

Walter Raymond, Mrs. Paul Wig-gins, Mrs. Duncan Shields, Mrs. Clarence Powell, Mrs. Joe Teize, Mrs. M. E. Raymond, Mrs. Martin

Ruedy and Mrs. George March. Mrs. Babb, Mrs. Bagley and Mrs. Walter Raymond each received a prize. Refreshments were served late in the evening at a long table at-

tractively appointed. Colgate College Club Meets at J. C. Tibbetts

A group of men who had at one time or another been affiliated with Colgate college, New York. and wives of these men met at the Argo Tuesday evening for a "no host" 6 o'clock dinner after which the group went to the home of Mr. and Mrs. J. C. Tibbetts where they were guests for the evening. Following a short business searup had made by motor from Mc-Minnville to Celgate college, New ley, all of Dallas. York, to attend the 50th reunion

of his graduating class from that college. After Prof. Northrup's talk.

brief talks were made by Judge F. B. Sackett, Mrs. Sackett, and not yet having been announced. Dr. Myron Haines.

Mrs. Sheldon Sackett, Mrs. W. Osborn, and Miss Ruth Tibbetts Program Announced gave several vocal and instrumental numbers. Those present for this affair

were Judge and Mrs. F. B. Sack-

ett, Prof. and Mrs. E. Northrup, Mr. and Mrs. W. Osborn, Prof. and Mrs. L. F. Shoumaker, Mrs. Ethel Arnold, and Dr. Myron Haines all of McMinnville; Mr. bers of the club as they gather for and Mrs. J. C. Tibbetts and as special guests, Mrs. Sheldon Sackett, Miss Ruth Tibbetts and V. Sack-

ett.

Miss Barbara Barnes **Returns From East** 

Miss Barbara Barnes, who has

been spending her summer at the Perry Mansfield summer school of the dance in Steamboat Springs, mother this year, spoke on the Colorado, returned to Salem Tues-"Fellowship of Working Togeth- day evening. After leaving Colora-An interesting letter was do Miss Barnes spent several weeks visiting friends in California, especially in Los Angeles, where she also did work in the were Mrs. J. F. Cook and Mrs. N. Earl Wallace school in addition

At the Perry Mansfield summer camp Miss Barnes was given university, gave two vocal duet distinctive honor by being awardnumbers, much to the enjoyment ed a professional diploma, an honof the 55 ladies gathered. or generally given only to profes-

sional dancers. Two others were VALSETZ-Mrs. Henry Hobson given out but they went to faculty

was hostess Saturday evening for members. Miss Barnes will open her stufour tables of bridge at her home in Valsetz. Asters in shades of dio September 16. She plans on pink, purple, and white, mari- presenting some new dance methgolds, snapdragons, and ferns ods this year, especially modern made very attractive room dec- German technique.

Mrs. Bert Babb, Mrs. William ter, Miss Rae Jo Gage, of Long

Grout, Mrs. Bert Thomas, Mrs. main for a fortnight.

will be for several days with rel- Brayton, Mrs. Hugh Bartram, Mrs. Beach, California, are now house

atives. While in Portland she will Floyd Bagley, Mrs. Frank Hey- guests at the home of Mr. and attend the productions of Ethel don, Mrs. E. E. Bavis, Mrs. D. A. Mrs. R. C. Hunter. They will re-

The guests for the evening



of autumn, interest in college and university activities is again The D. A. R. is much more than awakening. New students are making preparations for entry and a social organization. It has done older students are planning to remuch toward the promotion of certain patriotic measures of turn to their work.

merit during the history of its act-Francis and Elizabeth Keene, ivities. There is now one special the two popular daughters of Dr. day which it is emphasizing and and Mrs. C. W. Keene, will enter which it is endeavoring to firmly the University of Oregon. Dr. establish in the minds of Ameri-Keene was a member of one of cans. This is Constitution day. Oregon's first football squad.

September 17 is Constitution, Others who will enter the univerday. The ex-regents club of the sity this fall are Shirley Sylvester. Chemeketa chapter will have charge of the local celebration. the daughter of Mr. and Mrs. F. E. Sylvester, John Kleeb and Elmo Members of this club are Mrs. S. indholm. C. Dyer, Mrs. J. G. Heltzel, Mrs. Beatrice Booth, the youngest Seymour Jones, Mrs. U. G. Shiplaughter of Mr. and Mrs. E. A. ley, Mrs. Russell Catlin, Mrs. C. C. Booth, has chosen Willamette uni-Clark, Mrs. Homer Goulet, Mrs. versity for her almo mater.

Among those entering Oregon state are Della Ballengrud, Irene Goyette, Margaret Sather, Mabel Mrs. Oscar Hayter, Mrs. J. E. Sib-Dingerness, Jack Stranix and Francis Thompson.

The ceremony will be in the Cora Goplerud has already left state capital building and will be for Parkland, Washington, where more than an ordinary celebrashe will enter Lutheran Pacific tion. A member of the state bar college. Esther Towe will go to association will speak, the name Bellingham Normal. Flodene Heater will study business at and there will be special music. Portland.

#### Mrs. J. D. Sears Is Afternoon Hostess

. . .

Mrs. Harry Weldmer, president Mrs. J. D. Sears was hostess of the Salem Woman's club, has egently to members of the Albany announced the details of the proensington club at her home on gram to be presented to mem-South High street. A one o'clock luncheon was served at small tatheir first meeting of the fall bles which were centered with which will be held Saturday at late summer flowers in shades of

the Woman's clubhouse on North yellow. Following the luncheon the aft-The meeting is primarily a busernoon was spent in contest games iness meeting with reports from and needle work. outstanding committees. There

will also be special recognition made of National Food Preserva-Officers and members of Salem Review No. 5, of the Woman's tion week, which is being celebrated this week. Miss Frances Benefit association are urged to Wright, state supervisor of Home be present for the regular meeting Economics, will speak before the to be held Thursday evening, September 12, at the Fraternal Temclub members on some phase of ple, 8 o'clock. This is the first food preservation. meeting of the fall and there is Mrs. Roy Burton, chairman of

For Women's Club

Cottage street.

the picture library, will have on much of importance to be plandisplay an exhibition of English ned. Mrs. Florence Casement is art. Mrs. S. M. Endicott will dispresident of this order. cuss two of this group, "The Tal-Mrs. A. N. Moores, who has madge Children" and "Master

Lampton" by Sir Thomas Lawbeen been visiting her daughter, Mrs. Robert Kinney, at Gearhart, rence.

for the past three weeks, has .e turned to Salem.

North Salem W. C. T. U. Postponed

The North Salem Woman's Christian Temperance Union will not meet for its regular meeting this month because there is not yet sufficient folk back from summer vacations and occupations to

make a quorum. The next meeting will be held n October, the time, place and date to be announced later.

## MAKE VEGETABLE FOODS DELICIOUS

Few Things Are More Important Than Balanced Diet in Promoting Health

Cooking experts are using their ingenuity to develop delicious methods of preparing vegetables. A well-known expert furnishes us this recipe for *Polish Beets*:

Peel 12 small cooked beets and mince fine with a fork. Put in a saucepan and sprinkle with a tablespoon of sugar. Add a tablespoon of vinegar, I tablespoon of salt and pepper and heat. Melt 2 tablespoons of butter and blend with it 1 tablespoon of flour. Stir this into the mixture. Add 1/2 cup sour cream and heat.

Whatever recipe you are using and whatever vegetable you are cooking, try adding a dash of sugar for a new, enjoyable flavor. It is not the purpose of the sugar to make the vegetables taste sweet. Sugar brings out the delicate fla-vors of the foods and blends these with the seasonings used. Sugar is the master blender and the supreme condiment. It is the right hand of successful cookery.

Serve a varied, balanced diet. Serve at least two cooked vegetables daily. Serve at least two fruits daily. See that each member of your family drinks milk and eats milk desserts. Make meats appetizing by adding a dash of sugar while the meats are cooking. Use a dash of sugar to improve gravy, sauces and soups. Learn the art of serving colorful and satisfying desserts. A bit of

sweet makes the meal complete. The Sugar Institute. Adv.



2014-J. end of the Wilson park. Friday

will tell the Story when the Boys .

of confederation; G. L. Adams then spoke concerning the men. who drafted and signed the constitution: L. C. McShane read the constitution of the United States:

#### John Cornforth read the amendments to the constitution and L. . ternal temple. P. Bennett gave a brief talk on \* loyalty.

Little Light Bearers, party between and 4:30 o'clock, west '

Salem Review, No. 5, Bene-\* fit association, 8 o'clock, Fra- \* Daughters of Union Veter-

Two readings were given, one • ans, 8 o'clock, Woman's club- • by Mrs. Minnetta Davis, "Who • house. Saturday Woman's club. meeting 2:30 and program, 3 o'clock, Woman's club-house, N. Cottage street.

Capital Business College. Miss

Irons is an employee of the state automobile department. Miss Lenz completed her high school

course in 1929. Several delightful affairs, including dinner parties, theatre parties and pienics have been given in honor of their departure.

Mrs. R. J. Hendricks motored orations. to Portland with the J. H. Lau-

Barrymore.

terman's Wednesday, where she

in blue are gone?" and the othe was given by Mrs. Louis King.

"The United States Forever" was sung by the group and Mrs. Charles Flessenden sang as a solo, "Our Own United States," by Bok. The program closed with the group singing, "America, the Beautiful."

This meeting was well attended in consideration that it was the first of the early fall meetings, and it was greatly enjoyed.

#### **Presbyterians** Plan Reception for Pastor

Following the regular Thursday night meetings at the Presbyterian church Dr. Norman Tully. pastor who returned Tuesday from a three months trip to the Orient, will be given an informal reception by members of his church.

Friday evening between the hours of eight and 10 o'clock Dr. Tully will be the guest of honor of the Ladies' Aid society of the church for a reception to be given in the attractive Sunday school rooms of the church. The Kiwanis club of Salem, of which Dr. Tully is a prominent member, will be special guests for this affair.

DALLAS: At a meeting of the officers of the local Delphian society Monnay afternoon, the decision was reached to postpone all meetings to the first Monday in October since this is the busy season for so many of the members. The first October meeting will be held in the evening at the home of Mrs. C. W. Henkle, after that the meetings will be held in the afternoons as formerly. Officers of the club are: Mrs. J. C. Uglow, president, Mrs. Roy Donahue, seeretary. Mrs. Harry Webb will serve as advisory chairman in the place of Mrs. W. H. Harcombe who has moved to Eugene. The club has been invited to attend a meeting of several clubs to be held in Corvallis on October 9.

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