

Zena
ZENNA, August 24.—Miss Roberta Porter of Portland was an overnight guest at the home of Mrs. Alice Simpson Wednesday. Miss Porter is spending her summer vacation at Ocean Lake and is helping Mr. D. Hendricks harvest his crop of peas for the Portland market.

Heavy Pruning Improves Roberts Prune Orchard
ROBERTS, Aug. 24.—Vigorous pruning has worked a miracle in one of the prune orchards owned by Carpenter Bros. The orchard was planted 25 years ago and has yielded some good crops of prunes in its day.

Woodburn
WOODBURN, August 24.—Mr. and Mrs. Fred Huiras and son Harlan and Mr. and Mrs. C. F. Whitman were Mt. Hood loop tourists Sunday.

Union Vale
UNIONVALE, Aug. 24.—Evergreen blackberry picking started last week on the Henry Devoe farm with about 20 pickers. The crop is good and has been sold on a contract. Other growers in this community started picking this week.

Kingwood
KINGWOOD, August 24.—Mary St. Pierre has gone with her grandmother and aunts, Mrs. E. W. St. Pierre and Miss Mabel and Miss Ella St. Pierre, to Vancouver, B. C. They went by motor and will be away several days.

Perrydale
PERRYDALE, August 24.—Mrs. J. E. Coakum is visiting a few days in Portland with her sister Mrs. Ruby Hewitt.

Fairview
FAIRVIEW, August 24.—Mr. Dent Sr., who has recently settled in this community is on a business trip to southern and eastern Oregon.

Woodburn (continued)
Mr. and Mrs. Ira Simmons spent several days last week at Netarts. Bingham Powell has returned home from Sproul, South Dakota, where he has been spending the past two months on his uncle's cattle ranch.

Fairview (continued)
Mrs. George Binzenheimer and daughter Lucille formerly of this vicinity, accompanied by Mr. and Mrs. Kurtz also Mrs. Adolph Garn-johst of Liberty motored to Corvallis Sunday to visit relation there.

Fairview (continued)
Mrs. Jennie Simpson and Miss Harris have gone to Independence expecting to work in the hop yards there. George and Robert Smith who are working on Ankeny hill returned to their home in Marion Thursday evening. They expect to spend a few days visiting friends and home folks before returning for work.

Fairview (continued)
Mrs. Criss, father of Mrs. Wilbur Anderson is seriously ill at his home on Ankeny bottom. The Kiffe family formerly of this community accompanied by the Birch family of Salem and the Hulsey family of Salem Heights expect to motor to Neskwon Sunday the 25th. They intend to return Sunday evening.

Fairview (continued)
Recent house guests of Mr. and Mrs. L. F. Brown were Rev. Ralph Rollin and Mrs. Rollin of Oxnard, California. Horace E. Patton spent a couple of weeks with friends in Colfax, Washington, prior to taking up the work of teaching in a Milwaukee school.

Fairview (continued)
Mr. and Mrs. F. W. Chase and sons Richard and Leon of Dos Palos, California, are guests of Mr. and Mrs. George Steward.

Fairview (continued)
Miss Alice Roberts is visiting with her grandparents, Mr. and Mrs. J. J. Roberts while Mrs. J. E. Youkiss is in Portland.

Fairview (continued)
Miss Elva Schom was a week end guest at the Turner home. Mr. and Mrs. Windward from Portland are week-end guests at the home of their daughter, Mrs. Frank Jones.

Fairview (continued)
Cora Shilding of Portland is spending a few weeks at the Jones home on Ankeny bottom, visiting Madge Jones.

Answers to Health Queries
E. N. Q.—What can be done for indigestion and gases the trouble occurs only after eating and often causes severe pain?
A.—Correct the diet, avoiding too many rich, sweet foods and keep the system clear. The food does not digest, fermenting and causing acidity in the system.

Answers to Health Queries (continued)
T. I. Q.—Would the sniffing of salt water for the purpose of cleansing the nostrils prove injurious to the hearing or in any other way?
A.—It is necessary to see a physician in order to locate the cause of unpleasant breath and to determine the necessary treatment?

Answers to Health Queries (continued)
A. E. Q.—What do you advise for varicose veins?
A.—Wearing an elastic stocking is often effective, but in most cases surgical procedure is necessary. Applications of warm witch-hazel are beneficial in some instances.

Answers to Health Queries (continued)
A. E. Q.—What do you advise for whooping cough. What do you advise?
A.—Whooping cough must take its course, lasting from six to eight weeks. The choking spells can be relieved by vaccine treatments. The child should be kept out in the fresh air and sunshine gives nourishing foods. See that the bowels are in good condition.

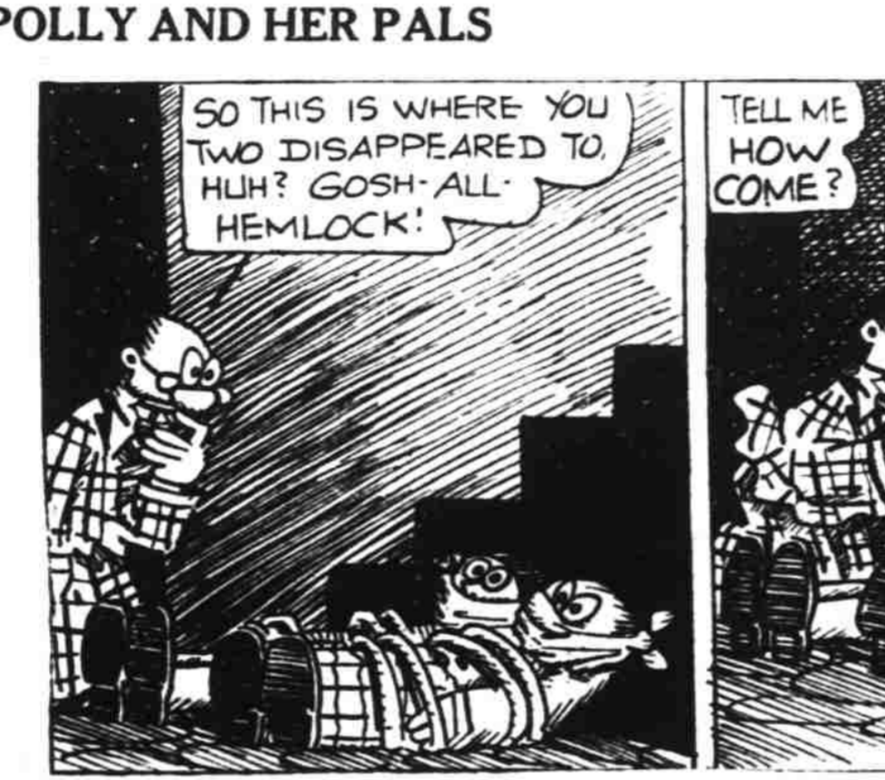
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RIGHT LIVING BRINGS POISE AND CONTROL
Properly Nourished Body, However, a Prerequisite to a Normal Nervous System—Air, Sleep and Exercise Are Vitally Important Factors.
By ROYAL S. COPELAND, M. D.
United States Senator from New York
Former Commissioner of Health, New York City
HOW much thought do you give to the protection of your nervous system? Do you lead such a life as to build up and strengthen your brain and nerves? Or, on the contrary, are you gradually destroying your nervous system?



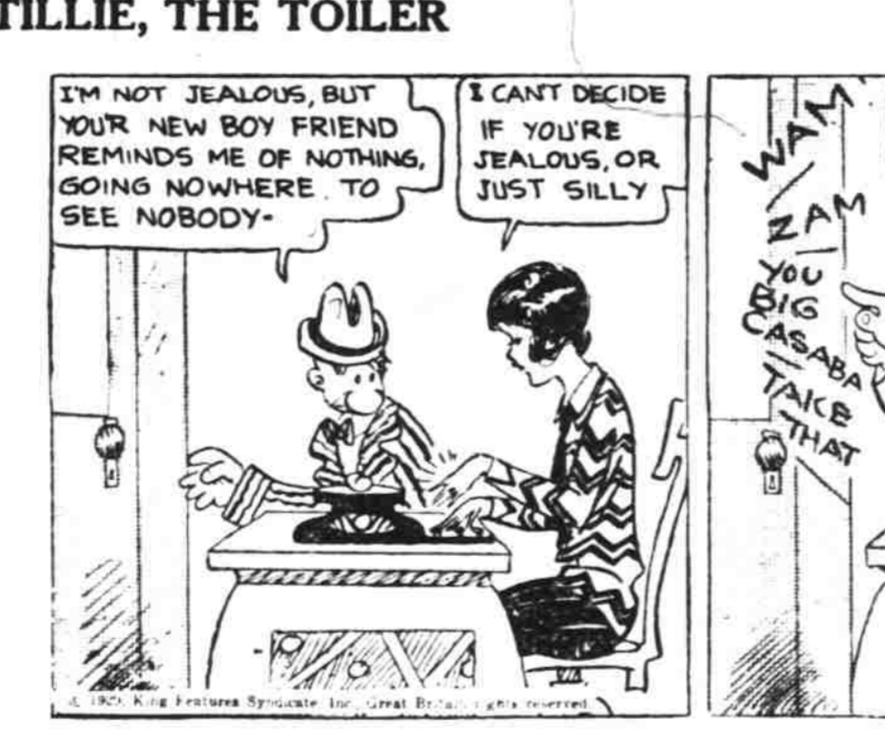
POLLY AND HER PALS



GOOD-NIGHT STORIES



Home-Making Helps



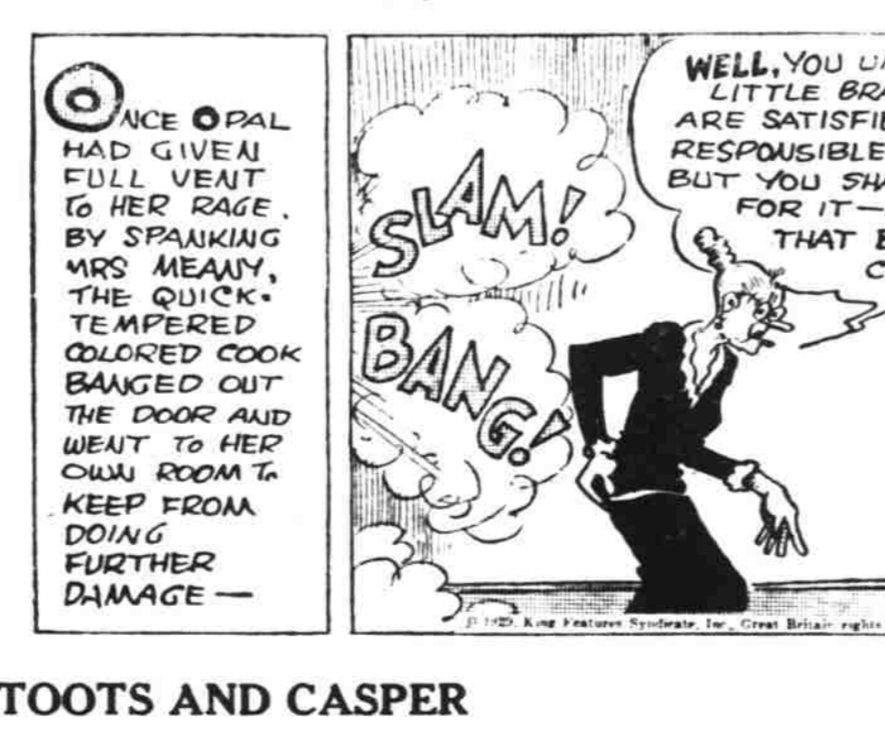
TILLIE, THE TOILER



'Unbound' Freedom



By CLIFF STERRETT



Tillie, the Toiler



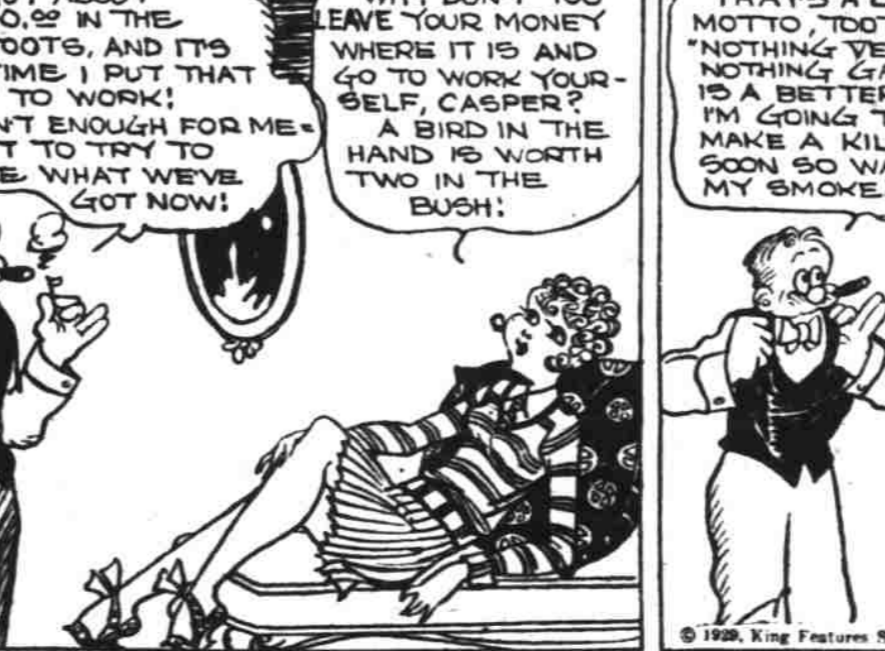
'Hard Practice for Mac'



By RUSS WESTOVER



Little Annie Rooney



'Happy Dreams'



By BEN BATSFORD

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