

# Society News and Club Affairs

OLIVE M. DOAK, Society Editor

## Portland P.-T. Tea Of State Interest

In honor of the founders of the National Congress of Mothers which later became what is now the National Congress of Parents and Teachers, the Oregon Congress of Parents and Teachers will give a tea this afternoon from 2 to 5:30 o'clock in the Y. W. C. A. social hall at Portland. Receiving with Mrs. C. E. Phelps, State Founder's day chairman, will be Mrs. W. W. Gabriel, state president, and the past presidents of the congress and the state and national officers.

The congress has invited Mrs. Isaac Lee Patterson, Mrs. C. A. Rice, Mrs. Elliott Corbett, Mrs. F. A. Doney, Mrs. H. M. Shaw, Mrs. C. W. Merritt, Miss Jessie McGregor, Mrs. Walter Sargent, Mrs. C. W. Rose, Mrs. William Kleizer, and Miss Lenore Mooney. Various speakers representing the departments will bring the greetings during the afternoon.

## Luncheon Is Event Of The Afternoon

Among a number of charming affairs for the wives of legislators that make the social season especially interesting this winter, the luncheon this afternoon at which Mrs. H. J. Bean and Mrs. J. L. Rand will be hostesses in the H. J. Bean home will be an outstanding event.

The luncheon will be a delightfully informal affair with a number of diversions planned for the pleasure of the guests from which they may choose.

Assisting the hostesses during the afternoon will be Mrs. T. A. McBride, Mrs. George Rossman, and Mrs. Harry Belt.

## Sedgwick Post and W. R. C. Entertain

A combined Lincoln and Washington program was enjoyed Saturday at Miller's hall when the Sedgwick Post and W. R. C. joined in an anniversary celebration. Seventy-five ladies and gentlemen attended the affair, the ladies being dressed in colonial costumes.

The program was featured by an address on "Lincoln" delivered by Charles Howard, state superintendent of schools. Other numbers included the flag salute, with Mrs. Mary Entress accompanying at the piano, a talk on "Washington" by Rev. Stover, past instructor of the Grand Army, and a violin solo by Charles Nakoriniek, accompanied by Miss Deener.

## Shower Friday Honors Bride-to-be

The Rev. and Mrs. George A. Morley entertained a group of friends and relatives in their home on North 14th street Friday evening with a linen shower for their daughter, Miss Pauline Morley, who will be leaving soon for California where she will be married to Clarence Benson.

The guests included Mrs. Lane Morley, Mrs. Eimer Campbell, Mrs. Carter, Mrs. Earl Adoni, Mrs. Harkes, Mrs. Clyde Comstock, Mrs. Paul Bates, Mrs. J. T. Grayhill, Mrs. Clifford Garland, Mrs. T. H. Morley, Mrs. Clayton Pleasant of The Dalles, Miss Lavada Carter, Miss Evelyn Hanks, Miss Viola Pence, Yvonne Anfranc, and Miss Betty Morley of Walla Walla, Washington.

Entertaining at the home of Mrs. B. W. Walcher Friday afternoon, Mrs. O. J. Hull and Mrs. Arthur Welch were hostesses to Hal Hibbard auxiliary U. S. W. V.

The program hour honored the birthdays of Lincoln and Washington, also the anniversary of "Sinking of the Maine," which played such an important part in the war with Spain. Mrs. Mark Baker won in a clever Valentine verse contest.

Guests present were Mrs. A. C. Arpke, Mrs. J. H. Crawford, Mrs. H. O. Miller, Mrs. Chas. Pauline, Mrs. E. J. Raymond, Mrs. Carlo Abrams, Mrs. Mark Baker, Mrs. E. E. Buckles, Mrs. Chas. McKinley, Mrs. Fred Thompson, Mrs. J. H. Arnold, Mrs. LeRoy Hewlett, Mrs. V. E. Newcomb, Mrs. Lulu Humphrey, Mrs. L. Mickelson, Mrs. Chas. Kinzer, Mrs. John Seymour, Mrs. M. E. Estes, Mrs. A. T. Woolbert, Mrs. John Bertelson and the hostesses Mrs. Walcher, Mrs. Hull and Mrs. Welch.

Central circle of Ladies' Aid of Jason Lee monthly meeting Thursday at parsonage. Mrs. Grace Kuscher and Mrs. C. J. Hazeman will assist hostesses—Mrs. Harry Gardner.

held Wednesday afternoon, February 20, in fraternal temple on Chemeketa street with the Sedgwick Woman's Relief corps as host for the gathering. The public is invited to be present.

The Pocahontas Ladies will sponsor their fourth card party today at 2 o'clock at the home of Mrs. William Albright, 425 Division street.

Mrs. E. B. Lockhart, accompanied by her daughter Pauline, were here for a short visit with her brother, Frank Meredith, over the week-end.

Mrs. Frank Meredith left for Portland Friday afternoon for a short visit.

The Carnation club will meet at the Fraternal Temple Thursday afternoon at 2:30 o'clock.

## JUDGE DELAYS HER MOVIE CAREER



Movie stardom for 16-year-old Helen Ruth Mann must be delayed until her father, in Texas, approves it, according to a ruling of Judge Arthur Keetch of the superior court of Los Angeles, Cal. It seems that Helen had to have the court ratify her film contract before it was legal because of her extreme youth, and the judge refused to sign because he objected to the clause which said her manager was to get 25 per cent of her earnings until she earned more than \$750 a week.

## Mrs. Craig Hostess at Attractive Bridge

Mrs. Dolph Craig entertained an attractive birthday luncheon in her home Saturday afternoon in honor of her sister, Miss Prudence Patterson.

The high score honor of the afternoon was won by Miss Helen Ramsden.

Miss Coughell and Miss Ramsden assisted the hostess in serving at the dainty luncheon which preceded an afternoon of bridge.

The guest group included: Miss Prudence Patterson, the honoree, and Mrs. Rex Adolph, Mrs. John Coughell, Jr., Mrs. Don Pritchett, Mrs. Ralph Jackson, Mrs. Frank Reinhardt, Mrs. W. C. Jensen, Mrs. Kenneth Wilson, Mrs. E. Purvine, Miss Josephine Baumgartner, Miss Pauline Knowland, Miss Helen Ramsden, Miss Claudia Plank, Miss Bernita Lamson, Miss Bertha Orford, Miss Katherine Hartley, Miss Edith Brang and Miss Margaret Breitenstein.

## Miss Wrenn Hostess For Bridge Tea

Honoring Mrs. Henry Kuck and Mrs. Herbert Ebert of The Dalles whose husbands are members of the legislature, Miss Etta Wrenn entertained at a charming little bridge tea in her home on Court street Monday afternoon. Two tables of bridge were in play during the afternoon.

A note of spring was introduced into the oriental atmosphere by the arrangement of fresh with English pussywillows and green tapers about the rooms.

The guest group included the two honor guests, Mrs. Kuck and Mrs. Ebert, and Mrs. E. C. Goodwin, Mrs. George Rossman, Mrs. McClure, Mrs. W. E. Hansen, and Mrs. Bright.

## Harmony in Stripes



The design of this silk crepe frock is a clever harmony in stripes. A scarf starts at the collar and rounds the back neckline. There is a small handkerchief pocket and the belt completes the costume.

## W. C. T. U. Gives Program Today

A number of interesting numbers have been planned for the Salem W. C. T. U. observance of Frances E. Willard Day and the celebration of the forty-seventh anniversary of the organization which will be held this afternoon in the W. C. T. U. hall at the corner of Ferry and Commercial streets.

The program will begin at 2:30 o'clock with a devotional service led by Mrs. Norman K. Tully. A number of Y. W. C. A. girls from Willamette university will sing "Follow the Glean." Mrs. Alice E. Dodd will speak on "Early Days in Salem and the Union" and a "Tribute to Frances E. Willard." Miss Ruth Howe will sing a solo, after which others may reminisce.

All W. C. T. U. members, past and present, and friends of the Union are invited to attend.

## Woman's Alliance To Honor Secretary

The Woman's alliance of the Unitarian church are planning a number of social activities in honor of Mrs. Minna C. Budlong, national field secretary of the Alliance.

Among the affairs will be a luncheon at the Gray Belle Thursday and a tea the same afternoon in the home of Mrs. W. E. Anderson on Court street at which Mrs. Budlong will speak to the group.

Mrs. Budlong, for ten years occupied in organizing and supervising libraries in North Dakota, is the author of an important book on library science which has been translated into the Japanese language for use as a textbook in that country. Mrs. Budlong is a member of the American League for Pen Women and was, for a number of years, executive secretary of the North Dakota state library commission.

The women of the Presbyterian church will entertain at an interesting tea-affair at the home of Mrs. H. J. Clements on 14th street Thursday afternoon.

A number of pleasant arrangements are being planned by the women of the committee in charge which includes Mrs. C. E. Sigmund, Mrs. J. J. Nunn, and Mrs. Charles A. Park.

In the receiving line with Mrs. Clements will be Mrs. Park and Mrs. Ford.

The Woman's Foreign Missionary society of Leslie Memorial church will be entertained at the home of Mrs. B. F. Pound, 1380 S. Liberty St., Wednesday afternoon. Mrs. Bohrnstedt will have the study hour. Mrs. John Huston and Mrs. R. Rasmussen will assist Mrs. Pound as hostesses.

Dr. Estella Ford Warner plans to leave Thursday for Central Point where she will spend a short time with Miss Mildred Carlton who will return to Salem with her.

## Peter's Adventures

NO CHAIN FOR POLL  
"There, I hope that will teach you a lesson, boy!" screeched the Parrot, furiously. "That first burr I threw at you for my captive sister's sake, the others are on my own account. I wish they had knocked your eye out, so I do."

"Polly, Polly, for goodness sake, stop that noise" (the bird was now making a furious racket) "and listen to me." Peter clapped his hands to attract the parrot's attention. "My Poll would not like it a bit if she knew you tried to hurt me. She loves you, you know, and wouldn't do a thing to harm you for all the world.

"You didn't wait until I could tell you that she does not always have a chain upon her foot. When the day is pleasant Poll rides upon my shoulder all over the farm. She and I are the best of friends and many are the good times that we have had together."

"Why didn't you tell me so in the first place?" demanded the Parrot, indignantly. "Why don't you loose her leg and let her fly about as she will? I don't believe you are telling the truth. I should hate you if I were the poor Poll you kept chained up like that."

Polly was glaring down at the boy with anything but a pleasant look in her eyes. She had something in her claw, and Peter suspected it was another cockle-burr and he made haste to answer her before she could throw it at him. "Now, see here, Poll, what I



## Cold Won't Bother Him This Winter!

Some men throw-off a cold within a few hours of contracting it. Anyone can do it with the aid of a simple compound which comes in a tablet form, and is no trouble to compound. Men and women ev-

Tuesday  
Chadwick chapter, O. E. S. regular meeting in the Masonic Temple, 8 o'clock.  
Salem music teachers 8 o'clock with Mrs. Henry Lee, 725 Stewart street.  
Frances Willard Day observance with program at 2:30 o'clock, corner Ferry and Commercial.  
Mrs. Prescott's Drama class at 7 o'clock in the city library.  
Y. K. K. Bible class social meeting at the parsonage.  
Writer's Section at 8 o'clock with Dr. Mary Rowland.

Wednesday  
South circle First Christian church all day meeting with Mrs. F. E. Birch.  
W. F. M. S. Leslie Memorial church afternoon with Mrs. B. F. Pound.  
Ladies Aid First Presbyterian church at 2:30 o'clock in church parlors.  
W. M. S. First Evangelical church with Mrs. Bewley at 2 o'clock.  
Presbyterian church school supper meeting for new church members.  
Sedgwick Woman's Relief Corps hostesses at benefit card party in fraternal temple on Chemeketa street.

Ladies Aid circle meetings of First M. E. church.  
Daughters of the Nile meet at 10 o'clock for sewing at Masonic Temple.

Thursday  
W. M. S. Mill street Methodist church evening sewing bee with Mrs. L. Rudie, 2145 State street.  
Faculty Women's club with Mrs. C. G. Doney at 823 South 12th.  
Presbyterian women's alliance tea with Mrs. H. J. Clements, 360 N. 14th.

Central circle Ladies Aid, Jason Lee church, meet at the parsonage.  
Carnation club at 2:30 in Fraternal Temple.

Friday  
D. A. R. silver tea at School for the Deaf. All women invited.  
Nebraska club get-together at 6:30 o'clock in Leslie M. E. church.

Saturday  
City Girl Reserve committee at Y. W. C. A., 12 o'clock.

## Wee Dancer Entertains At Fraternity Formal

Little Pauline Zoe Chambers, dainty little eight-year old pupil of Miss Barbara Barnes' dance studio entertained the members of the Tau Delta fraternity at O. S. C. and their guests last Saturday evening when she gave a number of features at the fraternity's formal dance. The numbers included a tap dance, acrobatics and a charming little encore.

Between 30 and 35 members of the Junior Epworth league of the Leslie Memorial church gathered at the J. W. Ritchie home, 1720 South Winter street, Friday night to enjoy a Valentine party and program. Miss Margaret Leavenworth is advisor and director of the junior league.

The Tied club will sponsor a benefit card party from 2 until 4 o'clock this afternoon at the Fraternal temple. The committee on arrangements includes Mrs. Sylvia Furlough, Mrs. Alice Davies, and Mrs. Lucille Thompson.

# Diet and Health

By Lulu Hunt Peters M.D.  
Author of "Diet and Health" and "Diet for Children"

## Broadening Hips

RAY, my private secretary—she's a girl—impressed by our writing so frequently on the need of periodic examinations, went to a physician yesterday and had a complete one.

She is in almost perfect health, but getting flabby and a wee bit broad around the hips from sitting so constantly during the day. I have been telling her she ought to do the Tummy Ten exercises and get in a little more walking, but you know the prophet is without honor or save in his own country. Now hearing the same thing from my friend, she is impressed.

Today she is going to get up every half hour or so, during her work, and stand up against a wall, with her heels, hips, shoulder and head touching the wall, for a thorough stretching. While sitting in her chair, every once in a while she is going to lean back, her shoulders and hips against the chair, and take deep breaths. And she is starting the Tummy Ten.

Before Ray began her secretarial work, she used to go in for a great deal of hiking, tennis, swimming and other athletic sports, and her musculature was in good shape. Doctor M. brought out this vital point to Ray: while there is very little wrong now, she has to think of the future; that she must establish habits that will keep her from getting heavy and flabby and under par.

All of those who sit a great deal of the time should do as Ray is doing. Our article on the Tummy Ten will be of benefit to all who need it.

F.—A very rough and dry skin may be due to harsh soaps or to exposure to wind and dust. Sometimes even without these agencies there may be a dry skin, and in such a case there is thought to be some disturbance of the internal glands. If the latter is true, it may be aided by proper medication. We must not forget that the glands and all the tissues of the body are disturbed by a wrong diet and other wrong hygienic habits.

A glycerine solution seems to be the best solution for most skins, but it may be very greatly diluted with water. Three of four parts of rose or distilled water to one part of the glycerine seems to agree with most. A little lemon juice can be used in this, and if there is itching, two or three drops

of carbolic acid to eight ounces of the solution can be added. This should always be applied after bathing, and before going to bed. Another way to use it is to pour a drop or two of the undiluted glycerine into the palm and add water from the tap.

A.—The eyes and eyelids are markedly affected by a diet which is too low in vitamin A. Analyze your diet to see if it is balanced. A. You undoubtedly have some sort of infection which lingers on, perhaps through your lowered resistance.

Until you can see an eye specialist, get a little tube of 1 per cent yellow oxide of mercury and rub it on the eyelids every night.

We have an article on common eye troubles, which gives a good eye wash formula, and an article on Balanced Diet which you may have.

Mrs. L.—No, cancer is not contagious. Sorry, I cannot answer your other questions in the column. You must go to your doctor for that.

Tomorrow: The Acid and Alkaline-Ash Foods.

Editor's Note: Dr. Peters cannot diagnose, nor give personal advice. Your questions, if of general interest, will be answered in the column. In turn, Requests for articles must be accompanied by a fully self-addressed, stamped envelope and 2 cents in coin for each article, to cover cost of printing and handling. For the pamphlet on reducing weight, 10 cents in coin, with fully self-addressed, stamped envelope must be enclosed. Address Dr. Peters, in care of this paper.



LULU HUNT PETERS, M.D.

## Mr. and Mrs. Eoff are Hosts at Smart Affair

Mr. and Mrs. A. C. Eoff entertained at a smart affair in the Joseph H. Albert home on North Winter street Monday night. Cards and dancing were the diversions of the evening.

The guest group included Mr. and Mrs. Richard Slater, Mr. and Mrs. Breyman Boise, Mr. and Mrs. Dolph Crank, Mr. and Mrs. Gus Hixon, P. D. Quisenberry, Dr. and Mrs. Milton Steiner, Frank Durbin, Jr., Frank Chapman, Mr. and Mrs. Fred Deckebach, Mr. and Mrs. Lewis Griffith and Mr. and Mrs. Bert Ford.

Mr. and Mrs. Errol Procter (Blanche Baker) are being congratulated on the birth of a daughter at their home in Portland Friday, February 15. Mrs. E. B. Procter and LaVerne went to Portland for the week-end to welcome the young lady.

## "WORTH WEIGHT 'IN GOLD"

## Verdict of Woman Who Tried Pinkham's Compound

Tully, N. Y.—"It hurt me to walk or sit down without help and I felt sick and weak. My mother-in-law took Lydia E. Pinkham's Vegetable Compound and she induced me to take it. I am now on the fourth bottle and have also used Lydia E. Pinkham's Sanative Wash. The medicines that will do for me what the Vegetable Compound and Sanative Wash have done are certainly worth their weight in gold. I think I have given them a fair trial and I expect to take two more bottles of the Vegetable Compound."—Mrs. CHARLES MORGAN, R. F. D. 1, Tully, N. Y.



that will do for me what the Vegetable Compound and Sanative Wash have done are certainly worth their weight in gold. I think I have given them a fair trial and I expect to take two more bottles of the Vegetable Compound."—Mrs. CHARLES MORGAN, R. F. D. 1, Tully, N. Y.

# ROTH'S

"Purveyors of Foods of Superior Quality"

## Demonstration All This Week!

Elsinore Line of Canned Fruits and Vegetables.

We invite you to sample this high grade line of canned goods

# ROTH'S

"Owners in Salem for 29 years"

# ROTH'S

"Purveyors of Foods of Superior Quality"

## Demonstration All This Week!

Elsinore Line of Canned Fruits and Vegetables.

We invite you to sample this high grade line of canned goods

# ROTH'S

"Owners in Salem for 29 years"

# "Ooh, Daddy, did you bring the Doughnuts?"

"Mother Said I Could Have Two Because They're Downyflake"

Mother knows that Downyflake Doughnuts are made from the purest of wholesome ingredients. She knows they are produced by a machine that automatically cuts the doughnut, fries and delivers it in a basket, untouched by human hands.

Serve them to the whole family, Mother. They are certain to prove a delightful as well as nutritious food. But be sure they're Downyflake.

Fresh daily at all leading food shops

# Downyflake Doughnuts

Cherry City Baking Co.  
For Sale By All Grocers

# Pape's COLD COMPOUND

to STOP a Cold

anywhere rely on this innocent but amazingly efficient little tablet.

You'll find it in any drugstore you visit, and for only 35c a package. Sore throat, or a stuffed-up head, even grippy colds won't worry you, once you experience this quick relief.

You Don't "dope" yourself when you catch cold; use Pape's Cold to take or to always have about

# Cold Won't Bother Him This Winter!

Some men throw-off a cold within a few hours of contracting it. Anyone can do it with the aid of a simple compound which comes in a tablet form, and is no trouble to compound. Men and women ev-