

Miss Janet Sheppard, daughter of United States Senator and

Plan Dinner-Program

bert at her home on Market street.

Each member is urged to be

Mrs. Morris Sheppard, of Texas, regarded as one of the prettiest,

Dean Katherine Rodgers of A 6:30 o'clock dinner and

Salem Young Folk Win Unusual Honor

Miss Nancy Thielsen and Edward Fisher, sophomores in the University of Oregon, and belonging to Salem, have been signally nonored by being chosen to take the leading roles in the University chorus of 100 voices which will sing with the Portland Symphony orchestra accompanying at its Monday night program, William Von Hoogstraten leading.

Miss Thielsen will sing the lead in "The Blessed Damozel." Du Bussy, and Mr. Fisher will sing the lead in Deems Taylor's "The Highwayman." They were chosen after many and repeated trials from among the talent of the university and were chosen by Mr. Von Hoogstraten.

Both Miss Thielsen and Mr Fisher were students of Prof. Hans Seitz. They are both very young singers but despite this they are winning much praise for the masterful qualities of voice and maturity of expression.

Luncheon Party Is Happy Affair

Mrs. Henry L. Kuck and Mrs. Walter Egbert cntertained a group of The Dalles friends with an attractive luncheon with covers for nine at the Gray Belle Wednesday at 1 o'clock. After luncheon a theatre party occupied the remainder of the afternoon. Those enjoying this afternoon

were Mrs. E. C. Goodwin, Miss Sarah Wrenn, Mrs. W. C. Hansen, Mrs. P. J. Meaney, Mrs. Ed Patterson, Mrs. Brigh, Miss Dorothy Fredden, and Mrs. Kuck and Mrs. Egbert. Informal Tea Honors

Salem Guests Attend Portland Apollo Club

Mills college, a visitor to the Wil- well planned program will offer nore, beginning at 8:15 o'clock. The Portland Apollo club is lamette university campus and on an enjoyable evening Friday night calling in all its ex-members for official business in regard to the when the Brush College Grange a great chorus event to take place interests of the National Associa- meets for its regular meeting at tonight at the Portland public tion of American University wom- the Brush college school house. auditorium. Some 200 voices will en, will be the honor guest for an A play will be offered by the A. W. Norblad and Mrs. Norblad, be on the stage. This group will informal tea given by Miss Olive community players of Brush col- Speaker of the House R. S. Hambe made up of the regular Apollo Dahl at Lausanne hall Friday aft- lege, musical numbers, a duet b7 ilton and Mrs. Hamilton, Dr. F. members, MacDowell club mem-ernoon.

bers, and ex-members of the The tea hours will be between solos and ducts by Lawrence Al- and Mrs. C. P. Bishop. Those ino club. John Clark Thomas

B. & P. W. Club CAPITAL BEAUTY FROM TEXAS

Makes Important Plans

The regular monthly meeting of the Business and Professional Women developed some interesting plans which will be carried out during the National Business and Professional Women's week of March 10-16.

The week will be started with public relations banquet at the Marion hotel at which time employers and guests from various groups of the city will be asked to meet the members of this organization and acquaint themselves with its purposes and ideals.

Thursday evening at Lausanne Hall a reception will be held for the younger business girls and their guests at the Ecclesia club, and Y. W. C. A. groups, Miss Lillian Schroeder Van Loan and Miss Irene Harrington are in charge of the tea tables. -Miss Dorothy Pierce and Miss Hilda Amsler will offer musical selections during the evening.

During the week there will be short addresses made by members of the club at the schools and before various groups of girls.

Mrs. Clara Pomeroy is general chairman of the plans for this week, Mrs. Susan Varty is club hospitality chairman and Miss Olive Dahl is program chairman. New members taken in at the in the fall. fuesday night meeting were Mrs. Margaret C. Doney, Miss Helen

K. Bristow, Miss Irene Breithaupt, and Miss Bessle McCloud.

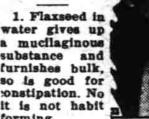
Elsinore Reception To Be Distinctive

Tonight will mark the occasion of one of the most unique receptions that has been given in Salem. George B. Guthrie, creator and owner of the beautiful Elsi-Brush College Grange and owner of the beautiful Eisi-nore theatre, and the Salem Arts League will be joint hosts to legislators and their wives, and to the public interested in art, at a reception in the foyer of the -Elsi-

Those invited to stand in the reception line are Gov. and Mrs. L. Patterson, Mayor and Mrs. Livesley, President of the Senate Hilda and Frank Crawford and G. Franklin, Mrs. J. H. Hathaway,

Diet and Health By Lulu Hunt Peters M.D. Author of "Diet and Health" and "Diet for Children." FLAXSEED Girl of Fourteen. 1. What effect does ground flax. Don't try to reduce your busts. seed have when a teaspoonful of As you will grow taller and broadit is taken each night before retir. er, your chest will grow up to ing-is there any danger of its be- them. If you are overweight, you coming habit forming? 2. What can cut down on your breads, effect does it have on an acid Sweets and oily foods, and reduce a little. Don't cut down on your stomach? 3.

What amount of calories, and what vitamins are there in it? "MRS. S."



2. It would tuly Munt Perensma physicical examination and find gerous unless supervised by a out the cause of that.

3. The calories and vitamins are probably the same as in most whole-grain cereals. (I don't find cause a great deal of harm. it listed in any of my text books). So the calories would be 1 small cup to the 100 C; the vitamin con. a pamphlet on the subject). tent would be the same as other whole grains-some vitamin A, the growth vitamin, and some vit-

amin B, the anti-neuritic vitamin. We have an article on Constipation which you may have.

"There are creams on the mar- be under the supervision of a phyare thyroids? Are they danger- can take them.

caused by any disturbance along the intestinal tract, as well as by sensitization to certain foods.

. . . Editor's Note: Dr. Peters can Bditter's Note: Dr. Peters cannot diagnose, nor give personal advice. Your questions, if of general inter-est, will be answered in the ob-umn, in turn. Requests for articles must be accompanied by a fully self-addressed, stamped envelope and 3 cents in coin for each article, to cover cost of printing and hand-ling. For the pamphist on reduc-ing and gaining. 10 cents in coin, with fully self-addressed, stamped envelope, must be enclosed. Ad-

Boys' Division

All-around physical tests will

growth foods: your milk, vegetables and fruits, and have a litthe meat, fish or eggs or cheese, Physical Tests To Be Offered The thyroid is the gland in the

front of the neck and you notice it only when it is enlarged, and then it is known as a goiter. It is one of the internal secretory or ductless glands, and a very im-

daily.

portant one, for it has a good deal be encountered by members of the to do with regulating growth and boys' division of the Y. M. C. A. proper functioning. You probably meant thyroid medication when during the hexathlon to start Satyou asked if thyroids are danger. urday. The scores of the boys in ous. Yes, thyroid medicines, unless six events are entered in a nationdepend upon the cause of your there is an undersecretion of the al contest of the Christian.associaacid stomach. You must have a thyroid, and even then, are dan-

competent physician. Thyroid is with respect to age and weight. The six events will be two pofrequently an ingredient of patent reducing medicines, and they may tato races, standing broad jump. running high jump, shot put and

(For those who are interested target throw or fence vault. One in reducing the weight, we have event will be run-off each Saturday until March 81 or until all boys have competed. S .- After a heart has been dam-

aged by infections and poisoning such as from nicotine, it may take some time before it is restored to normal. You should not be discouraged, S. Naturally, you should

ket that claim they will reduce sician, who will direct your medfat in spots. Is there any truth in ication and your exercises, if you this? My busts are too large. What have reached the stage where you

"GIRL OF FOURTEEN." Mrs. H .--- The trouble with your gall gladder, which you say the There is no cream that is reduc- X-ray discloses, may be the cause ing except to the pocketbook, dear of your hives, for hives may be





Mrs. Helen Sheridan is the latest girl flyer to announce an at-

tempt at the endurance flying record for women. She is the wife of Lieut. Hiram Sheridan, who was one of the instructors at

Kelly Field, Tex., who taught Col. Lindbergh to fly. She is going to make the attempt in Los Angeles

TION ON

Agricultural Leaders Busy Preparing for Hoover Administration

WASHINGTON, Feb. 27. (AP)-Under the fresh impetus of Herbert Hoover's campaign promises, congressional agricultural leaders today laid plans to begin once more the formilation of farm relief legislation.

Chairman McNary and Haugen of the senate and house agriculture committees, respectively, the authors of the twice vetoed Mc-

Senator McNary declared intention to get a bill in shape for pres-

entation to the senate on the

opening day of the extra session

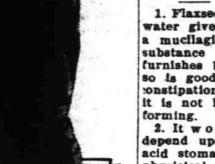
to be called in April by Herbert

Awaiting a signal from Mr.

Hoover in his inauguration ad-

dress on his farm relief ideas. neither of the committee chief-

ous?







:30 and 5:30 o'clock. Miss Lelia ley, and O. H. Taylor, will be giv- troducing to the line are to be Dr. will be the soloist for the evening. Johnson will assist Miss Dahl. en, and Mrs. Marie Flint McCall Mary Rowland, Mrs. F. G. Frank-

girls in Washington's younger set.

A. A. U. W. Visitor

On Friday night a banquet will Mrs. J. H. Lauterman and Mrs. will give a report on the lectur. 'in, Mrs. C. I. Lewis, and Mrs. Seybe given in honor of the old mem- C. P. Bishop will pour. school which she as a grange lec mour Jones. bers returned to the fold. Among Members of the Salem branch turer, has just attended at the these will be R. H. Robertson, Saof the A: A. U. W., Faculty Wom-Oregon State college. lem director of the Elks chorus of the A. A. U. W., Faculty Wom-and of the St. Daul's shoir who en's club, and wives of the trus-Scveral guests from the legislaand of the St. Paul's choir, who tees of Willamette university will ture are expected to be present for ten years was a member of the be guests for the afternoon. Dean for this meeting.

Portland Apollo club. Adams will speak briefly on na-Among other Salem people who tienal association work. will motor down for the occasion A second affair to be given in

are Mr. and Mrs. Lyman McDonald, Mrs. R. H. Robertson, Mrs. honor of Miss Adams will be an With Mrs. Gilbert W. E. Anderson, Walter Jenks, 18 cover 6 o'clock dinner given by and several members of the Salem Miss Dahl in the Lausanne hall The Englewood community Mrs. Lottie Ketchum MacDowell club. Miss room Friday night. Miss club will meet Friday afternoon at

This affair is something in the Johnson will assist Miss Dahl for 2:30 o'clock with Mrs. Earl Gil- To Speak in Salem way of a commemoration of the this affair. 20 years of service which William Boyer, present director of the Shower Honors Apollo club, has given to the culb Miss Sarah Atwood Mr. Boyer will resign at the end of the club season which will

come sometime in the spring. Forty Vocalists Take Part in "Rosamunde"

The dialogue in the operetta

"Rosamunde" which will be given

Friday evening, March 1 at Salem

Mrs. Fred R. Duncan was host- spond with a patriotic current Mrs. Ketchum as a state patrioess Tuesday evening for a miscel. event in answer to roll call. aneous shower given in honor of Miss Sarah Atwood, art instructor land will be the speaker at the in Salem early in April. at Parrish junior high school. Miss Atwood's engagement was First Spiritualist church Sunday

announced February 20. She will evening with special music by marry Desmond Fulp, who is also Anna Lee Snyder, blind singer daughter Lois returned to Bainan instructor in Parrish junior from Portland. high school.

Peter's Adventures

high school is most satisfying in that there is none of the modern slang in the play. The publishers Mrs. Douglas McKay will enter-tain with three tables of bridge verton who will attend the Canton had in mind the true educational aim of an operetta for high schools at her home on South High street Capital No. 11 battalion meet to . this afternoon. This is a club be held tonight in the I. O. O. F. and the beautiful combination of the spontaneous melodies of Schu- bridge party for which five addi- hall at 8 o'clock. All members of . tional guests have been invited. the post are urged to be present. bert with perfect use of language

A WILLING WAITRESS

is at once impressive to the performer as well as to the listener. Costumes for the opera arrived

Tuesday from Seattle and the pro. duction promises to be one of the most colorful that has graced the local high school stage. Stage settings are being direct.

ed by Norborne Berkeley of the school faculty assisted by Lucile thought him. Downing and Harry Skelton. -

Forty vocalists will take part in trick or two?" asked the bird, ther eyes nor ears for any one or . the opera Friday evening assisted flattered by her praise, and putby an orchestra of twenty-four fing out his chest as far as it players. Lena Belle Tartar is diwould go. "Well, I'll think about recting the performance. it. I might open a class in the

sycamore tree and give lessons Order of Eastern Star sycamore tree and "With what would the Parrots

Enjoys Afternoon

pay you?" asked Peter, curiously. "With nuts and cockle burrs, of The social afternoon of the Orcourse, my dear fellow. What der of the Eastern Star was turned into an afternoon with a civic could be better. I'd do almost anything for a walnut, for inpurpose at its regular meeting stance. Tuesday by sewing for the Marion

county health demonstration. Miss Every time I show a parrot how demonstration spoke briefly and shall go and gather nuts, and interestingly of the work and pur- what is more he shall pick out the poses of the demonstration in meats for me." Mr. Parrot Marion county. smacked his beak at the thought. At the close of the afternoon Miss Parrot nodded.

table was very attractive in pink "I see a big walnut under the tree, right over there. I will go cial committee for this affair was and get it for you right now." No primrozes and greenery. The so-Mrs. M. C. Petteys, chairman, Mrs. Parrot started. sooner said that done. Off Miss Lorena Burnett, Mrs. Daisy McIn-Mr. Parrot winked one

tyre, Mrs. Florence Taylor, Mrs. Emma Bombeck, Mrs. William Mott, Mrs. Marie Flint McCall,

Mrs. Melissa Laflar, and Mrs. Bernice Blodgett.

Contagious Cases 25 in County is

Mrs. Florence Taylor, Mrs. main Sombeek, Mrs. William in the way to treat the ladies, my boy," said he. "Make is bedgett.
Melsas Laffar, and Mrs. Ber- Biodgett.
Melsas Laffar, and Mrs. Ber- Biologic Milsas Polly in the world, and then aloud: "It looks to me Biologic Milsas Polly in the wainut, and that Is
Melsas Laffar, and Mrs. Ber- Biologic Milsas Polly in the wainut, and that Is
Melsas Laffar, and Mrs. Ber- Biologic Milsas Polly in the wainut, and that Is
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Melsas Milsas Polly in the wainut, and that Is

Nary-Haugen measure, announced today they would summon their committees to begin hearings on a farm bill about the middle of At nine o'clock Prof. Zane of

the University of Oregon will

Officers of the Salem Art league are Dr. F. G. Franklin, president, S. H. Van Trump, treasurer, Mrs. Englewood Club Meets Miss Myrtle M. Smith, asseitant Hoover for consideration of agri-Blanche Jones, financial secretary, art director, and Mrs. Clifton culture relief and tariff revision. Mudd, general secretary.

tains was ready to announce a program. The president-elect has not disclosed his views in this re-Mrs. Lottle Ketchum of Portgard pending conferences with present to assist in making this land will speak before the Wom-McNary and Haugen. meeting, which is in the nature an's Benefit association at its reg-However, it seems certain that of a patriotic program a success. ular meeting Friday evening at 8

the republican leaders will not Each member present is to re- o'clock at the Fraternal Temple. agai apropose the equalization fee principle which caused a stubborn tic instructor of the order will conflict between President Coospeak concerning plans for the lidge and congress and resulted Mrs. Addle Robinson of Port-district rally which will be held in his vetoing the last two farm

March.

bills sent to him.

Mrs. Olive Palmer and little ville, Montana, Tuesday, after visiting several weeks with her par-There will be guests from Leb- ents, Mr. and Mrs. Suter, and

> SOCIAL CALENDAR Thursday

Salem Writers' club reception for legislators in Elsinore foyer.

Town and Gown club at 2:30 o'clock in Lausanne hall.

Thursday Bridge club with Mrs. Henry Meyers. chuckling with delight over the

street.

talion meet. I. O. O. F. hall, 8:00 o'clock.

Mrs. George King, Fairmount hill.

2:30 high school, room 105.

"Rosamunde" will be presented by advanced chorus and orchestra at S. H. S. West Side Ladies Aid soclety Jason Lee M. E. church *

North Liberty.

1449 Court street.



MONOTONY IN DIET IS UNDESIRABLE

Eat Wide Variety of Foods Sweetened for Enjoyment

If a diet expert could visit every home in the United States and

combine all the diet mistakes into on phrase, he would doubtless say, "too monotonous." Food authorities are complaining that the richest nation of the world is sacrificing both health and enjoy-· ment by eating monotonous, unap-

There is a remedy that, with a little thought, can be applied in

· every home. Make a study of all the varied healthful foods, being · sure to include milk, eggs, cereals, * vegetables, fruits and meats.

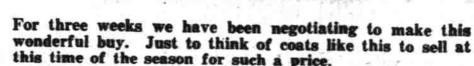
ans, sewing club, Mrs. Louis * amount of sugar to make the va-



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Starting Thursday and continuing only until this stock lasts



You will simply be amazed at the values in this wonderful group of smart Sport Coats! Coats for which you would expect to pay a far higher price-styles that are unusually smart-tailoring that is absolutely perfect and variety that will compel your interest. Single or double-breasted styles with two or three-button closings. Notch collars, plain or belted backs. Tailored and patch pockets, All fully lined.

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Colors were never in such variety! tans, browns, rose, rust, greys and novelty mixtures.

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Sizes for Misses and Women, 14 to 44

The Materials are Exceptionally Attractive:

Serve varied foods in the regular · diet, and learn to use the right

petizing foods.

Nebraska club potluck

clock. Chemeketa chapter, D. A.

Auxiliary to Sons of Veter-

North Salem W. C. T. U. Parrot was saying to him, and * at 2 o'clock with Agnes * "Would you like to learn a Miss Parrot on her part had nei- . Hogue, 1125 North 4th

M ISS POLLY had made an im-pression on Mr. Parrott by Mr. Parrot was busy listening inaw. telling him how tlever she to all the fine things that Miss .

Ladies' auxiliary Patriarchs Militant, I. O. O. F. hall, 8:00 · o'clock, special business.

Canton Capital No. 11, bat-

Kensington club, 2 o'clock.

Home Makers Conference,

Friday

with Mrs. R. Erickson, 1515

Salem Heights club 2:00

R., with Mrs. E. M. Hoffnell,

 learn how quick and easy it is to
make healthful egg-noge Remem ber app canuce, stewed dried fruits Twenty-five cases of contagious just what she is about doing. en to the man in the moon for all • sease were reported to the state Cracking the shell with her the answer he got. The birds * Twenty-five cases of contagious just what she is about doing. Saturday Benefit bridge, Elks club

