

Y. M. C. A. Plans St. Patrick Party

The Irish will again be given a treat this year when they have an opportunity to attend the program at the Y. M. C. A. next Friday in honor of St. Patrick.

Salem Art's League Has Open House

The Salem Art's league celebrates an open house once a month and the date for the March meeting has been set for this Tuesday, March 12.

Carnation Club Enjoys "500"

Mrs. Everett Rutherford, assisted by her sister, Mrs. George Schultz, was hostess to the Carnation club Thursday afternoon at the fraternal temple.

Dr. and Mrs. Franklin Entertain Informally

Dr. and Mrs. F. G. Franklin entertained informally a group of Willamette university at their home on Marion street Friday evening.

- Monday Business and Professional Women's Banquet, Marion hotel. Student MacDowell recital at Waller Hall, Willamette University, 8:15 o'clock.

- Wednesday Leslie Can-Do "At Home" with Mr. and Mrs. W. J. Linfoot to friends and members of church, 7:30 o'clock.

Mrs. Oscar Powell Dallas Club Hostess

Mrs. Oscar Powell entertained the Neos Numphe club of Albany at her home on Garden Road Friday afternoon.

Pennsylvania Folk Guests of the Barnes

Mr. and Mrs. E. T. Barnes will entertain at a family dinner in their home on North Capitol this evening in honor of Mrs. Joseph D. Kouston and her daughter Miss Peggy of Pennsylvania who will be visiting here this week.

Diet and Health

By Lulu Hunt Peters M.D. Author of "Diet and Health" and "Diet for Children"

An Absent-Minded Lady A woman, 36 years old, five feet six inches tall, weighing 196 pounds, apparently is enjoying good health, but she was turned down on account of her heart when she wanted to join the Y.



I know one characteristic of this woman—besides her love for good food she is absent minded. She sent in for the reducing pamphlet, enclosed ten cents but forgot to sign her letter or to enclose a self-addressed stamped envelope.

"I can never satisfy my hunger. I am always craving for something or other, even after a hearty meal. Above all things it must be sweets. Therefore, I am overweight. I had diabetes four years ago and my friends tell me I am starting it up again. I feel alright, but would you advise me to go to my doctor for advice?"

Local Artist is At Work in Seattle

Miss Edith Schryver is spending several weeks in Seattle supervising the re-planting of the R. D. Merrill gardens. Charles A. Platt, the well known architect of New York, planned both house and gardens originally, in formal Italian style.

losing weight. I got tired at the slightest exertion and I have a terrible taste in my mouth. Haven't much of an appetite. Can you aid me in gaining? I really want to gain.

"My gums are sore and I have a very poor piece of bridge work on my teeth. I went to another dentist and he tells me my teeth are all bad. I asked him to fill the decayed teeth and he refused, saying that they would all have to come out before long. I wanted them taken out at once, but he said to keep them as long as possible. Here I am with a whole mouth of decayed teeth, clogged up with foodstuff. I am willing to have the teeth out but the dentist refuses. What can be his reason?"

I am at a loss for an explanation, Mrs. E., for a mouthful of decayed teeth can undoubtedly be the cause of the bad taste in your mouth, poor appetite and loss of weight, and these symptoms will not become better until you have your mouth fixed up. However, it is not advisable to have all the teeth out at once.

Your symptoms show a considerable degree of toxemia or poisoning. You need a check-up by a competent physician to be sure they are due solely to your teeth. We have a pamphlet on reducing and gaining which you may have by observing column rules.

Peter's Adventures

A BIG BLACK CANNIBAL "Keplunk, plunk, plunk!" Father Frog croaked in wrath at the creature who had swallowed his little son before his very eyes.

"You wicked old cannibal, you! I wish I could pull every feather out of your black head, that I do! How I hate you! And how all my family hates you! And how all the frogs that are now tadpoles will hate you!"

"The ill-will of the divers is yours as long as you live. One of these fine days you are going to pay for this dreadful thing you have done."

"How had my little son harmed you, that you should take his life? Poor, little fellow; you gave him no chance at all!"

Editor's Note: Dr. Peters cannot diagnose, nor give personal advice. Your questions, if of general interest, will be answered in the column. Requests for articles must be accompanied by a fully self-addressed, stamped envelope and 1 cent in coin for each article. To cover cost of printing and handling for the pamphlet on reducing and gaining, 15 cents in coin with fully self-addressed, stamped envelope must be enclosed. Address Dr. Peters, in care of this paper.

Two Things

ONE--

We are putting on Sale Tuesday morning all our Linoleums and felt-base floor coverings--at greatly reduced prices--at closing them out entirely, --pricing them at such low figures that they will move from our store quickly. Here is a good chance to save on linoleum.

Felt base as low as 36c per sq. yard. Armstrong, Birds and Gold Seal Congoleum, the three best grades made. New, beautiful patterns, 56c per sq. yard.

Printed Linoleum, bur-lap back. Usual price . . \$1.10 to \$1.25. Now 76c sq. yard.

All our Inlaid selling up to \$2.25 per yard, now . . \$1.46. Your choice of any pattern on our floor--and ninety per cent of our stock is Armstrongs, the leader in linoleum manufacturing.

This is your opportunity to save on linoleum--take advantage of it.

Linoleum and Felt-base Rugs all reduced . . and a splendid assortment to show you.

TWO--

Closing out all our Dishes and Dinnerware at about half price. Think of buying Johnston's English ware at half price or Edward M. Knowles Mayflower brand at half. Do not miss this sale if at all interested in Dishes.

Chambers & Chambers North High St.

Shipley's... TELL WHY THEIR STYLES ARE AUTHENTIC

Paris Remains True to Black

"Enter" The "Little" Jacket Frook

The Scarf Plays Stellar Role

Prints FOR SPORTS OR DRESS

Spring Coats FEATURE THE THRO COLLARS

ASSEMBLE YOUR OWN ENSEMBLE

Costume Jewelry of "Cut" Hardwoods

Because of climatic conditions, San Francisco is THE style center of the United States for Spring apparel. While New York is shovelling snow in the early spring--the Pacific coast is plucking bright colored flowers and parading the promonades in bright spring attire.

Every Spring we send our department heads to San Francisco (the best dressed city in the country) to get the "authentic" style dictates. These ladies, who have now returned, are at liberty to converse with you on "first hand" information as to styles and materials. They spent days informing themselves just "what they are wearing" and have brought only the accepted styles. So now there is no reason why the ladies of Salem should not wear the most favored of fashionable clothes, especially when the prices are so very popular.

The Ensemble Mode--for instance--is exceedingly noticeable this spring. Harmonizing of colors in dress, coat, hat, hosiery and the many accessories is not only the smart thing to do but is an interesting endeavor and the results are more than pleasing.

Step into the store and have a chat with these ladies who have informed themselves for your benefit--you'd just as well be IN as OUT of style.

SHIPLEY'S

SWEATERS With "Woven In" Futuristic Designs are very Popular.

Flannel Suits WITH Bright Jackets

EVERY HATS of 1929 Season

"Everything" FOR THE ENSEMBLE MODE

"Hosiery" SHOULD BLEND WITH THE COMPLEXION

Greens and Reds Are the Early Dictates

"QUALITY MERCHANDISE POPULAR PRICES"



Why Shouldn't Your Kitchen Know This Beauty

When beauty is at the same time practical, everyone wants beauty! Blabon Linoleum Rugs are beautiful and practical. The patterns make the kitchen a cheerful, colorful place. And because they are so easy to clean, every immaculate housekeeper wants one.

Resilient--restful to walk upon. Unroll one and it's laid. The 9 x 12 size is Imperial Furniture Co., Inc. 467 Court St. Telephone 1142