Society News and Club Affairs

Landscape Art Miss Zoe Stockton Exhibit Theme

Thursday One of the most interesting ex-One of the most interesting ex-hibits goes from Salem and an-at her home on North Summer other which is of as much or more street complimenting Mrs. James interest comes. Thursday at the Gilbert Studio those interested in Gilbert Studio those interested in in pastal shades and daffedils the gentle art of gardening will made a most attractive luncheon find a most enthusiastic atmostable. Especially pretty were the phere for their most cherished gar- dainty corsage bouquets of Japden dreams. Formal gardens, quaint little homey gardens, informal gardens, plans for them, pictures of them, and designs for them will be on exhibit during the day and Miss Elizabeth Lord and dranges in blossom and daffodils Miss Edith Schryver will be there to explain them and answer ques-

tions concerning landscape art. The works on exhibit are from the collection on which Miss Lord and Miss Schryver have brought together in their study and travel in the United States, Europe and

the Orient. Both Miss Lord and Miss Schryver are products of Lowthrope school of Landscape art. They have traveled abroad for the extra touches of sympathy which close contact with any point of interest brings so that now they can bring intimate knowledge of foreign garden architecture into their plans. ton. Miss Lord began her study of gardens in Salem in her own home and still carries the close personal touch which a true love of gardens instills in its devotecs, and with which she mixes her knowledge of both formal and foreign

Miss Schryver, whom Miss Lord met while she was on a summer student travel tour in Europe and who has come with her to the west from her position with the Ellen in order to get the western atmosphere into her landscape art work, actual plans which she will have on display at the Gilbert studio Helen Richardson.

It is interesting to know that creating lovely gardens, has shift- sunrise prayer meeting at the dorn. All members of patriotic ed its authority field from Europe home of Dr. and Mrs. J. Ray Pem- orders are invited to attend. to the United States. We copy the old country gardens but we do so with plans which we create and adapt to our own environment. Thus it is that Ellen Shipman is the leading woman in the field of landscape architecture in the It is rather a pleasing thought that the Europeans are really coming to us for garden plans now. We really are getting some place in their minds.

Special Program For Benefit Bridge

The benefit bridge tea which is being sponsored by the child welfare committee and the hospital and rehabilitation committee of the American Legion auxiliary on Wednesday at the Elk's temple promises to be among the biggest events of the season. The playing will be done in the ballroom and following that a program will he given in the dining room just before tea is served. The tea is a silver affair and it is greatly hoped that there will be many additional guests for that hour.

E. Rilea, Mrs. Glen Hunter, Mrs. table plate? I hate it. Yours for E. L. Kollenborn, Mrs. C. R. Lester, Mrs. F. S. Slade, Mrs. Lee Mrs. C. I. Moffit, Mrs. L. B. En-James Teed, Mrs. Fred Lamport, appetite. Mrs. Clifford Townsen, Mrs. Ronald Jones, Mrs. Karle Beck, Mrs. their vegetables so there is not V. E. Kuhn, Mrs. Walter Spauld-T. Wood, Mrs. Chalmer, George and Mrs. Daryl Proctor.

Miss Barnes Is Tea Hostess

Miss Barbara Barnes entertained at tea from three to five Sunday afternoon for the girls at her apartment at the Robert's who will accompany her to the Perry-Mansfield camp at Steamboat Springs, Colorado, This camp will open July 1. The group from Salem expects to leave here the latter part of June. The six weeks of camp life will be intensive training in the art of Perry-Mansfield dancing. Only the best of the country's students are taken in this camp, For this reason the Salem young folk chosen are partie-

ularly to be congratulated. The tea guests were Miss Elizabeth Waters, Miss Josephine Zimmerman, Miss Martha Hobson Miss Jean Andrew, and Miss Ariel Howell. With Miss Barnes this includes the group which will go to It may be possible that the urine is the summer camp.

Drama Class Plans For Celebration

The drama class, organized by be possible that you are begin-mrs. W. E. Kirk 18 years ago, is planning for a celebration some time in May to commemorate the continuous years of meeting which they have enjoyed. This announcement came as a result of the meeting which was held Monday at the Y. W. C. A. "Bride of the Land" was the

drama which occupied the discussion for the Monday afternoon meeting. Among those present were Mrs. John Albert, Mrs. Mattle Beatty, Miss Edith Hazard, Mrs. R. J. Hendricks, Mrs. Wil-liam Hamilton, Mrs. W. H. Burg-hardt, Mrs. W. E. Anderson, Mrs. E. C. Richards and Mrs. W. E.

Is Luncheon Host

Miss Zoe Stockton entertained Saturday afternoon with an 18 cover one o'clock luncheon in the Green Gate room at the Spa fol-H. Laughton of Portland. Tapers anese daphne which was at the place of each guest.

In the guest rooms of Miss Stockton's home Easter lilies, hywith pussyw willows made a lovely background for the social afternoon which was enjoyed by the honor guest, Mrs. James Laughton, and Mrs. William Laughton of Portland, Mrs. James H. Nicholson, Mrs. W. C. Kantner, Miss Constance Kantner, Mrs. Nellie Gunnell, Miss Kathryn Gunnell, Mrs. Clara Myers, Mrs. Frank V. Brown, Mrs. Minnie Graham, Mrs. Paul V. Johnson, Mrs. S. P. Kimball, Mrs. Karl Kugel, Mrs. Charles K. Spaulding, Mrs. Roy H. Mills, Mrs. Samuel Orr, Mrs. Ernest Stetson, Mrs. James Lee Stockton and the hostess, Miss Zoe Stock-

Visitor Honored With Dinner

Miss Helen Richardson gave an attractive dinner party at her home Saturday evening honoring . sical costume play directed by Glenn Allen of Astoria, an Easter . Miss Lena Dotson. guest at the Richardson residence. Yellow tapers and daffodils centered the table where covers were laid for the honor guest, Mr. Rich-Shipman office of New York city ardson, and Miss Margaret Farmer, Miss Marie Pellet, Miss Ellen Power, Miss Audrey Allen, Melvin has some very lovely prints and Millet, John Verdieck, Alfred Pallon, Harold Richardson and Miss

SOCIAL CALENDAR Tuesday

Y. K. K. girls club afternoon with Mrs. Lewis, 980 N.

Hal Hibbard, U. S. W. U. afternoon meeting. Medical Auxiliary, Marion, Polk and Yamhli county, 7:00 clock, at Spa.

American War Mothers, 2:-0 o'clock, Y. M. C. A. D. E. club with Mrs. A. A. Mickel, 365 N. 13th, 8:00

Salem Dakota club meets at 6:30 o'clock at American Lutheran church. W. H. M. S. of First M. E. church tea meeting in the

church parlors. Legion auxiliary bridge benefit, Elk's temple, 2 o'clock. Regular meeting Knights nd Lady Maccabees, 8 o'clock.

Thursday Raphaterian club with Mrs. Lee Unruh Ladies Aid of W. R. C. will

not meet this week. Marton county Veterans' association meeting, Woodburn: any member of patriotic order wanting to attend, phone ' 968J, or 2251. Beta Chi, Mothers club, Sor-

ority house, 2:30. Friday West Side Circle Ladies Aid of Jason Lee church at 2 o'clock with Mrs. Hockett, 1603 N. Commercial

Golden West club of Woman's Benefit association, with Mrs. Jennia Miller, 351 S. 19th street. Y. M. C. A. program, mu-

berton Sunday morning. There were 31 present. Following hte prayer service Mrs. Pemberton

Those desiring to go to the Marion County Veteran's association meeting to be held in Woodburn The young folk of the South Sa- will telephone their desire to Mrs. landscape architecture, the art of lem Friends church met for a C. F. Loveland, or Mrs. Will Hage-

served a waffle breakfast.

Dietand Health By Lulu Hunt Peters M.D. Author of "Diet and Health" and "Diet for Children"



ing for them at any of the so-

tuty Nunt Perens Ms called popular places for the business woman. Just how would you go about it? So far the following have made it is an impossible thing for at table reservations: Mrs. Walter least two-thirds of the fat ladies Zosel, Mrs. Roma Hunter, Miss in New York to live at home. George, 'Mrs. Breyman Couldn't somebody make money on this? What about the vege-

Even the fat ladies of New Canfield, Mrs. F. S. Anunsen, Mrs. York can have apples, oranges. W. W. Woodruff, Mrs. William bananas; pears or other fruits in bananas; pears or other fruits in their rooms, Miss S, A good-sized their rooms, Miss S, A good-sized Gossar, Mrs. H. R. Walter, Gossar, Mrs. R. R. Walter, Gossar, Mrs. S. A good-sized apple weighs almost one-half pound. Then certainly you can always get fruit and vegetable sallowing apple weighs almost one-half pound. Then certainly you can always get fruit and vegetable sallowing apple weighs almost one-half pound. Then certainly you can always get fruit and vegetable sallowing apple weighs almost one-half pound. Then certainly you can always get fruit and vegetable sallowing apple weighs almost one-half pound. Then certainly you can always get fruit and vegetable sallowing apple weighs almost one-half pound. Then certainly you can always get fruit and vegetable sallowing apple weighs almost one-half pound. Then certainly you can always get fruit and vegetable sallowing apple weighs almost one-half pound. Then certainly you can always get fruit and vegetable sallowing apple weighs almost one-half pound. Then certainly you can always get fruit and vegetable sallowing apple weighs almost one-half pound. The certainly you can always get fruit and vegetable sallowing apple weight and the certainly you can always get fruit and vegetable sallowing apple weight and the certainly you can always get fruit and vegetable sallowing apple weight and the certainly you can always get fruit and vegetable sallowing apple weight and the certainly you can always get fruit and vegetable sallowing apple weight and the certainly you can always get fruit and vegetable weight and the certainly you can always get fruit and the certainly you can always get fr Mrs. Kenneth Bell, Mrs. Brazier rooms. And there is no reason why Small, Mrs. B. A. Victor, Mrs. you cannot keep a small cabbage Ernest Thom, Mrs. F. S. Marlon, in your room and have some lem-Mrs. Carlton Smith, Mrs. F. T. on juice with it. You can take Huber, Mrs. Eugene Grabenhorst, this before going out to dine, if you are afraid you might overeat; dicott, Mrs. Earl Paulson, Mrs. this would take the edge off your

Restaurants, as a rule, cook much taste to them—they use too ing. Mrs. Miyes McKee, Mrs. E. much water and cook them too long, so I don't blame you for not liking the vegetable plate. Usually are large enough for two, and frequently when I am dining with a friend, I suggest that one of us order a meat dish and the other several vegetables, and then we divide. In this way we have a larger amount of the vegetables and en-

ough meat or fish for each. I hope you will get something from these suggestions, Miss S.

The foundation diet for the reducer's (and underweighter's and normal person's) diet is contained in our pamphlet on reducing and gaining weight. See column rules for obtaining this,

Mrs. C .- By a diuretic is meant an agent that increases the excre- in the future. I can do any kind of tion of urine, so from this you can see that you cannot use the term to indicate an agent to decrease the flow.

In the lattic I can work now and when women ask me what has helped me I recommend your medicines. I will answer any letters I receive asking about them."

Have you had a urinalaysis and _Mrs. EMMA GREGG, Route 3, Box complete check-up by a physi- 53, Denison, Texas. cian? You should have this done irritating from being too coucentrated, causing irritation of the bladder, with frequent desire to void. If you really have an increase of urine which is considcrably above the normal, it may

Fresh Fruits and Vegetables tes. This can be shown by the urchuckled when I finished rages one and one-half quarts; it reading your foundation diet | may be more or less, depending for reducers the other day. It upon the amount of water, type of sounds so sim- foods taken and the season. Dunple, but where, ing cold weather it is normal to except for the pass more than during warm wea-few women who ther, because so much less is given

live in their off by perspiration.

own homes, can
one get oneirritation of the bladder, rather half pound of than diabetes, but only a physician green leaf veg- in personal charge of your case etables, or one- could determine this. If it is simhalf pound of ply an irritation of the bradder, spinach, or raw caused by an acid and concentratcarroto? I have ed urine, drinking liberal amounts visions of ack- of water and having a diet composed mostly of the non-acid foods would help. Foods that have been especially helpful in rendering the urine alkaline are apples, bananas, beans, potatoes, oranges, mus-

> melon and milk. It may be possible that your bladder is somewhat contracted and you may have to train it to hold more by not giving in to the impulse to void each time, until you know there is considerable to

Have your check-up, Mrs. C.

Editor's Note: Dr. Peters cannot Editor's Note: Dr. Peters cannot diagnose, nor give personal advice. Your questions, if of general interest, will be answered in the column, in turn. Requests for articles must be accompanied by a fully self-addressed, stamped envelope and 2 cents in coin for each article, to cover cost of printing and handling. For the pamphiet on reducing and gaining, 10 cents in coin, with fully self-addressed, stamped envelope, must be enclosed. Address Dr. Peters in care of this envelope, must be enclosed. Address Dr. Peters, in care of this

the meat orders in a restaurant Thanks to Lydia E. Pinkham's Vegetable Compound

Denison, Texas.-"I think there is

no tonic equal to Lydia E. Pinkham's Vegetable Com-pound for nerv-ousness and I have used Lydia E. Pinkham's Sanative Wash and the Pills for Constipation. I

can certainly praise your medi-cines for what they have done

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Bridge Luncheon Is Attractive Affair

Mrs. Harry Hawkins and Mrs. Keith Powell of Woodburn were hostesses for a lovely one o'clock luncheon at the Marion hotel Monday. The luncheon table was graced with bowls of mixed spring flowers, narcissi, spring beauties, primroses, iris, blue bells and blue hyacinths and yellow tapers. About the rooms were baskets of

Scotch broom and more narcissi. In the bridge which followed the luncheon, Mrs. P. W. Byrd won high score followed by Mrs. Jim Linn, Mrs. T. A. Livesley, and consolation to Mrs. J. M. Hawkins of

Covers were laid for F. W. Thompson, Miss Lou Thompson, Mrs. William Boot, Mrs. Clifford Farmer, Mrs. John McNary, Mrs. Breyman Boise, Mrs. R. P. Boise, Mrs. Frank Snedecor, Mrs. Fred Lamport, Mrs. Oliver Locke, Mrs. Lewis Lachmund, Mrs. Paul Hendricks, Mrs. J. M. Hawkins of Albany, Mrs. Katherine Powell, of Woodburn, Mrs. Raymond Walsch, of Eugene, Mrs. W. Robert Mc-Murray, of Portland, Mrs. Clairborne Walker, Mrs. Paul Wallace, Mrs. Frank Durbin Sr., Mrs. Frank Durbin Jr., Mrs. Charles Robin-C. Cross, Mrs. Milton Steiner, Mrs. on Oswego Lake.

R. E. Lee Steiner, Mrs. Heary Mey- Delti Phi Sorority erys, Mrs. Hollis Huntington, Mrs. Arthur Rahn, Mrs. Ercel Kay, Mrs. Gives Easter Breakfast Garden club. George Dorcas, Mrs. T. B. Kay, Mrs. Homer Egan, Mrs. William Byrd, Mrs. W. H. Lyttle, Mrs. John Carson, Mrs. E. T. Pearce, Mrs. Curtis Cross, Mrs. Asahel Bush, Mrs. John Roberts, Mrs. William Walton, Mrs. David Eyre, Mrs. O. F. Johnson, Mrs. T. A. Livesley, Mrs. Dan Frye, Jr., Mrs. Carlton Smith, Mrs. Fred Deckebach, Mrs. E. S. Slade, Mrs. Jim Linn, Mrs. A. B. Galloway, Mrs. W. Connell Dyer, Mrs. P. W. Byrd, Mrs. T. A. Roberts, Mrs. Frank Spears, Mrs. Russell Catlin, Mrs. Dan Frye, Jr., and Mrs. Pow-ell and Mrs. Hawkins.

Dr. J. M. Canse Will Address W. C. T. U.

Dr. J. M. Canse of Kimball School of Theology will talk on the subject, 'The Close Relationship of Temperance and Missions", at the next regular meeting of the W. C. T. U., Tuesday at 2 o'clock in the hall on South Commercial street. William Wright, choir director of the Presbyterian church, will favor with a vocal solo. Mrs. C. A. Geise will have charge of the devotions. A special invitation is extended to all missionary women to attend. Everyone is welcome. A large membership attendance is re-

The E. Hofer family and Allan Bynon family joined the R. from Seattle for a few days after M. Hofers, who have just returned from New York City, at an Easter breakfast & nday morning at the R. D. Merrill gardens of that city. evening where they spent son, Mrs. Eugene Shipley, Mrs. E. home of L. F. Hofer at Dunthorpe, She is returning Friday of this Easter with Mrs. Tipton's broth-

A beautiful three course Easter breakfast was a Sunday morning Bridge Party event at the Delta Phi house with At Water's Home covers laid for 53. Lighted tapers of pale yellow and green together with a basket of daffodils, spires were hosts on Saturday evening Frank Meredith and has been a and pussy willows were effectivedecorations Honor guests for the breakfast

were Dean and Mrs. Roy R

Latimer, and Dr. Roy Lockenour. Additional guests were Gurnee Flesher, Edwin Goodenough, Robert McGilvra, William McCallister, Wayne Welch, Paul Geddes, Roy Harland, Don Taylor, Leslie Mrs Kenneth Fitzgerald, Mr. and Manker, Raymond Derrick, Paul Ackerman, Howard Miller, Eloyd Alvin, Herbert Erickson, Reeve Betts, Wendel Keck, Ronald Craven, Warren Mininmee, Neil Brown, Jack Ramage, Eugene Silke, Wesley Roeder, and James Overton. Members of the sorority present were Dorothy Pemberton, Agnes Emmel, Edith Findley, Jean Middleton, Mrs. Wayne Welch, Map garet Bolt, Marjorie Moser, Mildred Cook, Marie Messersmith, Marjorie Miller, Nellie Badley, Mary Allen, Bertha Babcock, Beatrice Hartung, Lillian Scott, Dortung.

Miss Elizabeth Schryver is back having spent some time there at | ton and baby Jeanne Elaine, mowork on the rearranging of the tored to Oregon City Saturday week for further work on this and er, Mr. W. S. Silver.

other gardens of Seattle. She will Wedding Celebrated speak April 8 before the Tacoma

Dr. and Mrs. Kenneth Waters for three tables of bridge. Easter ly used for the Eastertide table was the motif for the room decorations and the serving table. High score for the evening was won by Mr. and Mrs. Kenneth Fitzgerald, Mr. and Mrs. N. F. Hewitt, Mrs. John Reed, Miss Lois Wicker won high score.

Guests enjoying this evening were Dr. and Mrs. B. F. Pound, Mr. and Mrs. N. F. Wicker, Mr. and Mrs. Clifton Mudd, Mr. and Mrs. J. T. Graham, and Dr. and Mrs. Waters.

All the officers and guards of the Golden West club of the Woman's Benefit association are sepecially requested to attend the meeting which will be conducted Heimes. at the home of Mrs. Jennie Miller, Friday evening, 351 South 19th street. This is a very important

Mr. and Mrs. George Talmage,

Mr. and Mrs. Theodore Wellsandt, othy Ferrier, Geneva Culbertson, and Mrs. A. J. La Rue all of Edith Starrett, Iva Claire Love, Olympia were Easter weekend Buena Brown, Doris Phenice, guests of Mr. and Mrs. C. H. Tal-Yvonne Cornell and Evelyn Har- mage at their home on Hazel Mr. and Mrs. T. Franklin Tip-

Ritchie entertained a number of the younger set with an evening of "500" at the home of Miss Joan Evans Friday evening. The high score prize was won by Miss Elda Medler and Mr. Dee

In Corvallis

Coming as a surprise was the

quiet marriage of Miss Jeanette

Meredith of Salem to Rodney

Brown of Corvallis at Corvallis

Easter Sunday. Miss Meredith is

the daughter of Mr. and Mrs.

prominent member of the younger

Salem set. Both young folk have

attended Oregon State college.

Miss Meredith is a Kappa Alpha

Theta and Mr. Brown is a Theta

Pxi. The Reverend Monroe Ever-

Mr. and Mr. Brown left imme-

Miss Joan Evans and Miss Ruth

diately for a motor trip through

ett performed the ceremony.

southern Oregon.

The guests included Miss Mildred Zehner, Miss Ruby Dresner, Miss Alvena Cospard, Miss Babe Cospard, Miss Lela Carter, Miss Elda Medler, Miss Margaret Mc-Kinley and Burton Randall, Bill McClarie, Don Patton, Bud Cook. Dee Heimes, Lloyd Bradford and Reginald Reice.

Mrs. Ada Elgin had as her house guest for the Easter-time her mother Mrs. S. Freerksen, of Albany, her sister, Miss Jennie Freerksen also of Albany, and E. Griffith of Hillsboro.

Mr. and Mrs. George Martin. Mrs. Lillian Cadwell and Clark Martin spent Sunday at Newport.

Something to Think About



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cified in Part I or II, which shall not prove fatal or cause specific loss as aforesaid but shall immediately, continuously and wholly and prevent the insured from performing each and every duty pertaining to any and every kind of business (as specified in the policy) but not exceeding 15 consecu-

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automobile or private horse drawn vehicle of the exclusively pleasure type as provided in policy, by being struck or knocked down while walking or standing on a public highway by a moving vehicle (as set forth in policy), or being struck by light-ning, cyclone or tornado, collapse of outer walls of building, in the burning of any church, theater, library, school or municipal building, feet or sight, as specified in Part IV of policy.

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Emergency Benefit Registration Identification and Financial Aid.

The company will register the person insured, and if Insured shall, by reason of injury, be physically unable to communcate with relatives or friends and in a condition, requiring identification, the company will, upon receipt of message giving your policy number, immediately transmit to such relatives or friends as may be known to it any information respecting the Insured and will defray all expenses to put the Insured in communor friends, provided such expenses shall not exceed the sum of One Hundred DolEvery day you read in the newspapers of some terrible travel accident. On Mondays there is always a long list of casualties for the week end. The toll yearly is appalling, thousands being killed and hundreds of thousands being maimed and injured. Are you insured? Scarcely 2% of those killed and injured have any protection whatever. Therein lies the greatest tragedy.

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\$10,000.00 Travel Accident Policy FOR \$1.00 A YEAR

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