedledum of utility legislation into tweedledee, changing "three" to "one" in a commission, giving cities home rule with a snapback spring in it, and thus achieving the great victory for the Joseph principles,—leaving us still with the same regulatory machinery, and the same rates.

The race will indeed be unique with Steiwer appealing.

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The race will indeed be unique with Steiwer appealing.

The race will indeed be unique with Steiwer appealing to the radicals and Clark to the conservatives (perhaps), each trying to prove he isn't what he is.

## The Safety Valve - -

TO THE OREGON STATESMAN and THE CAPITOL JOURNAL of the City of Salem Oregon:-

Statesman Readers

It seems that the time has come for the veterans of this community to answer two editorials in your respective papers. On e "VETERANS' RELIEF" published in the Capitol Journal and the "REVOLT OF THE SER-VICE MEN", published in the Oregon Statesman. Now either or bother of these papers are laboring under misapprehension as to the merits of the ex-service men's adjusted service certificate, or are manifestly hostile toward the exservice men in this community. Therefore looking at the press in a charitable light, will say that the articles are written under misapprehension of the veterans rights and merits of the claim.

First: The amount of adjusted service compensation certificates issued to World war veterans totals 3 1/4 billions dollars. That congress provided for a payment of 50% of the face value of these eran at 4 1/2 % compound interest. The veteran has now borrowed 1 and 1-3 billions dollars under this been raised by taxation by the federal government from any source whatsoever. This money service certificate fund and from which every ex-service men contributed out of his monthly earnings during the time he was serva man borrowing one half of his paid will completely anihilate the remaining portion of that reserve in a period of a little over 14

Let us see in all fairness to the merits of the case, if any one has conducted organized raids cause every shop had its own against the United States treasury, and if so who? At the close render of federal government control of railroads of this country the Esch-Cumins bill passed by congress paid the railroads 11/2 billion dollars in adjusted compensation and instructed the Interstate Commerce commission to sical valuation of their properties. In addition to that and reon account of the condition of the dust and dirt and where the flies treasury the ex-service men and dogs could get a good whack roads have demanded, and the administration is about to give them in cash the further sum of two

Beginning in the year 1922 and up to the years 1929 the federal government has refunded to the oig business corporations on the theory of excess depreciation and refunded them the sum of two that the boarding house keeper billion dollars. Please bear in mind that these large corporations are on a ratio of about 90% In fact there were more shes do-World war contracts and World If the ex-service men who

fought in the trenches and went lar place, and one which has surthrough the intense military vived to the present days was training during the war for a owned by 'Tommy Cross'. It was wage of \$1.10 per day, had been located on the north side of Cenpaid in cash on the same ratio as ter street, near Liberty. The above referred to have been paid, ing were made from trees in a he would now have for every \$1,- natural state with part of the due from the government \$5,000 .- posts were painted a bright

year for the relief of the World one of the meat markets in Sawar veteran. It must be born in lem. mind that the veterans adminisof the veterans of all wars and by packer. He had a large slaughter full amount be charged to the distance, near Mill creek. He had ey is being paid to able bodied reputation that extended to Chi-

of our American soldiers at the Allen & Lewis of Portland, Oretory, what would be the price that this date to know just how these would be taken as a war tax and cass at that. The business was reparations by the Imperial Ger- handed down to his sons and man government. In the light of grandsons, and its successor is in this established historic fact born existence today. out by other wars, it seems to us it little behooves the press of this assistance viz., the press.

TO RECAPITULATE Railroads .....\$ 1,500,000,000.00 Contractors .... 2,000,000,000.00

(able bodied) Can. war debts (Aug. 18, 1925 Govt. employ-

ceived less than \$2500 .-00 per year ....

Grand Total .. \$16,500,000,000,000 good citizen and intensely relig- Cross residence was "corner-Cen-Contrast this 161/2 billions of dollars, a large part of which was clean and his apron always white refunded to war time profiteers and spotless.

FRED R. BIRCH WM! BLIVEN





Tomorrow: "Cobras in the Air"

## BITS for BREAKFAST

By R. J. HENDRICKS.

Butcher shops:

Under that heading, C. B. Woodworth, old time Salem boy and young man, now of Portland, writes for this column: 4 4 5

"We call them meat markets now, but many years ago they were called butcher shops, beslaughter house and did its own killing. The shops were all alike. There was always sawdust on the floor, the chopping block was a cross section of an oak tree, they woud check while drying, but wedges were driven into the cracks to make a good surface. They were not sanitary, but that word had not been coined at the time, or if it was no one ever heard of it. All of the meat before it was cut up was hung out in front at the edge of the side-

"It was a common practice to let it hang out all night. There was always a chunk of liver left outside and no one touched it. Liver was not popular. In fact it was decidedly unpopular. The shops all gave it away. Not one ever charged for liver. There was what was called 'liver boarding houses'. By this it was meant fed his boarders on liver too much, as he got it for nothing. ing this than hes."

"One of the first, and a popu-

"Tommy Cross was also a Had it not been for the bravery sent to Chicago for sale through

am dirty-two'.

"A unique character as far as his personal appearance was conlishman, who was known as 'the May 3, 1926) 10,700,000,000.00 butcher with the 'golden thumb' adorned with corkscrew sideburn bered in Salem then. \$00,000,000.00 whiskers. He took great pride in them; curled and trimmed them large corp. .... 2,000,000,000,000 daily. He also wors a plug hat at Chemeketa." Later he 'erected a ious. His shop was extremely ter and Liberty."

> good citizen. . . .

Salem would not be complete without the name of Frank M. Bewley. A bachelor and the ladies' pet. He never owned a shop of his own, being what would be called today a 'meat cutter'. He was not only a meat cutter but a butcher as well. He would get up in the morning as early as 4 o'clock, go to the slaughterhouse, do the killing for the following day, then go to the shop and wait on customers. He was an artist in his line of work. A fine looking man with a military bearing, a good singer, and, above all, a gentleman. Very particular as to his dress, which was always in the latest fashion and scrupulously clean. He demonstrated the proposition that work never degrades the individual. that it is the individual that degrades the work. No social event was complete without the presence of Frank Bewley. He went

1 % % "His principal accomplishment was his ability to read the Dec laration of Independence. The privilege of reading the Declaration at every Fourth of July celebration was accorded to him and was never usurped. With a fine presence and farreaching voice, it was a pleasure to listen to him. He was invited to read at a Portland celebration, which pleased him so much.

in the best of society and was

sought out by the ladies, with

whom he played no favorites.

The meats sold were of excel lent quality and very cheap, although the quality varied with the seasons. There was practically no stall fed beef. It was all obtained from range cattle from the bunch grass country of eastern Oregon. Large droves were es. Very little of these were winter fed: it was the custom to let the cattle run at large and make their own way. Many starved during a hard winter. Those that in the early spring, but fattened green, and painted quite fre- very quickly on the fine bunch-The argument has been advan- quently. There was a brick walk grass, making a new growth of flesh which had a fine flavor. They were fully matured before being slaughtered, four years old being about the right age.

\* \* \* "There is one memory that stands out, and that is the paper There was nothing but straw and absorbed moisture like blotcago. Many of his hams were ting paper, and there being no sent to Chicago for sale through delivery as is had today, everyone had to tote his own meat. It one struggling along with a big this government and business in hams were routed. His shop was steak or hung of meat with part of it hanging out of the paper one thing that 3-4 of the profits corn it to save it. It was corned displaying in show cases. The of the newspapers of this country while fresh, and the whole car- meat was cut as ordered. What a contrast between then and

\* \* \* "Thomas Cross, the pioneer meat packer mentioned by Mr. "Some of the shops were filthy Woodworth, was succeeded by E. country to begrudge and oppose beyond description. There was C. Cross, his son. E. C. Cross was vial as against former conditions the manner in which he kept his ing company. Up to the early herein mentioned that the same shop, but that is not the way eighties, all of the part of Salem criticism instead of assistance in questioning him, asked how mercial street, including the presfrom those most able to render old he and his wife were. He re- ent Nob Hill section, was known replied, 'My wife is dirty and I as the "Cross pasture." The beef cattle of Thomas Cross roamed there.

> The Salem Directory for 1872 cerned was Mr. Nesbitt, an Eng- gave the location of the shop of Wm. Nesbitt as "Commercial between State and Court," and his ary there were five such deaths. on account of a habit he had of residence as "High between Cheweighing his thumb with every meketa and Center." Homes and piece of meat sold. His face was business places were not num-

J. C. Thompson had his home then at the "corner of High and all times while in the shop. A home further east, The Thomas

## Daily I hought

"There would be no perceptible influence on the morals of the MILLER B. HAYDEN "The history of butchers in lott.

frock. She was satisfied with her around her was strong and sustain-appearance, the orchid color of her ing; there was a vigorous clean Mary Kennedy, young and pretty dress, the way it was made, suited warmth from his muscular being.

"THE LOVE TRAP" BY ROBERT SHANNON

elderly sports promoter, who pro- hid it in a dresser drawer. poses to her. She does not love low sounded and Mary went down legged yourself," she replied.

"You're not exactly we legged yourself," she replied.

"Does Buck do much dance down the stairs gayly to meet Steve "Does Buck do much dance down the stairs gayly to meet s decision, Landers presents her with Moore. He was standing in the he asked suddenly. a diamond ring. He threatens anyone who comes between them. ever-present humorous quirk on Mary's body and her dancing, all Mary meets Landers' ward, Steve his lips. They got a taxi and Steve at once, was cramped an un-Moore, young college graduate. gave the address of a restaurant. rhythmic.

They are immediately attracted to "They told me at the hotel that" I don't one another. Landers leaves on a this is a pretty good place where a low voice. business trip and asks Steve to look we're going," he explained. "I'm There was

after Mary. CHAPTER X.

Shortly after her mother's death.

you like to dance?" he shot at her. Not with somebody she admired but with somebody she liked!

you, will you take me some place where we can dance, too?"

ing well-conditioned and in New ate common sense gave Mary a pro-York with a date that was provoc- tective feeling toward Steve; of ative, and somehow marvelously course, had he been rich it would agreeable. "Will I take you dancing? Oh, yet.

to dance right through my shoes the address of Aladdin's Lamp to this night, because I've been the driver than she realized they cramped up five days on a rail- were going to exactly the right road train and the old dogs are place. True, she had never been there herself, but she had heard of I ask you! Am I happy—am I its agreeable atmosphere, its touch delighted—am I overwhelmed?" of theatrical smartness and the funny grotesque quirk with his eye- and celebrated international hors New York boys Mary knew had cost. such a racy line-she supposed it As they drove it seemed to Mary was because he was from the West. that Steve was the easiest person

ner early, can't we?" thread ran through the monotony of her office toil the balance of the day. He was never completely out room he continued to blossom; he of her mind, he amused her; he took charge of the dinner with banished all worry. Buck Landers easy assurance. He was adamant humming under her voice.

At the same time, curiously, all lationship she had left behind in yet effective. Brooklyn. They had no power to Shall we demonstrate?" Steve imprison her within the drab circle inquired, and Mary rose, quickly of their own lives. She wanted to willing. mind. He did what Buck Landers out boredom. had never been able to do, he made Just by the act of dancing. her feet-superior.

home to dress in her very best finitely lithe and supple; his arm

stenographer decides to live her own life and fivoid the poverty she has always known. She rents a small room and then seeks a position. Mary meets Buck Landers, elderly apports ready she debated about wearing the other dancers. "I'd rather dancers with you than anybody I ever alderly apports ready she debated ready she debated about wearing the other dancers. "I'd rather dance with you than anybody I ever

vestibule with his hat off and the

ropes, though, because I'm a see much of you after you're mar-stranger in your big town." ried. You'll be touring Europe and you like to dance?" he shot

It didn't matter particularly to doing things like that. If I dance
Mary where they went, since all of
her eyes lit up. This was

Her eyes lit up. This was what she wanted—fun, music, play. antness. She was glad, though, that they were not going to some oppres-sively stiff place like the Plaza or "I'm not "Of course I like to dance," she the Belmont. Even the Mortgentold him. "If I go to dinner with hoff, where Buck Landers had taken squeezing her hand. her, was too mature and expensive for a boy like Steve-those places back to their table. Their dinner

He laughed with clear, ringing were far too elaborate for moderate began and, as it progressed, a slight amusement at the sheer joy of be- youth. A little streak of affectionbe different, but he wasn't rich-

stepmother-of mine! I'm going But no sooner had Steve given He grinned at her and made a excellence of its table-d'hote dinners brows. She couldn't help it—she d'oeuvres. It was downtown and, had to giggle at him. None of the by some miracle, not prohibitive in

"I'm sorry I have that lunch date on earth to be with; she was under with a girl today," she told him, no strain whatever. Sometimes he "but I'll tell you-we can go to din- said silly things that were not especially witty, yet he had a trick Her meeting with Steve Moore of mind that saw life through difhad the effect of sending Mary's ferent eyes. By the time they spirits soaring. A bright golden reached the restaurant, he had her laughing at everything he said.

In the low, softly lighted dining grew fainter in her consciousness. with the head waiter and procured At her work she found herself the best table in the place. He ordered with surety.

They sat opposite each other at of the kinks and tangles of her past the small table and were bathed imdiscontent were blotted out; she was | mediately in the melodious throbmore patient, more sympathetic bing of the stringed band, which with the stupidity of the family re- contrived to keep its jazz subdued,

Next week, perhaps, she would buy and they moved off smoothly with her a small present, a new little the music. The muted vibrations

dress. Gradually Mary began to joined them bodily in perfect, effeel a surprising sense of confidence fortless rhythm of movement. Imand security-and all the while mediately each knew they could Steve Moore was in the back of her dance together interminably with-

Mary seemed to know Steve better. She left the office early and went It made her happy-she felt in-

"You're not exactly wooden-"Does Buck do much dancing?"

A tightness came swiftly into

"I don't think so," she said in

There was something regretful in expecting you to show me the Steve's toxe; "I don't suppose I'll "I'm not married yet," she told

"I'm not going to think about it at all," he declared, involuntarily

The music ended and they went melancholy developed. Steve seemed to lose something of his buoyancy and Mary knew why. They were both thinking of Buck Landers.

"I'll have to tell Steve the whole truth about it," she' thought to herself: "I wonder if he thinks I really love Mr. Landers? Well I don't. If he had billions of dollars, I couldn't have as much fun with him as I could have with Steve without a penny: But I don't mean anything to Steve-I'm just another girl. But he's nice, though, and I'm going to enjoy him while I can."

Actually she said aloud: "Are you engaged to be married?"

He looked at her steadily for a moment and then with an odd expression in his eyes he smiled, but

not happily. "Does it matter?" She felt a little pang of regret,

a tiny stab of something like jealousy. "Well, aren't you?" "Let's don't talk about other

people and engagements tonight," he said with a shrug, as he lit a cigarette. "I'm sorry I mentioned your engagement to Buck. It makes me sort of lonesome. Don't you feel sorry for me?" "Yes, I do. But I don't see

why-"Say-we didn't come here to

gloom!" he declared vigorously. "The girl I'm crazy about doesn't even know it. She's perfectly happy and I'm not going to bother her with my foelishness. I'm not even going to think about myself-I'm sorry I mentioned it."

A suspicion-almost a hope-was entering Mary's heart like a golden arrow. Was it possible that she herself was the girl he meant? Of course it was silly to think so, yet-"I'd like another dance," she said

They gazed at each other with widening eyes, and almost in a daze they rose from the table and were immediately lost in the dancing throng. His arm around her was stronger than ever.

(To Be Continued) Copyright, King Features Syndicate, Inc.

4-M ON TOMORROW

ARABIA FINDS OLD QUARRY

AMMAN, Arabia - (AP) - A

will be an all day meeting.

MACLEAY, Feb. 29-The

#### Yesterdays . . . Of Old Salem

Town Talks from The Statesman of Earlier Days

March 1, 1907 Mayor Rodgers has vetoed the council's ordinance calling for licensing of insurance companies. He maintains increasing the fees from \$18 to \$50 would drive the agents out of business.

The Northwestern Long Disance Telephone company, operators of the new automatic system. has its crew now encamped near the fairgrounds. Plans are for extending the Portland-Oregon City lines as far as Albany.

Following the recent arrest of Southern Pacific locomotive engineer for exceeding the city speed limit, the company superintendent has informed Alderman F. G. Haas he will see that his engineers respect the speed limit. Haas and the city marshal have given the company 10 days in which to com-

March 1, 1922 "Our taxes have been raised from 40 to 50 per cent since 1921 and isn't that a fright? There is more than \$4,200,000 in delinquent taxes in Oregon, . . . It's time for somebody to protest," declared Judge P. H. D'Arcy at the Marion County Tax Reduction League meeting at Union hall last

Preparatory to bonus payments e 3210 ex-service men tomorrow, the state bonus commission yesterday announced that bonds for more than \$3,000,000 will be delivered today to a Pertland bank which is to have the necessary cash ready.

According to statistics filed with Dr. C. E. Cashatt, city and county health officer, there have been 10 deaths in Marion county during February that can be traced to influenza. During Janu-

The question asked yesterday by Statesman reporters was: "What do you think of the new reorganization of the highway depart-

N. Christiansen, soap manufac-turer: "I believe it is all right, for it is in the interest of economy".

ble influence on the morals of the race if Hell were quenched and Heaven burned."—Charles W. Elliott.

B. F. Shoemaker, paster Court that your diet is properly balanced and that your system is clear. For charles w. Elliott.

B. F. Shoemaker, paster Court that your diet is properly balanced and that your system is clear. For charles w. Elliott.

it puts some men out of work. and that's what I suppose we are March meeting of the 4-M club trying to guard against. However, 'higher-ups' may be better able will be held at the M., M. Magee to stand it". home at Rickey Wednesday, This

John Habin, laborer: "Just throws more men out of work."

Mrs. F. Frances, housewife: meleke stene quary, last worked Economy can reach that stage shortly after the last Persian inwhere it becomes an added ex- vasion of Arabia 1,400 years ago, pense in efficiency.' has been discovered near here.

# Daily Health Talks

By ROYAL S. COPELAND, M. D.

HAVE healthy hair two harmful to permit soap to remain o things are essential. The first of these is good physical health, and the second is proper ing this method, the action of the care of the hair and scalp.

ecives its nourishment through the blood stream, not directly, but through the oil glands. When illness has depleted the quality of the blood, the hair is partially deprived of its regular food for growth.

The hair re-

evil effects everywhere in the body.

In cars of the hair the first requirement is cleanliness. Dust, dirt and tiny scales from the skin gather quickly on the scalp and clog the openings of the oil glands. Frequent shampoos should be given, at least one in ten days or two weeks, according to the condition of the hair.

The best method of shampooing is to use a lather of a good quality of soap. This is much better than rubbing soap on the hair. Before applying the cleansing material, thoroughly wet the hair with plain warm water, then rub in the lather, holding the fingers in a claw-like position, moving them around on the scalp, thus combining a massage with the shampoo. After the hair and scalp are cleaned, wash well with plenty of clear warm water. Be sure to de this theroughly, because it is appear in an amount that gives the sufferer an untidy, unkempt appear ance. Here, too, the general health may be at fault.

The local treatment for this trouble is scalp massage, using some simple oil or white vaseline. Put a small quantity of ell on the tips of the fingers excellent and prevention of the scalp with a circular tion of the blood through the scalp and encourage the growth of the hair. The daily care of the hair is simple. After the brushing the scalp should be massaged as described. Shampoo regularly, once in ten days or two weeks. Avoid constipation, because falling hair and premature grayness often are due to auto-intoxication.

sun will stimulate the circulation of blood through the scalp. Too long exposure to the direct rays of the sun is not advisable, as the color of

the hair may be faded by too strong This method of drying is generally possible only in the country, but rub-ing with hot towels or the hands gives an excellent lustre to the bair. I am told that most beauty parlors employ dryers, either electric or gas. There is no objection to this method of drying if the heat is not too great, but intense heat gives the hair s

the hair is partially deprived of its regular food for growth.

Then there are Dr. Copeland dull ness of color and lack of vitality, and falling of the hair follows.

Disorders of the intestine, especially chronic constipation, are most harmful to the health of the hair. The poisons generated have appear in an amount that gives the

hair. The poisons generated have appear in an amount that gives the evil effects everywhere in the body, sufferer an untidy, unkempt appear-

Answers to Health Queries

L.L.K. Q.—What causes a small imp, like a pimple, to form under the skin on the forehead? It does not come to a head and usually disappears after a few weeks only to return on another spet or part?

What would you advise?

R. M. Q.—What do you advise for falling hair?

A.—Brush the hair daily for fifteen minutes at a time, and use a good tonic. Send self addressed, stamped envelope for full particulars and repeat your question.

A.—This is probably sone. Be sure "A Reader," Q.—Will cod-liver of