# Society News and Club Affairs

State Function Tucks, Pleats, Lace

#### To Celebrate Birthday

One of the most brilliant state functions of recent years will be celebrated at the Oregon state capitol tonight with Governor and Mrs. Patterson as hosts to the public in celebration of the seventieth birthday of the state.

At 8 o'clock the House and Senate will meet in the Hall of Representatives where they will convene in joint session with President Norblad presiding at which time a formal presentation of the office furniture for the Governor's office will be made by Percy A. Smith. Senator B. L. Eddy will make a short address on "Pioneer Oregon," "Oregon, My Oregon" led by Dr. H. C. Eppley and accompanied by the Infantry band will be sung by the audience.

Following this Governor and Mrs. Patterson will receive in his beautifully, newly fitted office on the second floor of the capitol building. Flowers and flags will add their grace and beauty. While guests are being received, the 186th Infantry band of fifty pieces will be playing in the rotunda and special numbers will be given by Dr. Epley's Boys Chorus from the lobby on the second floor.

Tho e in the receiving line will be Governor and Mrs. Patterson, Percy A. Smith and wife, President of the Senate A. W. Norblad and wife, Speaker of the House R. S. Hamilton and wife, Secretary of State Hal Hoss and wife, State Treasurer T. B. Kay and wife, and Adjutant General George A. White and wife. Col. Thomas E. Rilea will introduce the guests.

#### . Evelyne Ross Is Bridge Hostess Wednesday

Miss Evelyn Ross entertained at a bridge party Wednesday evening for the young set in the D. R. Ross home on North Cottage street. The occasion was Miss Evelyn's birthday anniversary. Nine tables of bridge formed the center of interest during the evening.

Red carnations, hearts and cupids used in clever decorative effects carried out the Valentine motif even to the pretty birthday ing First M. E. chusch. cake with its 17 red candles which held the place of honor between red tapers at the table.

oyl Braden, Eleanor Wright, Wilouise McDougal, Rutheda Jean Lunsford, Julia Maxine Myers. Fae Dris-Katherine Goulet, Velma May, Gertrude Winslow, Margaret Hazel Johnson. Claudia Bridge Hostess Dorothy Moore, Ellen Heminway, Myra Belt, Margaret Rean, Grace Elizabeth Holman, Margaret Engle, Mildred Simpson. Katherine Rowe, Dollie Morgali, Virginia Bright, Elizabeth and Edith Clement, Margaret Purvine, Virginia Holt, Audrey Allen, and Beryl Newton.

Woman's Benefit association will hold its regular business sure of the club group. meeting Thursday evening at Fraternal temple. All officers and guards are urged to be present for plans for the district rally are to be discussed. In addition to dren's' party is planned.



Tucking, pleating and lace are all used to make this pretty little evening georgette frock

> Social Calendar Thursday

Thursday club tea for wives of legislators at home of Mrs. C. P. Bishop Brush College Helpers,

Mrs. V. L. Gibson United Artisans Capital Assembly Valentine party at Friday

Epworth League First M. E. party in church parlors. Canton No. 11, Ladies auxiliary to Patriarc Militant benefit card party, I. O. O. F. hall, 8 o'clock.

of Prayer with all day meet-

Saturday

Sedgwick post and Woman's Relief corps 3 o'clock, colonial tea, McCornack hall.

#### Mrs. Woodworth

Mrs. J. L. Woodworth will be hostess this afternoon at an inter- Mrs. F. L. Miller, Mrs. A. A. Lee home on South High street. Three Margaret Sutherland. tables of bridge will be in play during the afternoon for the plea- Valentine Greetings

Friends will be glad to know hat Dr. J. O. Hall's condition is North 13th street.

#### Dietand Health Author of "Diet and Health" and "Diet for Children"

RELEASE SATURDAY, FEB-1C.), or equivalent in cream-for

The Daily Foundation Diet P.—If you are more nervous or fish or eggs (150 to 200 ( while dieting to reduce, it total.) may indicate that you are not dieting intelligently. Usually proximately to 800-1,000 C. That Monday Party

he foundation in reduc-

I'll run this again, for foundation for

ions, parsnips and squash-ap-curls much more than it did. O." lecture. proximately 100 C., without fat-THIRD: 200 to 300 calories of fruit. Good-sized orange, apple. scalp with your brushes, you training children to think for

You need it for lime and complete duce thinning and graying. FIFTH: One medium small potato, 100 C., or one large slice whole wheat bread, one-half inch

thick, same number of calories, or two-thirds cup of cereal. If you have starchy or sugary desserts.

omit these. SIXTH: One to two teaspoonfuls cod liver oil (35 calories each), or two to four cod liver oil or one tablespoonful butter (190

your supply of vitamin A. By LULU HUNT PETERS, M. D. SEVENTH: Protein. You must Author of "Diet and Health" and have more protein, besides what tour singing in the leading cities penter, absentee secretary and you get in the milk, so take three in Colorado, Iowa, Texas and treasurer. There has been a drive to four ounces of very lean meat Georgia.

> ne feels better will leave you quite a few more every way calories for the things you like. while on a re- But I advise you not to take Arrange your meals and menus to Church street, suit yourself.

Have you our pamphlet of instructions on how to gain and lose tiring officers was enjoyed by the weight? See column rules.

and drink milk at the same meal. Mrs. W. C. Pickens, Mrs. Cathereryone, reduc- Orange juice makes milk more ine Middleton, Mrs. B. E. Sisson, casily digested.

pound of some watery vegetables treatment of falling hair, and (the green leaf vegetables are est want to say that I have been very Saturday Afternoon pecially good)-lettuce, spinach, greatly benefited. I was not able celery, asparagus, watercress, beet to scrub my scalp with a brush evgreens, cabbage, tomatoes, ery day, as it was inclined to make the University of Oregon will adetc. A half pound of these, cooked it sore, but I did it once a week dress the American Association of or uncooked, without fat, approx- and used a salve, generally white University Women at its regular vaseline. My hair is coming in monthly luncheon Saturday at the SECOND: A half-pound of oth- thicker than it was before, and Gray Belle. Luncheon will be er vegetables-carrots, beets, on- although it was curly always, it served at 12:30 followed by the

pear-100 C, each. Best to take should begin very gently, and themselves." He will deal especlarge share of the vegetables and gradually increase in vigor and ially with the problems of older FOURTH: At least one pint of a daily cleansing, otherwise the skim or buttermilk in some form daily scalings accumulate—and Days Filled With -drinks, in cooking, or cheese, dandruff results. This may pro

> Bettor's Note: Dr. Peters cannot diagnose, nor give personal advice. Your questions, if of general interest, will be answered in the column, in turn Reconsts for articles. umn, in turn. Requests for articles must be accompanied by a fully self-addressed, stamped envelope and 3 cents in coin for each article, to sover cost of printing and handling. For the pamphiet on reducing and gaining, 10 cents in coin with fully self-addressed, stamped envelope, must be enclosed. Address Dr. Peters, in care of this paper.

#### Annual Open House At Lutheran Church

An event of the week in church circles is the annual open house of the Sunday school at the American Lutheran church at the corner of Chemeketa and Church streets, Friday evening at 7:15. All friends of the church and Sun- this year. Mrs. I. L. Patterson day school have been invited. A entertained at the Court apartseparate and distinct programs complimenting the wives of legisand entertainments will be going lators now in Salem. Many guests on at the same time in different came and went during the serv cooms of the social department of ing hours of the afternoon, each

Grading into the five depart- memory of a very lovely tea. ments will be by a special grading Barbara Frietchie Tent No. 2 committee at the door. Each re. entertained with a tea during the pective age is taken care of in a same afternoon serving between separate group entertainment. the hours of two and five at the At the close of the evening all Woman's club house, the rooms groups will unite for a joint sing of which had been beautifully ar-

and refreshments. One of the larg- ranged with spring flowers, puser affairs of the evening will be sy willows, red candles, and red the entertainment of a large group carnations. The dining room was at which Mrs. Arnold Krueger and color scheme. Mrs. Elton Thompson are hostess-

#### Smart Event Today

One of the most brilliant social One of the most brilliant social greetings were sent out to the Mrs. Louis Levents of the season will be the G. A. R. veterans all over the Mrs. William Lytle. tea affair this afternoon at the C. P. Bishop home given by the state, with special mention made Thursday club for the wives of elective officers of the state and Frietchie at Salem and special General White is Host the wives of the heads of institu- greetings.

Standing in the receiving line 175 guests which called during will be Mrs, E. C. Cross, president the afternoon was Oregon's first of the Thursday club, Mrs. W. E. lady, Mrs. I. L. Patterson. Many Kirk, secretary of the club, Mrs. others did as Mrs. Patterson dld. John H. Albert, Mrs. Carl Gregg and greatly enjoyed. Doney, and Mrs. Charles Park will preside at the nens. Acting on the dining room com- Lausanne "At Home"

mittee will be Mrs. Charles Spaul- To Be Celebrated ding and Mrs. Reuben Boise. Mrs. Prince Byrd. Mrs. Lewis Griffith, Mrs. Breyman Boise, and be at home to their friends and Hal Hibbard Guest serving in tthe dining room.

#### Bible Class Guest : Of Mrs. Waterman

The Woman's Bible class of Mrs. G. W. Prescott. First M. E. church held its regu- Those who will be in the receivchurches observe World Day . lar monthly social and business ing line to greet the guests insession at the home of Mrs. L. D. clude Dean Olive M. Dahl, Miss · Waterman Tuesday.

Many things of interest were Gregg Doney, Dean and Mrs. M. Order of Amaranth kid party • discussed. Mrs. Waterman was Erickson, Professor James T. Matwith L. P. Campbell's on assisted in serving refreshments thems, Ruth Margaret Hall and Mrs. Durkheimer, Mrs. Legge Mrs. Lausch, Mrs. Williams and quests will be Dortha Peters and Judge Rossman Speaks

Woodworth, Mrs. Charles Max- man of open house and those aswell, Mrs. John Robins, Mrs. O. sisting her include Margaret B. Blatchford, Mrs. N. S. Savage, othy Barber, Bernice Jackson and Mrs. G. F. Johnston, Mrs. H. F. Shanks, Mrs. R. K. Ohling, Mrs Fessenden, Mrs. A. Wood, Mrs A. M. Lausch, Mrs. Laura Clutter. esting affair when she will enter- Mrs. M. Durkheimer, Mrs. L. P. tain the members of her bridge Bennett, Mrs. S. R. Peck, Mrs. lub at a bridge luncheon in her H. H. Vandervort, Mrs. A. E. Hale, Mrs. Lena M. Lisle, Miss

#### For Mrs. J. A. Stewart

An unusual Valentine greeting lecture was received by Mr. and Mrs. Japan given and shown by Dr. F. omewhat improved, and that he James A. Stewart Wednesday G. Franklin, of Willamette unithe business meeting a real "chil is now at the Hall residence on evening from their son Blair Mr. Stewart sang over KOA to make a very interesting lecture from Denver, Colorado, Wednes- program with these pictures. a special Valentine greeting to his parents in Salem who were listen- of Highland school started the ing in on their radio with eager

ears for this promised message. ficers. Those elected were Lorna Mr. Stewart has been studying Barham, president; Louis Savage. in the east for several years and first vice president; Vera Powers, has developed a very fine lyric second vice president; Maxine saprano voice. Just now he is on Mamm, secretary, and Helen Car-

## G. K. P. Enjoys

G. K. P. club members had a delightful time on Monday evesweets and fats, because it is best ning with Mrs. W. F. Foster as to learn not to care for them. hostess in her home on North

tertainment provided by the regrous which included Mrs. K. H. Pickens, Mrs. Harry Harms, Mrs. P.—Yes, you can eat oranges Thomas Roen, Mrs. Dale Taylor, Mrs. J. F. Billiter, Mrs. H. S. Gile.

## INT PETERSMS least a half "I received your articles on the A. A. U. W. Will Have

Professor Howard R. Taylor of

Prof. Taylor will speak on the In beginning to scrub your subject of "What can be done in

## Social Activities

Yesterday and today have been and will be days of unusual social and will be days of unusual social activity. Among the affairs of yesterday were those of Mrs. Louis R. F. D. No. 2, Rose Hill, Iowa. Bean, Mrs. Curtis Cross, Mrs. F. S. Anunsen, and the senior high school.

This afternoon Wilda Fleener will entertain her set with afternoon bridge and this evening Winifred Byrd will give her concert at Corvallis.

#### Is Brilliant Event

Mrs. Seymour Jones and Mrs. Attractive Teas Hal Patton entertained with one of the most distinctive affairs of celery tips. the week at the home of Mrs. Patton complimenting Mrs. I. L. Patterson and Mrs. A. W. Norblad of

Delight Salem

Women

taking with them as they left the

were Mrs. C. N. Needham, presi-

Among the first of the some

The girls of Lausanne Hall will

to all friends of Willamette Uni-

Members of the faculty will

introducing

Ruth Margaret Hall is chair-

Y. M. C. A. Friday

Program of Interest

The regular Friday night pro

gram of the Young Men's Chris-

tian association will be one of in-

travel and enjoy pictures of others

are Mrs. Frank Leamer, Mrs. C.

Evelyn Lindberg.

Violet Beechler.

ning meeting.

Helped at

Change of Life

"Lydia E. Pinkham's Vege-

table Compound is a wonder-

ful medicine at the Change of

Life. I would get blue spells and

just walk the floor. I was nerv-

ous, could not sleep at night, and was not able to do my work. I know if it had not been

for your medicine I would have

been in bed most of this time

and had a big doctor's bill. If women would only take your medicine they would be bet-

Bridge was enjoyed during the feature of the evening is that five ment with a tea from four to six, ed by Mrs. Ellis Cooley. The serving table was beautiful with

Bridge prizes for the afternoon went to Mrs. Norblad who won high score and Mrs. Henry Cor-

Guests for the afternoon were the honor guests, Mrs. I. L. Patterson and Mrs. A. W. Norblad; Mrs. C. R. Eberhard of La Grande, Mrs. Gus Moser, of Portland, Mrs. Earl C. Bronaugh, Jr., of Portof young people and their friends done in yellow with daffodils and boro, Mrs. Lynn McCready of Euin th eclub rooms of the church yellow candles carrying out the gene, Mrs. E. Beveridge of Portland; and of Salem Mrs. George A. White, Mrs. John Rand, Mrs. Hostesses for this occasion T. A. Livesley, Mrs. W. Boot, Mrs. dent of the order, Mrs. F. A. Elliott, and Mrs. E. E. Berman. Mrs. Boise, Mrs. H. A. Cornoyer, Mrs. naw street. Mrs. W. Phillips, Mrs. R. P. with Mrs. John Skipp, 1630 Sagi-Boise, Mrs. H. A. Cornoyer, Mrs. naw street. Thursday Club Tea E. L. Stow and Mrs. Tyler Morley Hal Hoss, Mrs. John Scott, Mrs. served, Mrs. C. A. Arpke and Mrs. W. E. Burns, Mrs. George Waters, W. B. Johnston poured for the Mrs. John Albert, Mrs. William first hour and Mrs. Mellssa Per- McGilchrist, Mrs. George Rossson and Mrs. F. L. Waters during man, Mrs. George Vehrs, Mrs. Carlton Smith, Mrs. C. S. Hamil-A radio had been installed for A radio had been installed for the afternoon and at 4 o'clock B. Hill, Mrs. Louis Lachmund, and G. A. R. veterans all over the

### Informal Stag Event

General George A. White was host Tuesday night at an informal stag party for a group of 12. I. L. Patterson, and Mrs. C. P. went from one tea to the other so Governor I. L. Patterson, Senator Bishop. Mrs. Alice H. Dodd, Mrs. that the afternoon was very busy Norblad, Senator Klepper, Senator tor J. O. Bailey, Senator Joseph Dume, Senator Gus Moser, Senator Eberhardt, Colonel Rilea, Major Cowgill, John Bell, and General

#### versity, Saturday evening from Of Mrs. B. Walcher

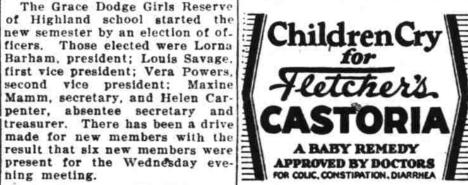
Hal Hibbard Auxiliary to the pour during the evening. These United States War Veterans will be the guests of Mrs. B. W. Wal-R. Monk, Mrs. Lestle Sparks and cher at her home 1570 South Commercial street Friday afternoon. This is a regular business ind social meeting for the month. Hostesses for the social hous-Lelia Johnson, Dr. and Mrs. Carl who will assist Mrs. Walcher are drs, O. J. Hall and Mrs. Arthur

#### Congregational Dinner

The second of the twice a month W. Emmons, Mrs. I. S. Green. Klein. Mary Ann Morange, Mar- dinner events which are "Church Mrs. W. R. Surrey, Lebanon, Mrs forie Nelson, Helen Hughes, Dor- Nights" for the Congregational people was celebrated at the church Wednesday night. At the close of the dinner Judge Rossman of the Oregon supreme court reviewed the book "Impatience of a Parson" by Rev. Shep-

herd. Two reports were given by representatives who attended the Forest Grove conference of last "There's a Rainbow Around My

terest to those people who like to Shoulders." "Sonny Boy," and from station KXL tonight at 7 o'clock. This is the second time versity. Dr. Franklin has visited that Salem's young vocal artist Stewart who will be well remem- the places which will be shown has appeared at the Rose studio. bered by hosts of Salem friends. Friday night and is able therefore He has been singing before Salem audiences since he was 21/2 years



# SUGAR IS BOON

The Truth About Sugar and Tooth Structure

There has been so much talk in this country about teeth that we recently asked an outstanding denal authority to discuss dental care

from the standpoint of sweets. "Sugar in the diet," he says, "has no effect on the tooth structure of either child or adult. Wherever people have poor teeth, it is not a case of sugar but due to some other cause which sufficient study would

It may be heredity or faulty diet during childhood or later. Children, in order to develop good teeth and bones, must have the vitamins and minerals of milk, cereals, fruits and vegetables. Adults must continue to include these in their diet f the teeth and bones are to remain Note how sugar may actually be

help to good teeth. It encourages children and adults to eat the needed foods. Sugar makes milk, in milk-shakes, and also cereals. fruits and vegetables delicious. People will eat foods that bring pleasure, and sweetness develops the fine flavor of healthful foods. No sweet or starchy food, or other food, must be permitted to the teeth clean, see a dentist regularly, and balance the diet with milk, cereals, fruits and vegetables.

Sugar makes dieting for good teeth

a pleasure. The best cooks are gen-

erous with sugar. The Sugar

Institute.-adv.

# Afternoon Affair Household Hints

German Veal Stew-Sprinkle a breast of veal with salt and ginger. Slice an onion and fry it in butter with a little parsley and

When hot put in the breast of veal. Cover tightly and brown the veal in the same fat. Add half a cup of canned tomatoes and a very team marked Lincoln's birthday afternoon with tea served at a little hot water. Cover and cook late hour by the hostesses Mrs. slowly for two hours, turning the Jones and Mrs. Patton and assist- meat frequently. Thicken the gravy with-flour rubbed smooth its red carnations and very tall, in a little cold water. Season slender candle sticks of old sil- with minced parsley or caraway the gentlemen can't see you, chase any other Partridge out of seed, boil up once and serve.

> Spanish Stew-Use one and a half pounds of short ribs of beef. boil and cook for two hours. Ad I go on with the performance." a can of tomatoes, three large onpinch each of sage and celery seed. started, this time heading straight now. But as I was saying, not quarter of the peel of an orange, for the heart of the woods. two bay leaves, a pod of red pepland, Mrs. R. F. Peters, Hills- per and two cups boiling water. Cook half an hour, strain, skim, and her brood hurried along. No denly, Besides, I should not be at thicken the gravy, season to taste, sooner had they entered the woods all surprised if my good husband pour over the meat and serve.

The club of the Auxiliary to the

#### Peters Adventures WEST TORRING

· PLANNING TO PEEP

young birds set up a cry.

there was going to be anything fault with our admiring them.

worth seeing, he wished to see it. belong to the Grouse family, an "Do you mind if I go along, so you will have to be extra car too" asked he of Mother Grouse. ful.

The boy promised to be as still year. ions chopped fine, six cloves, a as a mouse, and off the party "Mr. Partridge isn't jealous

than mother held up a warning was already a bit provoked at you

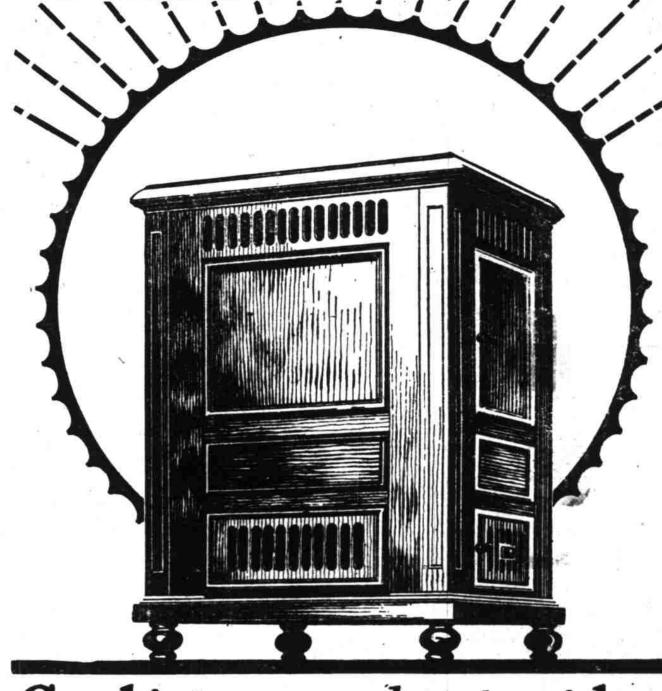
H. T. Love, Mrs. E. E. Bragg. Sons of Veterans will meet Friday step, and don't scuffle the leaves feel like talking to a stranger."

Dress rehearsal! What in the among the trees and it is there, world could Mother Grouse mean. about the big gray stump, the the Before Peter could ask her, the Cock Partridges are giving their party. They do not ask the 1 oth-"Oh, let's go; let's go!" cried ers and the children to thes af-Fear-No-Harm, and all the little ternoon affairs (afraid the hildred will get underfoot, I sippartridges said so, too. Peter did- pose) -but if we do nothing to n't want to be left behind. If disturb them they will not ind

"Not if you'll be very, very "My husband has a quick tem quiet and stay out of sight, where per-you just ought to see him chirped Mother Grouse, after his domains in the summer. Now. thinking a moment. "You see, the that it is autumn, he gets along men have no idea who you are, very well with the neighbors-the and catching sight of a stranger children are grown up, you see, so Put into a saucepan with two in their midst might upset them he hasn't them to worry about. I quarts cold water, bring to the dreadfully. I doubt if they would hate fights, and that is why I like

> The drumming grew louder as there is no telling what he would the boy with Mother Partridge do if he caught sight of you sudfor disturbing him this afternone. "Remember, boy, watch your He ran away because he didn't

> > Next: "The Uninvited Guests.



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