

FOURTH DANGER IS EMPHASIZED

Tetanus Chief Peril Incident to Fireworks use Says Health Board

With the Fourth of July approaching, and that day one well known for the number of accidents which happen, the state board of health has sent out the following timely cautions:

"The celebration of Independence Day has always been attended by dangers. Not all accidents are caused by fireworks; many occur from reckless automobile driving, swimming and other forms of sport or recreation associated with summer holidays. Much has been said about a safe and sane Fourth; but it is still true that the desire exists to make a noise, to do something spectacular, or to celebrate in other ways, which tend, often to a spirit of recklessness with serious results.

"Fireworks should not be set off by small children without supervision of adults. Even the most careful child has no conception of the destructive power of fireworks. The desire of curiosity and experiment leads him to creep up on the firecracker which does not go off, to toss a lighted cracker toward another person and other daring tricks.

"Serious fireworks accidents are usually either burns, resulting from clothing catching fire, eye injuries resulting in blind-

ness or lockjaw following lacerated wounds. Tetanus or lockjaw in the Fourth of July nightmare of doctors the country over.

"It usually occurs when the germ can get under the skin as in a flesh wound. It is in the pocket of one of these wounds that that lockjaw may lurk. It is slow in developing; it is often weeks before symptoms appear. The wound heals and the victim does not know that he harbors the germ; but with the first appearance the disease works rapidly to a climax.

"The only way to control the germ is to inoculate immediately with anti-tetanus serum. Injured due to firecrackers and other fireworks used on the Fourth are particularly in danger of tetanus. All parents should take the children injured immediately to a physician for a prophylactic treatment against lockjaw."

Eddie Tolan, University of Michigan sprinter, differs from most great dash men in that he starts with his left foot back.

HEALTH EDUCATION BOOKLET COMPILED

Dr. C. C. Dauer, in charge of child hygiene for the Marion county department of health, has completed compilation of a large amount of subject matter for use in teaching health education in connection with other classroom studies in the junior and senior high schools, and has had the material prepared in a mimeographed booklet form.

The material, which if printed would form a textbook of about 225 pages, will be used by teachers in instruction on health education. Through a plan developed by Dr. Dauer, this instruction is to be carried on in connection with regular class studies. Just how far the correlation will go has yet to be worked out by the teachers.

The doctor will carry copies of the booklet to Denver with him when he goes there this month to give a short paper before the health section of the world's educational conference. His paper will be on the plan for regular study and health education which he has worked out.

ATTEND FUNERAL GERVAS July 1—Mrs. Anna Taylor of Oakland, Calif., Mrs. Lillian Tatone of Portland, Mrs. Andrew Lelack of Mill City and Mrs. Donald Dixon of Wilsonville were here to attend the funeral of their mother, Mrs. William Albright, which was held from the Sacred Heart church Tuesday morning at nine o'clock and was conducted by Rev. H. A. Orth. Burial was in the Catholic cemetery east of town. Mrs. Albright was born in Germany, September 2, 1873. The family located here 20 or more years ago.

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3-10c CAKES SAN REMO CASTLE SOAP AND BABY HOT WATER BOT. 29c
35c LIFE BUOY SHAVING CREAM AND 10c SOAP ALL FOR 21c
50c COTY SHAVING CREAM AND 50c PROBAK BLADES ALL FOR 59c

Menu for the Week

FOR A COMPANY LUNCHEON

Vegetable Salad Molds
1 package lemon flavored gelatin
2 cups boiling water
3 tablespoons lemon juice
1 teaspoon salt
1 cup chopped cabbage
1/2 cup chopped raw carrots
3 tablespoons chopped green peppers
1-3 cup chopped celery stuffed olives
1/4 cup chopped pimiento
Pour water over gelatin mixture and stir until dissolved. Add lemon juice and allow to cool and thicken a little. Fold in rest of ingredients. Mix well and pour into individual molds rinsed out of cold water. Set in cold place to stiffen. Unmold on lettuce.

Mountain Salad Dressing
1-3 cup sugar
3 tablespoons flour
1 teaspoon salt
1/2 teaspoon paprika
1/2 teaspoon dry mustard
1/4 teaspoon chopped onions
1 teaspoon celery seed
1/2 cup vinegar
1/4 cup water
1 egg white, beaten
Beat egg yolks and add all dry ingredients, mix well and add vinegar and water. Cook in double boiler until thick and creamy. Stir constantly. Fold in egg white. Mix well, cool and chill.

Orange Sponge Cake
6 egg yolks, whites, beaten
1 cup sugar (sifted 3 times)
2 tablespoons grated orange rind
1 tablespoon soft butter
1/2 teaspoon lemon extract
1-8 teaspoon salt
1 1/2 cups sifted confectioner's sugar
Mix ingredients. Beat well. Let stand five minutes. Beat two minutes. Frost top and sides of cake.

TOMATO OLIVE SAUCE
Breakfast
Chilled Orange Juice
Ready Cooked Wheat Cereal and Cream
Bran Gems
Butter
Luncheon
Creamed Egg Creole
Bread
Eggplant
Sugar Cookies
Dinner
Broiled Lamb Chops
Tomato Olive Sauce
Buttered Potatoes
Head Lettuce
French Dressing
Chocolate Cream Pudding
Coffee

Creamed Eggs Creole
4 tablespoons butter
4 tablespoons flour
1/4 teaspoon salt
1/2 teaspoon paprika
2 cups milk
1-3 cup pimento cheese, cut fine
2 tablespoons chopped green peppers
3 hard cooked eggs, diced
Melt butter and add flour. When blended add salt, paprika and milk. Cook constantly. Add rest of ingredients. Cook slowly and stir constantly three minutes. Serve, poured over hot toast.

Tomato Olive Sauce
3 tablespoons butter
3 tablespoons chopped onions
4 tablespoons flour
1/2 teaspoon salt
1/2 cup tomato juice
1/4 cup chopped olives
1/4 teaspoon salt
Heat fat in frying pan. When hot add and brown onions. Add flour and mix well. Add salt and tomato juice. Cook slowly and stir constantly until sauce thickens.
Add rest of ingredients. Cook two minutes. Pour over and around fish.

Chocolate Cream Pudding
2 squares chocolate, cut fine
2-3 cup sugar
4 tablespoons flour
1-2 teaspoon salt
2 egg yolks
2 cups milk
2 egg whites, beaten
1 teaspoon vanilla
1/2 cup diced marshmallows
Place chocolate in bottom of double boiler. When melted add sugar and flour and blend well. Add salt, yolks and milk. Cook until thick and creamy. It will require about 10 minutes. Beat well. Cool a little and fold in rest of ingredients. Pour into glass dish and chill.

SULTANA CAKE FOR DESERT
Breakfast
Fresh Berries and Confectioner's Sugar
Poached Eggs
Buttered Toast
Luncheon
Coffee
Dinner
Tomato Salad
Bread
Butter
Chocolate Cookies
Ice (Hot or Cold)

Chocoon Fruit Salad Mold
1 tablespoon granulated gelatin
1/2 cup cold water
1 cup boiling pineapple juice
4 tablespoons sugar
2 tablespoons lemon juice
2-3 cup white marshmallows
Soak gelatin and cold water five minutes. Add boiling juice and stir until dissolved. Add sugar and lemon juice. Cool. Add rest of ingredients and chill until quite thick. Pour quickly over lettuce leaves and surround with salad dressing.

Summer Luncheon Menu
Chilled Fruit Juices
Chicken Salad
Nut Bread Sandwiches
Pickles
Pineapple Sherbet
Iced Tea
Sponge Cake

ed. Add sugar and lemon juice. Pour to thickness of one inch in shallow mold which has been dipped in cold water. Allow to stiffen. Spread with cheese and allow to chill. Cover with fruit mixture.

Fruit Mixture
1 tablespoon granulated gelatin
1/2 cup cold water
1 cup boiling water
1/4 cup sugar
2 tablespoons lemon juice
1 cup diced pineapple
2 tablespoons chopped pimentos
1-8 teaspoon salt
Soak gelatin and water five minutes. Add boiling water and stir until dissolved. Add sugar and lemon juice. Cool. Add rest of ingredients and chill until quite thick. Pour quickly over lettuce leaves and surround with salad dressing.

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YOUNGBERRIES MAY BE PRODUCED HERE

Production of the youngberry, a berry originated in California and apparently an improved blueberry, in Marion county should prove successful, judging from those grown this year by A. B. Anderson on his ranch out from Silverton.

S. H. Van Trump, county fruit inspector, was in that section yesterday and visited the Anderson berry patch. Anderson has a half acre planted to the youngberries, for which there is both a good table use and canning market now.

Mr. Van Trump reports that loganberry growers in that section are complaining about poor size of logans and also poor quality, both due to wet weather. A few warm days will bring the berries up to normal.

The federal government lost \$204 on auctioning an auto seized by Minnesota prohibition agents. The car sold for \$12, but the government owed \$216 storage.