

Society News and Club Affairs

OLIVE M. DOAK, Society Editor

Writers' Club Gaining In Interest

That the Writer's club is gaining in interest was demonstrated Tuesday evening by the unusually large group of members and guests who were present at the regular meeting of the club in the social room of the Salem Public Library.

Miss Sara Wrenn presided during the program hour which Dr. F. G. Franklin opened with the reading of his article against the cruiser bill; Mrs. Blanche M. Jones read a poem, "Lavender," and reviewed "The Way of a Sailor," by Albert Richard Wetzel.

Perry Reigelman, but recently returned from a visit of several months in California, described the Siakiyou mountains in northern California. Miss Renka Swart spoke of the article describing her shop window at Christmas time written by Mrs. W. F. Fargo and sold to the Cook company.

Mrs. F. G. Franklin gave her review of "The Creative Spirit," by Charles Rollo Brown which has been published in the bulletin for alumnae study at her alma mater college at Ohio.

Mrs. Ora McIntyre and Miss Lucy Higgins read groups of original verses and gave book reviews and Mrs. G. W. Prescott gave a Mencksen review.

A resolution of sympathy was passed for Mrs. B. L. Steeves who has been ill for a number of months.

Miss Renka Swart and Miss Lucy Higgins served refreshments to the group following the program.

Mrs. Prescott's mother, Mrs. Cox, was a special guest for the evening. Miss Olive Doak and Miss Gilliam are the two new members of the club.

Dr. Mary C. Rowland will entertain the members of the club at the next meeting.

Benner Musical Group Will Give Program

Under the auspices of the Institution department of the Women's club, the Benner Musical Group will present a musical program at the Girls' Training School Friday evening.

The program will be as follows: Violin solo "Plynski"; Piano Solo "March Fantasia"; Violin Solo "The Country Store"; Reading "The Country Store"; Violin Solo "Cavatina"; Vocal Solo "From the Land of the Sky-Blue Water"; Violin duet "Angels' Voices"; Dalbert Jensen; Charles Nadvornik; Charles Nadvornik; Vivian Benner; Charles Nadvornik.

The old-fashioned costume party made the Yomarcos class party of the First Methodist church one to be remembered by 40 guests Tuesday evening at the home of Mr. and Mrs. B. E. Sisson.

A debate on the question of style caused much amusement and created no little interest. Mr. Sisson sang several solos for the pleasure of the club. Refreshments suggesting the approach of Valentine's day were served at a late hour.

The Royal Neighbors of America will hold a district convention and school of instruction at the Fraternal Temple February 11. The state supervising deputy, Ida Hamblen, will be present for the convention. All Royal Neighbors are cordially invited.

Peter's Adventures

TWELVE WHERE NONE HAD BEEN. "Fine, Boy," said Mother Grouse to Peter at Peter's promise to make himself scarce. "Let's see you do it."

The boy needed no further invitation. Turning his back squarely upon Mother Grouse, off he walked, and slyly slipped behind the

wide, sheltering oak, peeping around its trunk, but taking good care not to move a muscle. When she was sure that he was out of sight Mother Grouse gave a queer call.

"Click," cried she, and Peter, who understood Partridge talk, knew at once that she said, "Click, click, click, click, click. All safe. Come here at once!" Mother Grouse gave a sec-

Movie Fashions

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Mrs. Hewitt Hostess At Valentine Bridge

Mrs. R. R. Hewitt entertained with an attractive Valentine bridge tea Wednesday afternoon in her home on Chemeketa street.

The three tables of bridge were attractively decorated with red carnations and pussy willows in keeping with the Valentine motif.

During the afternoon Mrs. Sheldon Sackett sang a group of numbers. At the tea hour the hostess was assisted in serving by Mrs. J. O. Turner and Mrs. A. A. Siewert.

Awards for high scores of the afternoon went to Mrs. C. F. Glese and Miss Pennington.

The guest group for the afternoon included Mrs. C. F. Glese, Mrs. P. J. Meaney, Mrs. W. J. Liffelquist, Mrs. R. C. Hunter, Mrs. Guy Smith, Mrs. J. O. Turner, Mrs. Sam Laughlin, Mrs. A. A. Siewert, Mrs. Sheldon Sackett, Miss Pennington, Mrs. John Heltzel, and Mrs. Lee Urub.

LaMere Club Members Guests at Luncheon. Mrs. Earl A. Gregg and Mrs. Clifton Mudd entertained the members of the La Mere club Tuesday afternoon with an attractive Valentine luncheon in the Gregg home on South Church street. Covers were laid for 14.

An unique feature of the afternoon was the presentation of a comedy skit by Mrs. K. H. Pickens, Mrs. W. J. Nelson, and Mrs. Virginia Mudd. The skit was followed by cleverly arranged contests and games.

The club members include Mrs. B. J. Eilers, Mrs. Harry Harms, Mrs. Frank Strubbe, Mrs. D. R. Peterson, Mrs. Theodore Roth, Mrs. K. H. Pickens, Mrs. Charlie Davis, Mrs. Ed Shunke, Mrs. Harry White, Mrs. E. H. Bingenheimer, Mrs. Karl Huber, Mrs. Floyd White, Mrs. W. J. Nelson, Mrs. Clifton Mudd, Mrs. Earl Gregg and Mrs. Wilmer McClaren of Albany.

The Women's Foreign Missionary society of the First Baptist church will meet with Mrs. Bronchus at 2:30 Friday afternoon in her home at 825 North Liberty street. All the women of the church are invited to attend.

SOCIAL CALENDAR

Thursday. Beta Chi mothers meeting, postponed. Carnation club, Fraternal temple.

U. S. Grant Circle, No. 5. Ladies of the G. A. R. meet at 2 o'clock in the armory. P. E. O. chapter G. Mrs. W. W. Moore, 2:30. Mrs. Floyd Payne joint hostess.

High school debate, high school auditorium, 8:00 o'clock. Ladies Aid society of Relief corps, Mrs. La Bare, 2:00 o'clock.

Westway club of Women Benefit association at 2:30 with Mrs. Rosella Crosson, 1530 South Commercial street.

Friday. Montana club to meet at Parish hall between Church and High on Chemeketa covered dish dinner, program.

Knights of Pythias special meeting, Feb. 5 at 8 o'clock in Fraternal temple. Barbara Fritchie Tent No. 2, 8:00 o'clock. Woman's clubhouse.

W. M. S. of First Baptist church at 2:30 o'clock with Mrs. Bronchus, 825 North Liberty.

Saturday. Inter-society open house at W. U. Knights and Lady Macca-begs Miller's Hall, 8 o'clock. District meeting.

Salem Artist Attends Musical Affairs. Miss Elizabeth Levy returned Wednesday from Portland where she attended the reception, Monday night given in honor of Miss Barbara Lull, a former Portland girl, who appeared as the soloist with the Portland Symphony.

The guest group for the affair in her studio in the Fine Arts building, Miss Levy and Miss Alma Weller also attended the reception Tuesday night following the Pro-Musical recital of Arthur Honegger in the Little Theater of the Studio building, where Miss Lull was again an honor guest with Mr. Honegger, his wife, Madame Andre Vaurbourg, and Madame Cobia Wright, soprano, who appeared in the program of which Mr. Honegger composed.

Mr. Honegger is an ultra-modern composer of music almost wholly without melodic beauty or mere tunelessness but with a message that comes as a surprise element.

Miss Levy was a house guest of Mrs. Ben Levy during her visit in Portland.

The campaign luncheon of the Y. W. C. A. was enjoyed by some 75 guests Wednesday at 12:15 at the Young Men's Christian association building. E. Mrs. W. C. A. presided. Mrs. Carl Gregg Doney read the devotionals after which J. A. Swope, president of the Lions club addressed the campaign workers.

Mr. Swope in addition to emphasizing the civic need of such an institution as the Y. W. C. A. which can reach out and care for girls and women who need that care in time of stress or misfortune, also touched the hearts of the organization members by assuring them that Salem needs a Y. W. C. A. building even as the Y. W. C. A. needed a building and that the Lions club and the business men of Salem would like to see such a building built.

Report of the captains showed a total of \$1395.25. According to the report read, Mrs. M. B. Wagstaff, \$176.25, Mrs. J. C. Tibbitts, \$20, Mrs. A. Swope, \$48.50, Miss Dorothea Steuloff, \$71.50, Mrs. Webster, \$41.50, Mrs. Sheldon Sackett, \$21.00, Mrs. F. E. Erickson, \$296.50, Mrs. E. T. Barnes, \$382.00.

Those serving were: Mrs. Harry Hawkins, Mrs. David Wright, Mrs. W. Connell Dyer, Mrs. T. A. Roberts, Mrs. B. B. Plack and Mrs. Glenn C. Niles.

A touch of velvet, in the form of a tie or sash, lends piquancy to dresses of printed chiffon.

GROWING LADS NEED FOOD FACTS

Parents Should Explain the Place of Sugar in Nutritious Diets

Thoughtless parents sometimes tell their children that sweets are bad for them. This is misleading. An eminent specialist states positively that it is not good sense to deny children sugar. Sugar may properly form a part of the regular diet in the kitchen and on the table.

Proper nutrition to children is so important that patient parents take the time and the trouble to explain it in detail. Medical authorities are warning the public these days to see that growing children and young people understand the importance of eating enough nourishing food.

Young girls must be watched or they will become victims of the dangerous craze for slimness, coming thereby easy prey to tuberculosis and other diseases.

Teach your children that it is dangerous not to eat plenty of body-building, health-giving, energy-developing foods. Sugar is invaluable in making all kinds of healthful cereals, fresh and canned vegetables and fruits more palatable and enjoyable.

Children will eat nutritious foods with more zest if they are properly sweetened with nature's ideal flavor. Sugar is food in its least expensive form. Modern candies containing nuts, fruits, milk, chocolate and sugar make excellent desserts. Most foods are more delicious and nourishing with sugar. The Sugar Institute, adv.

Guild Dances Brilliant Affair

Quite the most brilliant event of the social season was the benefit dance given by the Guild of St. Paul's church in the Castilian hall Wednesday evening. The assemblage was gay and scintillating, in accordance with the precedent of former years.

Among a number of dinner parties that preceded the Guild dance were those of Mrs. Hollis Huntington and Mrs. R. G. Brady in the Brady home and Dr. and Mrs. David Bennett Hill in their home on South Church street.

Following the dance Dr. and Mrs. William Lytle were hosts at an interesting supper in their home on North Summer street for a large group of society folk.

Mrs. William Lytle acted as chairman of the general committee on arrangements.

The committee in charge of the ticket sale included Mrs. Margaret LeFurgey, Mrs. Louis Lachmond, Mrs. J. E. Law, Miss Sarah Lansing, Mrs. Henry W. Meyers, Mrs. Philip Newmeyer, Mrs. Hal Patton, Mrs. A. C. F. Terry, Mrs. D. C. Roberts, Mrs. Homer Smith, Mrs. Carlton Smith, Mrs. Fred Thielson, Mrs. William Walton, Miss Nell Thielson, Mrs. E. E. Bragg, Mrs. George White, Mrs. R. G. Brady, Mrs. Russell Catlin, Mrs. John Caughill, Mrs. H. E. Cornoyer, Mrs. H. D. Chambers, Mrs. Mary Chadwick, Mrs. D. Westcott, Mrs. E. V. McMath, Mrs. Llan W. Nesmith, Mrs. Keneth Wilson, Miss Vivian Oates, Miss Gladys Richards, Mrs. Elizabeth Gatch and Miss Jean Shipp.

Mrs. Cooley Hostess To Art Club Group

Mrs. Ellis E. Cooley entertained the members of her art club Tuesday evening in her apartment at the Royal Court.

After an evening spent in painting and in art work the hostess, Mrs. Cooley served the guest group with a dainty lunch.

The members of the club include Mrs. Theodore Chalmers, Mrs. Kenneth Bell, Mrs. Wilbur Daily, Mrs. S. W. Starr, Mrs. Armin Berger, Mrs. Daryl Proctor, Mrs. Vic McKenzie, Mrs. R. H. Martin, Mrs. E. C. Purvine, and Mrs. Ellis Cooley.

Pretty Luncheon is Event of Today

Mrs. H. A. Cornoyer will entertain this afternoon at a bridge luncheon in honor of Mrs. Joseph Beveridge of Portland who is here for the duration of the legislative session with her daughter, Mrs. E. J. Law.

Covers will be laid for 24 at the charmingly appointed luncheon table decorated with a dainty arrangement of spring flowers and pussy willows.

Mrs. T. M. Barr entertained members of the U. D. club Tuesday afternoon at her home on North 14th street. Mrs. August Huestein was a special guest for the afternoon. Mrs. Frank Albrecht won high score and Mrs. L. DeMyt won second high score.

The Auburn Community club will hold the regular meeting at the Auburn school house, Friday evening at 8 o'clock. An interesting program is being arranged.

Complimenting Mrs. Milton Steiner, Mrs. Curtis B. Cross will entertain at luncheon this afternoon at 1 o'clock in the Cross home on Lincoln. Mrs. T. A. Mize, 1611 Adams Street, Denver, Colorado.

Sherwin - Mihnos Wedding Event Of Wednesday

At a quiet ceremony in the home of her parents, Mr. and Mrs. F. E. Sherwin, Miss Ruth Sherwin was united in marriage to Dr. Frank Mihnos of Portland Wednesday afternoon at 4:30 o'clock. Dr. Harold Leonard Bowman officiated before the small group of intimate friends and relatives.

The bride was charming in a lovely bouffant gown of white satin and point de pris lace, fashioned with uneven hemline that hung low in the back after the period style. She carried a bride's bouquet of pink rosebuds and white sweet peas.

Miss Dorothy Metaker of Portland attended the bride. She was attractive in a bouffant gown of shell-pink taffeta and carried a bouquet of pink sweet peas and fuchsia.

The bridegroom was attended by Horace Coshow of Portland. Immediately following the service a wedding supper was given to the young couple to which the Portland guests for the wedding were bidden.

Pink carnations, acacia, heather, ferns and palms were arranged decoratively about the rooms of the Sherwin home.

Dr. and Mrs. Mihnos will be at home to their friends at 84 McClay boulevard at Portland after March 15, following a wedding trip in Canada.

Kappa Alpha Theta Guest of Mrs. Keene

Mrs. Harry Hawkins will entertain the alumnae of Kappa Alpha Theta at its next meeting as it was decided at the informal meeting of Tuesday evening with Mrs. Roy Keene.

Those present for the evening were Mrs. Clifford Brown, Mrs. Tom Wood, Mrs. Richard D. Slater, Mrs. Harry Pinkerton of Dallas, Mrs. Meryl McKelvey, Miss Edith Bragg, Mrs. Sterling Smith, Mrs. George W. Hugg, Mrs. Harry Hawkins, Mrs. Foster Cone and Mrs. Roy Keene.

Concert Engagement Is Postponed

The Corvallis concert engagement which was to have been filled by Miss Winifred Byrd has been postponed until February 14 because of the death of Dr. Bird.

Miss Byrd was to have played in Victoria Monday, but this date too has been changed, although not definitely settled as yet.

HELPED DURING MIDDLE AGE

Woman Took Lydia E. Pinkham's Vegetable Compound

Denver, Colo.—"I have taken six bottles of Lydia E. Pinkham's Vegetable Compound and will take more. I am taking it as a tonic to help me through the Change of Life and I am telling many of my friends to take it as I found nothing before this to help me. I had sleep and for two years I could not go down town because I was afraid of falling. My mother took the Vegetable Compound years ago with good results and now I am taking it during the Change of Life and recommending it."—Mrs. T. A. Mize, 1611 Adams Street, Denver, Colorado.

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Former Salem Folk Announce Marriage

The announcement of the marriage of Miss Florence Shirley and John Medler, business man of Lebanon, Oregon, comes as a complete surprise to their Salem friends. Mrs. Medler is the daughter of Mrs. Marie Wyatt of Salem. Mr. Medler is the son of Mr. and Mrs. Frank Medler, also of Salem.

Both of the young people are graduates of Willamette university where Mrs. Medler was a member of the Beta Chi sorority. After her graduation from the university, Mrs. Medler went to Chicago where she graduated from the American Conservatory of Music. She has been teaching at the Willamette college in Missouri.

Mr. Medler joined Mrs. Medler early this week in Spokane on her return trip to the west. They are expected to arrive in Salem some time today.

Household Hints

This is a day's menu planned for four people, two adults and two children, but I am sure we could have a guest or two for the noon meal, and safely invite them to stay to supper.

MENU HINT. Breakfast. Orange Juice. Cereal with Cream. Crisp Bacon.

Toast Raisin Bread with Honey Coffee. Dinner at Noon. Chicken with Dressing. Cranberry Sauce.

Celery. Candied Sweet Potatoes. Apple Pie. Coffee.

Baked Beans. Catsup. Lettuce Sandwiches of Whole Wheat Bread. Lemon Gelatin.

Cocoa. Scotch Cookies. Butter. Scotch Cookies.

Today's Recipes. Baked Beans—Wash and cook two cups of navy beans until tender. Add three medium sized onions chopped fine, one cup of canned tomatoes, three slices of bacon cut in small pieces, one half cup of dark molasses or brown sugar, salt to taste. Place in well greased baking dish and brown in moderate oven.

Butter Scotch Cookies—Two cups of brown sugar, one cup of butter, two eggs, cream well. Sift together four cups of pastry flour, one teaspoon cream of tartar, one teaspoon soda, one teaspoon salt. Add one teaspoon of vanilla and one cup of chopped walnuts. Mixture is very stiff. Bake about

one hour in a bag and from six to eight quarts of water. Ten quarts of punch should be provided if there is dancing, otherwise about six quarts will be sufficient.

Onion Juice. When you want to draw juice from an onion, cut a slice from the root end, draw back the skin and press the onion on a coarse grater in a rotary motion.

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Diet and Health

By Lulu Hunt Peters M.D. Author of "Diet and Health" and "Diet for Children"

Foot Callouses. Mrs. T.—Callous spots on the bottom of the feet indicate that there is a degree of falling of the anterior arch (the one across the toes), so that the sole of the foot gets too much pressure. You may have to wear an arch support and take special exercises of the feet to remedy this and, of course, wear correctly fitting shoes.

Mrs. K.—While the ordinary type of constipation—which is due to too little roughage and too little exercise—is benefited by the addition of roughage, the spastic type is made worse, for in the spastic type the intestines are easily irritated and bran and other roughage cause more spasms and irritation, thus more constipation. Even vegetables should be purged to eliminate the fibers, until the condition is overcome.

Our article on constipation takes up the spastic type. "I am a young man and my ears stick out just enough to be noticeable, and this is very embarrassing. Can you recommend some doctor or concern that put out a device for such ears?"

There is no device that will shape the ears after babyhood or early childhood. The only thing that can be done now is plastic surgery. If you do not know the surgeons in your locality who specialize in this work, ring up your County Medical society and ask for a list.

Babies who have protruding ears should wear little tape caps to hold them down always when they are lying down. During childhood they must be taught to put their caps and hats on over their ears and not to use them for perambulators for the headgear.

Just Eighteen—There may be discharge from the mucous membranes from any inflammatory condition, or sometimes simply from general run-down condition and from deficient diets. You must see your physician about your condition. You should see a physician, anyway, as you expect to be married. I am sure from your description that you have contracted any disease.

Tomorrow: Answers to Mother's Questions.

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