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Power Comes to the Farms

NEW ruling of the state public service commission has consumption. just gone into effect which ought to speed up the extension of electric power lines into the country. The new regulations provide that the power company serving an area after it is cooked, to indicate that must, in extending its lines into the country, supply all the it is unsafe to eat. Usually we cash for the construction of the line. The customers to be know either by its taste or smell served, will, if the total cost runs over a certain sum, have to whether the meat or other food pay the excess; but their proportion is less than formerly, bacterial poisons are so resistant and they do not have to put up the money. The amount is to heat that neither resisting nor charged to them and paid for in their monthly bills. In this boiling can destroy them. way a farm does not have to dig up several hundred dollars cash money to get the line put out to his place.

There is a marvelous field for extension of electric service through rural areas. Every farm is a small industrial rigidly enforced, plant. The possible uses of electrical energy there are increasing. "Juice" is now used to turn the cream separator and the tissue that decomposes and forms churn, heat the incubator and the brooder, run the ensilage ptomaines as quickly as fish. cutter and light the barn. It may be used for milking the cows and cooling the milk; and it can perform all the ser- compose very rapidly. Bacteria of vices in the home for the country woman that it does for her a deadly nature form very rapidcity sister.

The studies of light with respect to vegetation are re-heat than in the cold. Therefore, vealing new possibilities all the while. Electric lights might it is very necessary to keep all fish be used to force vegetation; or to illuminate fields for farm on ice in order to have them work, though this is customarily done now by powerful lamps fresh and safe for eating. attached to the tractor. They are used in henhouses to stimulate egg production in winter months.

Electric motors are the modern genii; electrical energy is true in diseases like typhus teis the new Aladdin's lamp. Bringing of electric power to the ver, Asiatic cholera, or lockjaw. farm will lift many burdens off the backs of men and women Ptomaine poisoning varies very and children on the farms, should lower production and oper- much in its severity and characating costs, and will go far toward enabling the family-unit virulence of the poison, and one's farm to continue as a profitable economic unit. The latter is resistance to disease, very important. Because power can be delivered in small, The attack may appear immeeasily controlled quantities over electric wires, the small diately after eating the food, or farm with its numerous operations calling for power may be fore the ill effects are felt. In the continued rather than be merged in big scale operations and latter case the attack is usually chain farms. At least electric power on the farms will help most severe, for all the time poisa boy; he had a boy's sense of the small forms. At least electric power on the farms will help most severe, for all the time poisa boy; he had a boy's sense of the small forms. to maintain the independence of the small farm.

ons are at work in the body.

This ruling of the public service commission will undoubtedly be helpful to the farmers now unserved, and should doubtedly be helpful to the farmers now unserved, and should one of the skin. It is apt or pricking or result in building up a big business for the utilities.

The Degenerative Diseases

TEART failure, apoplexy seems to be the arch foe of life dizziness and weak heart action A at the present time. Medical science has done much to-follow. ward ridding mankind of germ diseases like smallpox, cholera, fevers, diphtheria, tuberculosis. But the so-called degenerative diseases show an increasing rate of mortality. Because of this while the average span of life has been increased due to lower death rate in infancy and childhood, the ex- as soon as possible, and to this pectancy of the person who reaches age 40 is no greater than end the patient should drink te-

There is no cure known for many of these diseases. Kidney trouble and heart disease are responsible for a third of all deaths, and cancer is the cause of a large proportion as well. Habits of living are more important than medicines. Good habits call for regularity of exercise, diversion from one's occupation both daily and annually, temperate eating, in short, a carefully regulated regimen of living.

When the cause of death is some organic trouble the question that comes up, is why did the organ fail to func-"tion? What neglect or abuse did it suffer that it should fail to carry its load? One may not say the trouble was one particular thing; but rather the result of long continued abuse or neglect.

This is some sort of health week, and there is general urging of adults to have a physical examination to uncover weak spots and catch bad conditions before the organs of the body are impaired. The shock that came to the people in the death of a distinguished citizen this week ought to make those of 40 and over stop and think about their health, about their manner of living, and about the precautions they should take to ward off the encroachments of the degenerative diseases. The events urge three things upon men in middle life: have a health examination; study your life insurance program, and review your will.

Tunneling the English Channel

TIWENTY miles of water which makes an island of Eng-I land has played an important part in European history. The English channel barred Napoleon who looked across from Calais with hostile purposes. Its storms played havoc with the fleet of the Spanish Philip, whose armada threatened the England of Elizabeth. But the security which the English good tonic. felt behind this strip of water was rudely broken with the menace of the submarine whose torpedoes destroyed ships and endangered food supplies.

Tradition has done much to preserve this channel as a barrier to easy access from the continent; but the imperative demands for speed in communication and transport are bringing to the front the old proposals for constructing a tunnel from Dover to Calais. The tunnel length would be 31 miles and the estimated cost, with two twenty-foot tubes for railroads, \$125,000,000. Construction of the tunnel would cut down the running time of trains from London to Paris some 60 minutes. It would of course take away the discomforts of the ocean crossing, where storms are frequent. Transshipment of freight from train to boat would no longer be neces-

A private company is now proposing to undertake the venture; and parliament has recently listened to fresh arguments in favor of the project. The old argument of military security is countered by the assertion that the blocking or destruction of the tunnel in time of war would be comparatively easy if England or France wished to cut off this means of transit.

The project does look entirely feasible and the cost not prohibitive. In this country we would probably be quite willing to undertake it. Perhaps England will decide her security is not endangered by an easy access to the continent and will encourage private interests to go forward with a tunnel

An error in the gears and another prominent man loses his life at a ferry slip. Caution, caution; how much this word needs to be dinned in the ears of motorists.

A man in Mexico Cit; committed suicide three A man in Mexico City committed suicide three ways: took polson, shot himself while perched on a railing at a third floor level.

The Martin-McVay meeting has reached the end of its sixth week take his own boat after the whales speak.

250 miles. Explanation: 8 5-12 riam, a conscientious and hardney, and able to eat in comfort, only 60c.

The Martin-McVay meeting has reached the end of its sixth week take his own boat after the whales si-3. Multiply each of these by horticulture, but a man quite unperchange of the board of the board

HEALTH

For the most part, the foods we cat are wholesome and free from any contaminating influence



tain deadly bacteria, or ptomaines, it is incumbent upon us to buy only of reliable dealers. We must learn what are the earmarks of good meats, as well as other foods. We should know their origin, as well as the signs of their freshness and fitness for

The trouble is that in some instances there is nothing about the food we buy, either before or is good to eat. Sometimes these

Ptomaine poisoning may come from canned meats, or other canned goods. This rarely occurs now, since government inspection is

There is probably no snimal When taken from its natural element, the water, fish die and dely in the tissues. Such poisons form much more quickly in the

Apart from the influence of food, there are some poisons that develop in the human body. This

or pricking of the skin. It is apt You're right, sir." to grow in intensity until it is almost unbearable. Soon there are cramps in the intestines, nausea, and vomiting. Fever, headache,

While waiting for the doctor, the patient should be kept warm in bed. The bowels should be kept open. It is very neessary to eliminate the poisons in the system pid water to which soda has been added. Vomiting may be induced ger as far back in the throat as possible, the food will be ejected.

Care in the selection and cooking of your foods will keep you from disease. Let us not trust to good luck.

Answers to Health Queries R. S. Q.-What causes a soreness in my chest when I take a deep breath? I have not a cold.

A .- This may be due to poor circulation. Try to build up your general health and you will probably benefit generally.

J. M. J. Q .- What is the cause of cracking joints?

A .- This condition is due to lack of synovial fluid. Try massaging the joints with a little warm cod liver oil every night before retiring.

"Interested Reader." Q .- Is electricity helpful for neuritis? A .- Yes, in some instances. The cause must first be removed be-

fore the trouble can be cleared "A Reader." Q .- What do you

advise for falling hair? A .- Brush the hair and use

A. J. S. Q .- Wil from pills help low blood pressure? A .- Treatment should be out-

lined by your family dector.

Y esterdays Town Talks from The States man Our Fathers Read

June 18, 1905 D. R. Yantis, of the firm of Steelhammer and Yantis, has just completed a handsome cottage on North Commercial street and W. D. Claggett is building a fine twostory dwelling in the southwest corner of Commercial and Mar-

The initial number of "The Lend a Hand," a weekly journal published by the convicts at the state penitentiary, has just been issued from the printing plant a period of sloth. He gave up, bit there. It is a neat four-page publication.

Word has been received that Clarence M. Bishop will be home soon to accept the superintendency of the new woolen mill built last year at St. Johns.

BECOMING AIR-MINDED ALMOST OVERNIGHT



The SEA BRID BY BEN AMES WILLIAMS

Noll slept heavily in his cabin.

little, writing up the log, or sit-

ting with glazed eyes by the cabin

table, a bottle in reach of his

hand. He slept much, heavily, and

even when he was awake he seem-

ed sodden with the sleep in which

He passed, during this time,

through varying moods. There

were days when he sulked and

one night.

shadow."

out the shell of a man.

spirit in Noll, said gently:

him with your hands. Surely you

need not be fearful of Mauger!"

Noll brooded for a memeat.

'I was a hard man then. I've al-

ways been a hard man. Wrong,

Falth-1 was always wrong!"

"By the fist—a master by

fist. A hard man!"

he called her hard.

slackly at the task.

"Eh. Faith," he said delefully,

"You were a master," she told

He fell to mourning over his

own harsh life; he gave hmiself

was unchristian; and he got a

Bible and began to read. There-

after the mates found him in the

eabla, day by day, with the Bible

spread upon his knees and the

whiskey within reach of his hand.

The disintegration of the mast-

er had its inevitable effect upon

the crew. They saw, they grinned

with their tongues in their cheeks.

They winked behind Noll's back.

One day Nell called a man and

"Come, sharp there!" the cap-

A Problem

For You For Today

THE ROMANCE OF AN EVENTFUL WHALING CRUISE

CHAPTER IX

"Your fault, you damned, careless skunk!" he accused. "You're no more fit for your job. You're cook; and Kelick, and a spare

course I'm right. Do I need a

"Right?" Noll

shrinking fourth mate to tell me when I'm right or wrong? By-His wrath everflowed in a blow and for all the fact that Noll was aging, his fist was stout. The blow dropped Willis like the stroke of an ax. Noll himself filled a bucket and sluiced the man and drove him below with curses. Afterward the reaction sent Noll to Faith in a rage at himself, at the men, at the world, at her. Dan'l, in the main cabin, heard his teeth and went on deck, for

Noll swearing at her. And he set fear of the thing he might do. He was still there, half an hour later, when Faith came quietly up the companion. Night had fallen by then; the sea was moderating. Faith passed him where he stood by the galley and he saw gray gloom of the after-rail. For eyed man. He burst out to Faith

a moment he watched her, gripping himself. He saw her shoulders stir as though she wept. The man could not endure it. He was at her side in three strides. She faced him and he could see her eyes dark in the her head.

night as she looked at him. He stammered: "Faith! Faith! I'm so sorry." She did not speak, because she could not trust her voice. She was furiously ashamed of her own

weakness, of the disloyalty of her thoughts of Noll. She swallowed bard. "He's a dog, Faith" Dan'l whis-

pered. "Ah, Faith-I love you, I love you. I could kill him, I love Paith knew she must speak. She

said quietly: "Dan'i, that is not-He caught her hand with an

sloquent grace that was strange to see in the awkward, freckled man. He caught her hand to his lips and kissed it. "I love you, Faith!" he cried. She freed her hand, rubbed at

where his lips had pressed it. Dan'l was scarce breathing at all. He was fearful of what he had done, fearful of what she might

"Dan'l, my friend, I love Noll

Wing with all my heart," she said

-And poor Dan'l knew, for all she spoke so simply, that there was no part of her which was his. And he backed away from her a little, humbly, until his figure was shadowed by the deck-house.

And then he turned and went forward to the waist and left Faith standing there. He found Mauger in the waist, and jeered at him good-naturedly until he was himself again.

Faith, after a little, went below. Noll was asleep in his bunk above hers. He lay on his back, one hare and hairy arm hanging over the side of the bunk. He was snoring, and there was the pungent smell of rum about him. Noll passed, at this time, into by bit, the vigorous habits of his life. He had been accustomed of old to take the deck at morning

and is still drawing large crowds. that were sighted. He had con- 13 1-3 (or 40-3) and add results. accustomed to the slings and ar-

tinued to do this in the early; tain said. stages of this cruise, leaving Eph

The man grinned and spat over Hitch, the cooper; and Tinch, the the side and asked impudently: "What's hurry?" Noll hesitated to act, but Henhand or so to keep ship with Faith and Roy Kilcup. But when they ry Ham had heard. The mate's' this up, and for a month on end ribs, and the man made haste

Fist does it-fist and boot. You

He gave up, also the practice know that, sir, as well as me." of spending most of the day on (To be continued) deck. He stayed below, reading a

Editorial

From Other Papers

TOM KAY THE MAN

spoke little, there were days when The utimely death of Senator he swore and raged, and there leorge W. Joseph has thrown rewere other days when he followed publican political leaders into at Faith's heels with a pathetic turmoil. Deprived of a leader for cheerfulness, like an old dog that the coming November elections tries to drive its stiff legs to the the task of selecting a new canbounding leaps of puppy play. He was alternately dependent upon didate for the gubernatorial chair now falls on the republiher and fretful at her presence. can state central committee. Always, day by day, he was her figure silhouetted against the haunted by the sight of the one- Yamhill county will have its voice in the selection through James Teegarden of Yamhill, "The man plans to knife me!" who is the state committeeman he cried. "I can see murder in his from this county.

It is a lamentable situation that Faith, who pitied Mauger and the runnerup in the recent primaries and at the present time When asked what his objections had tried to comfort him, shook governor of Oregon, has so con-"He's broken," she said. "He's clusively proved since his defeat that he is not gubernatorial tim-"He fellows me." Noll insisted. ber and has so conducted him-'I turned, on deck, an hour ago, self that he would not be acceptand he was just behind me in the Faith, seeking to rouse the old barred himself from any hope of consideration by the central "There was a man who tried committee. o stab you once and you killed

Unquestionably Tom B. Kay, state treasurer and a native son of Yamhill county, will be the now see his way clear to accept

JUST A TEAPOT TEMPEST to futile, ineffectual regrets. He told over to Faith the tale of the The state board of control deblows he had struck, the caths clines to secept the proferred res--the kicks. This habit of confesignation of Howard C. Merriam of Goshen, as a member of the Snake river, At what was called sion was becoming a manta with him, And when Faith tried smilingly to woo him from this mood, sound sense and regard for jus-He told her one day that she

In Marion county there is a fruit inspector against whom complaints had been made of lack of zeal. Mr. Merriam upon investi gation concluded that the complaints were well founded, and at resignation. a meeting of the board of horticulture moved that the inspector be suspended. There was opposition to the motion from Marion horticulture is doing that he is to bade him scrub away a stain of inspection cited a case wherein in- Oregon oil upon the deck. The man went spection had resulted in the discovery and quick eradication of a new fruit tree pest, whose iden-tity and location he did not dis-

spector under fire seized as a gas, heartburn, bleating, sour means of turning the tide of crit-icism against Mr. Merriam. He was accused of slandering and Diotex is harmless, yet works old to take the deck at morning and keep it till dusk, and when need arose in the night, he had always been quick to leap from his bunk and spring to the spot where his strength was demanded.

If a body of men consumes \$600 worth of food in 4 weeks, in what time would \$1350 worth of food in 4 weeks, in what time would \$1350 worth of food by shrieked their denunciations and broadcast them from their offices in dispatches, And Mr. Merical back if you don't soon feel like

BITS for BREAKFAST

Ralph C. Geer's address:

member of the 1847 immigration, and he came to help develop:

Grand Island. They were on the night they were two as sick men Some of them were lying down, their skins like snakes. others were apparently feeding, and others traveling about. I was raised near the Darby Plains in such a supply of salmon that we Ohio, where they had immense had to throw away two-thirds of nerds of cattle, but I never saw it before we traveled very far. We so large a herd as that was; it ex- crossed the Snake river at the tended for miles and covered sec- Three Islands. We rested our tions, and when some of the hunt- teams one day before crossing. ers from a company just ahead of and on that day we lost a fine us rode wildly into the drove and young man by the name of Elijah fired a volley at them, they fairly Weeks. He and others went into made the earth tremble in their the river to bathe, and, although endeavor to escape. (The tremble an excellent ewimmer, was caught part I have from the humers, as in a whirlpool and drawn in and I was too far away to feel it.) Af- did not come out while we stavter we crossed the South Platte, ed, but came out and was picked we took a turn at buffalo chasing up by a company who knew him and found it both agreeable and and was buried three days after profitable. "At Ash Hollow, on the North

Platte, we stopped a day for washing, there being plenty of wood and water. Our oxen and cows began to get footsore and we had to leave some of them on the way. which were generally killed and we called Palmer's encampment. eaten by the wolves. I with several others, visited the grand tow- spring and as fine grass and clovers, from the tops of which we could see the emigrant road from Ash Hollow to Scott's Bluffs, and I think it was the finest sight I not fire the cannon that night. ever saw. The long train of covered wagons one after another just as far as the eye could see each way, with their loads of brave pioneers silently wending their way towards the setting sun, made | igrants to be on the lookout for a never to be forgotten sight; it | the red devils. I fired the 'Young appeared to me that there were 1,000 wagons in sight. "We reached Fort Laramie just

as the Indians had returned from a successful raid on the Pawnees, and were encamped at the mouth the Laramie river on both sides of both rivers. The officers at the fort told me that this camp contained 1,500 lodges. We stopped one day at Laramie to set wagon tires and trade our lame stock for sound ones, giving two and sometimes three for one, nia and brought to Oregon, the There our lumberman left his log wagon, which he was advised to they knew there were millions of leave at St. Joe. At Box Alder ounces of just exactly such stuff creek we saw the graves of sev- on the Powder river, where they eral of the Woodside family, who, it was said, were poisoned by eat- pany went from near Butteville in ing fruit that had been cooked the winter of 1848-9 to make and allowed to stand in brass ket- their fortunes; but they were bit-

mer swam his horses hitched to his hack across the river after sunset.

"From the best data I can get. middle of the 1847 emigration. We passed Independence Rock, on the Sweetwater, on the 4th day of July, and hoisted the stars and stripes and fired the cannon on top of said rock at 12 o'clock that day; met the first company returning from Oregon that night; heard good news from Oregon, and also heard that the emigrants in front were getting along finely, which cheered the despairing ones if any, in our company,

"Our captain told us we might expect sickness in our camp on the Sweetwater, and we did have it, but no one died, although many were sick and some nigh unto death. At the snow bank we met J. G. Campbell, of Oregon City, and William and Samuel Campbell, who were going back east for their father and family. At the last crossing of the Sweetof Grant, with his whole family on his way back to Missouri. to Oregon were, he said: "In there; and in the second place. the can't raise corn, and whar and I am going back to old Missouri whar I can have corn bread, bacon and honey!

"In going from Pacific Springs to Bear river, half the company went by Fort Bridger, and half first to receive consideration by by the desert, but the half that the committee. Refusing to run went by the cut off had the worst as an independent, Mr. Kay may of it. Three days' travel before now see his way clear to accept we got to the Soda Springs, we the nomination at the hands of passed the grave of Elias Brown, the committee. Nominated, Mr. who died June 17th, 1847, of Kay would easily carry the re-mountain fever, father of J. Henpublican standard to victory.— ry Brown, our efficient secretary, Telephone Register, McMinnville. the first grave of the company that left us on the Little Blue that we had seen, and the only one that we did see.

"At the Soda Springs all the sick were healed; and on the first day of August we camped on the Bluff camp, a few miles below the great falls of the Snake river, part of the cattle swam across the Snake river, and in the morning the captain and Hi Simpkins

rows of politicians, tendered his

It is well the resignation was handed back to him, and it is well for the work that the board of county friends of the accused in- remain a member. The whole epispector, and Mr. Merriam in ar sode of the effort to oust him was guing the necessity for competent a tempest in a teapot.-- Morning

If many foods do not agree

with you, and you suffer from

Perry's Drug Store 115 S. Commercial

swam across and tried to make them swim back, but all their ef Continuing the account of his forts were in vain. The boys find plains journey by this prominent ing it impossible to force then into the water called for help that doubled the population of Judge Grim, J. Whitney and Wal-Oregon: the man who was one of lace Foster swam over and helped the first school teachers of this them. John Whitney caught hold state and in many other ways of an ox's tail and was ferried outstandingly useful in the new back, and the others swam back. The captain and Simpkins had been in the bot sun under the "We struck the Platte river on bluff so long trying to make the he first day of June. We saw the cattle take water, that they were first buffalo the day we passed perfectly sunburnt, and the next north side of the main Platte. as I ever saw. They both shed

"At Salmon Falls we laid in we left.

"After leaving the river and traveling about six miles, we struck a bee line for the Hot Springs, and about half way between where we left the road and the Springs, we camped at what on Palmer's cutoff, at a fine er as I ever saw. We had three horses stolen at that camp, and the boys said it was because I did "We saw a notice on a tree one day's travel this side of Barrel creek, informing us that a man

Demograt' twice that night, load ed to the muzzle. We saw no Indians that night. "We saw Hiram Buffum's grave on Goose creek. He was a brother of William Buffum of Yambill county. We left Snake river the

had been shot at that camp a

day or two before, and for all em-

first day of September. "On the Powder river, James Harpole's wife died, and in digging her grave they found a great deal of mica, and in 1848, after gold had been found in Califorboys who dug the grave said that buried Mrs. Harpole; and a comterly disappointed when they "We crossed the Platte on the found only worthless mica or islast day of June on a raft, and inglass. It turned very cold and one young man by the name of Asa Martin, who drove a team across the plains for John W. Grim in 1847, was so frozen that we were at this place about the he died soon after returning or on his way home. I have forgotten

> "At Umatilla, some of the emigrants concluded to go to Dr. Whitman's on the Walla Walla river and stay all winter, and their sad history was written in blood, and is familiar as household words to all Oregon pio-

> neers. "At the first crossing of the Umatilla, we met F. W. Geer of Butteville, who told us how it had rained in the Cascade mountains and what we had to encounter, but we did not realize the situation then; but we did afterwards.

(This story of the 1847 immigration will be continued tomor-

In the sad passing of Dr. F. L. Griffith, Oregon has lost one of her most useful citizens. As a young physician, he joined the staff of the Oregon state hospital more than 39 years ago, and he was assistant superintendent durthe first place they have no bees ing the past quarter of a century. He qualified himself by intense study and wide research work and they can't raise corn they can't became one of the best equipped able to the voters of Oregon un- raise hogs, and whar they can't men in his line in this country or der any circumstances. He has raise hogs they ean't have bacon, in any country. Belonging to a leading family of pioneers, he was proud of Oregon and its institutions and lived up to the best traditions of the high class men and women who laid the foundations of this state. The saddest feature of his last sickness was the fact that he himself understood so well the hopeless character of it, in spite of the help of all the remedies science has yet discovered. But even so, he made a brave and cheerful fight. Tender memories will cling through life to the members of his immediate family and his relatives and his many friends, to all of whom in this expression of sympathy the whole public would be glad to join. Dr. Griffith was a man of exceptional qualities of head and heart, whose life has left a deep and abiding impress upon the state of his nativity and the place of his unself-

> PREMIER ARRIVES LONDON, June 16. - (AP) Lord Strickland, premier of Maita, arrived here tonight by plane disturbed state in Malta.

ish labors.



PORTLAND, OREGON