

News from Mid-Valley District Communities for Statesman Readers

Stayton

STAYTON, June 7. — Stayton post, American Legion is giving the open dance in their pavilion at the park on Saturday night, June 7. Let's dance band is furnishing the music. The boys have been working hard getting the floor in good shape and also cleaning up the park.

The chamber of commerce meets on Tuesday evening at 6 o'clock at the Gem cafe. Rev. Father Frank Scherbring will be the principal speaker for the occasion. A short musical program has also been arranged.

Mr. and Mrs. E. D. Alexander have been spending a few days with Mr. and Mrs. O. L. Hagen at Oceanside, where Mr. Hagen is building a number of cottages.

Mr. and Mrs. Harry Humphrey and Billie are in Idaho on a business and pleasure trip. Wallace remained at home with his grandfather, while Anita Mae is staying with her grandmother, Mrs. Clara Eward at Eugene.

Mrs. Walter Leisey and small son, Jerry, are both at the home of her parents, Mr. and Mrs. Charles Stowell suffering from the prevailing ailment of ear trouble. While it is said that this ear trouble is not contagious it seems to run through families, and if one of the family gets it, the others do. Those who have had it say that they suffer the most intense pain, sometimes being unable to sleep for days and nights, until the gathering "breaks" or is cured.

Mrs. George Mielke and sons are here from Portland visiting her mother, Mrs. William Crabtree.

The new home of Joe Harris and wife will soon be ready for occupancy. It is built on the lots she recently purchased from Ira Carter in the north part of town. Joseph Skelton is here from Santa Anna, California, visiting old friends. He was employed as a spinner in the woolen mill here for a number of years.

Mrs. V. A. Goode, of Goode's floral gardens, is leaving the last of the week for a visit with her son, Don, at Denver. She expects to be away about three weeks. Miss Zoe Goode will have charge of the floral business during Mrs. Goode's absence. Don Goode has been with a highway sign advertising company in Los Angeles for about two years and has been recently promoted to the Denver office.

Rev. and Mrs. D. Q. Barry have gone to the coast for a time in hope that the change will prove beneficial to Mrs. Barry, who has been suffering from neuritis. There will be no preaching at the Baptist church on June 8, but Rev. Barry will be here on June 22 and 29.

Cloverdale

CLOVERDALE, June 7.—Dr. Mary Staples left Friday for San Francisco where she has made her home the past year.

The Illahee school closed with a program Thursday evening and an all-day picnic Friday.

Mrs. Deimbeck's mother from California is visiting her, also a sister from the normal school.

SPELLING CHAMPS VISIT PRESIDENT



President Hoover with the winners of the national spelling bee held in the auditorium of the New National Museum. Miss Helen Jensen, 13, of Council Bluffs, Ia., won the championship and a cash prize of \$1,000 when she failed to trip up on the spelling of the word "alumen." (Left to right) Miss Mildred Froning, of South Bend, Ind., who finished third; Miss Helen Jensen, of Iowa, who won the contest; Herbert Hoover, Miss Ruth Des Jardins, who won the second prize, and Winfield Varrell, of Carlisle, Pa., who took fourth prize.

Swegle

SWEGLE, June 7.—Mrs. Mildred McCallum and children are here from Lewistown, Montana, to visit her parents, Mr. and Mrs. John Marshall. Mrs. Grace Kuefner of Oregon City and Mrs. Nina Smith of Portland, sisters, are here also for a two weeks' stay. Mr. Marshall's children are all here at present except Ray of Montana.

Mr. and Mrs. H. A. Kanaday and Mrs. Mary Williams, relatives of Mr. and Mrs. William Spire, are here from Roseburg to attend the graduation of Esther Spire and will remain over Sunday.

Ruth West has been confined to her bed for the last few days, but is now improved.

Mr. and Mrs. William Borgman have sold their ranch to Mr. Langenberg, formerly from Roseburg and are going to California where Mrs. Borgman plans to attend a normal school during the summer.

Swegle Community club welcomes their youngest member, the infant son of Mr. and Mrs. Menno Dolke.

Mr. and Mrs. John Whitehead celebrated their 18th wedding anniversary June 4.

Nina Brittel is visiting her brother, Stanley Brittel in Portland this week.

Swegle Garden grocery has been painted and trimmed through the courtesy of the Standard Oil Co.

McCoy

MCCOY, June 7.—Mr. and Mrs. Waldo Finn left early Saturday morning for Lone, Oregon, where they will attend the funeral services of Mrs. Finn's uncle, L. P. Davidson who died Thursday. They will return home some time Monday.

The Bethel Alumni association

Hubbard

HUBBARD, June 7.—Mr. and Mrs. L. A. Beckman celebrated their thirteenth wedding anniversary by motoring to Portland where they went shopping, after which they enjoyed a dinner followed by an evening at a theatre. Their three children, Robert, Muriel and Joan remained at home with friends.

The Pythian sisters observed Flag day with a special program at the meeting of the temple Tuesday evening.

Henry Leffler and Robert Reed played in the Junior league baseball game between Silverton and Salem Sunday at the Silverton ball park. The boys are members of the Silverton team. Henry's father and mother, Mr. and Mrs. George Leffler and daughter, Miss Frances Leffler, accompanied by Miss Marie de Lespinasse were present at the game.

Weekend guests at the home of Mr. and Mrs. L. M. Scholl were Mr. and Mrs. Clark W. and little daughter, Mary Margaret, of Salem; Miss Henrietta Wolf of Monmouth; Miss Velma Scholl of Portland and Mr. and Mrs. David Scholl of Cottage Grove. David is a brother of L. M. Scholl.

Miss Betty Brown is a guest at the home of her mother's sister, Mrs. Edwin F. Brown in Portland.

Prof. and Mrs. Arthur Myers are home from a week's vacation at Delake. Professor Myers had charge of the eighth grade examination Thursday and Friday. Professor and Mrs. Myers are leaving soon for Independence where they will spend the summer. Both will teach in the Hubbard school next year.

Prof. Myers has the seventh and eighth grade room and Mrs. Myers the third and fourth.

Mr. and Mrs. Ronald Hewitt and son Gene of Portland were guests of Mr. and Mrs. Waldo Brown and family Wednesday.

Mr. Hewitt and Mr. Brown were room-mates while students at the Oregon State college.

Ralph Simms is employed by a fishing company at the Colum-

bia river. Mr. Simms has been spending the greater part of the winter and spring at the home of his sister, Mrs. L. A. Miller at Hubbard.

Prof. J. R. Biddgood, his son, Rolfe, and Leonard Watkins returned Friday afternoon from a trip to Tillamook county.

Mr. and Mrs. Joe Calvert are having their house renovated with new wall paper and paint. Melt Crittenden is doing the work.

Mr. Kunkle, music master at Chemawa, was a guest at band practice Wednesday evening.

Dr. A. F. de Lespinasse has charge of the Aurora school orchestra and the doctor reports that the orchestra will continue practice under his leadership this summer.

Mrs. Anna Stauffer and Mrs. Cora Smith, sisters, accompanied by Mrs. Stauffer's daughters, Doris and Betty, are at Port Angeles for a two week's visit at the home of their sister, Mrs. E. H. Schoenhienz. Miss Mildred Smith, daughter of Cora Smith, who has been at the Schoenhienz home for more than a month, will return with her mother and aunt.

Franklin de Lespinasse was successful in the government radio examinations which he took at Seattle recently.

Franklin is a member of the June 29 class of the Hubbard high school and has been a student of the Portland School of Technology during the past year doing practical radio work with his uncle in Montana as a part of his course in radio.

Willis Dawes, berry-grower, suffered a paralytic stroke early Thursday morning at his home south of Hubbard. Friday he showed a slight improvement.

R. C. Painter is at the Salem General hospital where he underwent an operation Tuesday. His many friends are pleased to learn that he is recovering rapidly. Mr. Painter was re-elected this spring by the Hubbard school board to supervise the building and grounds of the school—a position he has held for several years.

Dawes' air mail has increased 1,000 pounds per month in 1930.

Hazel Green

HAZEL GREEN, June 7.—Anthony Rasmussen and a friend are on a fishing trip. His uncle, H. T. Jensen of Monitor is doing the chores for Mr. Rasmussen.

Mr. Jensen and friend, Hans Nelson, also of Monitor, will leave the first of July for a four months' trip to Denmark, their old home. They have been in America for over 40 years. Mrs. Rasmussen, whose death occurred early this year, was expecting to accompany her brother, Mr. Jensen to Denmark.

Decision day will be observed by the Sunday school, June 8.

Miss Wilma, daughter of Mr. and Mrs. W. G. Davis came home Wednesday for her vacation. Miss Davis is employed in a store by her brother-in-law, R. Slater, at Coquille, Oregon.

Mrs. Nellie Reedy, who has spent the winter with her niece, Miss Leila Luckey, has gone to Auburn, Washington, to visit her daughter.

John Rutherford is home from O. S. C. for vacation. He is taking a commerce course.

Max Wood has returned from Milwaukee, Wisconsin, where he went to attend his brother's funeral. His brother and a friend were drowned and a third member of the party, who were fishing from a small boat that overturned, was rescued.

Mr. and Mrs. A. T. Van Cleave left Wednesday morning by auto for Moscow, Idaho, to visit Mrs. Van Cleave's stepfather and her mother, Mr. and Mrs. Crowe, who are ill.

Mr. Hasamoto, Sr., grower of celery and lettuce on Lahish, has returned from a five months' visit to Japan. Mrs. Hasamoto did not return.

Rickey

RICKY, June 7.—Mr. and Mrs. A. M. Cullem and sons, Billie and Bob, of Astoria, were weekend guests of D. A. Harris and family. Mrs. Cullem is a niece of

the late Augusta E. Harris. It is expected that the bridge near the J. B. Ashby farm will be open for travel in a few days.

Mrs. A. E. LaBranche and children and Marie Elstrom will spend several days of next week at Newport.

The Rickey children were among those who received health pins on which "healed" was incorrectly spelled.

A number of high school students from this community attended the high school party given at the high school Wednesday evening.

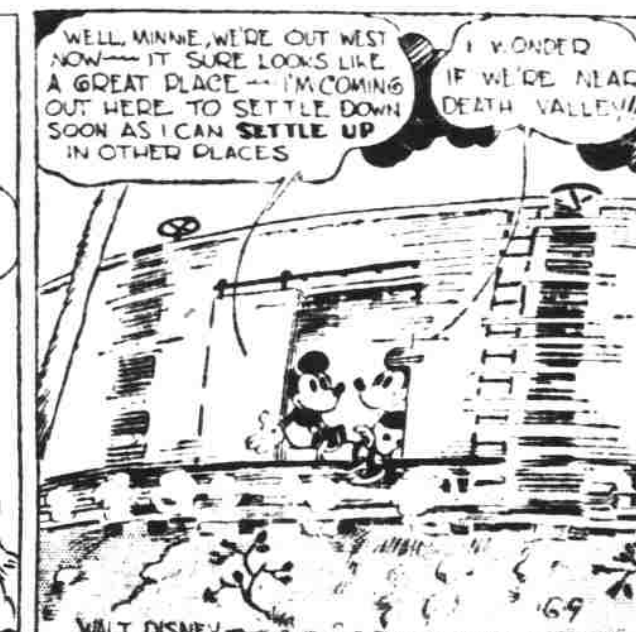
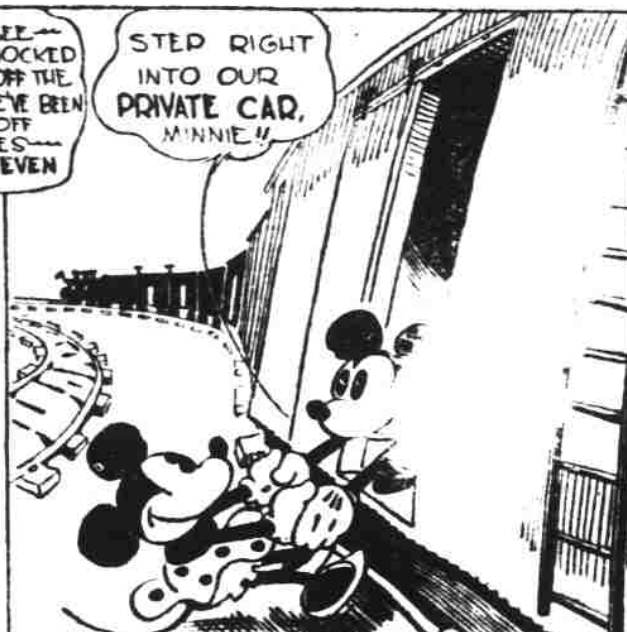
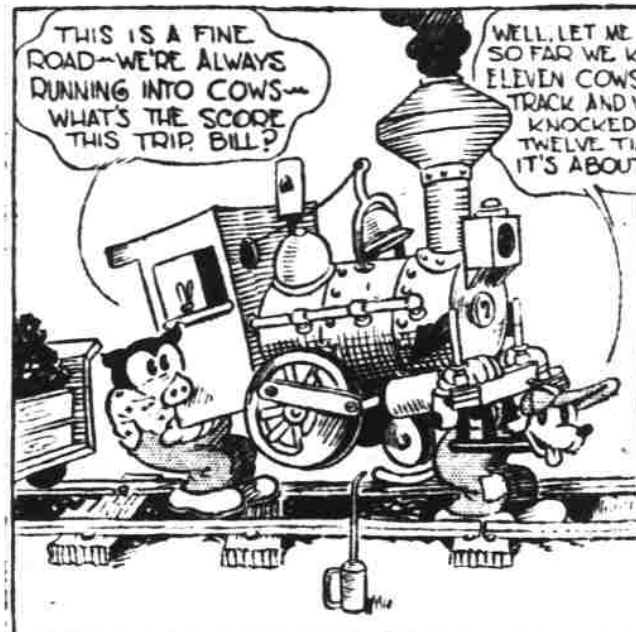
Brooks

BROOKS, June 7.—Mrs. Ellen Aspinwall has as her house guests her daughter, Mrs. Forrest Ginn and children Merrill and Kenneth Ginn of Willet, California. Mrs. Ginn drove her car, and reports a very pleasant trip. They expect to stay about two weeks. Mrs. Helen Buselle entertained at dinner in honor of her sister, Mrs. Ginn, the following guests: Mr. and Mrs. Carl Aspinwall, daughter, Miss Hattie Aspinwall, Mrs. Ellen Aspinwall, Mrs. Robert Hayes and Clarice and Ted Buselle.

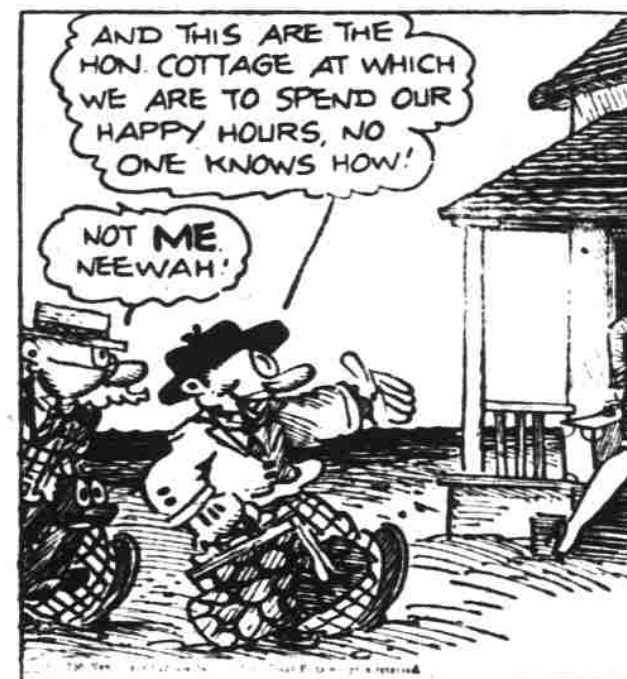
Mr. and Mrs. Frank Sturges and daughter, Miss Aneta Sturges, spent Thursday as dinner guests at the home of Mrs. Sturges' sister, Mrs. J. J. McBee, at Dallas. Mr. and Mrs. Harley King and sons Howard, Gordon, Tommy and Robert King of Salem and Mr. and Mrs. Frank Sturges and daughter, Miss Aneta Sturges, went on a fishing trip near Mill City Sunday.

Mr. and Mrs. Cecil V. Ashbaugh had as their guests at dinner Friday, Mr. and Mrs. James Mann, and Mrs. Ashbaugh's sister, Mrs. Millard Johnston and children, Douglas, Barbara, Betty Lou and Percilla Johnston of Vancouver, Washington. In the afternoon, Mrs. Johnston and Mr. and Mrs. Ashbaugh motored to Province, and in the evening they were guests at Lebanon.

MICKEY MOUSE



"POLLY AND HER PALS"



LITTLE ANNIE ROONEY

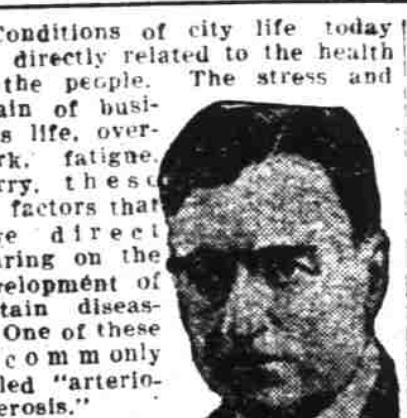


TOOTS AND CASPER



Today's Health Talk

By R. S. COPELAND, M. D.
Senator from New York and Former Commissioner of Health,
New York City



DR. COPELAND

Conditions of city life today are directly related to the health of the people. The stress and strain of business life, overwork, fatigue, worry, these are factors that have direct bearing on the development of certain diseases. One of these is commonly called "arteriosclerosis."

This is a disease in which the outer walls of the arteries become hardened. There is an increased growth of the connective tissues which hold the cells together. This tends to stiffen the walls of the arteries, or the absorption of salts of lime make rigid or stiff the walls of the arteries, diminishing their elasticity.

There may be softening of the inside walls of the arteries. Then an unusual strain may cause a break or tear, and a hemorrhage may follow.

The arteries of the extremities, especially the feet, may be involved. The arteries of the brain may be the seat of trouble. After some unusual strain a break occurs, and a hemorrhage or apoplexy follows. This often occurs among the aged.

The pronounced symptoms are fatigue, nervousness, loss of hearing, defective vision, difficulty in breathing, swelling of the legs, or headache. Failure of mental powers is noticed as well as irritability.

Arteriosclerosis is often accompanied by high blood pressure. Over-eating is one of the chief causes of ill health. Temperance in eating will do a great deal to diminish the blood pressure.

Why is it that so many people fear dreadful things just because they have been told they have high blood pressure? It may or may not be a thing.

A blood pressure of between 120 and 150 is looked upon as "normal." As a matter of fact, there are many persons past fifty who sometimes run a pressure of 150 to 160, and are still considered "normal." Even if your blood pressure goes up to 200, it does not mean that your case is hopeless.

Careful living, a limited diet, temperance in drinking, attention

to bowel elimination, gentle exercise and cheerfulness of mind, will surely have their good effects on the health. There are the factors of right living that will enable you to live out the normal expectation.

I have no question that physical neglect is a great factor in these cases. But tooth and nails, as well as other infections, may end in hardening of the arteries. You must give heed to early symptoms of local or general ill health.

Early attention will reduce the dangers and chances of arteriosclerosis. It pays to be careful.

Answers to Health Queries

C. V. B. Q.—What causes dizziness?

A.—Dizziness may be due to a circulatory disturbance, to an ear or ear condition or to some internal disturbance. An examination will determine the exact cause and then definite treatment can be prescribed.

T. E. S. Q.—I sleep without a pillow, yet find that I sleep with my mouth open, which causes sore throat. What would advise.

A.—Your trouble may be due to enlarged tonsils or to a possible obstruction in the nose. Have an examination so that definite advice may be outlined.

ALICE B. Q.—I am a girl of 20 and have noticed that my eyes have a tired, puffy look for the last year or so. I usually have eight hours' sleep every night and drink plenty of water during the day. What would you suggest?

2.—Is it harmful to eat just before retiring?

A.—This may be due to a number of conditions. Have your ears examined to make sure they have no bearing on the trouble. Also keep your bowels open.

2.—Yes.

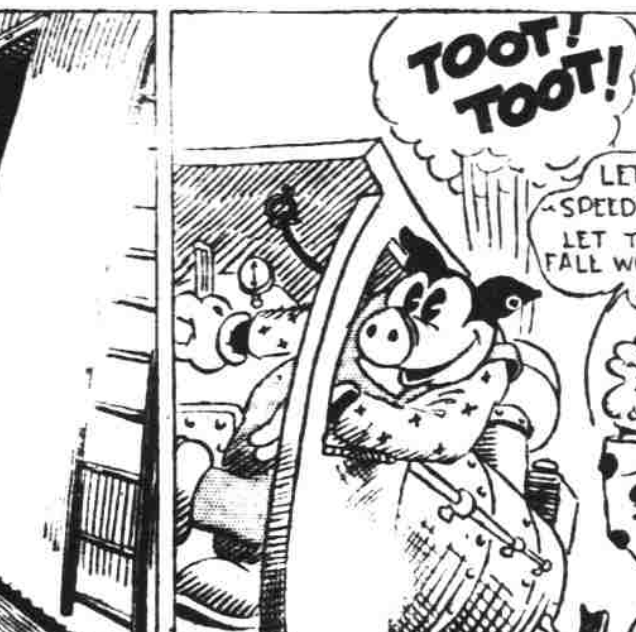
A.—Highly seasoned foods or condiments are injurious to the stomach and indigestible in most cases.

A. HEADER. Q.—What do you advise for styes?

A. Send self-addressed, stamped envelope for full particulars and repeat your question.

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"Hitch Hikers"



"The Adding Machine"



"An Ounce Of Prevention"



"Legal Services Needed"



By JIMMY MURPHY