"All Quiet the Western Front"



CHAPTER XVII.

The terror of the front sinks deep down when we turn our backs upon it; we make grim, coarse jests about it; that keeps us from going mad; as long as we take it that way we maintain our own resistance.

But we do not forget. It's all rot that they put in the war news about the good humor of the dances almost before they are out like that because we are in a longer; our humor becomes more bitter every month.

death.

out here shall come back again, beach. and our dead comrades shall Beside her stands a man in shall have a purpose, and so we much less. shall march, our dead comrades The girl on the poster is a wonbeside us, the years at the front der to us. We have quite forgot-

versation becomes smutty.

behind us: - against whom, happiness, beauty and joy. That against whom? Some time ago there was an

army theatre in these parts. Colored posters of the performances are still sticking on a boarding. With wide eyes Kropp and I stand in front of it. We can hardly troops, now they are arranging credit that such things still exist. A girl in a light summer dress. of the front line. We don't act with a red patent-leather belt about her hips! She is standing good humor; we are in a good with one hand on a railing and humor because otherwise we with the other she holds a straw should go to pieces. If it were hat. She wears white stockings not so we could not hold out much and white shoes, fine buckle shoes with high heels. Behind her smiles a blue lake with white And this I know; all these horses, at the side is a bright bay. things that now, while we are She is a lovely girl with a delistill in the war, sink down in us cate nose, red lips, and slender like a stone, after the war shall legs, wonderfully clean and well waken again, and then shall begin cared for, she certainly bathes the disentanglement of life and twice a day and never has any dirt under her nails. At most The days, the weeks, the years perhaps a bit of sand from the

stand up again and march with white trousers, a blue jacket and us, our heads shall be clear, we sailor's cap; but he interests us

BUILD A RESERVE OF STRENGTH—EXERCISE!

Dr. Copeland Gives a Good Health Tip in Advising that the Heart Muscles Be Prepared for the Inevitable Demands of Life's Uncertainties.

> By ROYAL S. COPELAND, M. D. United States Senator from New York.

Former Commissioner of Health, New York City. ANY persons ask about the heart. Perhaps one has been told to avoid violent exercise and emotion, for fear of their bad effects on this organ. Another may have been told to walk briskly and to stimulate an interest in things, so that the heart will

beat more vigorously. Just how should this vital organ be treated? How are we to reconcile these conflicting statements?

The heart is a mass of muscles. It must beat seventy times, or so, every minute. No matter how quiet you may be, the powerful heart muscles contract strongly every time there is a heart beat. When you are hurried or excited these contractions are fairly violent.

There is no doubt that for some persons safety demands moderation and caution against those experiences which excite the heart. But for most of us, by all odds the vast majority of us, it is important to train the heart so that it accustomed to hard work. Reasonable work,

A .- A well-balanced diet, avoiding

E. S. C. Q .- What effect would

rubber pants have on a baby if worn

2—Do you advise the use of pas-teurized milk for bottle bables?

M. A. P. Q.-What will reduce the

A .- It is difficult to reduce weight

in any part of the body without re-ducing in general. Send self-ad-dressed, stamped envelope for fur-ther particulars and repeat your

E. V. H. Q.-What causes dry

A .- Have a careful examination to

ROLAND P. Q.—In what way rould diseased tonsils harm the

A .- This condition poisons the en

A .- Might cause chafing.

abdomen and hips?

constantly.

question.

There arise emergencies when tremendous strain is thrown upon the heart. These emergencies are met in health, and likewise they are met in disease. You may run for the street car, or be told of some frightful accident to one near and dear to you. Without warning there may

come a terrible and unprepared for demand upon your heart muscles Or you may have some profounded illness, when prolonged overwork is perfectly well and healthy all her thrown upon the heart. In a disease throws upon the heart. In a disease like pneumonia the high fever and rapid pulse may test the endurance old child being a cripple when her ankles seem stiff and when attemptants. rapid pulse may test of the strongest heart.

ing to walk she stands on her toes? You never know what demands will be made on your heart muscles. You must be ready for whatever may too many sweets and rich foods

When you know that the heart is largely muscle you know that it must be treated like other muscles if must be treated like other muscles if proper exercise and regular eliminait is to grow strong. There must be systematic exercise, during which velope and repeat your question. 2 She may have a touch of rickets. the heart muscles are made to work I would suggest that you have her harder than they usually do. examined by an orthopedist. He will The trouble with most persons is advise the necessary treatment.

that they never take any exercise beyond that demanded by their daily duties. It would be foolish to advise a farmer, a carpenter, a plumber or any other man engaged in active, hard, muscular work to "take exer-cise." He would laugh at you. But a bookkeeper, a manicurist, a

stenographer, most clerks and the majority of business men and women do not get physical exercise, or at least brisk physical exercise. They must have it if the body generally, and the heart in particular, are to be kept in prime condition.
You should lay up a reserve of

strength in your heart muscles by keeping them fit and strong by vigorous exercise during a part of the day. This is your duty to yourself.

Of course, if you have a weak heart and your doctor advises against such exercises you should follow his advice. But for most of us such vigorous work as I have de-scribed will add strength, and length

Answers to Health Queries L. D. Q.—What do you advise for thread worms?

envelope for full particulars and re-peat your question. MRS. H. E. P. Q.—What causes the cheeks to get red and burn? This peat your question.

happens mostly at night. M. L. W. Q.—What diet and exercise would you advise for a six-year-old child 4 ft. 4 in. tall, weigh-ing about 78 pounds? She has been Corright, 1929, Newspar Weige, Inc.

Then Leer and Tiaden stroll up and immediately the con- ten that there are such things; and even now we hardly believe like it for years, nothing like it for

> be; we feel excited. "Just look at those thin shoes

ing but marching.

"How old would she be?" Kropp five days for traveling. Bertinck points to my pass. There I see

ard. "Then she would be older than us! She is not more than 17, let of training to a camp on the me tell you!"

It gives us goose-flesh. "That would be good, Albert. What do you think?" He nods. "I have white trousrs at home, too."

"White trousers," says I "but girl like that-' We look askance at one another. There's not much to boast of here-two ragged, stained and

dirty uniforms. It is hopeless to compete. So we proceed to tear the young man with the white trousers off

damage the girl. That is something towards it. "We could go and get deloused, anyway," Kropp then sug-

the boarding taking care not to

I am not very enthusiastic because it doesn't do one's clothes any good and a man is lousy again inside two hours. But when we have considered the picture once more, I declare myself willing, I even go farther.

"We might see if we could get a clean shirt as well-" "Socks might be better," says Albert, not without reason. "Yes, socks, too, perhaps, Let's

go and explore a bit." Then Leer and Tjaden stroll asked. up; they look at the poster and immediately the conversation be- you like it?"

comes smutty. Leer was the first of our class to run wild, and he gave stirring details of it. After his fashion he enjoys himself over the picture, and Tjaden supports him nobly.

I am called to the orderly "Ce room. The company commander dows. is peace time, that is as it should gives me a leave-pass and a travthough, she couldn't march many el pass and wishes me a good right. And this story that I am had been watching me from the

miles in those." I say and then journey. I look to see how much going to tell you about my mon- branches of the tree, came down them up in an instant and handbegin to feel silly, for it is ab- leave I have got. Seventeen days key-hat is true, true- and stole the hats. I awoke to ed them safe and sound to Chief surd to stand in front of a pic- -14 days leave and three days and-true- 'ture like this and think of noth- for traveling. It is not enough "Don't you and I ask whether I cannot have and through?" Hanid asked. "Yes, through and through. I'm

that I am not to report to the

(Continued on Page 9.)

GOOD-NIGHT

STORIES

By Max Trell

Mr. Punch Tells the Story of His

"Monkey-Hat"

Punch!" greeted Knarf, the little

shadow-boy. Mij. Flor, Hanid and

Yam-the other shadow-children,

with the odd turned about names

Mr. Punch was quite plainly

pleased. He smiled genially. In

fact, to be perfectly exact, he

grinned from ear to ear. "Good

morning, my dears," he exclaim-

ed "I hope you are all well this

on your head, Mr. Punch?" Mij

tassel like a nice skater's hat.

"What is that you're wearing

-nodded to Mr. Punch.

morning.'

morning," they said brightly.

good morning. Mr.

tell my stories properly. Well, front immediately. After my many years ago, when I was quite leave I have to report for a course a young man, I went sailing as a sailor aboard a sailing vessel. Bye moors. and bye we came to a little island The others congratulate me. Kat gives me good advice, and "What was it?" Knarf wanted tells me I ought to try and get to know-

a base-job. "If you are smart, "It was right onthe Equator you'll hang onto it."

I can give you the exact address if I would rather not have gone you want to go there. It was quite a nice little island. The ship anchored in the harbor. Then the captain said to me: 'Punch,' said he 'take this pile of hats and



bring them to the island. They "That is my hat, my child. Do belong to Chief Eatemup.' Thereupon he handed me a pile of red It was a curiosity, that hat. It hats, each of them like the one was bright red and ended in a I'm wearing now. 'Aye aye, Cap'n,' I replied, as I boarded a "I call it my monkey hat— rowboat and set out for shore. that's what I call it. And for a After landing I started walking good reason—a very, very good toward the center of the island It does not distress us exactly. reason, which I could tell you if where Chief Eatemup lived. It Who isn't smutty is no soldier; it |-if-" Mr. Punch looked about | was exceedingly hot, and, as I bemerely does not suit us at the stealthily. "You see," he explain- gan to feel sleepy, I decided to moment, so we edge away and ed, after he had satisfied himself take a brief nap in the shade of march off to the delousing sta- that they weren't being over- one of the ban yan trees before tion with the same feeling as if heard, "Judy doesn't fancy my continuing. One of the red hats our eyes. We have seen nothing it were a swell gentlemen's outfit- telling stories. But if a story is I put on my head, for I was actrue it ought to be told, oughtn't customed to sleeping in a nightcap, and the others I set beside "Certainly," agreed the sha- me on the ground. "Hardly had I closed my eyes

"There now, I knew I was when a score of monkeys, who

"Don't you mean true, through er their heads exactly as I had he was so pleased that he pre-

2 S T

3 S T

5 S T

6 S T

7 S T

8 S T

9|S |T|

10|S |T|

IIST

12 S T

13|S|T|

14 S T

15 S T

16 S T

17 S T

18|S |T|

In my anger I pulled the hat off call my monkey-hat." glad you corrected me. I like to my head and hurled it on the ground, crying up at the mon- impressed with the story. my other hats come down and asked.

take this one too!' every one of the monkeys immediately imitating my example through." Hanid said. and hurling its hat down. They all fell at my feet. I gathered I beg your pardon,"

see them with the hats pulled ov- Eatemup. When I related to him mine. They nad stolen every hat sented me with this hat which. -except the one I was wearing. in remembrance of the event, I

The shadow-children were quite keys 'Since you have stolen all | And is it really true?" Yam

"Indeed it is," Mr. Punch said "Imagine my delight to find "It's a true story, true-and-true,"

"You mean through and "Oh, yes, through and through

WORD HUNT

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English language there are EIGHTEEN WORDS (each having just. rod letters) that begin with the letters S T' One of them is

I S T AB To pierce with or as with a pointed weapon. (YOU supply the others.) The adult male of the red deer Also, any of various male animals. Also, a social gathering of men only. A heavenly body, or a figure taken as representing such.

Also, the chief personage of a theatrical play.

To stop; check. Also, a guy rope. To await. To remain. 4 S T 1 To abide.

Main axis or trunk of a plant or tree. Also, to stop or dam up. To advance or recede. Also, a rest for the foot in ascending or descending. Also, a degree higher or lower. To stand; to allow to remain. (In printing.)

To boil slowly; also a dish so prepared.

To impart movement; to rouse; to incite. At the entrance of a building; a portice, with a colonnade designed to afford a sheltered meeting place.

In the United States: A short stake or stub. To close; to fill up; to render impassable; to suppress. To check or interrupt. To cause to cease. To place compactly. Also, to contain; to furnish room for. a stump. The short part of anything after the larger part

has been broken off or used up or detached.
collection of horses. Also, a stallion. Also, a small scantling. Also, a detachable buttonlike device. Unfermented, or partly fermented, grape juice. Also, wine revived by the admixture of must. To render senseless by a blow, as on the head. To stu-

pery or overpower with sudden emotion (One of two forms.) A boil on the edge of the eyelid.

Proper noune, obsolete and archaic words, extremely unusual technical and scientific words that would offend good taste, and those plurals of nouns, and singular verbs, that are formed by the addition of a or es are purposely excluded from

The solution for today's Word Hunt will be found on the Classified page

POLLY AND HER PALS

'Does Paw Crave Nournshment'

By CLIFF STERRETT









TILLIE, THE TOILER

"Wasted Time"

By RUSS WESTOVER











LITTLE ANNIE ROONEY

"Getting Ready For Rehearsal"

By BEN BATSFORD









TOOTS AND CASPER

"The Fight Casper Lost"

By JIMMY MURPHY









LOOK AT MY POOR

(WOULDN-T YOU LIKE FOR CASPER TO FIND OUT THAT MORTIMEE CLAMBY IS THE JADER-HANDED SERPENT WHO AUSED HIM TO GO BROKES JIMMY. MURPHY-