

# Society News and Club Affairs

OLIVE M. DOAK, Society Editor

## Ladies Auxiliary Installs New Officers

Installation of the Ladies auxiliary of the L. O. O. F. was held at the fraternal temple Thursday evening with Captain Elsie Townsend, junior past president, serving as installing officer, and Major Alma Henderson, adjutant, Grace Webber, chaplain, and aides Clara Willis, Linnie Simmer, Avis White, and Lilly Fleener.

## Bona Tempo Members Have Luncheon

Mrs. Frank Nelswander entertained the members of the Bona Tempo club at a 10 o'clock luncheon in her home on Mill street, Thursday. The afternoon was spent in playing bridge. High score was won by Mrs. C. I. Moffatt, and second by Mrs. E. A. Donnelly.

## Mrs. Hudkins Hostess To Kensington Club

Mrs. Charles Hudkins was hostess to the members of the Kensington club for an afternoon of sewing and conversation in her home on South Commercial Thursday.

## Dean of Women at Monmouth Better

MONMOUTH, Jan. 25.—(Special)—Miss Jessica Todd, dean of women of Oregon Normal school, who was taken to a Portland hospital more than two weeks ago to receive treatment for injuries sustained in an automobile accident January 4, is making steady improvement.

## Polk County Issues Licenses to Marry

DALLAS, Jan. 25.—(Special)—Marriage licenses were issued during the week by County Clerk Black as follows: James E. Watson of Dallas and Mrs. Hattie Burns III of Portland; Arthur Sprout of San Francisco and Lucy Needham of Salem.

## The Salem W. C. T. U. is Making Plans for a State Legislative Institute

The Salem W. C. T. U. is making plans for a state legislative institute to be conducted by the state officers and directors of the organization Thursday, January 31, at the Elks club in Salem.

## The Ladies Aid of the First Methodist Church have announced that they will hold a turkey dinner at the church Wednesday evening.

## The Three Links club held a potluck supper Friday evening in the fraternal temple in connection with the Willamette encampment.

## The Chemeketa chapter of De Molay are planning a grand public installation on February 15 at the Masonic temple.

## Mrs. E. C. Goodwin has returned from Portland where she has been with her niece, Mrs. Frederik Helghe, while Mrs. Helghe's mother underwent an operation at St. Vincent's hospital.

## The Women's Relief corps will present a flag to the Calvary Baptist church at its Sunday morning service January 27.

## Mr. and Mrs. B. C. Miles have just returned from a visit of a few days at the Mile's Lumber camp.

## Friends of Mrs. O. P. Hoff, house chaperone for the Alpha Phi Alpha sorority will be glad to learn that she has recovered from her recent illness.

## Cellist



Miss Ida May Mathews, cellist appearing with the Harmony Trio Monday night.

## MacDowell Club Presenting Program

The Salem MacDowell club will present the Harmony Trio in an interesting musical program at the studio of Professor Roberts in his home on North Winter street Monday evening. Professor Roberts will assist with the program with some organ numbers on his studio pipe organ.

The Harmony Trio includes Miss Iva Claire Love, violinist; Miss Ida May Mathews, cellist; and Miss Ruth Bedford, pianist.

## Defendant Winner in Suit Brought by Salem Firm

DALLAS, Jan. 25.—(Special)—In the case of Verd Schruk of Independence against Hawkins & Roberts, the jury returned a verdict for the defendant, Schruk when he ran into some horses owned by Hawkins & Roberts, which were being driven toward Independence at night.

## Dallas I. O. O. F. Visit Monmouth

DALLAS, Jan. 25.—(Special)—La Creole encampment of the I. O. O. F. lodge of Dallas went to Monmouth Wednesday night and participated in a joint installation service with model encampment of Monmouth.

## Dallas Woman is Ill at Home of Her Son

DALLAS, Jan. 25.—(Special)—Mrs. I. E. Tetherow has been quite ill and is at the home of her son, F. J. Holman, in Washington.

## Wedding Unites Popular Couple

DALLAS, Jan. 25.—(Special)—At the home of Mrs. Mollie Muscott, 606 Hayter street at 4 o'clock Wednesday afternoon, Justice of the Peace Charles Gregory united in marriage Ed Watson and Mrs. Hattie B. Hill at 5:00 o'clock. Mrs. Muscott served a four course wedding dinner.

## Peter's Adventures

WHY THE TURKEYS DIDN'T DROP DOWN

SEVERAL times Peter had dropped off into a doze and Gobbler had awakened him up, muttering, "Nothing to look forward to. At last the boy became out of patience.

"Thank goodness I do not belong to the tame Turkey family. If that is the way you all go on when you are worried about anything," said he.

"If I were you I would not look for trouble. Let it come hunting you, if come it must.

"Here you have weeks and weeks to be happy in before Thanksgiving arrives, and nine chances out of ten you will never lose your head at all. Who is going to catch you to chop it off I should like to know!

"You are not in the barnyard any longer, remember that! You have joined the Wild Turkeys.

- Social Calendar Saturday: Woman's club, 3:00, club-house, N. Cottage, Rep. Lee, speaker. Leslie G. R. doughnut sale. Last day of ticket sale for Y. W. membership banquet. Phone reservations before 12.

## Girl Reserve Group Has Successful Sale

The girls of the Leslie junior high reserve group have aroused considerable interest by the resourcefulness and energy with which they set out to make their doughnut sale of today a success.

## Reservations for Y. W. Banquet Numerous

The Y. W. C. A. membership banquet Monday night at 6 o'clock will be held in the First Presbyterian church, contrary to previous announcements.

## Bear Home Scene Of Dinner Party For Turner Folk

TURNER, Jan. 25.—(Special)—Mr. and Mrs. C. A. Bear entertained with a dinner Wednesday evening. Covers were laid for Mr. and Mrs. M. A. Hill, Mr. and Mrs. J. Barber, Mr. and Mrs. O. P. Given, Mr. and Mrs. L. D. Roberts, Mr. and Mrs. J. Deunham, Mr. and Mrs. U. Deuyter, Mr. and Mrs. Scott Dunston, Mr. and Mrs. George Slymer, Mr. and Mrs. D. Herrling, Mr. and Mrs. E. C. Bear, Miss Given, L. Larson, Master Var-nal Denham, Mrs. A. L. Bear, Kenneth and Willard Bear and the hostess, Miss Given, furnished music for the occasion.

## Death Lays Claim Stayton Woman

STAYTON, Jan. 25.—(Special)—Mrs. Charles Hattinger, died at her home north of town Thursday morning. Death was due to diabetes and complications. She was about 56 years old and beside her husband is survived by four children, Mrs. Theresa Benedict of Portland; Mrs. Grace Dil-ly of Sublimity; Rosa Beatrice of Stayton; and a son, Fred, at home, also three grandchildren. Funeral services will be held at the Catholic church at Sublimity Saturday at 9:30 a. m.

## Dallas Boys Get Fines For Booze

DALLAS, Jan. 25.—(Special)—Richard Smith and Clarence Guy were arrested for the possession of intoxicating liquor by Chief of Police Neufeldt and Deputy Sheriff Senters. Justice of the Peace Charles Gregory fined them each \$50. Smith's fine was suspended on the condition that he leave the county and not return.

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## O. T. Club Has Afternoon Of Bridge

Mrs. Charles Robertson entertained the O. T. club Friday with an afternoon of bridge in her home on North Capitol street.

## Dr. Tully Addresses Englewood Club

The Rev. Dr. Norman Tully addressed the members of the Englewood Community club at the regular meeting of the club in the home of Mrs. E. W. Cooley, Dr. Tully spoke on the life and works of Robert Burns as the world's supreme lyric poet.

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## Diet and Health

By Lulu Hunt Peters M.D. Author of "Diet and Health" and "Diet for Children"

Answers to Mothers: God could not be everywhere; therefore the mother must be in His presence.

## Thumb Sucking Tuberculosis and Marriage

R. Tuberculosis and Marriage cured. She wants to know if she may marry?

I'll tell you what Pottenger, who was my professor on tuberculosis, says in his book, "Tuberculosis and How to Combat It!"

"For those who are engaged, as a rule it is best to postpone a final thought of marriage until two years after the disease has become arrested. We set two years of ar- restment permanent, and it is wisest that no extra burdens of cares be taken on during that time.

"In some rare instances, however, where a patient marries in such a manner as to improve his or her condition and to relieve care and worry, this rule may be set aside. But it is a safe working rule and should be followed in most instances.

"Man often improves his chances of keeping well by settling down after marriage, but he has to face the extra expense incident to keeping his wife and maintaining a home. This is often the factor which interferes with his completing the healing. The period when the patient is fighting tuberculosis is not the time to assume new responsibilities....."

"It is to the tuberculosis woman, however, that marriage offers the greatest danger. Not only does she take on the added responsibilities of maintaining a home for her husband, but she also assumes the risk of child bearing. No woman should become pregnant while suffering from active tuberculosis....."

"Tuberculosis women who have not been advanced in the disease may bear children after two years have elapsed from the time of ar- restment without great risk, provided they receive the best attention and care during and after the pregnancy.....Repeated child bearing is very prone to be disastrous."

If you are interested, R. we have an article on tuberculosis which gives a list of books on the subject written by authorities for the layman.

"Help! Answer at once!" I find on the envelope of one letter addressed to me this morning. In the letter, L. describes a condition for which she asks me not to tell her to go to a doctor.

Now, dear L., even though I could answer your letter today, it will be at least four weeks before it will appear in the paper, for I have to have my material ready four weeks in advance to allow for printing, correcting and distributing to different parts of the United States and Canada. And it happens that I cannot answer your question at all, because of its nature and because it is not of general interest. So I must advise you to see your physician, L. Sorry.

Mrs. A.—No, breast pumps (or any other mechanical appliances) to develop the breasts are not to be recommended. They may do a great deal of harm. The only time when they may be used is when the milk has to be pumped out for some reason, in the nursing mother.

If you need it, gain in weight, and correct your posture; develop your chest. That is all you can do. Have you our pamphlet on gaining and losing weight?

Editor's Note: Dr. Peters cannot diagnose, nor give personal advice. Your questions, if of general interest, will be answered in the column. For all questions of a personal nature must be accompanied by a fully self-addressed, stamped envelope (2 cents in coin for each article) to cover cost of printing and handling. For the sending of articles, including postage, send 10 cents in coin, with fully self-addressed, stamped envelope, to the Editor, Address: Dr. Peters, in care of this paper.

# The LAST—The BEST

## "The Surest Sign of all that Christ's Coming Cannot be Delayed Much Longer"



PROF. C. T. EVERSON, Noted Bible Lecturer of New York

Don't Miss the Great Closing Lecture Sunday 7:45 Doors Open at 6

The Everson campaign has run continuously for sixteen weeks. It is unique in the history of Salem for a meeting of this size to continue over such a long period of time and close stronger than it began. The committee wishes to thank the city officials and citizens of Salem for their splendid co-operation that has made possible the great success of these meetings.

If you have never attended be sure and come Sunday. Don't fail to attend one of the most remarkable meetings that has ever come to your town.

# ARMORY

JOHN E. FORD, Soloist  
Lively Song Service — Free To All

## Doctors Warn against undereating

Too little fat in the body makes us a prey to disease



EMINENT medical authorities are amazed and alarmed that so many girls and adults of both sexes are dieting themselves to a dangerous loss of weight.

A famous doctor says: "The most delicate parts of the body are always the ones to suffer first. A woman who is naturally sweet-tempered, good-natured, competent, becomes irritable, unreasonably hard to get along with. A man who is thus starving himself becomes irritable and inefficient in the office and grouchy at home. He begins to fall off in judgment and mental ability." This doctor goes on to show that nature stores up fat in the body as a reserve and that it is dangerous to destroy this reserve by dieting. Such an individual, he says, "becomes an easy prey for all manner of chronic ailments—kidney and liver diseases, and degeneration of the brain, spinal cord and nerves. . . . typhoid fever, pneumonia, influenza and colds."

How much more intelligent it is to eat varied, nourishing foods, rather than eliminating the one ingredient that adds flavor and enjoyment to all other foods. Sweetness is the ideal flavor. What is so tasteful and refreshing as a salad of fresh grapefruit—sweetened with powdered sugar—and lettuce? Eat enough fruits and cereals. The best cooks are generous with sugar. The Sugar